

# Alzheimer´s disease: the next challenge in Down syndrome

Neuroimage Core  
Memory Unit Sant Pau



# Outline

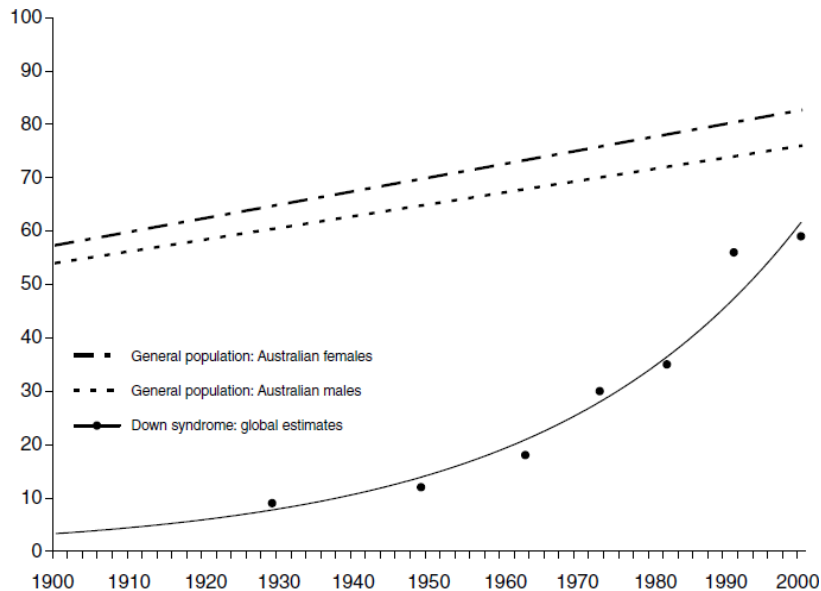
1. Alzheimer's disease in Down syndrome
  1. A population based health plan to detect and treat AD in DS
3. The Down Barcelona Neuroimaging Initiative (DABNI) project
4. Some good news in Down syndrome

# Alzheimer's disease in Down syndrome



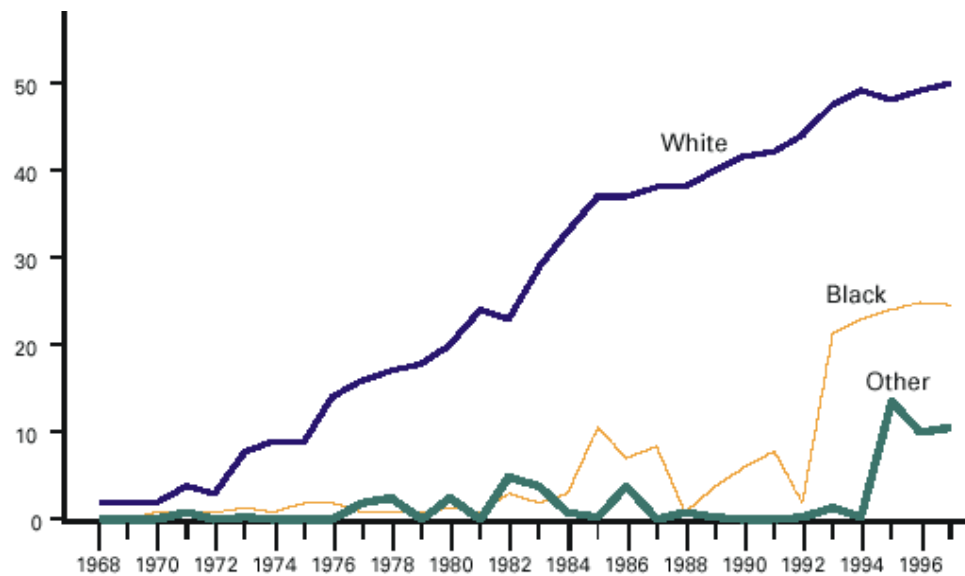
# Life expectancy in Down syndrome

## Life expectancy in Australian population



*Bittles, Glasson et al. 2004*

## Median age of people with DS by race (US)

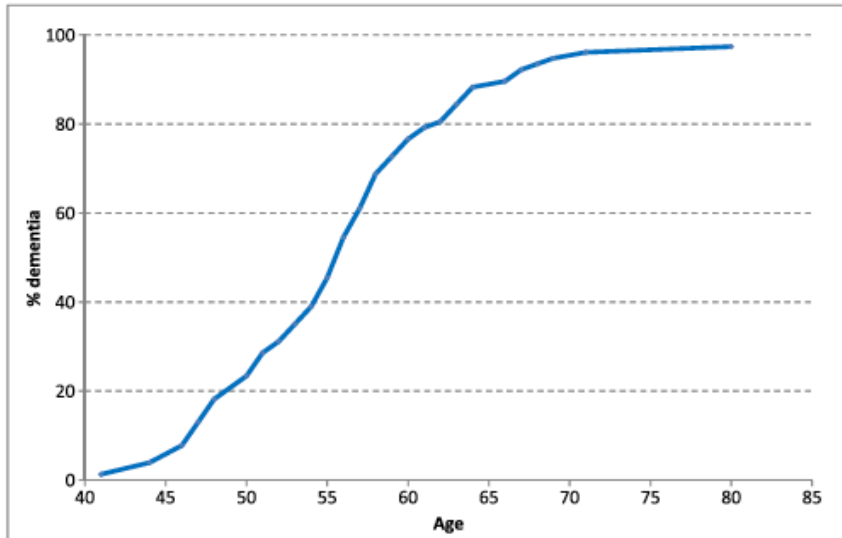


*Lisa Wade. CDC data, 2010*

DS is a vulnerable population that needs more care and health services than the general population



# Alzheimer's disease is the main medical problem in adults with DS



McCarron et al. JIDR 2017



Advancing research diagnostic criteria for Alzheimer's disease: the IWG-2 criteria

## IWG-2 criteria for presymptomatic AD (A plus B)

- A Absence of specific clinical phenotype (both are required)
- Absence of amnesic syndrome of the hippocampal type
  - Absence of any clinical phenotype of atypical AD
- B Proven AD autosomal dominant mutation in *PSEN1*, *PSEN2*, or *APP*, or other proven genes (including Down's syndrome trisomy 21)

