



Trinity College Dublin

Coláiste na Tríonóide, Baile Átha Cliath

The University of Dublin

Creativity, innovation and resilience of people with an intellectual disability in responding to COVID-19

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Dr Cathy Payne

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Ina Harte

Mei Lin Yap

Natalya Jackson

Sarah Regan

Stephen Hogan

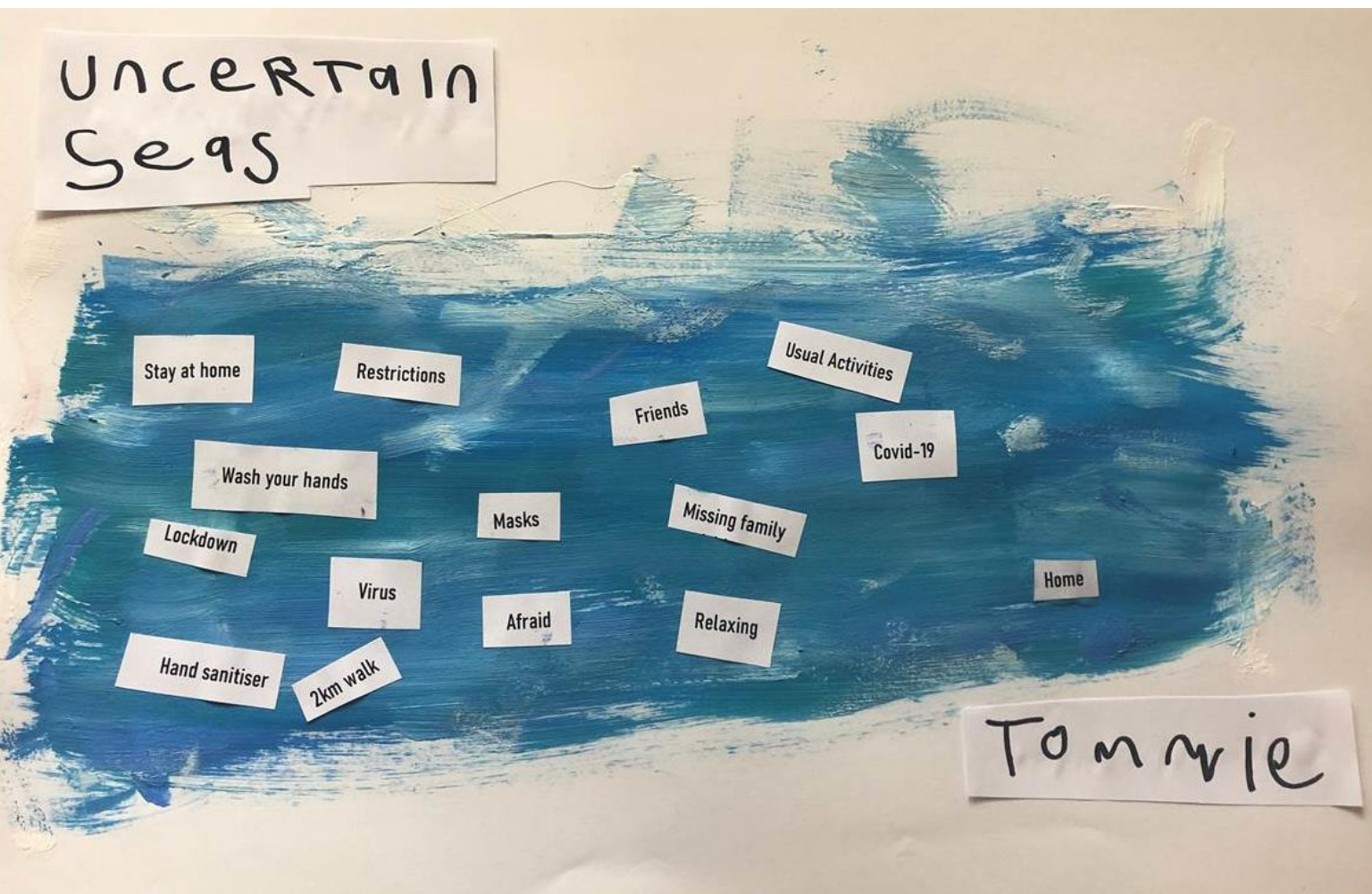
www.tcd.ie/tcaid

@ageingwithID

#ageingwithID

7 May 2020

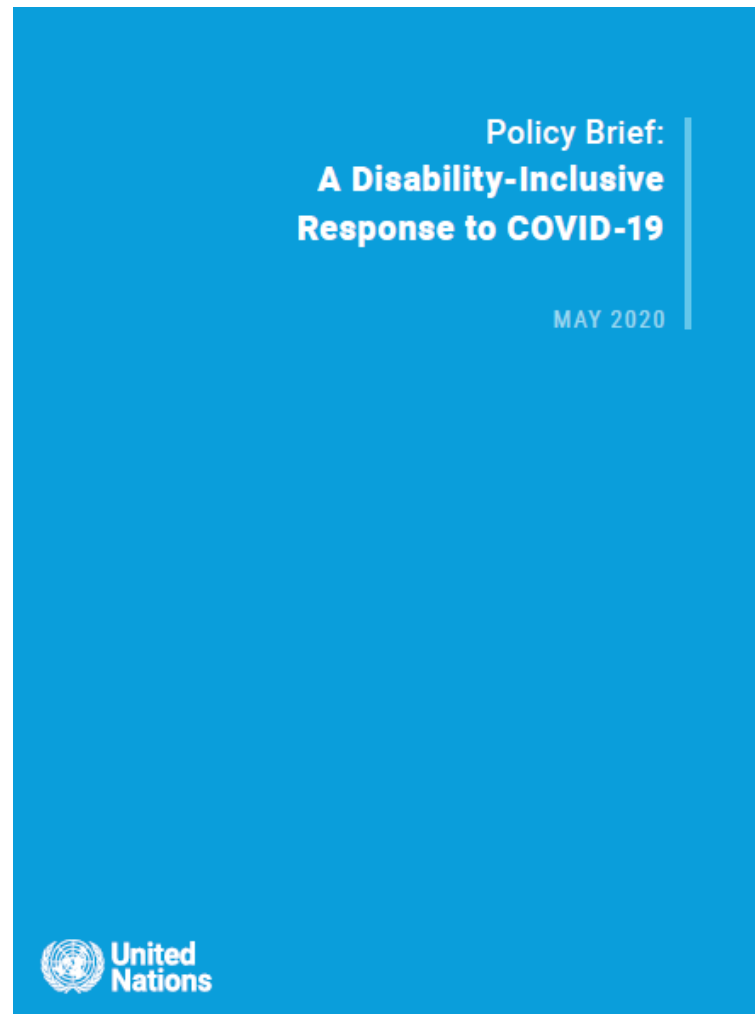
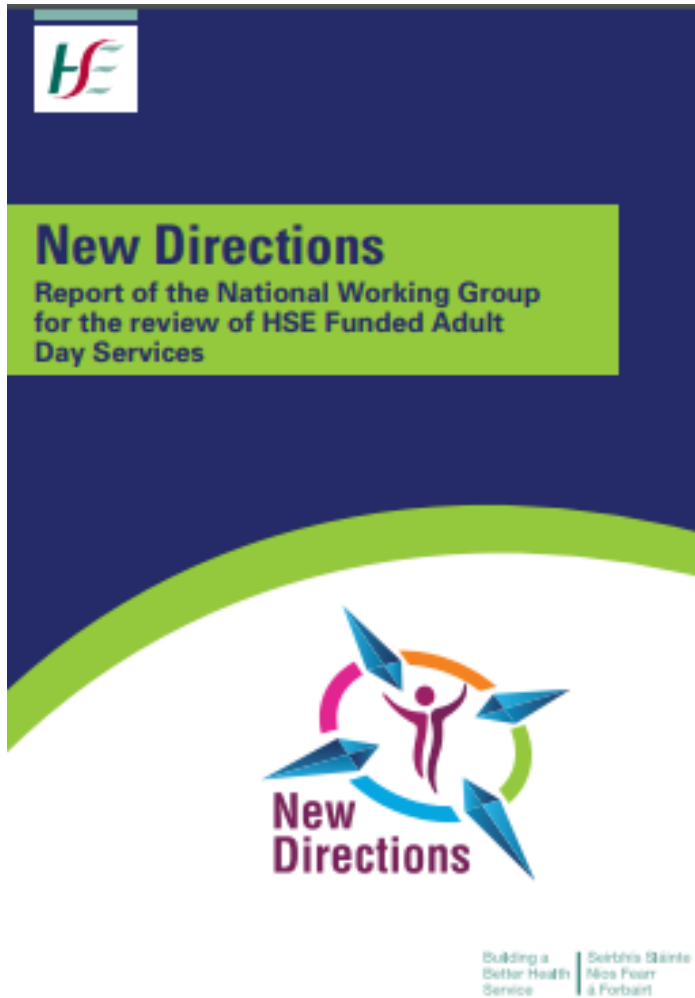
COVID-19: Creativity, Innovation & Resilience



COVID-19 will highlight the creativity, innovation and resilience of people with an intellectual disability, their carers and family members.

