Welcome to Trinity

Start Your Journey as a Trinity Student
Vice President for Global Engagement
Welcome to Trinity

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Welcome to Trinity

We are delighted to welcome you to Trinity College Dublin, the University of Dublin. As Ireland’s leading university, ranked 81st in the world (QS World University Rankings 2024) and 31st most international university in the world (Times Higher Education Rankings 2024), we pride ourselves on being a global research-led university with a diverse and vibrant university community.

This Welcome Guide includes useful information on how we will support you as a new student as well as guidance on visas, immigration, finance and accommodation. We hope you find this Welcome Guide useful and look forward to welcoming you on campus.
Orientation and Freshers' Week

Registration Term Dates
You will receive an invitation to register through your my.tcd.ie portal in August (or December/January for Semester 2 students). You should complete the online registration process prior to arrival. To complete the registration process, all tasks up to and including the Terms and Conditions of Registration must be completed in full. Payments must be made for all new entrant students, as per the University fee policy. Your ID card will be issued to you during Freshers' Week as part of the Orientation schedule. It is recommended that you check your Trinity email account regularly for official communications from the University. Lecture timetables will be available via the portal near term time.

Orientation
Orientation is a mixture of introductions to the University, course-specific meetings, campus tours, student mentor meetings and social events. Undergraduate orientation schedules are determined by course, and most sessions are mandatory. Detailed schedules will be available on www.tcd.ie/students/orientation in August with all the other information you need to get started at Trinity. The Global Room is open throughout orientation if you have any questions. Visiting and Erasmus student orientation is held during the week prior to the start of teaching term.

Undergraduate: www.tcd.ie/students/orientation/undergraduates
Postgraduate: www.tcd.ie/students/orientation/postgraduates

Visiting/Erasmus Students: Module Registration
The Academic Registry is responsible for enrolling visiting students on their chosen modules. You will be contacted through the email address provided at application to outline how you can choose your modules before arrival at Trinity. For more information on the classes available to you please review our Visiting Student Module Directory. Any queries on specific module requirements, content, and timetable should be directed to the school you are applying to attend. www.tcd.ie/students/orientation/visiting-exchange/module-enrolment.php

Visiting/Erasmus Transcripts
Trinity module results are published online and will be available to view through the my.tcd.ie student portal. Two copies of transcripts for Visiting/Erasmus students are sent directly to the student's home institution. Further information can be found at: www.tcd.ie/academicregistry/service-desk/transcripts

ECTS and Credit Transfer
The European Credit Transfer and Accumulation System (ECTS) is an academic credit system based on the estimated workload of a module. The ECTS credits for each module will be the same for all students. If special assessment/examination arrangements are required, the assessment or examination must be deemed equivalent to the assessment of other students completing the module. ECTS for each module will be provided in the Module Directory. Visiting students should confirm with their home university the number of ECTS credits required in order to receive full credit transfer for time at Trinity.

Term Dates
Term dates can be found at: www.tcd.ie/calendar/academic-year-structure

Trinity Smart Start Programme*
This week-long programme is designed to introduce new international students to Irish history, literature and culture as well as help students adjust to life in Trinity and Dublin. The course runs the week prior to Freshers' Week and details can be found at: www.tcd.ie/study/international/pre-session_programmes/smart-start.php

*Note: A similar programme is also offered for visiting students called the Semester Start Up Programme.

Details at: www.histories-humanities.tcd.ie/visiting/understanding/ireland/semester-start-up.php

Trinity College Dublin, The University of Dublin
Welcome to Trinity: Start Your Journey as a Trinity Student

Trinity College Dublin, The University of Dublin

Accommodation

Trinity Accommodation

Undergraduate

All first-year non-EU full degree undergraduate students are given priority for rooms at Trinity Hall, Kavanagh Court, and Herel Cork Street student accommodation.

Trinity Hall is a large, friendly complex housing around 1,000 students with its own Junior Common Room (similar to a Students’ Union) that organises social activities and outings. Located 4km (2.5 miles) from the city centre, it is accessible by public tram and bus. Accommodation is apartment style with en-suite bathrooms, with single and twin rooms sharing well-appointed kitchens and sitting rooms.

Kavanagh Court and Herel Cork Street are 3rd party private purpose-built modern student accommodation providers. Accommodation types will vary depending on the site/location and are within walking distance of Trinity.

