

IDS-TILDA CHRISTMAS NEWSLETTER 2025



EASY-TO-READ VERSION



**Trinity Centre
for Ageing and
Intellectual Disability**



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Greetings from Prof. McCarron and the IDS-TILDA team



Hello from Professor McCarron and the IDS-TILDA Team!

We are very happy to send you our IDS-TILDA Christmas Newsletter.



We have done lots of work this year. We have started Wave 6 of our study.



We have met lots of our participants across Ireland. We have been listening to what they have had to say.



We are looking forward to meeting more of our IDS-TILDA participants in 2026.



Thank you everyone who participates in IDS-TILDA. You have helped to make our study so successful!



Merry Christmas and happy New Year!

IDS-TILDA Christmas Card Competition



We were delighted to receive so many wonderful pictures for our 2025 Christmas card competition!



Thank you to everyone who entered!



Our judges found it very difficult to pick just three winners.



The winning entry in our Christmas card competition came from Caroline O'Grady, Millview Resource Centre, Newry.



Second place went to Eamon Bennett, Strokestown, Brothers of Charity, Co Roscommon.



Third place went to John Paul Byrne, Cáirdeas Centre, Tullow, Co. Carlow.

IDS-TILDA Wave 6 Field Researcher Training



In August, we trained our IDS-TILDA interviewers.



People with intellectual disabilities were involved to make sure our interviewers were properly trained.



A big thank you to our PPI panel members. They played a very important role in training our field researchers.

The IDS-TILDA Health fair



We hope everyone will take part in our Health Fair to see how fit and healthy you are.



We have a special centre here at Trinity College with trained nurses.

	We know this won't suit everyone, so we will be visiting some centres around the country as well.
	We will be getting in touch with everyone soon to arrange your appointment.
Congratulations to Mei Lin	
	We are delighted that our Ambassador Liaison Officer, Ms Mei Lin Yap, was given a special award by Trinity College.
	This was for all the work Mei Lin has done for people with disabilities. Congratulations Mei Lin!

**This document was proofread by
individuals with intellectual
disabilities.**



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