- Prof Mary McCarron
3 April 2020

Policy Documents



Provide Accessible Information & Services

Ensure Active Involvement & Consultation

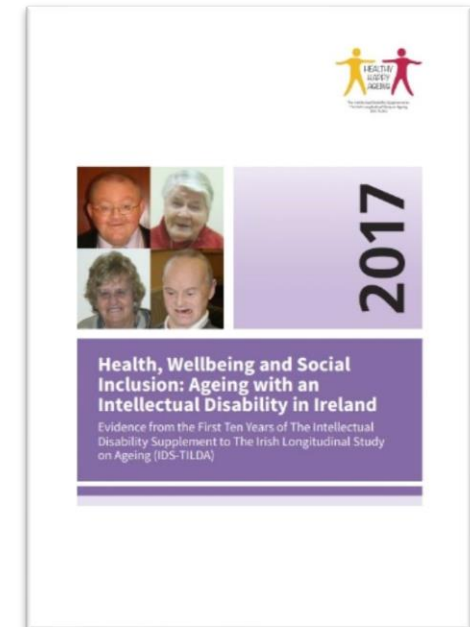
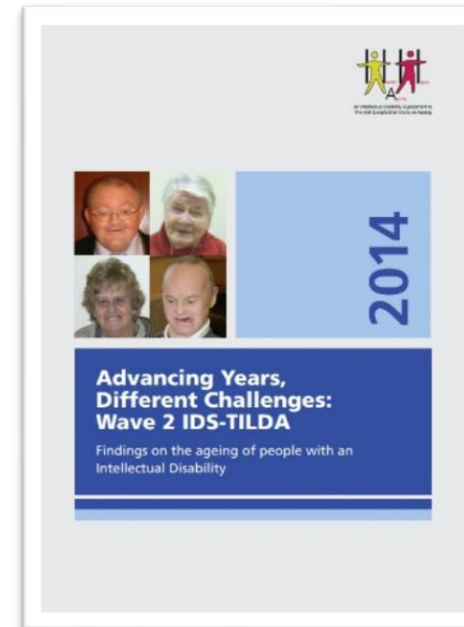
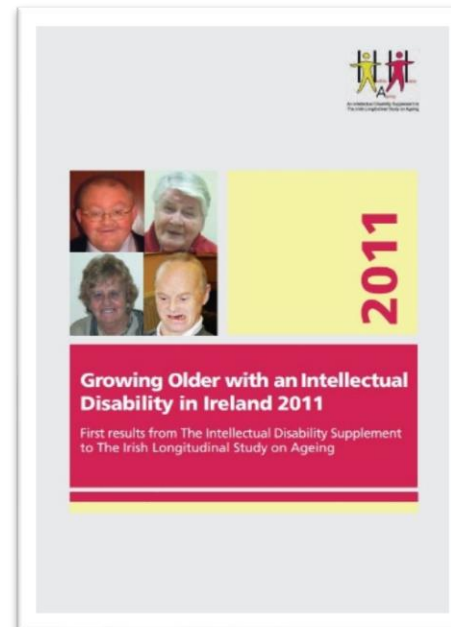
Establish Accountability Measures

The IDS-TILDA Story: 2007 – Present



The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)

First nationally-representative longitudinal study on ageing with an intellectual disability
comparable to the general population



Health, Well-being and Quality of Life

Celebrating 10 Years of IDS-TILDA

“Nothing about us, without us”



The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)



Involve the
Entire ID
Community



Provide
Meaningful
Opportunities



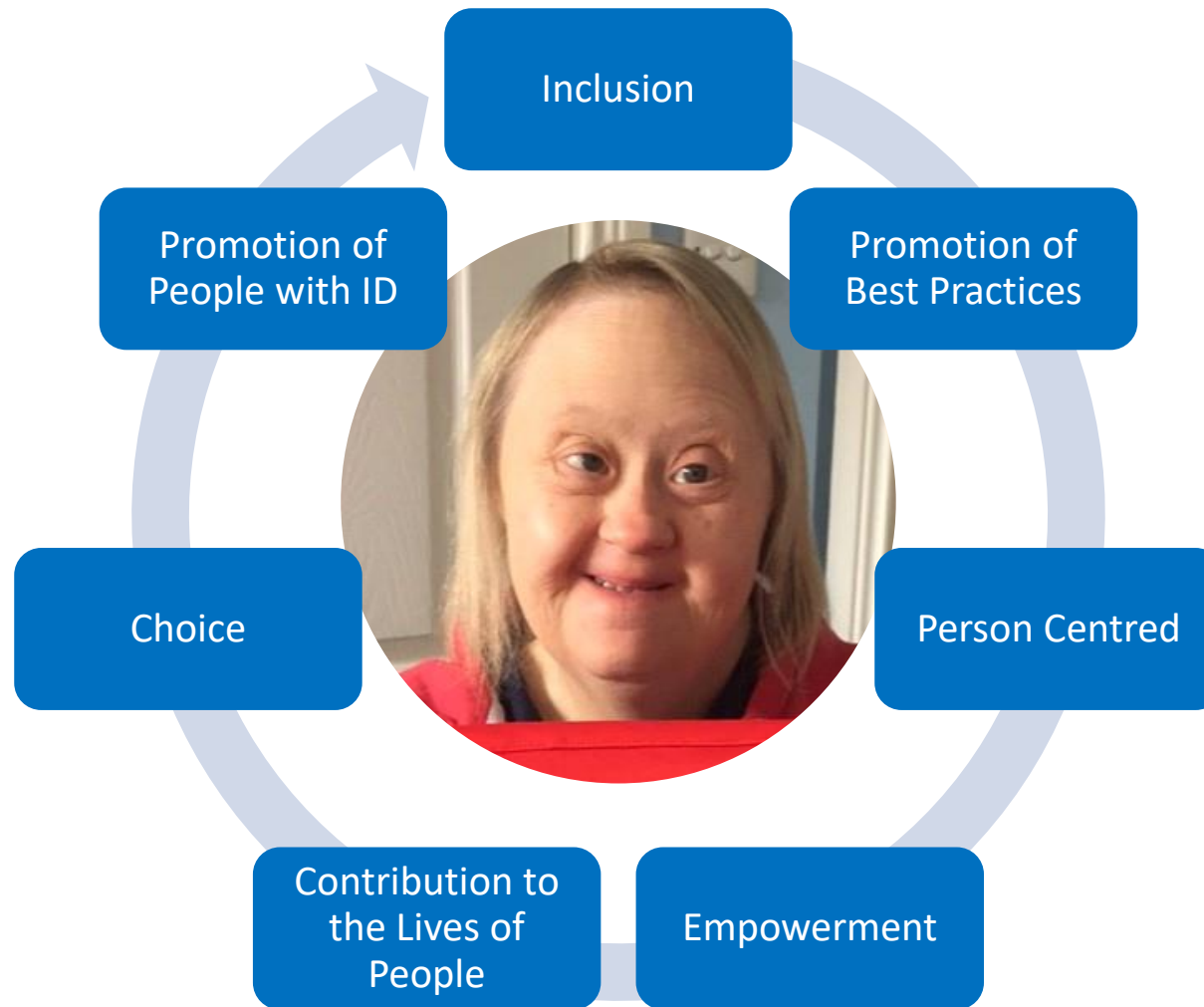
Celebrate
Diversity and
Inclusion

IDS-TILDA: Values Framework

“Nothing about us, without us”



