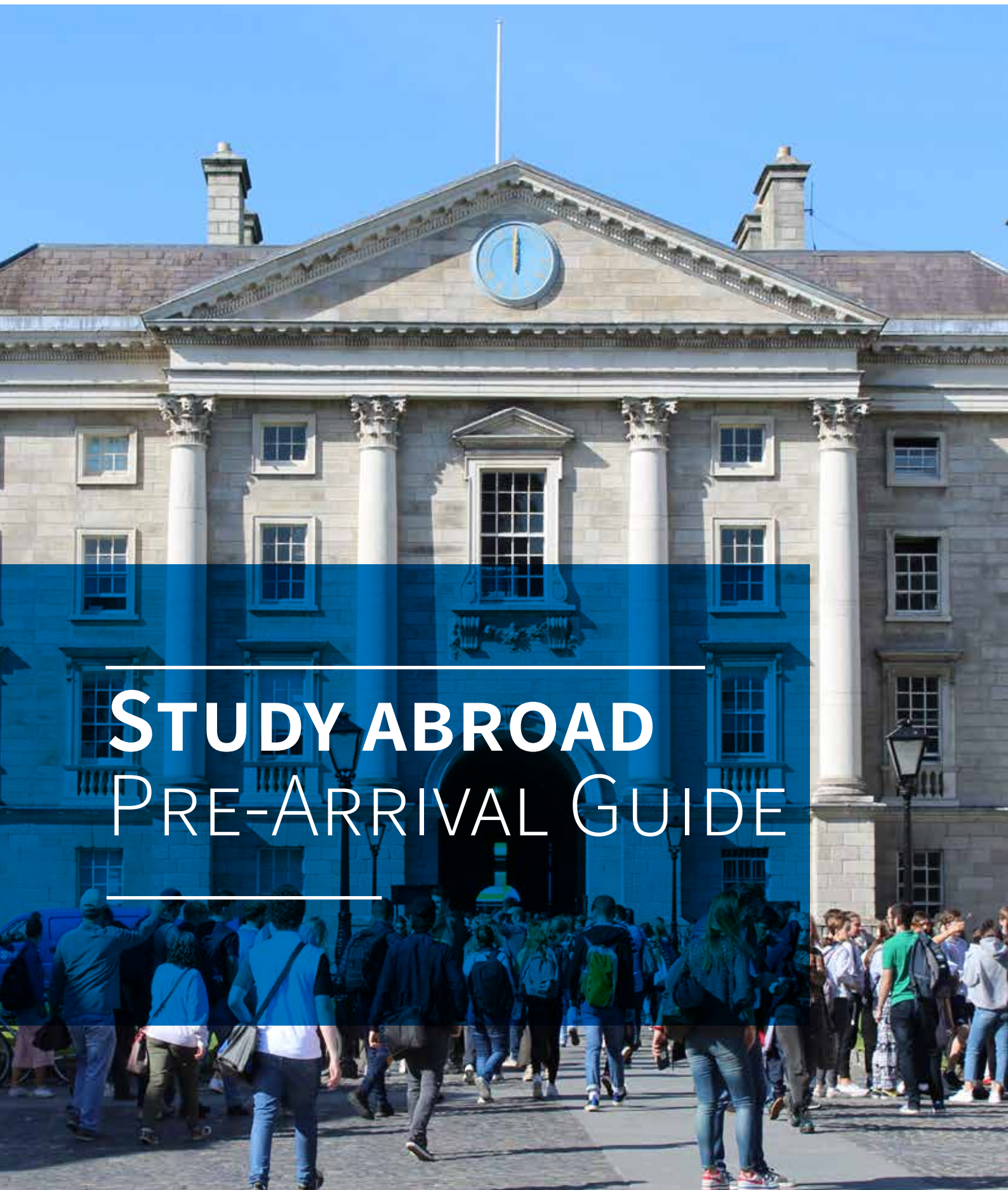




Trinity College Dublin

Coláiste na Tríonóide, Baile Átha Cliath

The University of Dublin



STUDY ABROAD PRE-ARRIVAL GUIDE

WELCOME

We are thrilled that you have chosen Trinity College Dublin, the University of Dublin for your study abroad destination. As you prepare for your semester, we know you have many questions. Don't hesitate to contact the Study Abroad Team in Trinity Global at study.abroad@tcd.ie with any questions before you arrive, we'll be happy to help however we can!

