Welcome to the Trinity International Foundation Programme

Start Your Journey as a Trinity Student

Trinity College Dublin
Coláiste na Triúnaí, Béal Átha Cliath
The University of Dublin

www.tcd.ie/study/international/foundation-programme
Vice President for Global Engagement

Welcome to Trinity

View on Youtube →

View on Bilibili →
We are delighted to welcome you to the Trinity College Dublin International Foundation Programme. Your pathway to starting a degree at Ireland’s leading university. Trinity is ranked 1st in Ireland and 81st in the world (QS World University Rankings 2024). Trinity is also ranked 31st most international university in the world (Times Higher Education Ranking 2024). We pride ourselves on being a global research-led university with a diverse and vibrant university community.

This Welcome Guide includes useful information on how we will support you as a new student as well as guidance on visas, immigration, finance and accommodation. We hope you find this Welcome Guide useful and look forward to welcoming you on campus.

View our Welcome to Trinity message from the Vice President for Global Engagement:

YouTube: www.youtube.com/watch?v=rW3yyE_bWII
Bilibili (China): www.bilibili.com/video/BV1Xc411X7YC

In the meantime, please check out our Student Ambassador Blog: tcdglobalroom.wordpress.com

Term Dates:
Term 1: September 16th - December 20th 2024
Term 2: January 5th - May 23rd 2025
Welcome to Trinity: Start Your Journey as a Trinity Student

As an IFP student you are a student of both Marino Institute of Education and Trinity College Dublin and get to enjoy all that each campus has to offer.
Visa and Immigration

Mandatory Visa Application Documentation

— It is a mandatory requirement for non-EU/EEA/Swiss/UK students to have private health insurance and you will be required to show evidence. Non-EU/EEA/Swiss/UK students who will be resident in Ireland for a minimum of one academic year may apply to HSE (www.hse.ie) to be assessed for entitlements to public hospital treatment for non-EU/EEA/Swiss/UK students staying less than a year do not have any entitlement to free or subsidised health services.
— You must show evidence that you have immediate access to at least €10,000. You must also demonstrate that you and/or your sponsor(s) have ready access to at least €10,000 for each subsequent year of your studies in addition to course fees for each of those years. If the duration of your course is less than 6 months, you must have access to €700 per month of your stay or €4,200 whichever is the lesser. All details listed here must be proven by documentary evidence and, where sponsors are involved, it must be clear their documents relate to them. More details please visit: www.irishimmigration.ie/apply-for-long-term-study-visa

Applying for a Visa

Students who hold an EU/EEA/Swiss/UK passport do not require a visa to study and work in Ireland. Some, but not all, non-EU/EEA/Swiss/UK students require an entry visa for Ireland. For example, students coming from the United States or Canada do not require a visa to enter Ireland, students coming from China or India do require a visa to enter Ireland.

To see if you require a visa for Ireland visit: www.citizensinformation.ie/join-move/country/visas-for-ireland/visa-requirements-for-entering-ireland/3651183

Non-EU/EEA/Swiss/UK students who do not require a visa will still be required to register with Immigration Service Delivery (ISD) after arrival. Please see Immigration information on the next page. Please note that INIS has changed its name to Immigration Service Delivery (ISD).

Checking Your Visa Status

— You should generally allow 8 weeks for processing time.
— You can check online for visa decisions using your visa application number at: www.irishimmigration.ie/visa-decisions
— When your visa is approved, the Embassy to which you sent your documents will affix a visa to your passport.

At the Airport

If you do not hold an EU/EEA/Swiss/UK passport, whether visa required or not, are subject to ordinary immigration controls at the port of entry (ordinarily the airport). The Immigration Officer on duty determines who is actually allowed to enter Ireland. If your documentation is in order, he/she will stamp your passport for up to three months (90 days). All Non-EU/EEA/Swiss/UK students must register with Immigration Service Delivery (ISD) within the time limit stamped on the passport.

At the immigration desk, you should be prepared to present the following documents:
— Your valid passport
— Your Trinity International Foundation Programme offer letter
— Confirmation of fees paid (at least deposit) or scholarship grant received
— Bank statement showing finances to support your stay
— Proof of health insurance
You should keep these documents with you in your carry-on luggage as immigration border control is before baggage claim. You should also keep all these documents ready, as you will need them again when you register with Immigration Service Delivery (ISD).