The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)



What IDS-TILDA Teaches Us

Social Participation



The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)

96.4%
said that the day
activity they
described was
what they had
wanted to do

Before COVID-19:

- Half of respondents reported they had not spent any full days at home in the previous week
- A further 17% spent just one full day at home

COVID-19:

- Most are spending the majority of time at home



The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)

Before COVID-19: What IDS-TILDA Teaches Us Social Participation



Activity Wave 3	%
Go out for coffee	95
Eat out	94.8
Go shopping	93.1
Go to the hairdresser	90.7
Go to church/place of worship	85.8
Engage in hobbies/creative activities	82.1
Visit family and friends in their home	80
Go to the cinema	72.3
Go to a theatre, concert or opera	69.5
Go to the pub for a drink	66.6
Talk to family or friends on the phone	64.9
Participate in sports activities/events	51.3

Before COVID-19: What IDS-TILDA Teaches Us Physical Activity

86%
of participants
were sedentary
or underactive
(RAPA)



Technology Use & Culture Change



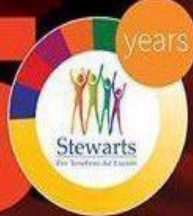
RUN AGAINST THE SUN

STEWARTS CARE 150KM DAYLIGHT CHALLENGE

#STEWARTS CARE

FRIDAY MAY 1ST 2020
STEWARTS CARE MAIN CAMPUS
DISTANCE: 150KM

15 years



TO SUPPORT OUR RUNNERS FOR THIS CHALLENGE YOU CAN DONATE ON THE STEWARTS CARE GO FUND ME PAGE BELOW:
<https://www.gofundme.com/manage/run-against-the-sun/donations>

The poster features a sunset background with silhouettes of two runners. The text is in white and yellow. The number '15' is large and colorful, with 'years' written next to it. The Stewarts Care logo is a circular emblem with a stylized figure and the text 'Stewarts Care' and 'The Spirit of Excellence'.

After COVID-19 Technology Use





The Intellectual Disability Supplement to
The Irish Longitudinal Study on Ageing
(IDS-TILDA)

Before COVID-19: What IDS-TILDA Teaches Us Social Connectedness

- **92.4%** had friends
- **57.3%** having a friend outside their home
- **52.3%** reported having a best friend

For those with friends outside the home:

77.5% reported weekly contact
10.9% reported monthly contact



Call for Submissions: Creativity, Innovation & Resilience

What's happening in Ireland?