Further information on all accommodation types, costs, and booking procedures will be available by February 2024 at: www.tcd.ie/accommodation/undergraduate

Postgraduate

A limited number of rooms are available on campus for postgraduate students. For more information please see: www.tcd.ie/accommodation/postgraduate

A limited number of rooms for postgraduate students will be available at 3rd party private student accommodation providers where Trinity has referral agreements such as Kavanagh Court and Herel Cork Street student accommodation. Accommodation types will vary depending on the site/location and will be modern student accommodation and all are within walking and short commuting distance of Trinity. Further information on accommodation types, costs, and booking procedures will be available by February 2024 at: www.tcd.ie/accommodation/postgraduate

Applying for Trinity Accommodation

Applications for all Trinity accommodation are made online. In order to apply, you must have your Trinity ID number. After you have officially accepted your place, your application number becomes your student number. If you would like Trinity accommodation, you are advised to apply as early as possible:

Postgraduate: www.tcd.ie/accommodation/postgraduate

Private (Non-University) Accommodation

Dublin offers a range of options from shared houses and flats to private student residences. If you have not secured housing in advance of your arrival, we strongly advise you to arrive as early as possible in order to maximise your chances of finding suitable and affordable accommodation, as demand for housing in Dublin is extremely high.

Digs/Lodgings

The Students’ Union maintains a list of host families who have rooms (and in some cases full board) available to students. Digs are traditionally a little cheaper than private rented accommodation. For further information, see here: www.tcdsuaccommodation.org/how-to-find-a-gaff-guide

Private Rented Accommodation

There are a number of places online that you can search in order to view properties in all areas of Dublin and to get an idea as to what prices you should expect:

www.daft.ie
www.myhemp.ie
www.rent.ie
www.collegecribs.ie
www.gumtree.ie
www.property.ie
www.housinganywhere.com

To avoid rental scams or disappointment, you are strongly recommended to view any property in person before paying a deposit or paying any money online.

Temporary Accommodation

Trinity cannot provide assistance for booking private accommodation in a hostel or hotel. For more information about hotels, hostels and temporary rentals in Dublin, please see: www.discoverireland.ie
www.hostworld.com/hostels/ireland
www.airbnb.ie
www.hostelworld.com/hostels/Ireland
www.travelmoney.ie
www.housinganywhere.com

Need a Roommate?

You can both search and place an ad on our Accommodation Advisory Service website to help find someone to live with: www.tcdsuaccommodation.org
Alternatively, you can search on www.daft.ie
Academic Life and Support

Support Tutor
Trinity assigns a Tutor to each full-degree undergraduate student. A Tutor is a member of the academic staff who is appointed to look after the general welfare and development of the students in his/her care. Whilst the Tutor may be one of your lecturers, the role of Tutor is quite separate from the teaching role. Tutors are a first point of contact and a source of support, both on arrival and at any time at Trinity. Their main function is to advise, listen to concerns, help you deal with issues as far as possible and refer more serious difficulties to the appropriate student services. They provide confidential help and advice on personal as well as academic issues or on anything that has an impact on your life. They will also, if necessary, support and defend your point of view in your relations with the University. You should make an appointment to meet with your Tutor during the first few weeks of the academic year. Visit the website for further information: www.tcd.ie/seniortutor

International Students with Disabilities
Students with disabilities or learning difficulties can face additional challenges studying away from home and may avail of reasonable accommodations and supports while studying at Trinity. You should contact the Disability Service at Trinity in advance with any queries you may have so you can be assisted with your plans and offered advice on the type of support available. For more information please visit the Disability Service webpage: www.tcd.ie/disability/prospective-students/ international-students. You should register with the Disability Service as soon as you arrive in Dublin. You will need to bring a copy of your disability documentation from your home university. Please note: a letter listing your exam accommodations is not sufficient. Reasonable accommodations that apply in your home country may not be applicable at Trinity.

Postgraduates
The Postgraduate Advisory Service provides a confidential service for academic and personal support. You can also bring academic concerns to your course director. www.tcd.ie/seniortutor/students/postgraduate

English Language Support
Students for whom English is not their first language are eligible to complete courses in English for Academic Purposes, run by the University. Details on in-sessional and pre-sessional programmes are available here: www.tcd.ie/downhillenglish

Computer and Library Access
IT Services is responsible for the University’s main computing facilities; this means they will play a big part in your University experience. Visit their website for everything you need to know to get started with IT at Trinity, including what to do next once you have registered at my.tcd.ie. To get your student ID card, you will have access to the Library. Trinity’s Library is the largest library in Ireland. Its collections of manuscripts and printed books have been built up since the end of the sixteenth century and its book stock is now over four million volumes. See here: www.tcd.ie/library

Erasmus Students
Each Erasmus Student is allocated a Department Erasmus Coordinator. The Department Erasmus Coordinator is a member of the academic staff who may provide advice on such matters as choosing courses, assessments and exams. They will be a source of guidance throughout your time as an Erasmus Student. The name of your Department Erasmus Coordinator will be included in your letter of acceptance. You should make an appointment to meet your Department Erasmus Coordinator as soon as possible after you arrive.

