

IDS-TILDA Newsletter

CHRISTMAS 2023



Greetings

**from Prof. Mary McCarron
and the IDS-TILDA Team**

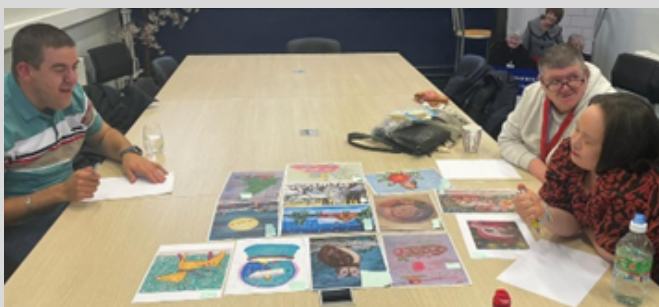


We hope this letter finds you happy, healthy, and looking forward to Christmas. We have had another very busy year for the IDS-TILDA team and the Trinity Centre for Ageing and Intellectual Disability.

We hope that you enjoyed taking part in Wave 5 of IDS-TILDA. We were delighted to talk with you all. We were especially pleased that so many of you took part in our Health Fair.

A big thank you to everyone who took part. Also to family members and support staff who gave their time so generously. Your support has been so important to the success of IDS-TILDA.

We wish you a Happy Christmas and a wonderful New Year. We hope that 2024 will be especially joyful for you, your family and friends.



THE IDS-TILDA CHRISTMAS CARD COMPETITION

We were delighted to receive so many wonderful pictures for our Christmas Card competition. A big thank you to everyone who entered our competition. Our panel of judges had a difficult job choosing just three winners.



1st place: Billy Toomey, Saint John of God, Louth
2nd place: James McKenna, Saint John of God, Louth
3rd place: Emma Coonan, St Cronan's Association, Tipperary.



Launch of the IDS-TILDA Report

On 28th November, the Minister of State for Disabilities, Minister Anne Rabbitte, TD, launched the IDS-TILDA Wave 5 report. The event began with a fantastic performance by musicians from Viewpoint Self-Advocacy Group of Sunbeam House Services. The audience really enjoyed their singing and music.

Left to right: Mr Tommy Breen (musical supporter), Ms Emma Kinsella (musician), Mr Sean Sheekey (singer), Mr Eoin Hayden (singer) and Mr Rob Quinn (musical supporter) from Viewpoint Self-Advocacy Group with Prof. Mary McCarron, PI IDS-TILDA.



Mr. Christopher McEvoy spoke about taking part in the IDS-TILDA Health Fair. Christopher said he really enjoyed the experience and felt the benefits of taking part.

Left to right: Dr. Eilish Burke (Health Fair Lead), Prof. Mary McCarron (PI IDS-TILDA), Mr. Christopher McEvoy (IDS-TILDA participant) and Ms. Jean Moynihan (Research Nurse Manager).



IDS-TILDA Wave 5 Report

Thank you to everyone who answered our interview questions and took part in our Health Fair. We used this information to produce our Wave 5 report. We are sending you a copy of the report with our Christmas card. We hope that you enjoy reading the report and you find it interesting.

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