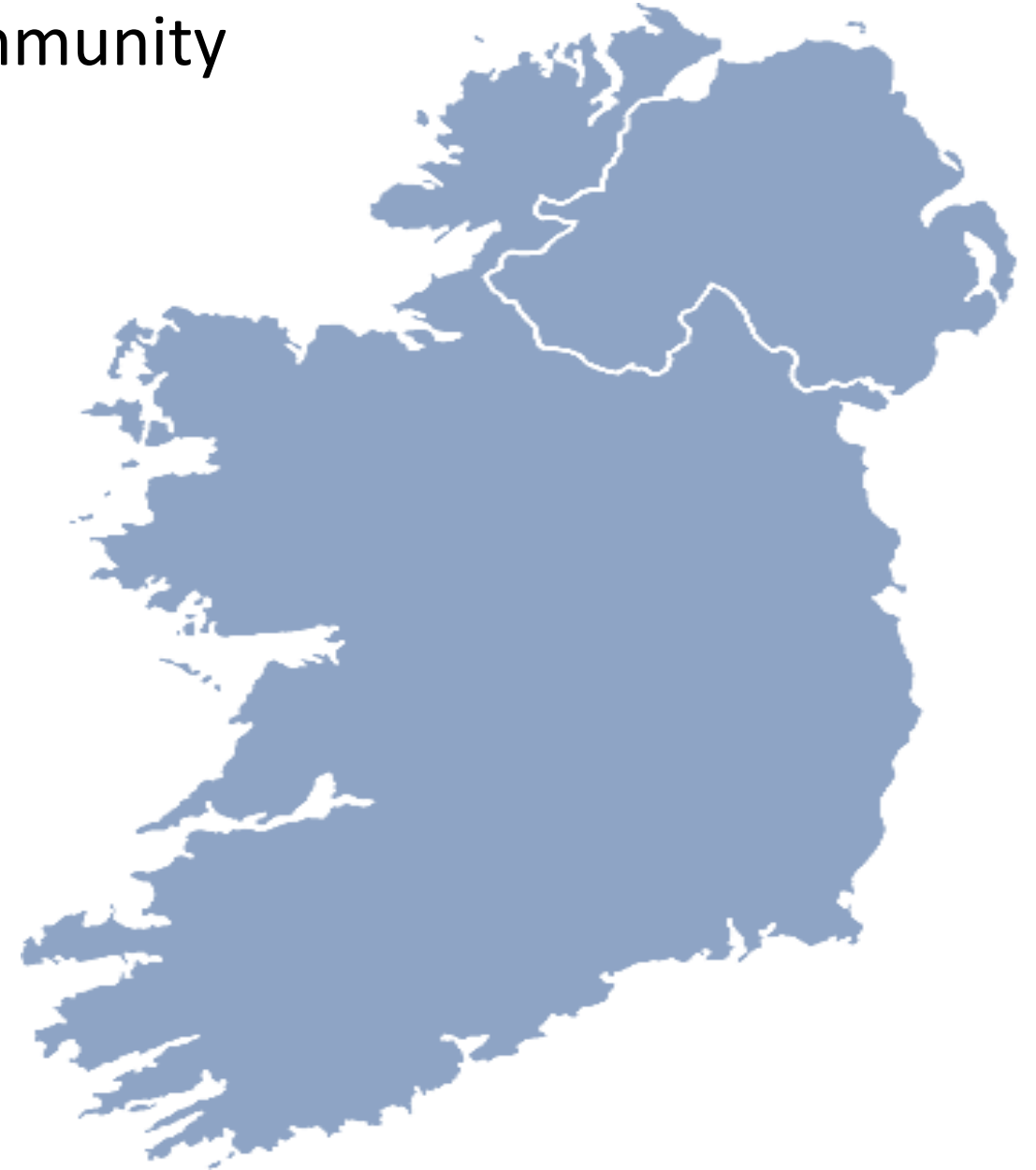
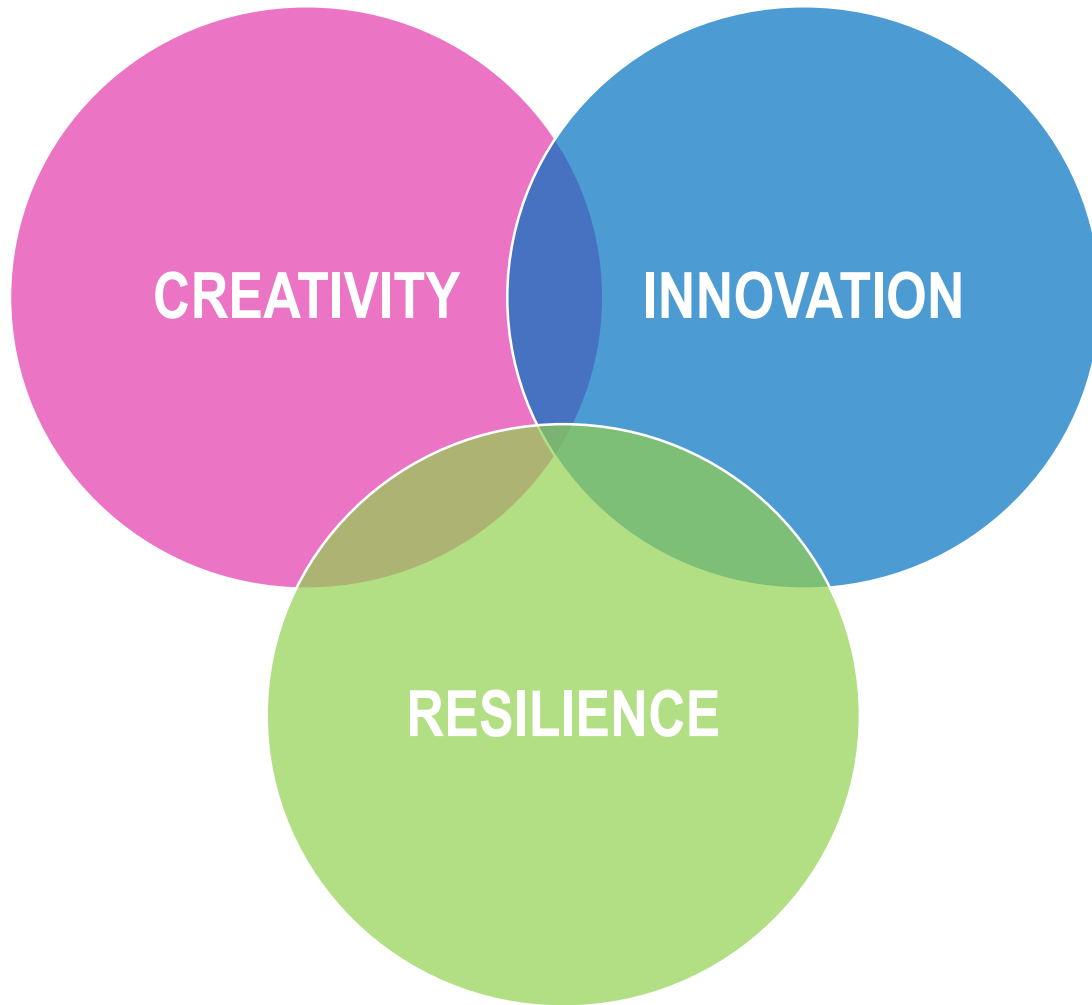