This Study Abroad Pre-Arrival Guide is specifically designed for incoming study abroad students to Trinity. **The Welcome to Trinity Guide** we have attached alongside this document is a general overview for all incoming international students to Trinity. This guide highlights all relevant information that you may need as part of your Trinity experience.

Please make sure to review this Guide and all other Trinity communications carefully before your arrival. And please make sure to reference information on travelling to Ireland here: www.gov.ie/en/publication/77952-government-advice-on-international-travel/#travelling-to-ireland and Trinity's Return to Campus and COVID FAQs here: www.tcd.ie/about/return-to-campus.

Hannah Kilgore

CASA-Trinity & Study Abroad Manager'

**International Partnerships
and Study Abroad Team**

Office of the Vice President
for Global Engagement
Trinity College Dublin



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CALENDAR

Autumn Semester 2021 (Michaelmas Term)

| | |
|--|--|
| Arrival Date for Semester Start-Up Programme (SSP) | Varies based on country-specific policy for arrival to Ireland* |
| Semester Start-Up Programme (for students enrolled in SSP) | Monday 30 August – Friday 3 September |
| Regular Study Abroad Arrival Date | Varies based on country-specific policy for arrival to Ireland* |
| Study Abroad Orientation Week (required) | Monday 6 – Friday 10 September |
| First date of Teaching Term | Monday 13 September (2 nd – 4 th year classes) Monday 27 September (1 st year classes) |
| Reading Week (for all classes) | Monday 25 – Friday 29 October |
| Last date of Teaching Term | Friday 3 December (2 nd – 4 th year classes) Friday 17 December (1 st year classes) |
| Revision Week | Monday 6 – Friday 10 December (2 nd – 4 th year classes) |
| Assessment Weeks | Monday 13 – Friday 17 December (2 nd – 4 th year classes) Monday 10 – Friday 14 January 2022** (1 st year classes) |

**Please view guidelines for travelling to Ireland [here](#). Some students may be required to complete a two week Mandatory Hotel Quarantine. Please see further information here: www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/#designated-states-mandatory-hotel-quarantine. Please also monitor Trinity's arrivals site carefully for updates, as Trinity will be organising a process to make your arrival into the country as smooth and supported as possible.*

***Please note when you are registering for classes that in-person assessments for first year classes only are scheduled to take place after the holiday break in the week of 10 January 2022.*

Spring Semester 2022 (Hilary Term)

| | |
|--|---|
| Semester Start-Up Programme Start Date | Monday 17 January – Friday 21 January |
| Study Abroad Orientation Week (required) | Thursday 20 January – Friday 21 January |
| First date of Teaching Term | Monday 24 January |
| Reading Week | Monday 7- Friday 10 March |
| Last date of Teaching Term | Friday 11 April |
| Revision Week | Monday 18 - Friday 22 April |
| Trinity Week | Monday 25 - Friday 29 April*** |
| Assessment Week | Monday 2 - Saturday 07 May (Marking begins Monday 9 May) |

****Some assignments may be due in Trinity Week*

Students are free to depart after final exams and assessments are completed.

Note: Examinations Schedule announced in March

Full information available at: www.tcd.ie/calendar

Departure Dates

Please note that move in and move out dates will be provided by your Accommodation location after you finalise your housing lease/contract, and that the above dates are programme dates, not move in dates.