Mandatory Supporting Documents

— Valid passport
— Proof of registration with Marino Institute of Education.
Note: This document must be issued and dated within 7 days before your ISD appointment
— Bank statement from an Irish bank account showing at least €4,500 available. Foreign bank statements are also acceptable if you have proof that this account can be accessed. If the duration of the course is less than 6 months, you must have access to €500 per month of your stay or €3,000 whichever is the lesser. Note: this ONLY applies to students from Non-visa required countries. If you are from a visa required country, you do not need proof of finance after you arrive here, your ability to support yourself on arrival in the State is checked during the visa application process.
— Proof of health insurance
— €300 fee (credit/debit card, no cash).
Visa and Immigration

ISD (Immigration Service Delivery) Registration

— Details on how to register with ISD will be provided in September.
— Students should schedule an appointment to register with ISD once they complete their Marino registration.
— After registering with ISD, you will receive an Irish Residence Permit (IRP) card within 15 working days.
— A valid IRP card is required to enter and leave the country freely.

*Students under the age of 18 registering with ISD must be accompanied by a legal guardian resident in the ROI. The guardian must show proof of residence (an Irish passport or IRP card) and a letter from the student’s parent(s) (if they are not acting as guardian) stating that this is the person they have appointed as guardian.

The Trinity International Foundation Programme recommends godsil.ie. More information about the process will be shared during the induction on your first day.
Tuition Fees

The full listing of tuition fees is available here:
www.tcd.ie/study/international/foundation-programme/fees.php

Fee Payment

Details of fee payment are included in your offer letter. The deposit should be paid within fourteen days of receiving an offer in order to secure your place on the programme. Payment of 1st instalment should be made by 20th June 2024. Payment of 2nd instalment is due on or before 3rd January 2025.

TransferMate Payment Option

Trinity and Marino partner with TransferMate to allow international students to pay from their home country in their local currency. The service also provides a detailed receipt and helps the student finance team better track payments to student numbers than using traditional wire transfer payments. There is no international transfer charge for using the service. This is the recommended method of payment for international students, with credit card payments as a second preference. The TransferMate receipt is accepted by visa offices as proof of payment of tuition fees: mietcdifp.paytostudy.com.

Currency

The currency in Ireland is the Euro (€).

Opening a Bank Account

You must open a bank account in person in a bank branch. You are advised to open an Irish bank account after you secure accommodation in Ireland. They may request to see your Trinity International Foundation Programme offer letter as proof of your circumstances. More information about opening a bank account will be shared during the induction on your first day.

Mandatory Documents to Open an Account

- Photo ID (Passport or National ID card)
- Trinity or Marino ID card*
- Proof of address: utility bill, Revenue/PPS letter, letter from Marino Institute of Education sent to Irish address
- Other documents may be requested depending on the bank and their policy on students’ country of origin.

*If opening account prior to ID card collection, bank may accept Trinity International Foundation Programme offer letter and proof of fees paid as evidence of student status.

There are normally no fees charged on student bank accounts. Ireland’s most popular banks:
- AIB www.aib.ie
- Bank of Ireland www.bankofireland.com

After opening an account, you will be able to sign up for online banking and link to a home account. Please allow five working days for bank statement requests, whether made online or in a branch. If you will be under 18 at the time of opening your bank account, you will need a guardian to accompany you to open a bank account. The Trinity International Foundation Programme recommends godsi.ie for guardianship services.

Bringing Money to Ireland

Please bring only a small amount in Euro for your arrival. The University does not have any facilities to keep cash safe for you. You should enquire with your bank at home if you can use your debit or credit card in Ireland, as this could be a safe way to obtain cash immediately after your arrival. You should enquire with your bank at home if you can use your debit or credit card in Ireland, as this could be a safe way to obtain cash immediately after your arrival. Once you have opened a bank account in Dublin, money can be transferred by electronic/wire transfer into your new account. Before you leave home, talk to your local bank to find out all the details about making transfers to your account in Ireland (e.g. maximum amount, how long it takes, how much it costs) so that you can plan the best system for your circumstances. International Visa/Debit cards often require proof of photo ID. Travellers’ cheques are not widely accepted in Ireland.
Applying for Marino Campus Accommodation

Applications for all Marino accommodation are made online. Please contact mie@eber.life for more information.