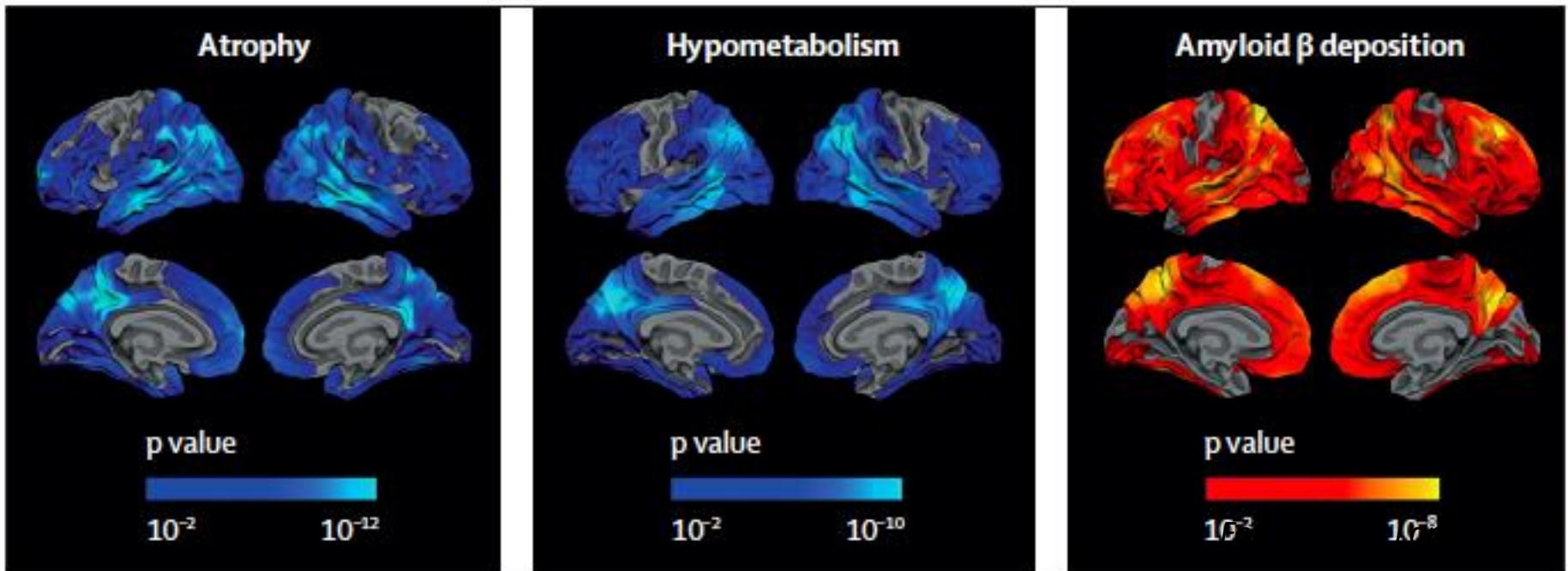
IWG-2. *Lancet Neurol.* 2014

Down syndrome is now conceptualized as a form of genetically determined Alzheimer's disease



# How is Alzheimer's disease in Down syndrome?

Imaging signature of AD in DS



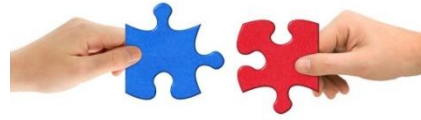
In short: "THE SAME" (with some small differences)

# A population based health plan to detect and treat AD in DS



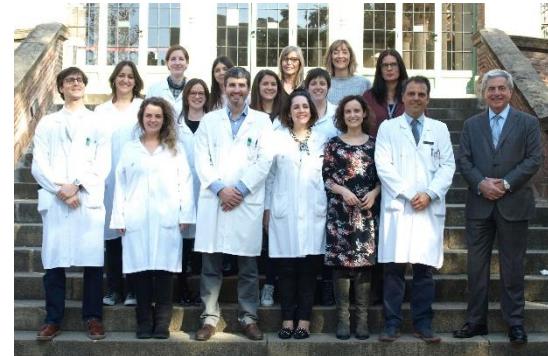


FUNDACIÓ CATALANA SÍNDROME DE DOWN



HOSPITAL DE LA  
SANTA CREU I  
SANT PAU

## Alzheimer's Down Unit



Health plan for  
adults with DS  
in Catalonia



**CLINICAL  
COHORT**

Annual NRL &  
NPS  
Blood (+/-) EEG

N > 800





# DAVIS

## "Domiciliary Alzheimer Visiting in Down syndrome"



1. To reach out for those who cannot come to Barcelona (or are too ill to come to the clinic)

2. To help centers working with DS individuals



# The Down Barcelona Neuroimaging Initiative (DABNI) project:

A research program to fight Alzheimer´s disease in Down syndrome  
Proposal





# DABNI

(Down Alzheimer Barcelona Neuroimaging Initiative)



