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### A SYSTEMATIC REVIEW OF HEALTHCARE PROVIDER-PATIENT-PARENT COMMUNICATION AND DECISION-MAKING WITHIN PAEDIATRIC HEALTHCARE.

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### **BACKGROUND AND HYPOTHESES**

#### Background

- Literature primarily focused on dyadic interactions
- Need for more research on paediatric triadic interactions

#### Aim

• To evaluate and synthesise empirical studies of triadic communication within children's healthcare.

#### Hypotheses

- Identify and describe the roles taken on by healthcare provider-patient-parent during healthcare encounters
- Explore the facilitators and barriers that occur during triadic communication in healthcare encounters.
- Investigate interventions in the area of triadic communication.

### **METHODS AND RESULTS**

The search included studies: - children (< 18 years old) accompanied by companions - CINHAL, MEDLINE, PsycINFO - studies published from 2009-2019

Screened for irrelevant articles and duplicates Eligibility checklist developed

Search identified 2,781 articles: - 1,927 further review - 163 full text papers - 25 studies included in the review

Inductive and deductive data extraction techniques Established four broad themes and three sub-themes

### RESULTS

#### **Emergent Themes:**

- interactions within dyads [10, 11]
- communication interventions [12-15]
- types of communication and acknowledging children[16, 17]
- triadic communication [3, 18-21], which produced the following sub-themes:
  - topics discussed and information sharing [22, 23]
  - dynamics and characteristics [24-31]
  - Barriers and facilitators to triadic communication [32, 33]

# RESULTS

- GSD-Y had no effect on HbA1c but reduced amotivation (MI)
- Use of life skills approach by GSD-Y, transformed clinic visits

- more person-specific, meaningful, improving triadic communication.

• Shortage of paediatric communication interventions

- Training HCPs is feasible
- Some intervention work better than others
- Good communication skills:
- encouraging joint decision-making
  & fostering confidence to manage
  T1DM -> positive clinic experience
- Negative communication skills -> little benefit in attending the clinic

### RESULTS

- Young people not acknowledged as active participants, marginalised, bystanders
- adolescents' cognitive sophistication
- current structure of clinic visits -> hindering adolescent involvement
- Focus on diabetes task completion and glycaemic control;
- conflict, depersonalization, disengagement
- De-emphasize blood glucose and HbA1c
- Focus on the adolescents

- participation framework -> passive
  behaviour exhibited by children
- parents' concerns and questions -> HCP undivided attention not given to the child
- shifts in HCP's attention irreversible
- Confidentiality assured vs confidentiality breached
- Nonadherence -> embarrassment and negative emotions
- Confidential topics -> decrease in active participation

# LIMITATIONS AND CONCLUSIONS

#### Limitations

- Articles written in English only
- Grey literature excluded from the review
- Some studies published earlier than 2009 were included

#### Conclusions

- Children remain marginalised
  - parent and HCP take centre stage
- A balance must be found

#### Future research

- Enhance current understanding of triadic interactions
- Visit structure to encourage and empower active participation

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