PREPARE

KNOW BEFORE YOU GO

Trinity Registration

MyTCD

Make sure you have logged in to my.tcd.ie with your Trinity Student ID and the password outlined in your offer letter.

Fees

Make sure you have paid your fees, paid any study abroad fees to your home institution (if applicable), or paid your home institution's fees if they will pay Trinity directly. If you are coming on exchange, you will not be charged tuition fees, but you will be responsible for student services and accommodation fees. If paying fees directly to Trinity and not to your home university, please see the information listed on Page 6 of the [Welcome Guide](#) for more information, and contact academic.registry@tcd.ie with any questions.

Registration

An invitation to formally register online will be sent to you by email shortly before your arrival. This will activate your registration as a Trinity student, and does not refer to signing up for classes, which is a separate process that will occur after your arrival at Trinity. You will need to register as a Trinity student in order to get your ID, gain access to the library, college wifi and computer access, and the sports centre. www.tcd.ie/academicregistry/registration/how-to-register

Signing Up for Classes

The process for signing up for classes is called Module Enrolment at Trinity. The process for signing up for classes is called Module Enrolment at Trinity and takes place online. More information will be sent to you by the study abroad team and the Academic Registry.

Home Institution Registration

Check in with your home institution to make sure you have completed all necessary information in order to study abroad (e.g. course pre-approvals, health and safety requirements, orientations, etc.)

Visas and Immigration

For detailed instruction about Visas and Immigration, view Page 3 of the Welcome to Trinity Guide. Make sure you have a copy of your offer letter (admissions letter) to show at the airport, and to keep for your records. Please note that the Irish Naturalisation and Immigration Service (INIS) has changed to Immigration Service Delivery and all information is available on the new website at: www.irishimmigration.ie.

Health Insurance

All non-EU students must have health insurance to cover any major medical care necessary during your stay in Ireland, and will be required to show proof of coverage and plan information during their Immigration Service Delivery Registration. You should check with your home institution to see whether they require or recommend specific plans for their students studying abroad. If not, check to see whether your current health insurance will cover you when you are abroad for the duration of your stay. If you wish to instead obtain insurance from one of the health insurance providers in Ireland, please visit www.tcd.ie/study/international/trinity-life/arrival/#healthinsurance.

Please note that, while all study abroad students will have access to use the College Health Service and Student Counselling Services during their study at Trinity, access to the Services does not replace health insurance, which students must have in order to cover any major medical care that may be needed during your stay. The Health Centre is located on campus in House 47 and offers primary health and psychiatric care, including physician consultations and emergency clinics. Click here to view a map of campus: www.tcd.ie/Maps/assets/pdf/tcd-campus.pdf. Most services are free, although some services can incur a small fee. For more information about Health and Insurance, view Page 9 of the International Welcome Guide.

Documents

Prior to your departure, make sure to make copies of all important documents to bring with you: Offer Letter, Health Insurance information, Cover Page of Passport in case of loss, etc.

Suitemates

Unfortunately, due to privacy laws, we cannot release suitemate names or information in advance of your arrival. Apologies!

Semester Start-Up Programme

If you have any questions about the Semester Start-Up Programme, reach out to Programme Coordinator Dr. Patricia Stapleton at pstaple@tcd.ie.

Disability Service

The Disability Service at Trinity is an excellent resource for students. If you have any questions or need any resources while you are at Trinity, please reach out to them to let them know what resources you will need to access while you are here.

Please Note: University policies vary country to country, so while we work with every student to accommodate them as best we can, we may not be able to provide exactly the same accommodations as at your home university (i.e. Irish vs US laws on extended time for student exams). To find out more, contact the Disability Office here: www.tcd.ie/disability and make sure to register prior to your arrival at this link: <http://tcd.ie/disability/current/registration.php>



Packing

There are many helpful study abroad packing lists online, so definitely do a bit of research and check them out! Make sure to also research average weather information to get an idea of what clothes to pack: www.met.ie/climate/available-data/monthly-data.