Health plan for adults with DS in Catalonia



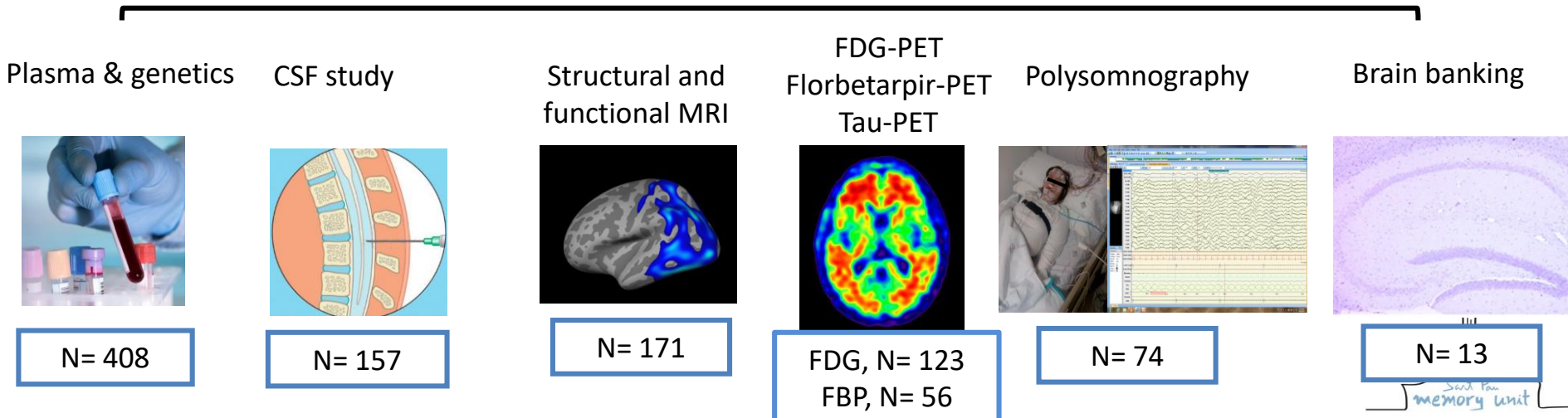
CLINICAL COHORT

Annual NRL & NPS  
Blood (+/-) EEG

N > 800



BIOMARKER COHORT



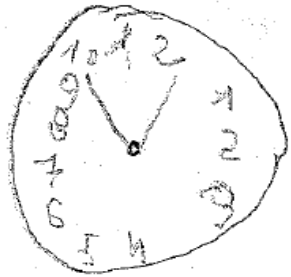
# Why should we care about research in Down syndrome?