Accommodation Advisory Service

If you do not secure University housing or wish to find your own accommodation, the Students’ Union operates an Accommodation Advisory Service. It is located on the ground floor in the Students’ Union building (House 6) on campus. The service is open Monday to Friday from 09:30 to 17:30. Their website is: [www.tcdsuaccommodation.org](http://www.tcdsuaccommodation.org)

The Accommodation Advisory Service offers computers and phones free of charge to assist with your search. A full-time staff member will be available for queries about accommodation related issues. The Service will provide information on tenant’s rights and health and safety information. The Service also provides an excellent opportunity to meet other students looking for housing.

For more information or queries relating to private rented accommodation you can contact the Welfare Officer on welfare@tcdsu.org or on +353 (0)1 646 8437. The Students’ Union has also produced a guide on finding accommodation: [www.tcdsuaccommodation.org/how-to-find-a-gaff-guide](http://www.tcdsuaccommodation.org/how-to-find-a-gaff-guide)

To avoid rental scams or disappointment, you are strongly recommended to view any property in person before paying a deposit or paying any money online.

Private (Non-University) Accommodation

Dublin offers a range of options from shared houses and flats to private student residences. If you have not secured housing in advance of your arrival, we strongly advise you to arrive as early as possible in order to maximise your chances of finding suitable and affordable accommodation, as demand for housing in Dublin is extremely high.

Digs/Lodgings

The Students’ Union maintains a list of host families who have rooms (and in some cases full board) available to students. Digs are traditionally a little cheaper than private rented accommodation. For further information, see here: [www.tcdsuaccommodation.org/how-to-find-a-gaff-guide](http://www.tcdsuaccommodation.org/how-to-find-a-gaff-guide)

Private Rented Accommodation

There are a number of places online that you can search in order to view properties in all areas of Dublin and to get an idea as to what prices you should expect:

- [www.daft.ie](http://www.daft.ie)
- [www.myhome.ie](http://www.myhome.ie)
- [www.rent.ie](http://www.rent.ie)
- [www.collegecribs.ie](http://www.collegecribs.ie)
- [www.gumtree.ie](http://www.gumtree.ie)
- [www.property.ie](http://www.property.ie)
- [www.housinganywhere.com](http://www.housinganywhere.com)

Need a Roommate?

You can both search and place an ad on our Accommodation Advisory Service website to help find someone to live with: [www.tcdsuaccommodation.org](http://www.tcdsuaccommodation.org).

Alternatively, you can search on [www.daft.ie](http://www.daft.ie)
Health and Insurance

Trinity and Marino recommend that you have a level of insurance to cover your health needs and requirements for the duration of your studies. For example, if you have a pre-existing condition, please check the level of insurance cover in any new policy to ensure that it will cover this.

Trinity has a group insurance scheme for international students with Irish Life that is designed specifically for international students and which covers pre-existing conditions and the normal waiting period for cover is waived. The cost of any policy varies based on age and individual factors of the applicant. Ensure you state clearly that you are a Trinity student under the insurance group scheme "Trinity College Dublin Non-EU Students policy". Please use the code: 20932 - Trinity College Dublin Non-EU Students to avail of this scheme. You can then choose an insurance policy that suits your individual needs.

Further information is available at:
Irish Life: [www.irishlifehealth.ie](http://www.irishlifehealth.ie)
VHI Healthcare: [www.vhi.ie](http://www.vhi.ie)
Laya Healthcare: [www.layahealthcare.ie](http://www.layahealthcare.ie)
Study and Protect: [www.studyandprotect.com/unilanding.aspx](http://www.studyandprotect.com/unilanding.aspx)

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Subsidised Health Services

Non-EU students who will be resident in Ireland for a minimum of one academic year may apply to the Health Service Executive to be assessed for entitlements to public hospital treatment under the same conditions as an Irish citizen. Non-EU students staying less than one academic year do not have any entitlement to free or subsidised health services. [www.hse.ie](http://www.hse.ie)

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Student Medical Services

Fairview Medical Centre registers all incoming students to Marino through the Registrar’s Office in the college. The Medical Centre has a team of doctors and nurses on duty. Services available include illness review & fitness to attend college, phlebotomy, injections, clinical dressings, well woman services, asthma services, etc. Cold and Flu are both viruses and do not generally need a doctor’s visit. There is a local pharmacy across the road from Marino for over the counter remedies.