Trinity Centre for Ageing and Intellectual Disability

**Open Call for Submissions:
Creativity & Innovation During COVID-19
Webinar & Exhibition**

Call for Submissions: Creativity, Innovation & Resilience

Ireland's Intellectual Disability Community



Creativity, Innovation and Resilience in Responding to COVID-19

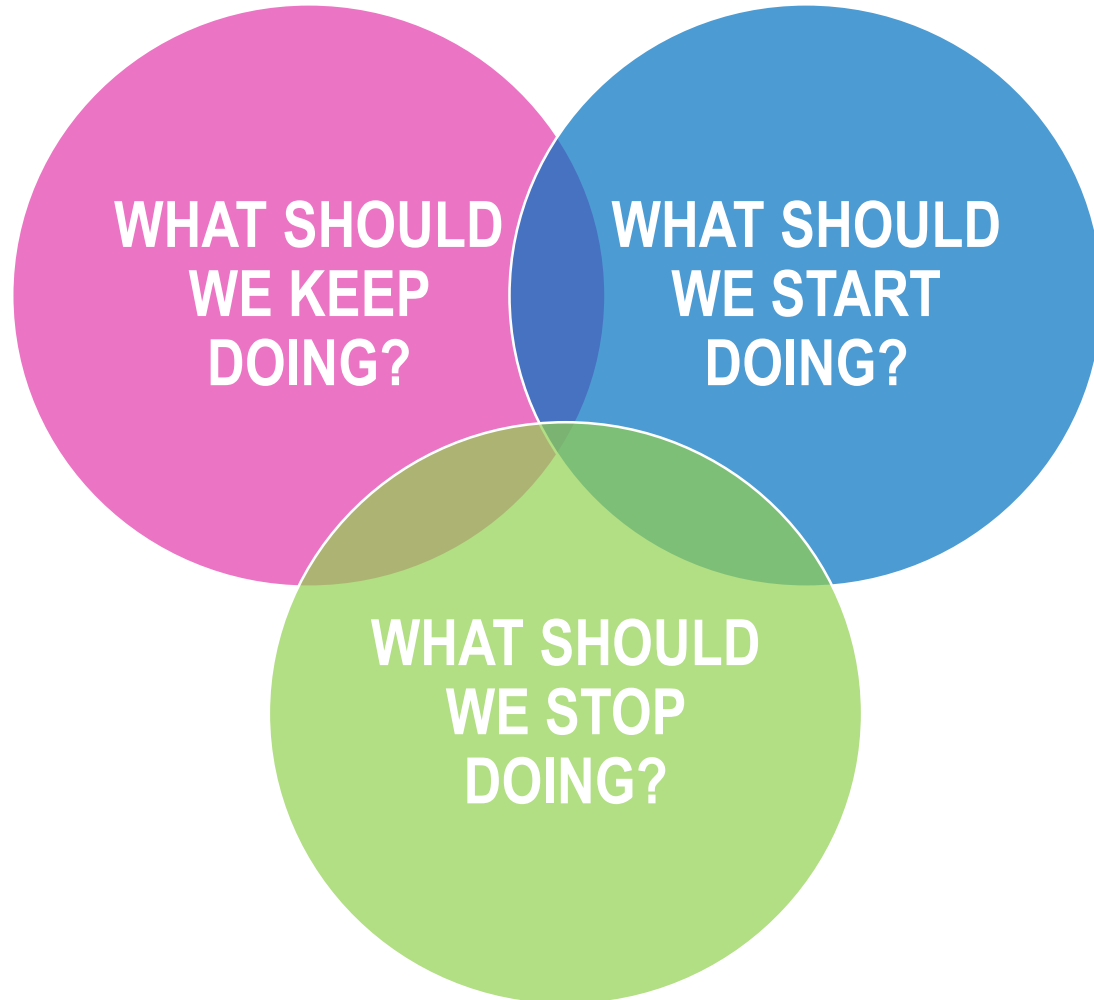


**Trinity
College
Dublin**

The University of Dublin

Trinity Centre for
Ageing and Intellectual Disability
Research

Pause & Reflect on How We're Living Now is the Time

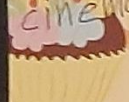


What I'm Going to Do When The VIRUS IS GONE

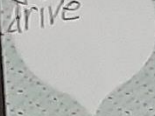
visit
Edel and
seamie



go to the
cinema




go for a
drive




go shopping




visit Teresa




go for coffee



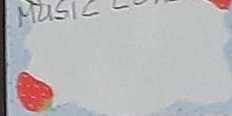
go to Mass



go home



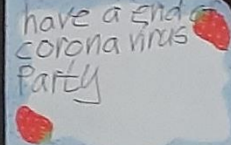
go to a class
music concert



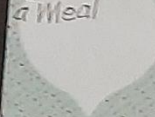
go swimming



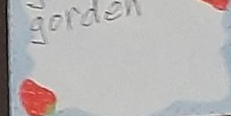
have a end of
corona virus
party




go out for
a meal




go to a Fairy
garden



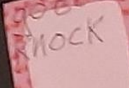
go to the
amusement




go to the power
shop



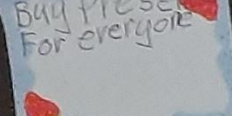
get
knock




go to work



buy presents
for everyone



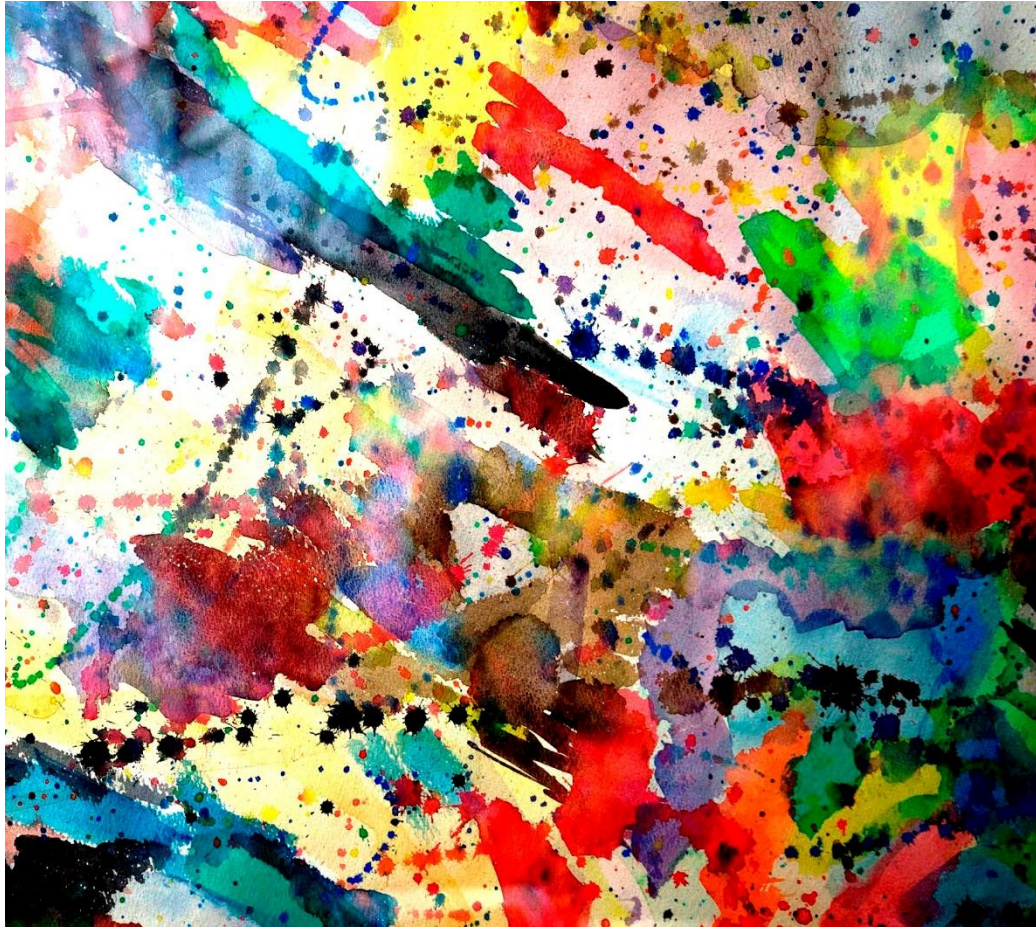
go to my
communities





Poetry & Artwork

Remembering Those Who Inspired Us – Bobbi (1996)



Poetry & Artwork

So Much Talent to Celebrate

'Don't give up'

By Lisa Acheson

Find your inner balance,
In these difficult strange times we are
presented with.

Be humble and kind...
Be kind towards people,
You see and you don't see everyday.

Normalise your day to day life
With familiarity that you do everyday,