# Why biomarkers?

AD dementia diagnosis is especially difficult in the context of  
Down syndrome

17-12-2008



17-02-2010



07-04-2011



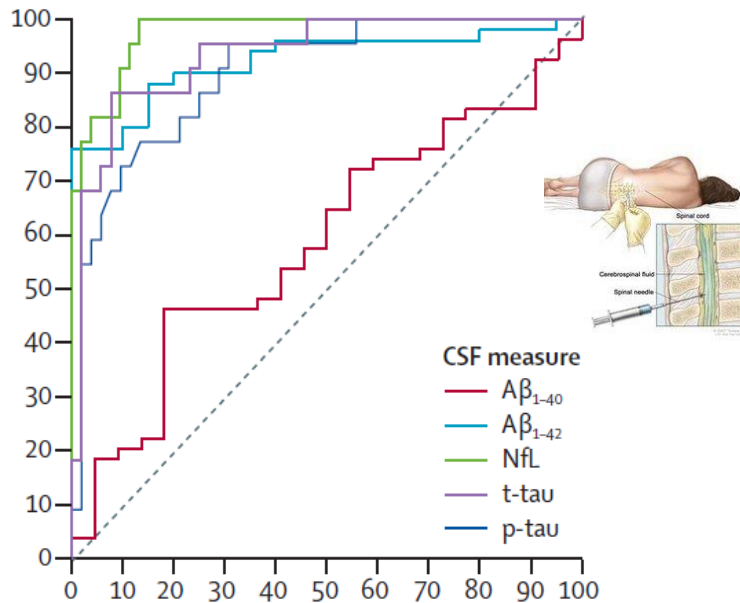
Biomarkers





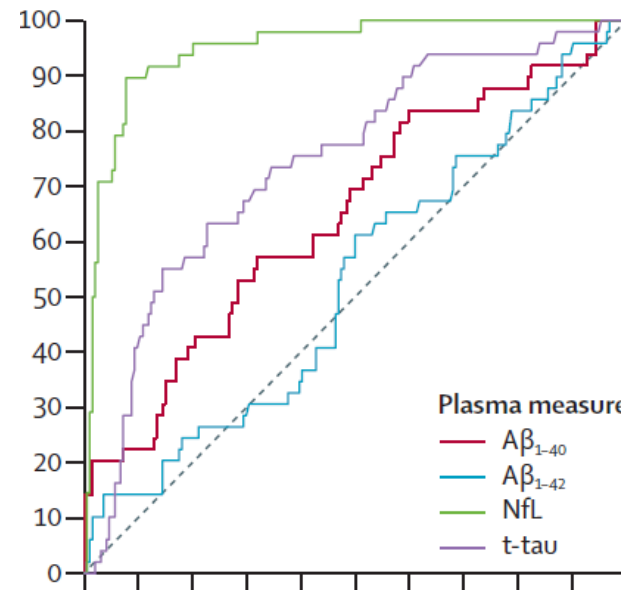
# Biomarkers for AD diagnosis in DS

## CSF



Carmona et al. JAD. 2017

## Plasma



Fortea et al. Lancet Neurology 2018

**Good plasma biomarkers are already here!**



# Longitudinal plasma NfL levels in Down syndrome

Multicenter international study: 608 samples from 236 participants

U. of Kentucky (L. Head)  
193 samp/ 60 subjects



Hospital Sant Pau (J. Fortea)  
275 samp/113 subjects

FJL (Paris; PI: A. Rébillat)  
76 samp /31 subjects

U. of Cambridge (PI S.Zaman)  
20 samp /10 subjects

LonDownS (Strydom)  
34 samp /17 subj

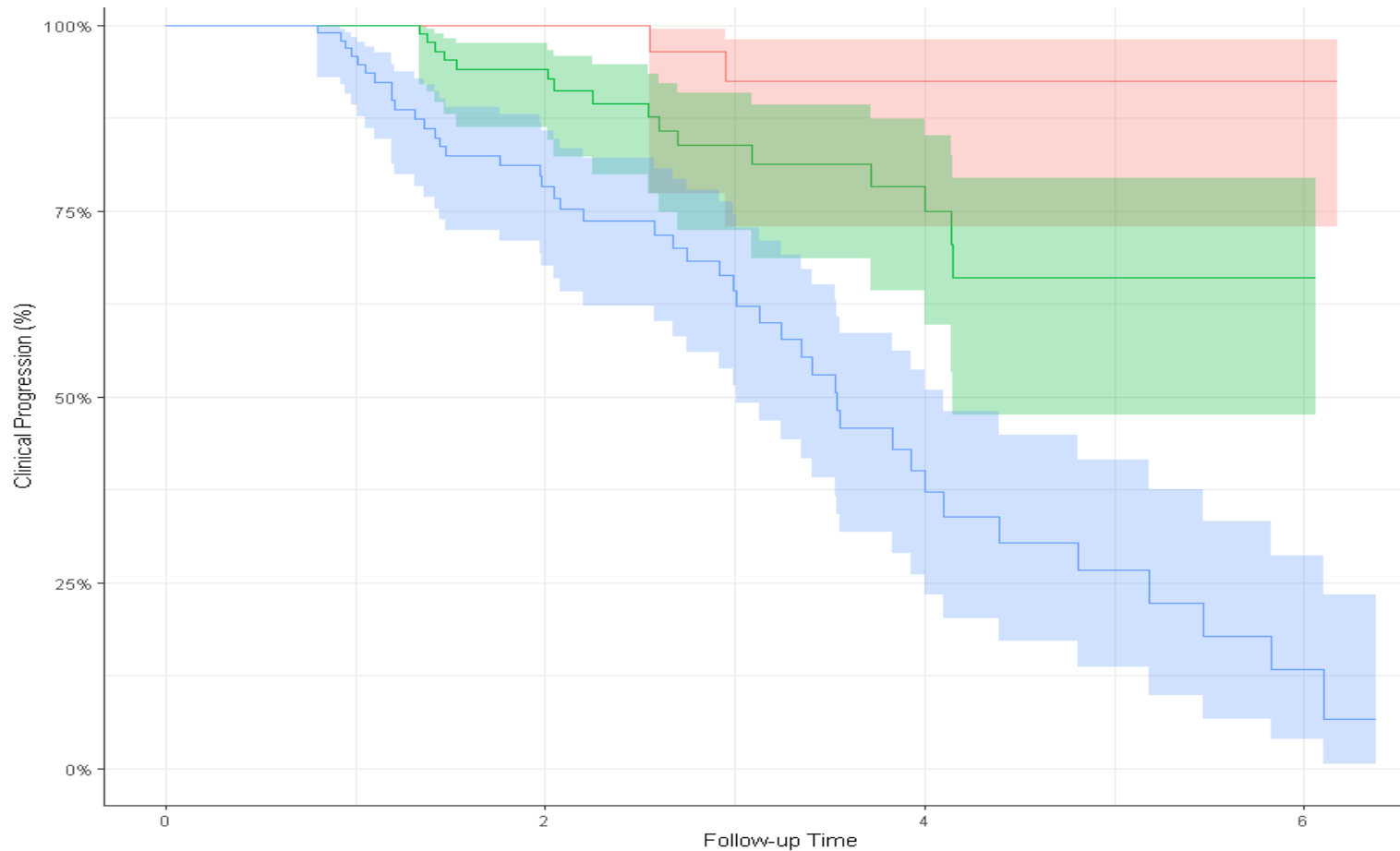
LUM (Munich J. Levin)  
10 samp/5 subj

## Objectives

1. To confirm the dx performance of plasma NfL levels
2. To assess the px performance of plasma NfL levels
3. To assess the longitudinal trajectory of plasma NfL



# Prognostic performance



Clinical progression to symptomatic AD is higher in those adults with DS with elevated plasma NfL levels