The Medical Centre is a 10 minute walk from the Marino Campus and is open from 9am until 5pm on weekdays. There is an emergency service on Saturday mornings.

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Medication

If you need to bring prescribed medication until you can find an alternative source in Ireland, please note that the maximum amount of imported medication permitted is a 3 month supply, which must be cleared through Customs by the Irish Medicines Board. Customs will only clear medication that is licensed for use in Ireland.

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Arrival

Travelling to Marino

If you are travelling directly to your accommodation, the safest way is by taxi from Dublin Airport. Prices for journeys to different parts of the city are posted at the official taxi ranks, found on the forecourts directly outside Terminals 1 and 2.

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Customs

After collecting your luggage, you will proceed through Customs. Usually, there are two channels for arrivals: the green channel if you have nothing to declare and the red channel if you have goods to declare.

Please check before you leave your home country what you are allowed to bring into Ireland. Further information can be found here: [www.citizensinformation.ie/en/travel_and_recreation/travel_to_ireland/customs_regulations_for_travellers.html](http://www.citizensinformation.ie/en/travel_and_recreation/travel_to_ireland/customs_regulations_for_travellers.html)

Please see the Immigration section on page 5 regarding the documents necessary for non-EU passport holders.
Support Tutor

Marino assigns a Tutor to each International Foundation Year student. A Tutor is a member of the academic staff who is appointed to look after the general welfare and development of the students in his/her care. Whilst the Tutor may be one of your lecturers, the role of Tutor is quite separate from the teaching role. Tutors are a first point of contact and a source of support, both on arrival and at any time during your foundation year. Their main function is to advise, listen to concerns, help you deal with issues as far as possible and refer more serious difficulties to the appropriate student services. They provide confidential help and advice on personal as well as academic issues or on anything that has an impact on your life. They will also, if necessary, support and defend your point of view in your relations with the Institute. You will meet your Tutor during the first few weeks of the academic year.

Student Learning Development

The Marino Student Learning Development (SLD) Service is delivered in conjunction with Trinity. This service provides learning support to help MIE students reach their academic potential. We work with students who are struggling with their studies as well as high achieving students who want to improve their performance.

There are workshops and events, throughout the year, on a range of academic and learning skills e.g. self-management skills, study and exam skills, presentation skills, writing and critical thinking skills. Additionally, there is a series of online workshops for off-campus students. Students can also book a one-to-one basis by appointment, for individual queries and students can also come along to our drop-in clinics which operate on a first come basis.

Student Disability Services

The Disability Service in MIE is delivered in conjunction with Trinity College Dublin Disability Service since 2012. The Disability Service operates on a disability needs basis, providing direct support to students who disclose a disability by, via both a meeting with a Disability Officer, and a referral to other disability supports such as Assistive Technology (AT) and Occupational Therapy (OT) services, as appropriate, in MIE or Trinity College Dublin (Trinity).
Support Services, Trinity Campus

Students' Union

Every registered student at Trinity is automatically a member of the Students' Union. The Students' Union is a representative body with five full-time student sabbatical officers and a number of part-time officers, who look after the educational and welfare needs of Trinity's student population, as well as organising entertainment and events. The Students' Union is based in House 6 in Trinity's Front Square, where it runs an office with up-to-date accommodation and employment advice and listings.

Photocopying facilities are available, and the Student Travelcard can be purchased here.

www.tcdsu.org

Global Room

The Global Room is a welcoming student support hub and event space on campus for all Trinity students. The Global Room service is supported by a team of Global Ambassadors. These are students trained to help students with everything from immigration and accommodation practicalities to the basics of settling into life in Dublin. The Global Room runs the New2Dublin programme on Monday evenings for several weeks at the start of term to help you settle into live in Dublin.

