



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

School of Nursing and Midwifery,
Trinity College Dublin,
24 D'Olier Street,
Dublin 2.

Invitation to take part in health research on what support people need after being in ICU in Ireland.

Dear Participant,

My name is Shauna Delaney. I am a PhD student in the School of Nursing and Midwifery in Trinity College Dublin. I would like to invite you to take part in my study. This study looks at what support people need after being in ICU. If you have been discharged from ICU in the last 18 months, I invite you to take part in this anonymous study. We know life after ICU can be difficult. This study looks at what support people need after being in ICU. This will take 8-10 minutes to do.

I would like to invite people to this study who have been discharged from ICU in the last 18 months. This study has received support from the SJH/TUH Joint Research and Ethics Committee and the Faculty of Health Sciences Ethics Committee in Trinity College Dublin. Taking part in this study is voluntary. Voluntary means it is your choice if you would like to take part. If you chose not to take part in this study, this will not affect you in any way.



Please read the participant Information Leaflet (PIL). The PIL will tell you about the study. If you would like to take part, please scan the QR code at the bottom of this page. You can also click on the link in this post which will bring you to the survey.

If you have any questions about this study, please contact me, Shauna Delaney on my e-mail

address: delanesh@tcd.ie

Your Sincerely,

Shauna Delaney.



Participant Information Leaflet – Anonymous Survey

Name of Study: An exploration of support needs and recovery experiences of critical illness survivors in Ireland.

Site	Trinity College Dublin, Tallaght University Hospital, Dublin St. James's Hospital, Dublin
Principal Investigator:	Ms.Shauna Delaney, PhD student, Trinity College Dublin and Clinical Nurse Educator, ICU, Tallaght University Hospital.
Co-Investigators:	Dr.Gobnait Byrne, Assistant Professor, Assistant Professor, School of Nursing and Midwifery Trinity College Dublin. Email: gobnait.byrne@tcd.ie



	Dr.Sharon O'Donnell, Associate Professor in Critical Care Nursing, School of Nursing and Midwifery, Trinity College Dublin. Email: sodonne@tcd.ie

You are being invited to take part in an anonymous survey. This survey is part of a research study.

This study is being done in the School of Nursing and Midwifery in Trinity College Dublin. This study is being done by Ms .Shauna Delaney. Before you decide if you would like to take part in this study, please read this information page. Please ask Ms. Shauna Delaney any questions you have by e- mail; Delanesh@tcd.ie. Take your time, you do not have to make a quick decision. You should understand the risks and benefits of taking part in this study so you can make a decision that is right for you.



Part 1 – The Study

Why is this study being done?

The aim of this study is to look at what support people need after being in ICU. This will help us to understand how to help people after being in ICU. This will help to understand what services and supports are needed to help people to get better after being in ICU. This survey is part of a bigger study that will look at how people feel after being in ICU and how we can support them. This Participant Information Leaflet is for part 1 only. If you would like to take part in part 2, more information is provided at the end of this page. This research study is part of my PhD studies.

Why have I been invited to take part?

You may have seen the poster for this study on social media e.g. Twitter or Facebook. You may have seen the study poster on the websites of support groups and chosen to take part in this study. You may also have been sent an invitation to take part from the ICU admission records from the hospital you were admitted in during 2024/2025. This invitation was sent on behalf of the principal investigator. I am hoping to invite 1,500 people who have been in ICU to take part in this study.



Do I have to take part? Can I withdraw?

Taking part in this study is voluntary. You do not have to take part in this research study. If you do not to take part it will not affect your current or future medical care. You do not have to give a reason for not taking part. However, after the anonymous survey is saved online, you can not leave the study as I will not be able to identify your answers.

What happens if I change my mind?

When the survey is submitted online there is no way to leave the study as all answers are anonymous. I will have no way of identifying your answers and will not be able to remove them from the study. Before the survey is submitted online, you can change your mind and decide not to complete the survey. If you exit the survey and do not save/submit the survey, your answers will not be included in the study.