**AD**

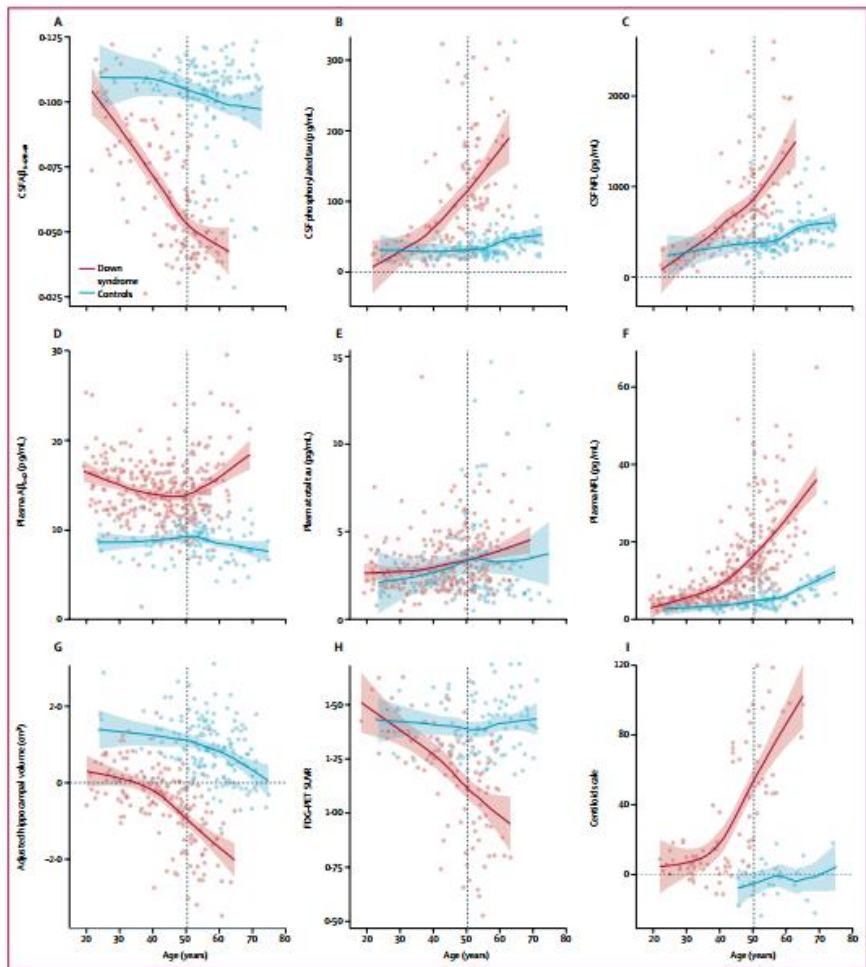
**Natural history**



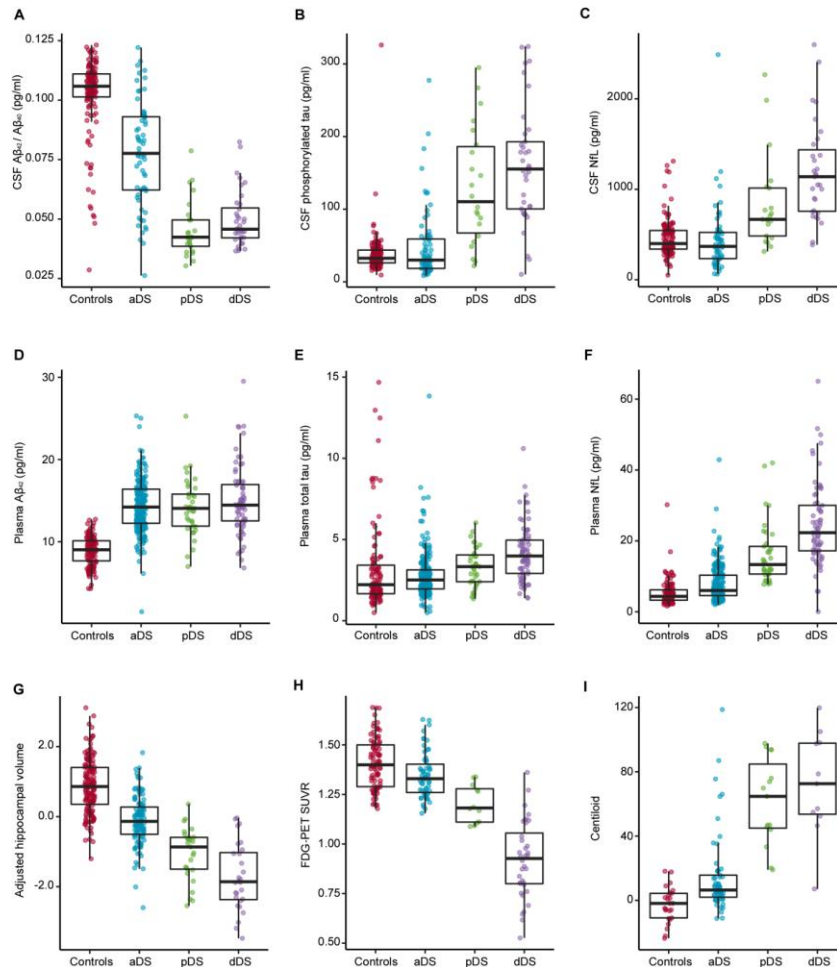
**in DS**



# AD biomarker changes in DS



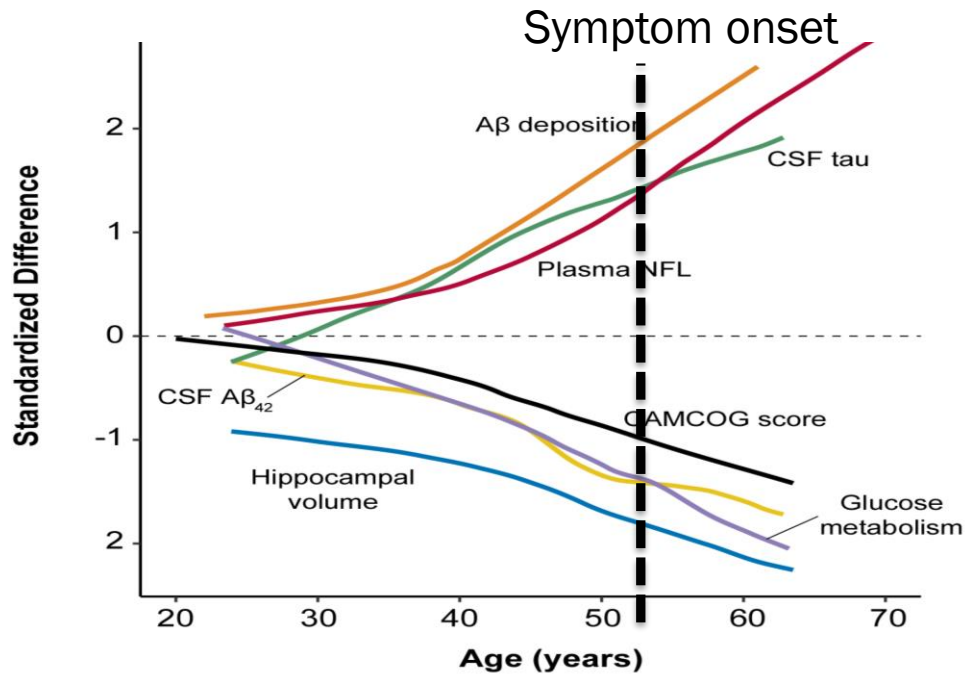
Changes with respect age



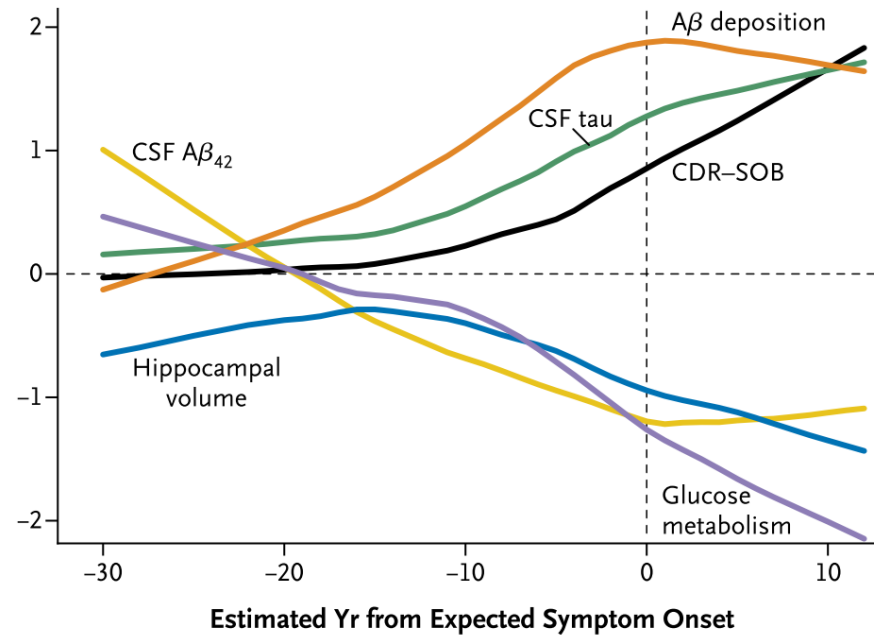
Fortea et al. Lancet 2020

Changes along the AD continuum

# Trajectory of changes strikingly similar to that in ADAD



*Fortea et al. Lancet 2020*