Located beside the Academic Registry in the Watts Building we are here to help. If you have any questions, please contact tcdglobalroom@tcd.ie

www.instagram.com/tcdglobalroom
www.tcd.ie/study/international/student-experience/global-room.php

Sports Centre

Membership to the Sports Centre is included in your registration. All registered students with a current Trinity ID card will have full access to the state-of-the-art Sports Centre. You will need to call to the reception desk on your first visit to activate your ID card, and then you can come and go as you please. You will have free access to the Fitness Theatre, which has a full range of cardiovascular and weights stations. The 25m swimming pool has an adjustable floor and disabled hoist. Also available are the 11m-high climbing wall, aerobics fitness and cycling studios, mind and body studio, changing rooms, ancillary hall for martial arts and main hall for a variety of indoor sports.

There is a nominal fee for some services such as fitness classes. Off campus there are extensive playing fields at Santry and the Trinity Boat Club has its boathouse on the River Liffey at Islandbridge.

www.tcd.ie/sport

Clubs and Societies

A great way to get to know people is by joining one of Trinity's 120 student societies which cover everything from the Afro-Caribbean Society to the Zoological Society. The societies meet regularly and provide an excellent opportunity to meet other students with similar interests. Among the societies are the Philosophical Society (the "Phil"), dating from 1684 and the Historical Society (the "Hist") dating from 1770. There are also many course-related societies, such as the History and the Engineering Society.

Additionally, there are 50 sports clubs at Trinity, so no matter what your sporting preference you will find a club at Trinity to suit you. Or you may like to try something new such as rugby, soccer, hockey, swimming, tennis, Gaelic games, basketball, volleyball, cricket or martial arts. You can turn up at any student society meeting and be sure of a warm welcome. While some societies are free there is usually a small joining fee, anything from €1 to €10 for the bigger sports clubs.

Full details of all the societies can be found at: www.trinitysocieties.ie and details of sports clubs can be found at www.tcd.ie/sport/student-sport. You can meet society reps and sign up in Front Square during Freshers' Week.

www.trinitysocieties.ie
www.tcd.ie/sport/student-sport
Employment

Casual Employment For Non-EU Students

— Students who are attending a full-time course of one year's duration are entitled to seek employment on a casual basis.
— One semester students cannot seek employment.
— Casual employment means you can work for 20 hours per week, except for two standardised periods when it is permissible to work full-time (up to 40 hours per week). The periods are 15th December to 15th January and 1st June to 31st September only, corresponding to the traditional summer and winter college holidays. These dates are fixed for all non-EEA students, regardless of the actual college teaching calendar for their course. Further information is available at: www.internationalstudents.ie/info-and-advice/immigration/working-in-ireland
— All employees in Ireland must have a PPS number for tax purposes.

How to Find a Part-Time Job

Register with MyCareer, our online careers portal managed by Trinity Careers Service, to find current jobs available to students and graduates. These include part-time jobs and summer work. See more at: www.tcd.ie/careers/mycareer

You can also sign up to the Students' Union Jobs mailing list by emailing sujobs@tcd.ie

Other employment websites which are frequently used by students are:
www.monster.ie
www.job.ie
www.jobbio.com
www.indeed.com

To find part-time work in a supermarket, retail shop, café, bar or restaurant, it is common practice to visit the establishment with your CV and ask about job vacancies.

The international students section of the Trinity Careers Service website has more information about working as an international student:
www.tcd.ie/careers/students/international.php

Obtaining a PPS Number

A PPS number serves as your tax identification number for employers. You can apply for a PPS number with the following documents:
— Passport
— Proof of address

For more information, please see here: www.gov.ie/en/service/12666-get-a-personal-public-service-pps-number

Note: EU passport holders have the same rights to work as Irish citizens. Non-EU citizens must register with Immigration Service Delivery (ISD) before commencing employment.
## Cost of Living

Cost of living will vary widely depending on your circumstances and lifestyle. The following figures represent estimated living costs for one academic year (September – June). Please note that the figures below do not include travel outside of Dublin or entertainment.

