

Trini-Screen

COVID-19 Screening Project

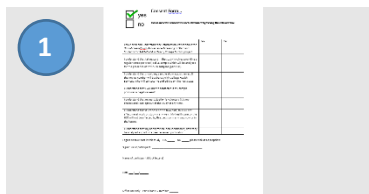
Thank you for agreeing to take part in Trini-Screen by providing a saliva sample. Please note this research pilot screening programme for staff and students is for **ASYMPTOMATIC** individuals only (i.e. persons showing no COVID-19 symptoms). If you are (or become) **SYMPTOMATIC** please follow all HSE guidelines <https://www2.hse.ie/coronavirus/> and contact College Health immediately - (01) 896 1556

Sample Collection Overview



- ❖ Consent forms will be provided to you or are available for printing through the TriniScreen website – sign one copy and return with initial sample only; retain one copy for your records
- ❖ Please read the Participant Information Leaflet which provides a comprehensive overview of the research study –available for printing through the TriniScreen website
- ❖ Sample Collection packs contain one month’s supply of the following:
 - 15ml Collection tube(s)
 - Plastic specimen bag
- ❖ Ideally provide one sample each week
- ❖ **Produce your sample at home** following the instructions below:

Sample Collection Steps



1 Sign the consent form & write or affix staff/student ID label onto the form



2 Handwrite or place pre-printed staff or student ID label onto the tube



3 Do NOT eat, drink, smoke, chew gum, brush your teeth for 30min prior



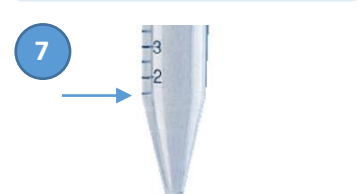
4 Wash hands or use hand sanitiser before collecting your sample



5 Uncap the 15ml tube



6 Allow saliva to pool in mouth & guide through into the 15ml tube



7 If possible, fill up to the first marker on the tube



8 Recap the 15ml tube



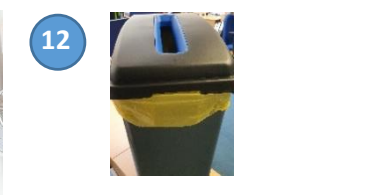
9 Place 15ml tube into the specimen bag



10 Place the signed & labelled consent form into the specimen bag & seal



11 Wash hands or use hand sanitiser after collecting your sample



12 Drop your specimen bag to your designated drop off point before **9.45am**

The consent form should be sent with your initial sample only; follow-up samples just require the tube to be labelled with your staff/student ID number, placed within a sealed specimen bag and dropped to the drop off point.

To provide the highest quality sample, please try the tips below:

1. Provide samples in the morning; wait 30 minutes after eating, drinking, smoking or brushing your teeth before you begin collecting your sample
 2. Saliva production can be stimulated by thinking about food, or about the collection itself
-

Frequently asked questions:

Q. If I am experiencing a high temperature or any other symptoms associated with COVID-19, should I take part?
A. No. If you are experiencing any symptoms, you must self-isolate and contact College Health (+ 353 1 8961591 or + 353 1 8961556) immediately.

Q. What if I experience symptoms at some stage after providing a sample?
A. If you are experiencing any symptoms, you must self-isolate and contact College Health immediately.

Q. Will I receive results back?
A. Typically – no. You will only be contacted if the screen detects a positive sample through College Health.

Q. Should I send a consent form with each sample?
A. The consent form should be sent with your initial sample only, as this provides consent for multiple samples. The consent form does not need to be sent with each additional sample.

Q. I did not receive pre-printed labels, what should I do?
A. It is acceptable to handwrite labels.

Q. Can I collect my saliva sample the night before my designated drop off day?
A. No. The sample must be collected on the morning of your designated drop off day at home. Otherwise it could interfere with the sensitivity of the screening test.

Q. I have sealed the tube, should I reopen it to add more saliva?
A. No. Once the collection tube is capped, do not reopen it to add in more saliva.

Q. Is there a minimum amount of saliva required?
A. As close to the first marker on the tube as possible.

Q. Do I have to provide a sample each week?
A. As part of this pilot screening programme, ideally samples should be submitted each week. However, you are not obliged to submit a sample every week. Each kit contains 4 sample packs (i.e. a month's supply)

If you have any further questions that have not been answered here:
Check out the Trini-Screen website <https://www.tcd.ie/ttmi/triniscreen/>; email triniscreen@tcd.ie; call 01 8964331