*Bateman et al. Nejm 2012*

Under review



# There are very good news in AD research in DS!

- Collaborative efforts
- Trial Ready Cohorts
- Clinical Trials



# International consortia

USA



ABC consortium  
ACTC-DS  
Lumind

Europe



Horizon 21





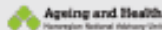
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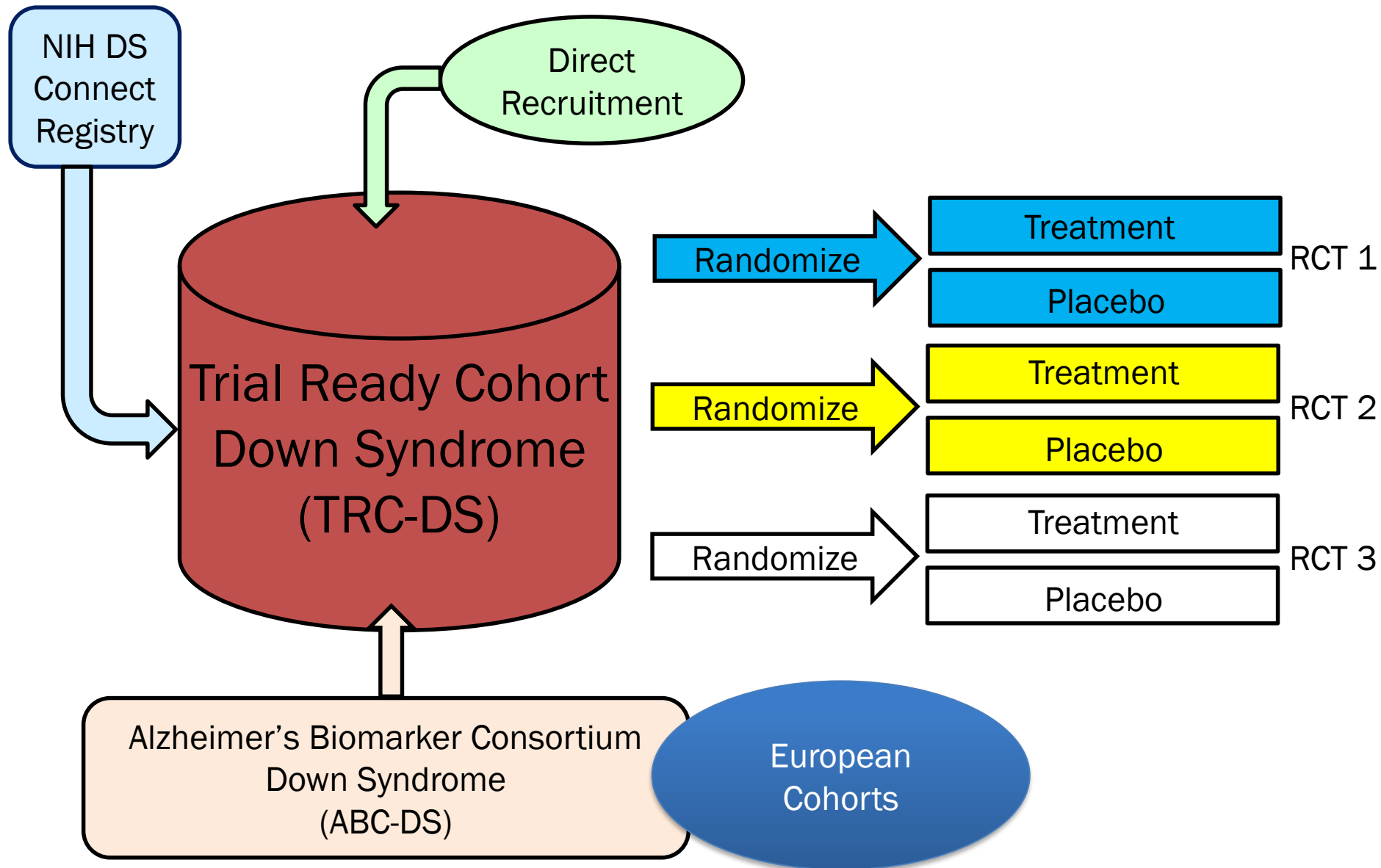
Research, Care, Advocacy