Academic Registry
The Academic Registry is Trinity’s central hub for student administrative services. It can be found in the Watts Building, at the East End of the campus: www.tcd.ie/academicregistry

Academic Registry provides a variety of important resources for students and can assist with queries on a range of services including: admissions, fees & payments, annual student registration, Study Abroad (visiting students & Erasmus) examinations, assessment, and graduation. Academic Registry will provide your student card, help visiting students enrol for classes (modules) and provide several of the documents you will need to register with the Immigration bureau, apply for a Personal Public Services (PPS) number and open a bank account.

Once you have completed registration a confirmation of this will be sent to your my.tcd.ie portal. From here you can print your official Trinity Proof of Registration letter. You can request documents or get help with a query by contacting the Academic Registry Service Desk through the my.tcd.ie portal by clicking the ASK AR button or emailing academic.registry@tcd.ie

Opening Hours:
9:00 to 17:30 Monday to Thursday
9:00 to 17:00 Friday
www.tcd.ie/academicregistry
Personal Support

Counselling and Student 2 Student

The Student Counselling Service is a confidential, professional service available free of charge to every Trinity student. It offers help in coping with any personal or emotional problems which may impact on your studies or progress in the University and offers learning support and development aids. Appointments should be made directly with the Counselling Service. The Counselling Service runs workshops throughout the year.

www.tcd.ie/student_counselling

Student 2 Student Mentor

From the moment you arrive at Trinity right through to your end of year exams, Student 2 Student (S2S) Mentors are here to make sure your first year is not only fun and engaging, but also a great foundation for the rest of your time at Trinity. You’ll meet your S2S Mentors in Freshers’ Week and they’ll make sure you know other people in your course before your classes even begin. They’ll keep in regular touch with you throughout your first year and invite you to events on and off campus. They’ll also give you useful information about your course and what to look for.

www.tcd.ie/student_counselling/student2student

Global Room

The Global Room is a welcoming student support hub and event space on campus for all Trinity students. The Global Room service is supported by a team of Global Ambassadors. These are students trained to help students with everything from immigration and accommodation practicalities to the basics of settling into life in Dublin. The Global Room runs the New2Dublin programme on Monday evenings for several weeks at the start of term to help you settle into live in Dublin.

Located beside the Academic Registry in the Watts Building we are here to help. If you have any questions, please contact tcdglobalroom@tcd.ie.

www.instagram.com/tcdglobalroom

www.tcd.ie/study/international/student-experience/global-room

Students’ Union

Every registered student at Trinity is automatically a member of the Students’ Union. The Students’ Union is a representative body with five full-time student sabbatical officers and a number of part-time officers, who look after the educational and welfare needs of Trinity’s student population, as well as organising entertainment and events. The Students’ Union is based in House 6 in Trinity’s Front Square, where it runs an office with up-to-date accommodation and employment advice and listings. Photocopying facilities are available, and the Student Travelcard can be purchased here.

www.tcdsu.org

 Clubs and Societies

A great way to get to know people is by joining one of Trinity’s 120 student societies which cover everything from the Afro-Caribbean Society to the Zoological Society. The societies meet regularly and provide an excellent opportunity to meet other students with similar interests.

Additionally, there are almost 50 sports clubs at Trinity, so no matter what your sporting preferences are you will find a club at Trinity to suit you. Or you may like to try something new such as rugby, soccer, hockey, swimming, tennis, Gaelic games, basketball, volleyball, cricket or martial arts. You can turn up at any student society meeting and be sure of a warm welcome. Whilst some societies are free there is usually a small joining fee, anything from €1 to €10 for the bigger sports clubs.

Full details of all the societies can be found at:

www.trinitysocieties.ie and details of sports clubs can be found at

www.tcd.ie/sport/student-sport. You can meet society reps and sign up in Front Square during Freshers’ Week.

www.trinitysocieties.ie

www.tcd.ie/sport/student-sport

Sports Centre

Membership to the Sports Centre is included in your registration. All registered students with a current Trinity ID card will have full access to the state-of-the-art Sports Centre.

You will need to call to the reception desk on your first visit to activate your ID card, and then you can come and go as you please. You will have free access to the fitness theatre, which has a full range of cardiovascular and weights stations. The 25m swimming pool has an adjustable floor and disabled hoist. Also available are the 11m-high climbing wall, aerobics fitness and cycling studios, mind and body studio, changing rooms, ancillary hall for martial arts and main hall for a variety of indoor sports.

