

Creative Ideas TEES Limerick 27th April



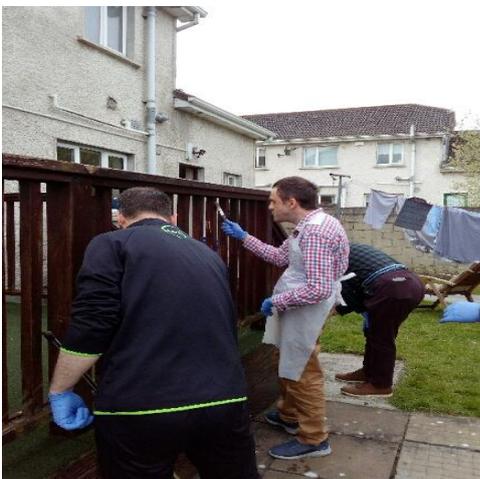
Online Zoom Yoga.

Anne, Marie and Anna taking part in the Zoom yoga class. This is an online seating yoga class presented through zoom and offered out to all the community houses and families of day attendees with access to the internet.



Arranging Flower Boxes

David had his spring flowers and compost delivered to his home and he arranged the spring flowers in their boxes. David takes charge of watering and minding the flowers on an ongoing basis.



Outdoor Teamwork

The gentlemen living in Dromroe pooled their resources and efforts to take advantage of the good weather and painted the decking, railings and outdoor furniture.



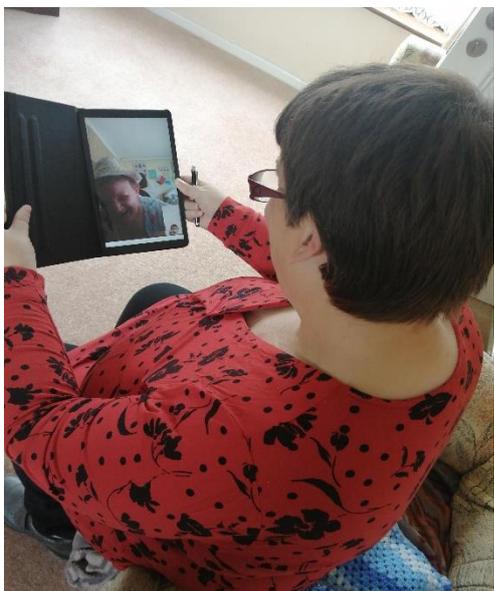
Playing Hop scotch in Lantern Lodge

Christine, Maura, Caroline and Veronica got out their chalk and went back to basics and made the most of the good weather. One very simple but creative way of getting your daily exercise while cocooning.



Budding Street Artists

Maura and Veronica used the opportunity, the fine patio space and the good weather to display their artistic talents for the fellow residents in Lantern Lodge.



Facetime to the rescue

Because of cocooning Liz is unable to meet with her friends face to face so she decided instead of face to face she used facetime to link in with her good friend Geraldine. All the residents in The Meadows have Whatapp set up on the tablets and phones and are in regular contact with their families and friends.

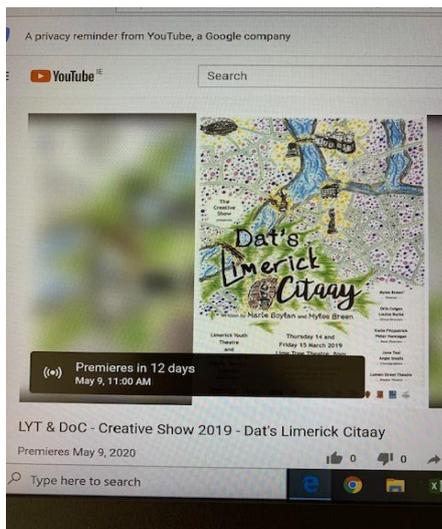


Garden Meditation in The Meadows.

Nancy, Liz and Margaret enjoying the nature, fine weather, music and time to meditate in The Meadows.



Darragh linking in with Phil on Whatapp. Darragh lives at home with his family and is not able to meet up with his girlfriend Phil. Both are delighted to be able to meet up virtually until such time that the current restrictions are lifted.



Creative Show online

This was the 10th anniversary of the Creative Show which was due to take place on 12th and 13th March. But unfortunately this was cancelled due to the pandemic this year just as the curtains were about to be raised. Each Saturday now the previous episodes of the Creative Show going back to 2011 are being streamed and families, friends and previous participants are tuning in and keeping in touch.



Rainbow matchstick art was done by Louise O Halloran in Lantern Lodge. Just a short message to the HSE for all their hard work and excellent advice to keep everyone safe and well throughout the pandemic.



Sheila McElgunn spent some time making sure she decorated her Easter Egg for one of her family. Sheila got to share her creation with her fellow residents on Easter Sunday.