# ACTC-DS: A CLINICAL TRIALS PLATFORM TO PREVENT AD IN DS



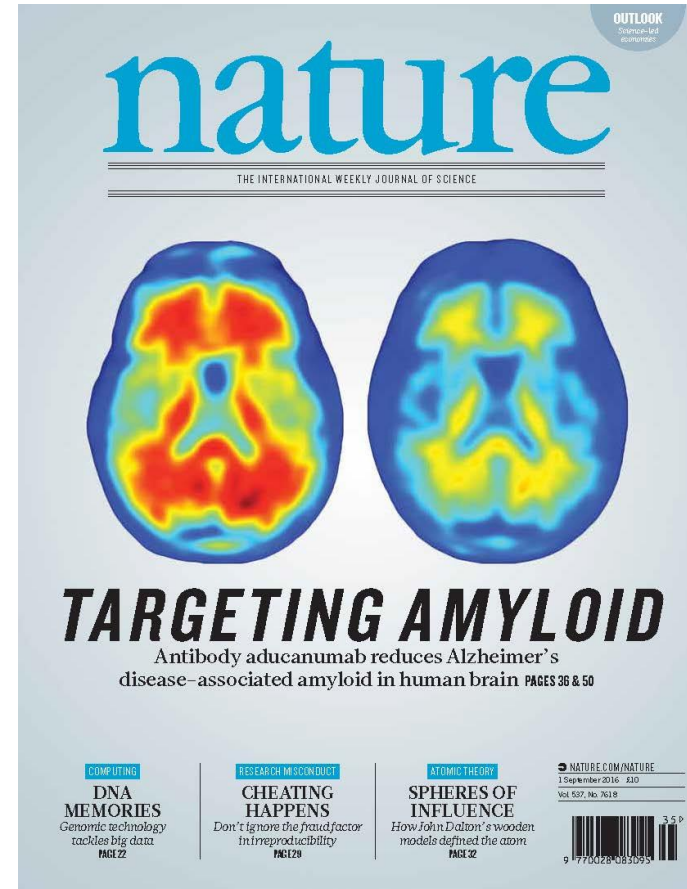
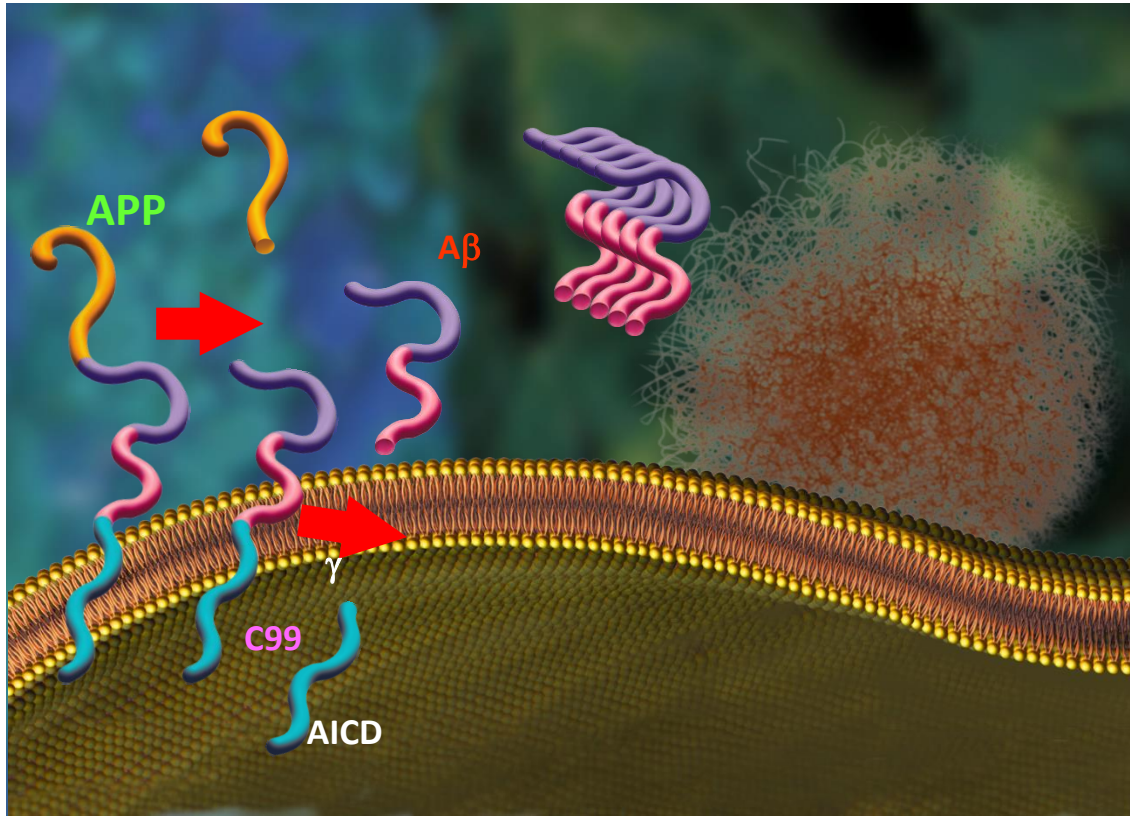
A network of 15 international clinical sites with experience in AD and DS clinical research. \$4.7 Million award from NIH

# Trial Ready Cohort





# DS is all about amyloid (and tau) and the first drug targeting amyloid is being evaluated for approval



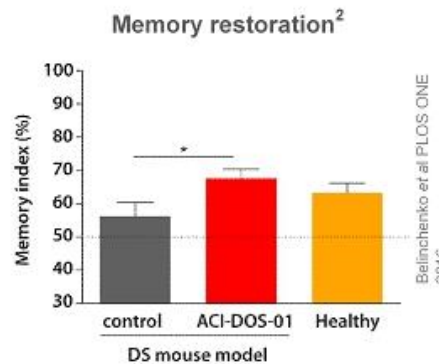
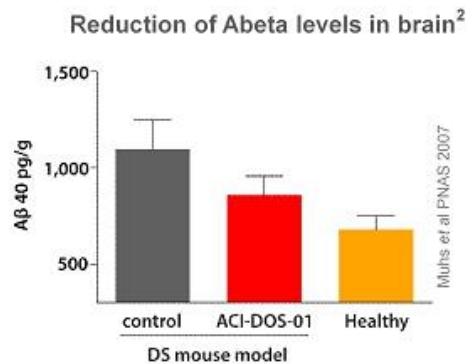
Anti-amyloid (and tau) therapies must be tested in DS

# What about Down syndrome?

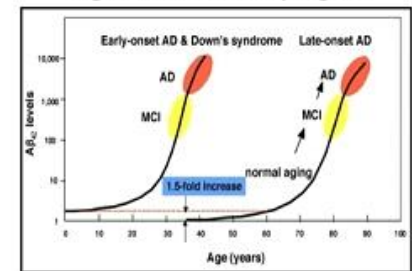
## ACI-24 – Phase 1b in Down syndrome (DS)

Anti-Abeta therapeutic vaccine

Target	Misfolded Abeta
Study rationale	<ul style="list-style-type: none"><li>Down syndrome population is at high risk of developing AD</li><li>75 – 100% of people with Down syndrome have AD by age 60</li><li>Unique possibility to study prevention and treatment in defined genetic population</li></ul>
Key results	<ul style="list-style-type: none"><li>Compelling memory enhancement in ORT<sup>1</sup> in Down syndrome mouse model<sup>2</sup></li></ul>