There is a nominal fee for some services such as fitness classes. Off campus there are extensive playing fields at Santry and the Trinity Boat Club has its boathouse on the River Liffey at Islandbridge.

www.tcd.ie/sport
Visa and Immigration

Mandatory Visa Application Documentation

It is a mandatory requirement for non-EU/EEA/Swiss/UK students to have private health insurance and you will be required to show evidence. Non-EU/EEA/Swiss/UK students who are resident in Ireland for a minimum of one academic year may apply to HSE (www.hse.ie) to be assessed for entitlements to public hospital for treatment. Non-EU/EEA/Swiss/UK students staying less than a year do not have any entitlement to free or subsidised health services.

You must show evidence that you have immediate access to at least €10,000. You must also demonstrate that you and/or your sponsor(s) have ready access to at least €10,000 for each subsequent year of your studies in addition to course fees for each of those years. If the duration of your course is less than 6 months you must have access to €700 per month of your stay or €4,200 whichever is the lesser. All details listed here must be proven by documentary evidence and, where sponsors are involved, it must be clear their documents relate to them. More details please visit: www.irishimmigration.ie/coming-to-study-in-ireland/what-are-my-study-options/information-on-student-finances.

— Download your Trinity “Visa Letter” by going to “My Applications” in the my.tcd portal and clicking “Generate Visa Letter.” This will include course information and a record of fees paid. Your fee balance will be updated in the Visa Letter when additional payments are made. International students are advised to pay fees using the TransferMate option as the receipt is accepted by the Department of Justice for visa purposes. The fee payment for a visa is often higher than the University acceptance deposit. You must pay the deposit required to obtain your visa (usually 50% of one year's tuition). For all queries, please contact the Academic Registry.

— Show evidence of language proficiency. For ISD language requirement please refer to: www.irishimmigration.ie/coming-to-study-in-ireland/english-language-requirements-for-study-visas.

Applying for a Visa

Students should submit visa applications using the AVATS facility at: www.visas.inis.gov.ie/AVATS/OnlineHome.aspx

Applications will only be processed when:

— The online form is completed
— All required documentation (e.g. passport photograph, fees) is received by the relevant offices.

There is a dedicated visa processing office in China, India, Nigeria, United Arab Emirates, and the United Kingdom.

Non-EU/EEA/Swiss/UK students resident in those countries, please refer to the local Irish Embassy website for any further documentation required.

Please refer to the links below for visa guidelines:

www.irishimmigration.ie/coming-to-study-in-ireland

Contact details for embassies can be found here: www.dfa.ie/embassies

Additional information on visas and immigration can be found at: www.irishimmigration.ie/coming-to-study-in-ireland/what-are-my-study-options/how-to-apply-for-long-term-study-visa

Take a look at our Visa and Immigration Video: youtu.be/W0Zs1DI0xk

Checking Your Visa Status

— You should generally allow 8 weeks for processing time.

— You can check online for visa decisions using your visa application number at: www.irishimmigration.ie/visa-decisions

— When your visa is approved, the Embassy to which you sent your documents will affix a visa to your passport.

Immigration At the Airport

If you do not hold an EU/EEA/Swiss/UK passport, whether visa-required or not, are subject to ordinary immigration controls at the port of entry (ordinarily the airport). The Immigration Officer on duty determines who is actually allowed to enter Ireland. If your documentation is in order, he/she will stamp your passport for up to three months (90 days). All Non-EU/EEA/Swiss/UK students must register with Immigration Service Delivery (ISD) within the time limit stamped on the passport.

At the immigration desk, you should be prepared to present the following documents:

— Valid passport
— Your Trinity offer letter
— Confirmation of fees paid (at least deposit) or scholarship grant received
— Bank statement showing finances to support your stay
— Proof of health insurance

You should keep these documents with you in your carry-on luggage as immigration border control is before baggage claim. You should also keep all these documents ready, as you will need them again when you register with Immigration Service Delivery (ISD).

Immigration Service Delivery (ISD)

Immigration Service Delivery (ISD) is located on Burgh Quay, Dublin 2, approximately a 5-minute walk from the campus. You must have an appointment to visit the ISD Office.

To book an appointment visit: www.irishimmigration.ie/burgh-quay-appointments. Students should only use Irish number to call the freephone 1800 800 630.

In order to register with ISD, students must collect the following documents to support their application. Please allow 5 working days for Irish bank statements and for documents needed from Academic Registry.