Even though it's indoors at the moment.

Be safe...

Don't be insecure,
About the future,
Because we are in this this together,
Even though you don't think so.

Find your inner strength
Because We can be heroes.

From this moment on,
To make people smile or laugh,
Who are vulnerable to this sickening virus.

Be humble and kind,
Be safe and sound,
Please know that we are all in this together...



COVID-19: Creativity & Innovation on Website

<https://www.tcd.ie/tcaid/about/callforcreativity.php>



Get Wise To Your Health

Ongoing “Get Connected, Stay Connected” Campaign



@GetHealthWiseID

*I wake up in the morning Beautiful Blue Sky's But am Lonely.
I am Sitting in my Kitchen having breakfast but am missing you
Every Day I go on my Beautiful walk but Nannie 'Where are you?'
Every Day the Bus Passes. Going nowhere I can go.
I am with my loved ones but missing my lover.
in time lockdown and isolation will be gone and I will be with you again.*

Rebecca McGonagle

Acknowledgements

Thank you

Ability West
Athru
Ballaghaderreen
Brothers of Charity
Brothers of Charity Castlerea
Brothers of Charity Ennis
Brothers of Charity Galway
Brothers of Charity Kidron
Brothers of Charity Lurgan Park
Brothers of Charity Midwest
Brothers of Charity Roscommon
Brothers of Charity The Crucible

Brothers of Charity The Willows
Coaction
COPE Foundation
COPE Foundation Clonakilty
Cumas
Daughters of Charity
Down syndrome Ireland
Ennis Advocacy
Gheel Autism
IDRS
Kerry Parents and Friends
KPFA

Muiriosa Foundation Moore Abbey
Peamount
Prosper Fingal
St Christopher's Longford
St Cronan's Birr
St Michael's House
St Patrick's Kilkenny
St. Cronan's Services
St. Hilda's
Stewarts Care
Sunbeam House Services
Swinford Mayo