<table>
<thead>
<tr>
<th>Category</th>
<th>Estimated Costs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent (shared apartment)</td>
<td>€7,500 - €10,800</td>
</tr>
<tr>
<td>Utilities</td>
<td>€1,100</td>
</tr>
<tr>
<td>Meals</td>
<td>€3,300</td>
</tr>
<tr>
<td>Miscellaneous*</td>
<td>€2,750</td>
</tr>
<tr>
<td>Commuting</td>
<td>€1,100</td>
</tr>
<tr>
<td>Health Insurance**</td>
<td>€600</td>
</tr>
<tr>
<td>Immigration registration</td>
<td>€300</td>
</tr>
<tr>
<td>Understanding Ireland</td>
<td>€400</td>
</tr>
<tr>
<td>Total</td>
<td>€17,050 - €20,350</td>
</tr>
</tbody>
</table>

*Books, entertainment, clothing, and other personal items
**Insurance can range in price from €200 - 1,800

## Shopping

For household items like bed linen and crockery, Penneys on Henry Street and Dunnes Stores in the St. Stephen's Green Shopping Centre have excellent inexpensive ranges. In addition, student favourite IKEA is located to the north of the city. It is serviced by the 140 bus. The shops in and around Grafton Street offer a range of clothing and housewares at a wide array of price points.

Bookstores: Hodges Figgis, 56-58 Dawson Street, have textbooks available on the top floor; Easons, 40 Lower O’Connell Street, is a large chain bookstore.

Stationery: Easons on Nassau Street and Tigir in Stephen’s Green Shopping Centre stock a wide selection of paper goods and stationery.

Bookstores: Hodges Figgis, 56-58 Dawson Street, have textbooks available on the top floor; Easons, 40 Lower O’Connell Street, is a large chain bookstore.

Pharmacies: Lombard Pharmacy on Pearse Street offers a 15% discount for students, Boots and Hickey’s Pharmacies on Grafton Street, Prices Medical Hall on Clare Street and Trinity Pharmacy on Westland Row.

### Mobile Phones

Most international students buy a mobile phone for use in Ireland, with the most popular option being the “prepay” phone, also known as “top up” or “pay as you go”. Instead of getting a monthly bill, you top up your credit as needed.

With the pre-pay option, you buy a phone and get a certain amount of free credit with it. Once your credit has run out, you can top up your credit a number of ways, including through an ATM, buying it in a newsagent or supermarket, or online.

There are three major phone service providers:
- Vodafone: [www.vodafone.ie](http://www.vodafone.ie)
- Eir: [www.eir.ie/mobile](http://www.eir.ie/mobile)
- 3: [www.three.ie](http://www.three.ie)

All of the major mobile providers have retail locations on Grafton Street, just south of Trinity’s main gates. It is also possible to obtain an Irish SIM card for use in your existing mobile phone, but you should check with your current provider for details.

If you are phoning a landline in Dublin from your mobile, you should put 01 (Dublin's area code) before the telephone number. If you are phoning a landline elsewhere in Ireland from your mobile, there will be a different area code for each county. The international dialling code for Ireland is +353.
Living in Dublin

Student Travelcard
For discounted travel within Ireland, you will need to get a Student Travelcard, also known as a Student Leap Card, the National Student Travel and Discount Card. This is the only card accepted by Irish Rail, Dublin Bus, Bus Éireann and LUAS (tram) for student fares. It is also a discount card for hundreds of goods and services nationwide. The Student Travelcard is accepted as authentic proof of student status, allowing you to book a student flight to anywhere in the world.

The application form will be available in the Students’ Union in House 6. Once you have your Trinity ID card, you can get a Student Travelcard for €10. Further information can be found at: about.leapcard.ie/about/tfi-leap-card-types/student

Public Transport in Dublin

Leap Card
The Leap Card is a reusable plastic smartcard that can be used instead of paper tickets to pay for transport in Dublin. A Leap Card offers the flexibility to jump on Dublin Bus, Luas, DART and commuter rail services around Dublin when it suits you without having to buy a specific ticket in advance. You can top up your leap card in most newsagents, and at Dart and Luas stations.

For further information on the Leap Card and where to get one please see: www.leapcard.ie

Dublin Bus
Dublin has an extensive bus route network. Please note that if you don’t have a leapcard or rambler ticket, you must have exact change, as the bus driver will not give change back but will give back a receipt. You can reclaim your change at a later stage by handing in your receipts to the Dublin Bus Head Office in O’Connell Street. Students can buy ‘rambler’ tickets from the Students’ Union (SU) shop that allows you to buy a ticket in advance for a set amount of days.