Mandatory Supporting Documents

— Valid passport
— Proof of Trinity registration, which can be generated from my.tcd.ie portal or requested from Academic Registry. Note: This document must be issued and dated within 7 days before your ISD appointment
— Bank statement from an Irish bank account showing at least €4,500 available. Foreign bank statements are also acceptable if you have proof that this account can be accessed. If the duration of the course is less than 6 months, you must have access to €500 per month of your stay or €3,000, whichever is the lesser. Note, this ONLY applies to students from Non-visa required countries. If you are from a visa required country, you do not need proof of finance after you arrive here, your ability to support yourself on arrival in the State is checked during the visa application process.
— Proof of health insurance
— €300 fee (credit/debit card, no cash).

Documents from Academic Registry

Students wishing to request specific documents or certificates can do so through the Academic Registry Service Desk: www.tcd.ie/academic registry/service-desk/documents-and-forms

The standard registration letter can be self-generated through your my.tcd.ie portal. Please allow up to 5 days from time of request to collect other documents that are not available through self-service.
Arrival

With a campus nestled in the heart of Dublin, Trinity students are ideally situated to experience everything the city has to offer including live music, theatre, and numerous cultural interests.

For more advice on getting the most out of your time in Dublin visit the Trinity Experience blog.

Customs

After collecting your luggage, you will proceed through Customs. Usually, there are two channels for arrivals: the green channel if you have nothing to declare and the red channel if you have goods to declare.

Please check before you leave your home country what you are allowed to bring into Ireland. Further information can be found here: [www.citizensinformation.ie/en/travel_and_recreation/travel_to_Ireland/customs_regulations_for_travellers.html](http://www.citizensinformation.ie/en/travel_and_recreation/travel_to_Ireland/customs_regulations_for_travellers.html)

Travelling to Trinity and the City Centre

Dublin Airport is approximately 10 km (7 miles) from the city centre and Trinity’s campus. Transportation options include:

- The Aircoach bus service ([www.aircoach.ie](http://www.aircoach.ie)) runs 24 hours a day and stops near Trinity. The single fare is €6 or €7 if you book online in advance, and buses depart from Dublin Airport every 15 minutes, except between the hours of 23:55 and 03:25 when they depart every 30 minutes (23:55, 00:25, 00:55 etc.).

- The Airport ([www.airlinkexpress.ie](http://www.airlinkexpress.ie)) runs 24 hours a day and stops near Trinity. The single fare is €9.

- For further directions to Trinity Hall please see: [www.tcd.ie/accommodation/trinity_hall](http://www.tcd.ie/accommodation/trinity_hall)

Financial Information

Tuition Fees

The full listing of tuition fees is available here: [www.tcd.ie/academicregistry/fees-and-payments](http://www.tcd.ie/academicregistry/fees-and-payments)

Fee Payment

You will receive an invitation to register in August, which will included fee payment. You should note that completion of fee payment does not complete the registration process. All tasks up to and including the Terms and Conditions of registration must be completed in full.

Visiting students should consult with their home institution for more information, as tuition fee structures may vary and financial aid deadlines may differ. Participants in Understanding Ireland: The Semester Start-Up Programme should also consult with their home institution and Trinity regarding payment for the programme.

TransferMate Payment Option

Trinity partners with TransferMate to allow international students to pay from their home country in their local currency. The service also provides a detailed receipt and helps the Student Finance team better track payments to student numbers than using traditional wire transfer payments.

There is no international transfer charge for using the service. This is the recommended method of payment for international students, with credit card payments as a second preference. The TransferMate receipt is accepted by visa offices as proof of payment of tuition fees: [tcd.paytostudy.com](http://tcd.paytostudy.com)

Currency

The currency in Ireland is the Euro (€).

Opening a Bank Account

You must open a bank account in person in a bank branch. You are advised to open an Irish bank account after you secure accommodation in Ireland. They may request to see your Trinity Offer letter as proof of your circumstances.

Mandatory Documents to Open an Account

- Photo ID (Passport or National ID card)
- Trinity ID card*
- Proof of address: utility bill, Revenue/PPS letter, letter from Trinity Academic Registry sent to Irish address
- Other documents may be requested depending on the bank and their policy on students’ country of origin.

*If opening account prior to ID card collection, bank may accept Trinity offer letter and proof of fees paid as evidence of student status.

There are normally no fees charged on student bank accounts.

Ireland’s most popular banks:

- AIB [www.aib.ie](http://www.aib.ie)
- Bank of Ireland [www.bankofireland.com](http://www.bankofireland.com)

After opening an account, you will be able to sign up for online banking and link to a home account. Please allow five working days for bank statement requests, whether made online or in a branch. If you will be under 18 at the time of opening your bank account, you will need a guardian to accompany you to open a bank account. For further information, please contact the Global Room at [tcdglobalroom@tcd.ie](mailto:tcdglobalroom@tcd.ie). For postgraduates and visiting students securing private accommodation, most letting agents and landlords will accept cash or bank draft (which you can obtain with a foreign debit card or cash in an Irish bank) for the first month’s rent and security deposit as long as you set up direct debit from an Irish account as soon as possible after opening your new bank account.

