STARTING POINTS

Where do I start?

- Careers Service website (www.tcd.ie/Careers)
- ‘Options’ Newsletters (www.tcd.ie/Careers/news/newsletters.php)
- ‘Careers Service Guide’ (Take Away - Careers Information Centre)

What can I do?

- Complete your profile on ‘gradireland Careers Report’ (Interactive guidance tool). Pick up a leaflet on “Vocational Guidance Services” for more information.
- “Profiling for Success” - Online resource for TCD students only (www.tcd.ie/Careers/profiling_for_success/)

What is open to me with a degree in …?

- ‘Your Degree … What Next?’ (www.tcd.ie/Careers/students/degree/)

Postgrad Study - Which? Where? Course?

- Careers Service Website (www.tcd.ie/Careers/students/advice/postgraduate_study.php)
- Postgradireland.com (postgradireland.com/find-a-course/)
- Irish Research Council (www.research.ie)

Ireland

- ProspectsWeb (www.prospects.ac.uk/links/pgstudy)

UK

- Ploteus.net (ec.europa.eu/ploteus)
- Petersons Guides (Careers Information Centre & www.petersons.com)
- Fulbright Ireland Awards (www.usembassy.ie)
- Fulbright Commission (www.fulbright.ie)

CVs / Application Forms—Getting them right

- Attend Careers Service Workshops - See range of workshops (www.tcd.ie/Careers/events/)
- Careers Service Guide
- Careers Service Website (www.tcd.ie/Careers/students/jobsearch/apply/)
- Gradireland.com (gradireland.com/graduate-jobs/)
- ProspectsWeb (www.prospects.ac.uk)

Jobs. What’s available? What do they entail?

- Attend Company Presentations (www.tcd.ie/Careers/events/#employerevents)
- Apply to vacancies (www.tcd.ie/Careers/vacancies/)
- Take-Away Publications in Information Centre
- Employer Websites (www.tcd.ie/Careers/resources/employers/)
- Gradireland.com (gradireland.com/graduate-jobs/)
- ProspectsWeb (www.prospects.ac.uk)

Presentations / Closing dates

- Consult “Events” section (www.tcd.ie/Careers/events/)
- Join us on Facebook (facebook.com/TCD.Careers.Service)
- Follow us on Twitter (twitter.com/TCDCareers)
- Check your College email for updates!

‘What have I missed’ / ‘What am I missing’

- Careers Website (www.tcd.ie/Careers)
- ‘Options’ newsletter (www.tcd.ie/Careers/news/newsletters.php)
- Check your College email for updates!

How do I plan to take action?

- Careers Service website: (www.tcd.ie/Careers/students/plan_your_career.php)
Our Purpose & Your Expectations
Career Planning is a process. Your meeting will focus and move you on to the next stage in the process.

From the meeting you will get help in planning and taking charge of your next step.

What Now?
- Complete a ‘Advisory Appointment Form’, available at www.tcd.ie/Careers/contact/contact_us_students.php.
  Also available at Reception, Careers Advisory Service, 2nd Floor, 7-9 South Leinster St.
- Use “Starting Points” overleaf, and take the necessary action before your meeting, e.g. if you have no idea about what you would like to do complete Careers Report (see leaflet “Online Assessment & Information Resources”)
- Come prepared with your questions and research to your meeting.

Checklist of questions to ask yourself
- What am I good at?
- What do I enjoy doing?
- What type of environment would I like to work in?
- Do I know what type of work I would like to do?
- What matters most to me in work?

What is a Guidance Meeting for?
- Useful if you need more personal career guidance and help with interview preparation.
- Examples of topics covered:
  - exploration of your Careers Report
  - customising work experience for a job
  - applications — job and study
  - disclosure of health problems / weak exam results
  - pros & cons of time out vs Postgrad study
- This meeting will last up to 40 minutes.
- Use the “Starting Points” before your meeting to help you make the most of your time with your adviser.

Have you attended a CV Clinic?
- Get your CV checked by a Careers Adviser
- You will be given feedback on your CV. It is not a starting point to create your CV. For help on creating your CV see 'Write your CV' (www.tcd.ie/Careers/students/jobsearch/apply/)
- Please bring a printed version of your CV with you.
- Drop in service - first come, first served. Approx 4-5 students per hour.
- Meetings last for 10 minutes
- CV templates available on CAS website.

Gradireland Careers Report
www.gradireland.com/careers-report
- In helping you to choose a graduate career, the Careers Report identifies strengths and skills and helps you to develop a positive plan for action
- Careers Report includes self-assessment/self evaluation tools which will help you to find the graduate jobs to which you are well suited and you can make an action plan to build on your skills and strengths.
- It also includes Personal Potential tests: these tests are optional and don’t feed into the job suggestions in your Careers Report, but are an excellent way to practice ability and aptitude tests similar to those used by employers. You can complete the tests as many times as you wish: your most recent result will always be shown.

Prospects Career Planner
www.prospects.ac.uk/myprospects_planner_login.htm
- Encourages you to identify your skills, interests and motivations.
- Presents you with your Personal Profile.
- Identifies a list of occupations to which you might be suited.
- Explores occupations in some detail (duties, salary etc).
- Offers suggestions on making job applications.
- You will need to register with ‘My Prospects’ to avail of this.