For further information on routes and timetables please see: www.dublinbus.ie

NitELink
Dublin Bus operates a night service called NitELink which runs from the city centre to the suburbs. The NitELink fare is €5.60. The NitELink buses are a cheap and safe alternative to taxis.

For further information on routes and timetables please see: www.dublinbus.ie/en/your-journey/timetables/nitelink-services

DART
The DART train runs along the coast from Howth and Malahide in the north to Greystones in the south. The main DART stations close to Trinity are Tara Street Station and Parnell Station. For timetables please see: www.irishrail.ie

Luas
The Luas service has two tramlines between the city centre and the suburbs. The Green Line connects Sandyford to St. Stephen’s Green, passing through Stillorgan, Dundrum, Milltown and Ranelagh. The Red Line connects Tallaght to The Point and Saggart to Connolly passing through Rialto, Smithfield and Abbey Street. The Green Line runs from Broombridge to Brides Glen passing through Trinity and Dawson Street. For details, see: www.luas.ie

DublinBikes
Dublin has a bike-sharing scheme, allowing you to collect a bike from any DublinBikes stand and return it to any other stand. They offer annual memberships at very low cost. More information is available here: www.dublinbikes.ie

Nationwide Public Transport

Iarnrod Eireann (Irish Rail)
Irish Rail operates train services to Irish cities from two train stations in Dublin: Heuston Station and Connolly Station, both of which are located in the city centre. For timetables please see: www.irishrail.ie

Bus Eireann (Irish Bus)
Bus Eireann has a nationwide network connecting all major Irish cities and also provides linking services from major cities to smaller towns or villages. Buses leave and arrive in Dublin at Busesaras (Central Bus Station), which is close to Connolly Station. For further information please see: www.buseireann.ie

Bus Tours
The main tourist office in Dublin can provide information about coach tour providers in Ireland. The tourist office is located on Suffolk Street. Or visit: visitdublin.com

Electricity Voltage
Students who wish to bring electrical appliances with them should note that the voltage in Ireland is 220V. You will also need an adaptor, as the sockets in Ireland have three rectangular holes. Irish electric sockets are the same as in the United Kingdom.

Security
Trinity’s campus is very safe and the Security Officers provide a 24-hour service. However, when you leave the campus it is important to appreciate that Dublin is a major international city with a population of over 1.2 million people and as such, you should remain vigilant about your personal safety and belongings all times. The contact number for 24-hour Security Centre is +353 (0)1 896 1317. The emergency number is +353 (0)1 896 1999.

Public Service Numbers
Electricity Supply Board: www.esb.ie

Gas Supply Board: www.gascheck.ie

Ireland’s National Police Service: www.garda.ie

You should call 999 or 112 in the case of an emergency which requires an immediate Garda response.

Emergencies include:
— A danger to life
— Risk of serious injury
— Crime in progress or about to happen
— Offender still at scene or has just left

In a non-emergency situation, you should ring your nearest Garda station if you need assistance. The nearest Garda station to Trinity College is on Pearse Street. Their phone number is +353 (01) 666 9000.

Useful Links

Postal Service: www.anpost.com

Electricity Supply Board: www.esb.ie

Gas Supply Board: www.gascheck.ie

Broadband and Cable Suppliers:
www.o2.ie or www.clontymp.ie

Ireland’s National Police Service: www.garda.ie

Smoking in Ireland
Smoking is banned in all workplaces throughout Ireland, including offices, pubs, bars, restaurants and public transport.

Irish Weather
The Irish Climate is temperate and mild. Temperatures rarely drop below 0°C or rise higher than 24°C. The rain is most often not torrential, but light to medium showers. For clothing, make sure you have a good waterproof and windproof jacket and warm clothing for the winter months. However, there are excellent shopping facilities in and around Dublin and all items can be purchased here as well.

Useful Links

Read our Global Room Ambassador’s Blog here: tcdglobalroom.wordpress.com
Contact Details

If you have any questions about studying at Trinity, please get in touch with us.
The IFP team is dedicated to helping international students and we would be delighted to answer your questions.

Please contact us at:
International Foundation Programme
Trinity Global,
East Theatre,
Trinity College Dublin,
Dublin 2, Ireland.
Tel: +353 (0) 1 896 4906
Email: IFP@tcd.ie
www.tcd.ie/study/international/foundation-programme

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