Bringing Money to Ireland

Please bring only a small amount in Euro for your arrival. The University does not have any facilities to keep cash safe for you. You should enquire with your bank at home if you can use your debit or credit card in Ireland, as this could be a safe way to obtain cash immediately after your arrival. Once you have opened a bank account in Dublin, money can be transferred by electronic / wire transfer into your new account. Before you leave home, talk to your local bank to find out all the details about making transfers to your account in Ireland (e.g. maximum amount, how long it takes, how much it costs) so that you can plan the best system for your circumstances. International Visa/Debit cards often require proof of photo ID. Travellers’ cheques are not widely accepted in Ireland.

Financial Information
Trinity recommends that you have a level of insurance to cover your health needs and requirements for the duration of your studies. For example, if you have a pre-existing condition, please check the level of insurance cover in any new policy to ensure that it will cover this.

Trinity has a group insurance scheme for international students with Irish Life that is designed specifically for international students and which covers pre-existing conditions and the normal waiting period for cover is waived. The cost of any policy varies based on age and individual factors of the applicant. Ensure you state clearly that you are a Trinity student under the insurance group scheme “Trinity College Dublin Non-EU Students policy”. Please use the code: 20932 - Trinity College Dublin Non-EU Students to avail of this scheme. You can then choose an insurance policy that suits your individual needs.

Further information is available at:
Irish Life: www.irishlifehealth.ie
VHI Healthcare: www.vhi.ie
Laya Healthcare: www.layahealthcare.ie
Study and Protect: www.studyandprotect.com/unilanding.aspx

EU Students
Students from EU states should apply for a European Health Insurance Card (EHIC) in their home country before departure. It is very important that you have adequate insurance before coming to Dublin. Please bring your European Health Insurance Card (EHIC) with you. This card is available through the Health Board in your home country. Please see the EHIC website for information on how to get the card in your country: ec.europa.eu/social/main.jsp?catId=559.

Subsidised Health Services
Non-EU students who will be resident in Ireland for a minimum of one academic year may apply to the Health Service Executive to be assessed for entitlements to public hospital treatment under the same conditions as an Irish citizen. Non-EU students staying less than one academic year do not have any entitlement to free or subsidised health services. www.hse.ie

Trinity Health Service
All full-time registered students are eligible to use the Trinity Health Service throughout the year. The service offers on-campus primary health and psychiatric care. To arrange an appointment, either drop into reception or ring the office. As well as the free general practice (including sports medicine) and nurse-run clinics, there are specialised clinics in physiotherapy, psychiatry, travel health, sexual health, eating disorders and minor surgery.

For emergency visits, the Trinity Health Service sees patients on a first-come, first-served basis in the mornings beginning at 9.30 and after lunch, beginning at 14.00. There are often queues for these emergency clinics, so students hoping to speak to a physician are advised to arrive early.

Students can also attend DUBDOC, an out-of-hours emergency general practitioner service in St. James's Hospital, James’s Street, Dublin 8 between 18:00 and 22:00 weekdays and 10:00 to 18:00 weekends and bank holidays. There is an attendance fee of €60. Consultations are strictly by appointment; however, telephone advice from the triage nurse is free of charge. DUBDOC can be reached on +353 (01) 454 5607/453 8006. www.stjames.ie/services

Outside these hours, please telephone the Contactors Medical Bureau at +353 (01) 830 0244. They will send a doctor on request. Students, with the exception of medical cardholders or EU students with European health cards, are responsible for any fees incurred for home visits. See also page 13 Student Disability Service.

Medication
If you need to bring prescribed medication until you can find an alternative source in Ireland, please note that the maximum amount of imported medication permitted is a 3-month supply, which must be cleared through Customs by the Irish Medicines Board. Customs will only clear medication that is licensed for use in Ireland.

See link below regarding Trinity’s support for students with ADHD: www.tcd.ie/disability/support-and-resources/adhd-supports/medical-and-health-supports-and-advice/pt-en.1713957
Casual Employment
For Non-EU Students

— Students who are attending a full-time course of one year's duration are entitled to seek employment on a casual basis.
— One semester students cannot seek employment.
— Casual employment means you can work for 20 hours per week, except for two standardised periods when it is permissible to work full-time (up to 40 hours per week). The periods are 15th December to 15th January and 1st June to 31st September only, corresponding to the traditional summer and winter college holidays. These dates are fixed for all non-EEA students, regardless of the actual college teaching calendar for their course. Further information is available at: www.internationalstudents.ie/info-and-advice/immigration/working-in-ireland
— All employees in Ireland must have a PPS number for tax purposes.

