

# Psychotropic medicines and the people who take them



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**E.Q.U.I.P**

Examining Quality, Use and  
Impact of Psychotropic (Use) in  
older adults with intellectual  
disabilities

# **Psychotropic medicines and the people who take them**

**By**

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**Website:**

**<https://www.tcd.ie/tcaid/research/equip.php>**

**This article looks at the characteristics of people with intellectual disability who are taking psychotropics**

**To learn what psychotropics are, please look at our easy read on psychotropics: [What are psychotropic medicines? \(tcd.ie\)](https://www.tcd.ie/what-are-psychotropic-medicines/)**

## **Where did this information come from?**

This information is from a research project called EQUIP



EQUIP uses data collected from IDS-TILDA to look at the how psychotropic medicines effect people with an intellectual disability



## Here are some things we learned about people with intellectual disability who take psychotropics

People with intellectual disability are more likely to take psychotropics than someone without an intellectual disability



Women with intellectual disability are more likely to take antidepressants compared to men



People over the age of 65 are more likely to take anxiolytics compared to younger people



People with lots of additional needs were

also more likely to take multiple psychotropics



People with a mental health condition are more likely to take psychotropics



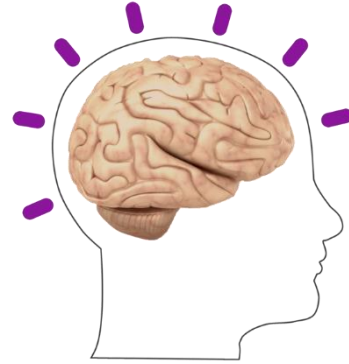
People who live in a community group home are more likely to take anxiolytics or antipsychotics



People who live in a residential home are more likely to take anxiolytics, antidepressants or antipsychotics

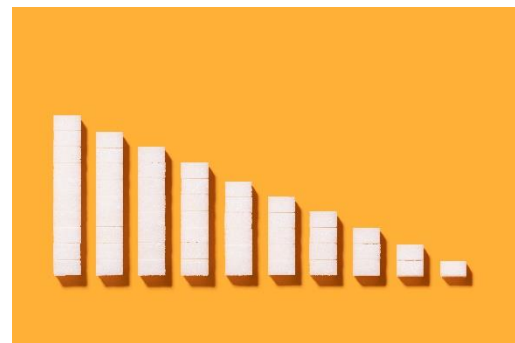


People with epilepsy are more likely to take anxiolytics, antidepressants or mood stabilisers



## In the past 10 years, there have been some changes in how many people were taking psychotropics

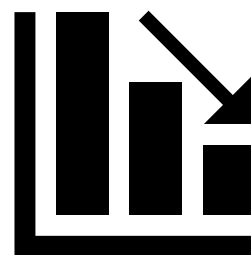
There are less people who are taking anxiolytics



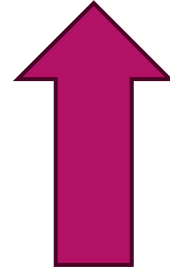
There are more people who are taking antidepressants



There are less people who are taking sedatives



There are more people who are taking mood stabilisers



There are less people who are taking antipsychotics



## Do you have questions about your medication? You can talk to

Your doctor



Your pharmacist



People who support you



**You can find more information about the  
EQUIP project online by clicking the link  
below**

<https://www.tcd.ie/tcaid/research/equip.php>



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The Intellectual Disability Supplement to  
The Irish Longitudinal Study on Ageing  
(IDS-TILDA)



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