Acknowledgements

Thank you

Abbie Mannion	Caitlin Hassan	Dylan Ledden	George Fitzgerald	Jimmy	Leona Synad	Mary Doherty	Paul Corcoran	Sylvia O' Doherty
Adam Howard	Carmel Tucker	Eamon Foley	Geraldine	Joan O Flaherty	Lily O' Donoghue	Mary Goldrick	Paul Heffernan	Teresa Conroy
Ailbhe Fransson	Carol Nairn	Eanna Owens	Geraldine Considine	Joanie Healy	Linda McGee	Mary Kelly	Pauline Thompson	Teresa Jennings
Alan Tarpey	Carol Sparrow	Ed Byrne	Geraldine McKenna	Joanna Stopyra	Lisa Acheson	Mary King	Peter Dolan	Terese
Albert Mc Sheera	Catherine Kealy	Eddie Whelan	Gerry Connolly	Joe	Lizzy O' Donnell	Mary Lambe	Philip Crosbie	Theresa Murphy
Alfred Marks	Chan Ching	Edmund	Grace Howley	Joe Kane	Louise Wynne	Mary Monaghan	Philip Malone	Thomas Troy
Alice Casey	Charlie Scully	Edward Coonan	Gregg McCann	Joey Creighton	Luke	Mary Morris	Philomena	Tiernan O' Brien
Amber Lee King	Christina Hargreaves	Eileen Kiely	Helen Keegan	John	Madeleine Traynor	Mary Reynolds	Raymond Allen	Timmy O' Leary
Amy O Brien	Christopher Rochford	Eileen Leonard	Helen Moran	John Coonan	Maeve Bowdran	Mary Walsh	Rebecca McGonagle	TK Fransson
Andrew Ryan	Ciara Butler	Eileen McIniry	Helen Murtagh	John Gillespie	Maeve Moran	Mathew Clifford	Richard	Tom Mullane
Andy	Claire	Eileen Nugent	Helen O'Regan	John Hallihan	Maeve Phillips	Matthew Davis	Rita McGuire	Tommie Heaney
Anita Berman	Claire Butler	Eileen Sharkey	Henrik Fransson	John Leydon	Mairead Brady	Maura Mc Garry	Ronan	Tony Cannon
Ann Comerford	Claire Finn	Eilish Flynn	Hilary Smith	John Nash	Mairead Conry	Maureen Long	Ronnie Jacob	Triona Moloney
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Ann Egan	Clodagh Dempsey	Elaine Rooney	Hillary Nash	John Sweeney	Margaret O' Neill	Michael	Rosemary	Una Blackweir
Ann Fahy	Colleen Costello	Elizabeth Mannix	Holly Glover	Johnny Hennessy	Maria	Michael Egan	Sandra Edge	Vincent Monaghan
Annie Conway	Colm	Elizabeth Palles	Ina Harte	Jose Fleming	Maria Manning	Michael Igoe	Sarah Matchett	Wayne Pepper
Anonymous	Danielle Coyne	Elizabeth McAnaney	Jade Forristal	Josephine	Marian Horan	Michael Moloney	Sarah Faughnan	Wayne Pepper
Anthony Tynan	Daphne O' Callaghan	Erika Flynn	James	Josh Keating	Marie O' Sullivan	Michael Smyth	Seamus Dwyer	Willie Kelly
Barry Ryan	Daragh Losty	Esther Johnson	James Duffy	Julia	Marion Kelly	Michelle O' Leary	Seamus Giles	Willie Kelly
Becky Martin	Darragh Bennett	Etain Fransson	James Kelly	Julie Moloney	Mark Boucher	Miriam Doyle	Seamus Gray	Winnie Donlon
Bernadette Keogh	David Griffin	Eve Kirwan	James Lanigan	June Stanley	Mark Boucher	Miriam Ryan	Seamus Quinn	Yvonne
Bernadette Mc Geary	David Malone	Fidelma Korcell	James Moran	Kathleen Gaffney	Mark Sadler	Nan Daly	Sean Monaghan	Zoe Mc Auliffe
Bernard O' Leary	David O' Brien	Finbarr O Driscoll	James Nevin	Kathleen McMeel	Martin	Natasha Moloney	Sean O Meara	
Bernie	David Power	Flan Meehan	James Quilligan	Kathleen Shanahan	Martin Carroll	Niamh Harte	Sean Ryan	
Bernie Bourke	David Radcliffe	Francis	James Shaugnessy	Kellie O Donnell	Martin Davis	Nicola Hayes	Sean Toolin	
Betty O' Connor	David Sheehan	Francis Coady	James Upton	Kevin	Martin Keane	Noreen Frawley	Sheila Behan	
Bridget Synnott O' Reilly	Deborah	Gary	Jamie O Donnell	Kim Clarke	Martin Nolan	Pat	Sheila Daly	
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Cadhla Fransson	Donna	Gela Goche	Jerry	Leiza Allman	Mary Byrnes	Patsy Hanley	Suzanne Burchills	

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All Ireland Institute of Hospice and Palliative Care Team

Trinity Centre for Ageing and Intellectual Disability Team



Questions & Answers

Today's Moderators & Panel

- Professor Mary McCarron
- Dr Cathy Payne
- Eileen Leonard
- Frances Donnelly
- Ina Harte
- Mei Lin Yap
- Natalya Jackson
- Sarah Regan
- Stephen Hogan





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Thank You

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