How to Find a Part-Time Job

Register with MyCareer, our online careers portal managed by Trinity Careers Service, to find current jobs available to students and graduates. These include part-time jobs and summer work. See more at: www.tcd.ie/careers/mycareer
You can also sign up to the Students' Union Jobs mailing list by emailing sujobs@tcd.ie
Other employment websites which are frequently used by students are:
  www.monster.ie
  www.jobs.ie
  www.jobbio.ie
  www.jobbio.com
  www.indeed.com
To find part-time work in a supermarket, retail shop, café, bar or restaurant, it is common practice to visit the establishment with your CV and ask about job vacancies.

The international students section of the Trinity Careers Service website has more information about working as an international student:
  www.tcd.ie/careers/students/international.php

Obtaining a PPS Number

A PPS number serves as your tax identification number for employers. You can apply for a PPS number with the following documents:
— Passport
— Proof of address
For more information, please see here:
Living in Dublin

Cost of Living
Cost of living will vary widely depending on your circumstances and lifestyle. The following figures represent estimated living costs for one academic year (September – June). Please note that the figures below do not include travel outside of Dublin or entertainment.

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent (shared apartment)</td>
<td>€7,500 - €10,800</td>
</tr>
<tr>
<td>Utilities</td>
<td>€1,300</td>
</tr>
<tr>
<td>Meals</td>
<td>€3,200</td>
</tr>
<tr>
<td>Miscellaneous*</td>
<td>€2,750</td>
</tr>
<tr>
<td>Commuting</td>
<td>€1,300</td>
</tr>
<tr>
<td>Health Insurance**</td>
<td>€600</td>
</tr>
<tr>
<td>Immigration registration (if applicable)</td>
<td>€300</td>
</tr>
<tr>
<td>Understanding Ireland Optional 1 week pre-term programme</td>
<td>€660</td>
</tr>
<tr>
<td>**Total</td>
<td>€17,310 - €20,610</td>
</tr>
</tbody>
</table>

*Books, entertainment, clothing, and other personal items

**Insurance can range in price from €200 - 1,800

Dining
There are several eateries on campus for students including the Dining Hall and Buttery Food Court, the Forum Restaurant in the Business School and the Pavilion Bar. There is also the Students’ Union Café in the Goldsmith Hall. The Students’ Union Café, which is run by students, serves hot sandwiches for the cheapest prices on campus. In addition, there are coffee shops in Áras an Pháisigh (beside IT Services) and in the Arts Building serving sandwiches, snacks and hot drinks. Further information can be found here: www.tcd.ie/catering. Please note Trinity does not operate meal plans.

Groceries
It is best to go to the big supermarkets like Dunnes Stores, Tesco, SuperValu, Aldi and Lidl. The closest supermarkets to Trinity’s campus are Dunnes Stores in the St. Stephen’s Green Shopping Centre at the top of Grafton Street, Marks & Spencer on Grafton Street, Tesco on Upper Baggot Street, Tesco on Fleet Street in Temple Bar, Lidl on Moore Street and Aldi on Parnell Square.

Shopping
For household items like bed linen and crockery, Penneys on Henry Street and Dunnes Stores in the St. Stephen’s Green Shopping Centre have excellent inexpensive ranges. In addition, student-favourite IKEA is located to the north of the city. It is serviced by the 140 bus. The shops in and around Grafton Street offer a range of clothing and housewares at a wide array of price points.

Bookstores: Hodges Figgis, 56-58 Dawson Street, have textbooks available on the top floor; Easons, 40 Lower O’Connell Street, is a large chain bookstore.

Stationery: Easons on Nassau Street and Tiger in Stephen’s Green Shopping Centre stock a wide selection of paper goods and stationery.

Pharmacies: Lombard Pharmacy on Pearse Street offers a 15% discount for students, Boots and Hickey’s Pharmacies on Grafton Street, Prices Medical Hall on Clare Street and Trinity Pharmacy on Westland Row.

Mobile Phones
Most international students buy a mobile phone for use in Ireland, with the most popular option being the “prepay” phone, also known as “top up” or “pay as you go”. Instead of getting a monthly bill, you top up your credit as needed.

With the pre-pay option, you buy a phone and get a certain amount of free credit with it. Once your credit has run out, you can top up your credit a number of ways, including through an ATM, buying it in a newsagent or supermarket, or online.