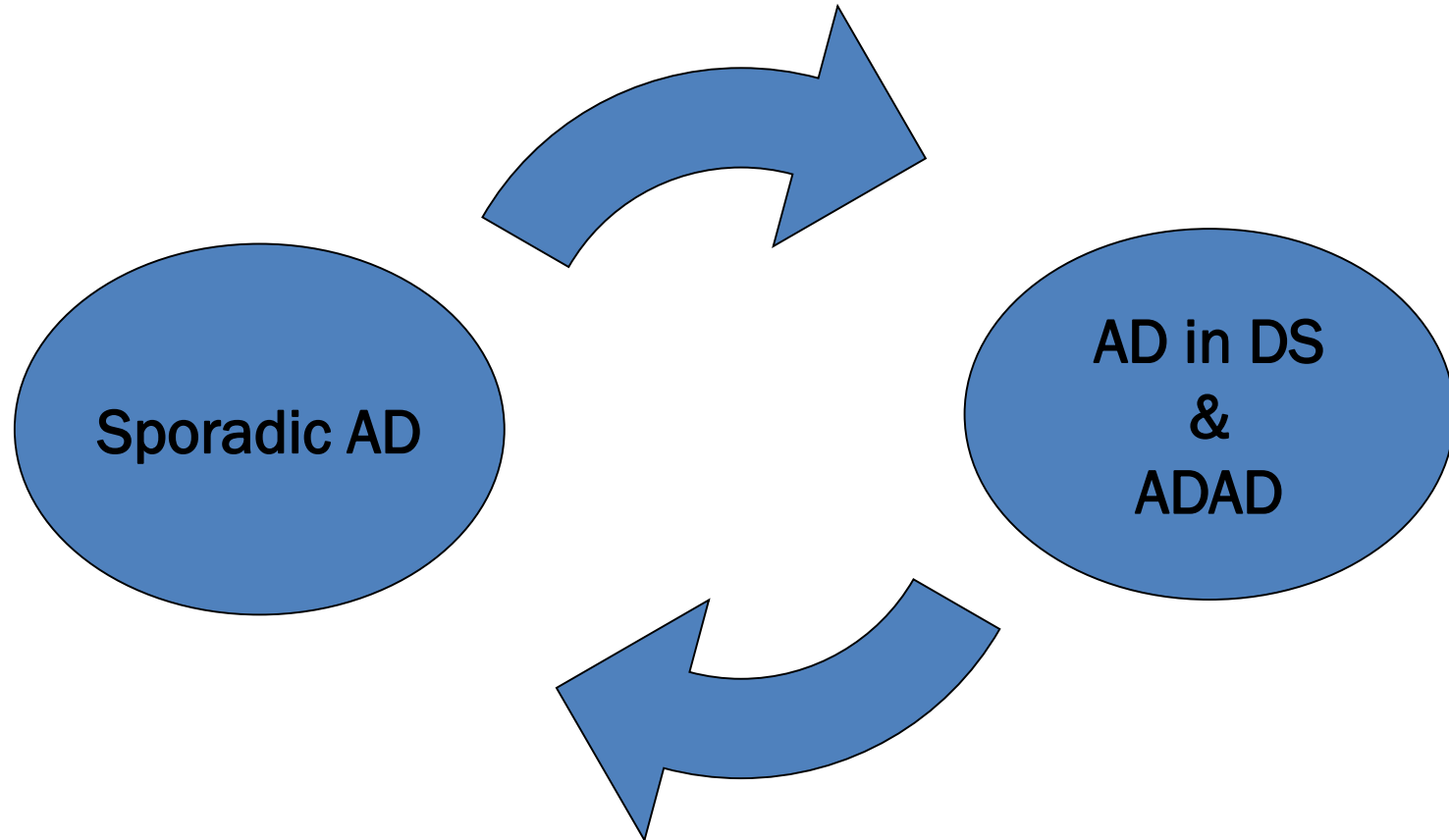


Down syndrome population is at high risk of developing AD



An phase II anti-amyloid trial is about to start in DS later  
December 2020

# “Virtuous Circle”



Not being able to perform research in DS is a new form of discrimination

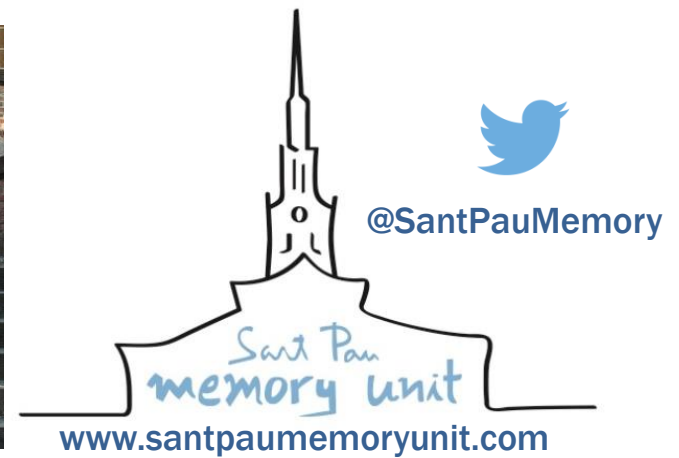
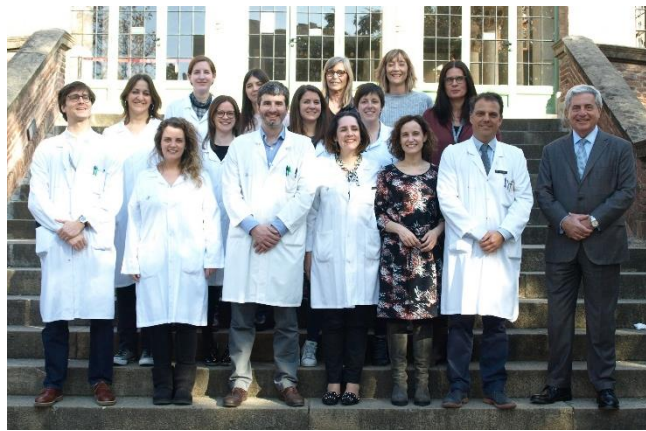


# Take home messages

1. Down Syndrome is a form of genetically determined AD
2. Trials AD are feasible due to advancements in AD pathophysiology and biomarker research
3. International networks & trial ready cohorts have been built
4. AD might be easier to cure in DS than in sporadic AD and it is the best population in which to perform prevention studies
5. **Clinical trials are about to start in DS!**







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