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Making the Care Conversation Meaningful -Use of the TCAID End of Life Planning Tool



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Ethos of the Brothers of Charity Services, Ireland

- **Ethos**
- **Person Centred**



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Context of Supports: County Roscommon



- Rural county west of the Shannon
- Highest life expectancy in Ireland
- Welcoming and inclusive local communities
- West Roscommon Services



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Overview of West Roscommon Services



- 58 adults supported in West Roscommon Services
- 50% of adults over the age of 55 years of age
 - 10% of adults are over 65 years of age

- 53% adults live in homes
- 35% adults live with family members
- 12% adults live independently

A number of older people supported are living with chronic health conditions and /or dementia



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Supports for those Ageing with Complex Needs

- *Biopsychosocial model*
- *Two small community based homes with capacity to support those ageing with more complex needs*
- *This included end-of-life planning and supports*

Key Themes:

- **Capacity**
- **Rights**
- **Empowerment**
- **Engagement**



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End of Life Supports



The use of the TCAID End of life planning Tool

- *Supported advance Care planning with the person and their family and friends*
- *Person-centred approach*
- *Natural conversations at the person's pace*
- *Confidence building in staff team around end of life discussions*
- *Engagement*



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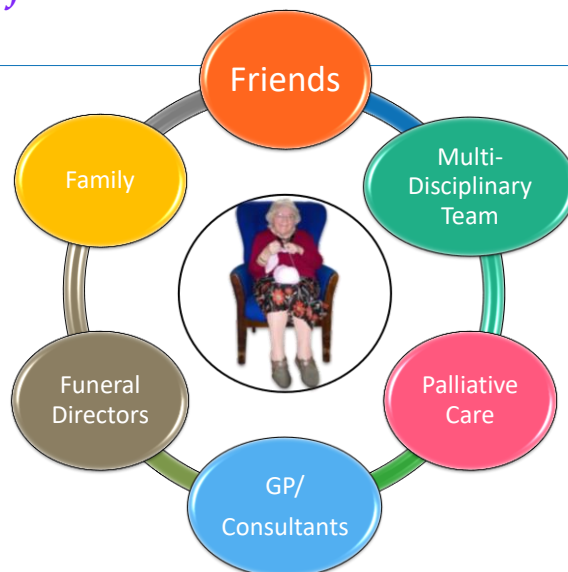
Advance Planning with "Glancing Back, Planning Forward"

- Relationship with Staff
- Opportunities
- Natural Conversation
- Pace dictated by person
- Choices around their care, funeral arrangements
- Plan can be as detailed as the person wishes it to be.
- Revisit – live document
- Commitment to follow through



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Importance of Collaboration and Partnership



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Experience in Using “Glancing Back, Planning Forward”

- Person’s wishes are the support map
- Supported by family and friends at home
- Peaceful, comfortable, quiet
- Friends were able to grieve and understand
- On line remembrance
- Culture of openness and acceptance of death as natural part of life



Perspectives

“I thought of ‘Mary’ as I carried her favourite CD to the altar” I know she loved that CD - Friend

“Beautiful experience..we sang one of her favourite songs, and lit a candle as ‘Mary’ left the house for the last time on her final journey” – Staff Member

“This was her home it was great she could remain in it til the end...she didn’t want to be anywhere else” – Staff Member

“Ye were her family...this was her home” – Family Member

‘She always talked about the Angels’ – Family and Staff ‘We ensured Angels were very much part of her final days’

Holistic Person-Centred Care

“You matter because you are you, and you matter to the end of your life, we will do all we can not only to help you to die peacefully, but also to live until you die”

Dame Cicely Saunders



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Thank You
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