There are three major phone service providers:
- Vodafone: www.vodafone.ie
- Eir: www.eir.ie/mobile
- 3: www.three.ie

All of the major mobile providers have retail locations on Grafton Street, just south of Trinity’s main gates. It is also possible to obtain an Irish SIM card for use in your existing mobile phone, but you should check with your current provider for details.

If you are phoning a landline in Dublin from your mobile, you should put 01 (Dublin’s area code) before the telephone number. If you are phoning a landline elsewhere in Ireland from your mobile, there will be a different area code for each county. The international dialling code for Ireland is +353.
Living in Dublin

Student Travelcard
For more information on routes and timetables please see: www.dublinbus.ie/en/your-journey/timetables/studenttravelcard-service

Nitelink
Dublin Bus operates a night service called Nitelink which runs from the city centre to the suburbs. The Nitelink buses are a cheap and safe alternative to taxis. For further information on routes and timetables please see: www.dublinbus.ie/en/your-journey/timetables/nitelink-services

DART
The DART train runs along the coast from Howth and Malahide in the north to Greystones in the south. The main DART stations close to Trinity are Tara Street Station and Pearses Station. For timetables please see: www.iarnroad.ie

Luas
The Luas service has two tramlines between the city centre and the suburbs. The Green Line connects Sandyford to St. Stephen’s Green, passing through Stillorgan, Dundrum, Milltown and Ranelagh. The Red Line connects Tallaght to The Point and Saggart to Connolly passing through Rialto, Smithfield and Abbey Street. The Green Line runs from Broombridge to Brides Glen passing through Trinity and Dawson Street. For details, see: www.luas.ie

DublinBikes
Dublin has a bike-sharing scheme, allowing you to collect a bike from any DublinBikes stand and return it to any other stand. They offer annual memberships at very low cost. More information is available here: www.dublinbikes.ie

Bus Tours
The main tourist office in Dublin can provide information about coach tour providers in Ireland. The tourist office is located on Suffolk Street. Or visit: www.visitdublin.com

Smoking in Ireland
Smoking is banned in all workplaces throughout Ireland, including offices, pubs, bars, restaurants and public transport.

Electricity Voltage
Students who wish to bring electrical appliances with them should note that the voltage in Ireland is 220v. You will also need an adapter, as the sockets in Ireland have three rectangular holes. Irish electric sockets are the same as in the United Kingdom.

Irish Weather
The Irish Climate is temperate and mild. Temperatures rarely drop below 0°C or rise higher than 24°C. The rain is most often not torrential, but light to medium showers. For clothing, make sure you have a good waterproof and windproof jacket and warm clothing for the winter months. However, there are excellent shopping facilities in and around Dublin and all items can be purchased here as well.

Security
Trinity’s campus is very safe and the Security Officers provide a 24-hour service. However, when you leave the campus it is important to appreciate that Dublin is a major international city with a population of over 1.2 million people and as such, you should remain vigilant about your personal safety and belongings at all times. The contact number for 24-hour Security Centre is +353 (01) 896 1317. The emergency number is +353 (01) 896 1999.

Useful Links
Postal Service: www.anpost.ie
Electricity Supply Board: www.eir.ie
Gas Supply Board: www.bordgaisenergy.ie
Broadband and Cable Suppliers: www.esb.ie
Ireland’s National Police Service: www.garda.ie

You should call 999 or 112 in the case of an emergency which requires an immediate Garda response.

Emergencies include:
— A danger to life
— Risk of serious injury
— Crime in progress or about to happen
— Offender still at scene or has just left

In a non-emergency situation, you should ring your nearest Garda station if you need assistance. The nearest Garda station to Trinity College is on Pearse Street. Their phone number is +353 (01) 896 1317.
If you have any questions about studying at Trinity, please get in touch with us.

Find out more about studying at Trinity → www.tcd.ie/study

The Trinity Global team is dedicated to helping international students and we would be delighted to answer your questions. Please contact us at:

Trinity Global
Trinity College Dublin, the University of Dublin, Dublin 2, Ireland.

www.tcd.ie/study

Contact your Regional Manager at:
www.tcd.ie/global/people/#recruitment

If you have further questions about your application status you can contact the Applications and Admissions Team in Trinity’s Academic Registry.

Academic Registry
Trinity College Dublin, the University of Dublin, Dublin 2, Ireland.

+353 (0) 1 896 4500
www.tcd.ie/academicregistry
academic.registry@tcd.ie

If you have any questions about studying at Trinity, please get in touch with us.

Find out more about studying at Trinity → www.tcd.ie/study

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