

COULD I BE A GOOD FACILITATOR?

Here are a few questions to help you to work that out. Only **you** can possibly know the answers. Your honest answers will help you to see how comfortable you are in the role of facilitator.

1 How willing am I to listen to others without judgment or pre-conceived notions about what they should or should not say or do?	2 To what extent do I believe that other people have the capacity to solve their own problems?	3 To what extent do I show respect for the opinions of others, even when they disagree with me or what I am doing?
4 Can I manage not to have complete control of a conversation, meeting or other situation I come across in the course of my work?	5 Can I let go of the need to control outcomes?	6 Can I keep my ego out of the room?
7 To what extent am I comfortable in dealing with conflict?	8 How do I feel about speaking in public?	9 Can I laugh at myself, or do I take myself very seriously?
10 How good am I at thinking on my feet?	11 How well do I cope when things go wrong in meetings or conversations?	12 How honestly do I answer questionnaires like this? And how often, and how deeply, do I reflect on my own performance?

If the idea of facilitation excites you: hurray, welcome to a super world of possibilities!

If you hate the thought of it: work out why, and discuss it with your supervisor, your friend, your family, whoever seems most supportive and helpful. No doubt there is a way of working through the block.

If facilitation scares you: don't worry, just practise, reflect, get feedback, practise some more and keep going. I've been facilitating for over 35 years and I never managed to get it totally right yet. I've learnt something new and important from every facilitation.

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