How will the study be carried out?

You will be asked to complete an anonymous survey. To see the survey, scan the QR code at the bottom of this page. You can also click on the web link at the bottom of this page. This link will bring you to the survey on Survey Monkey. The survey will take 8-10 minutes to complete. All survey answers will be collected anonymously.



Please do not tell us any information that may identify you or another person. The IP address locator on the QR code has been turned off. This will make sure no personal information is collected from you. If you decide to take part in this survey, after you scan the QR code or click on the link below, the survey will appear. You can complete the survey in your own time. The survey will take 8-10 minutes to complete. All survey answers will be collected anonymously.

What will happen to me if I decide to take part?

If you decide to take part in this survey, after you scan the QR code or click on the link below, the survey will appear. You can complete the survey in your own time. The survey will take 8-10 minutes to complete. All survey answers will be collected anonymously.

Are there any benefits to taking part in this research?

Taking part in this study will not benefit you as you have been discharged from ICU. However the findings from this study will help to tell us what support people need after being in ICU. There are not many support programmes for people after ICU in Ireland. We hope this study will help us to make a programme to support people after being in ICU.



Are there any risks to me or others if I take part?

There are no anticipated risks to you or others taking part in this research study. However, thinking about your recovery experience from critical illness may be hard for you. This may bring up some difficult memories for you. If you feel upset or distressed after completing this survey, please contact your GP or local A&E department. Please also contact your family/friends/support network for further support. Below are a list of some services you may also find helpful:

- **The Samaritans** (all Ireland emotional support).

Contact: 116 123 **Online:** <https://www.samaritans.org/ireland/samaritans-ireland/>

- **Grow** (Mental Health Support and Recovery).

Contact: 0818- 474474. **Online:** <http://www.grow.ie>

- **Irish Association for Counselling and Psychotherapists.** Tel 01 230 3536. www.iacp.ie

ICU steps is a voluntary support group for people who have been in ICU which you may find helpful:

- **ICUsteps** (A National voluntary support group for former ICU patients and their families)

Contact Online : <https://icusteps.org/support/support-groups/dublin>



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Will I be told the outcome of the study?

This is an anonymous survey. The results from this research will be presented together as a whole in my PhD. Results will be published in academic journals and conferences in Ireland and abroad.



Part 2 – Confidentiality

This is an anonymous survey. The IP address locator on the QR code has been turned off to make sure we do not collect any personal information from you.

You are reminded this is an anonymous survey. Please do not tell us any information that might tell us your identity or the identity of another person.

Part 3 – Costs, Funding and Approval

Has this study been approved by a research ethics committee?

This study has received ethical from TCD Faculty of Health Sciences Research and Ethics Committee on 1/10/2024 and SJH/TUH Joint Research and Ethics Committee on 29/10/2024. .

A report will be provided to all of the above groups when this study is finished.

Who is organising and funding this study?

This study is being organised by Shauna Delaney as part of her Ph.D. studies.

Is there any payment for taking part? Will it cost me anything if I agree to take part?

No, you will not be paid if you decide to take part in this study.



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Part 4– Further Information

Who should I contact for information or concerns?

If you have any concerns or questions, you can contact:

- Principal Investigator: Shauna Delaney. E-mail: delanesh@tcd.ie

Will I be contacted again?

If you wish to take part in phase 2 of this study which will involve a one-to-one interview with the researcher about ICU recovery support needs, please contact me via my e-mail address for more information: Delanesh@tcd.ie

Thank you for taking the time to read this Information Leaflet and for thinking about taking part in this research study. If you have anymore questions please do contact myself Shauna Delaney at my e-mail address Delanesh@tcd.ie



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Scan QR code for access to survey:



Link for survey:

<https://eu.surveymonkey.com/r/D9FXW85>