Remember to Pack:

Important documents, some Euros for getting to your accommodation from the airport, medications (see page 3), glasses/contacts, laptop and charger, mobile phone and charger, adaptors,* etc.

Items Best Left at Home:

Bedding and towels** (they take up a lot of space and can be purchased inexpensively here), hairdryers and straighteners/curlers (they will be the wrong voltage, anyway!), toiletries (they take up space and can be purchased here!)

*The voltage in Ireland is 220v, so remember to get an adaptor for your laptop charger, phone charger, etc. If you plan to travel, a universal adaptor will come in handy!

**On-campus accommodation offers bedding packs – ask the Accommodation Office for more information.

For information on where to shop for necessities, books, stationery, and pharmacies, see page 16 of the International [Welcome Guide](#).

ARRIVING --- IN DUBLIN

Arriving at the Airport

Make sure you have a copy of your offer letter to show at the Airport, and to keep for your records. For up-to-date COVID-19 travel requirements for Ireland, please see: www.gov.ie/en/publication/77952-government-advice-on-international-travel/#travelling-to-ireland. For more information on Trinity's return to campus plan, please see: www.tcd.ie/about/return-to-campus.



GETTING --- **STARTED AT TRINITY**

Orientation

Trinity runs an Orientation for its study abroad students every term to introduce students to life at Trinity. The orientation schedule includes everything from information about academic course registration to tours of campus, film nights in the Global Room, sessions on life in Dublin, opportunities to meet your new classmates and much more! It also offers introductions to the important details about arriving in Ireland, including Immigration Registration and Module Enrolment. View the Orientation website for the most up to date orientation information: www.tcd.ie/students/orientation. Make sure to arrive in time for Orientation, as it is mandatory. Complete Orientation schedules will be sent as soon as they are available. (Please note that Orientation is likely to look quite different this year!)

Campus Tours

Campus Tours are usually offered during Orientation to introduce you to Trinity's beautiful campus. They are likely to look a bit different this year! More information will be sent with your Orientation schedule. In the meantime, please see our [Welcome to Campus by our Vice President for Global Engagement](#) and our [Student Ambassador-led Campus tour](#).

Getting your ID

During Orientation, there will be set times available for you to get your Trinity ID. Consult your Orientation schedules for details.



Library Facilities

The Library is the largest in Ireland, and has been a Legal Deposit library since 1801, and receives a copy of every book published in Ireland and the United Kingdom. There are librarians who can assist you with research questions in every subject taught at the university. The Library has two on-campus locations, the Berkeley-Lecky-Ussher (Arts, Humanities and the Social Sciences) and the Hamilton (STEM). During Orientation week, tours of libraries are offered, as well as introductions to the facilities and resources offered.

Computer Facilities and Printing

To set up your Trinity WiFi, see: www.tcd.ie/itservices/students/connected. Trinity has computer and printing facilities all across campus. To set up your TCD computer account, see: www.tcd.ie/itservices/students/connected. To see a list of all of the Computer Rooms where you can use computers on campus with your TCD ID, see: www.tcd.ie/Maps/facilities.php. To sign up for Trinity Printing (via a service called Datapac) and to see prices, instructions and locations of printing facilities on campus, see: www.tcdprint.ie. There is also a printer at the Binary Hub.

Bank Accounts

Single-semester and academic year study abroad students are not required to open an Irish bank account, but some students opt to do so. See Page 6 of the [Welcome to Trinity Guide](#) for more information on Opening a Bank Account, Currency and Bringing Money to Ireland.

Setting up your Phone

View Page 16 of the Welcome Guide for Information about setting up a Mobile Phone. If possible, we recommend getting an Irish SIM for your current phone (check with your provider first if they are able to unlock your phone to accommodate this) or a cheap Irish phone for while you are abroad, as it is important for you to be reachable in case of emergency.

Emergency Assistance

Although emergencies are rare, it is crucial that you are prepared in case of an emergency abroad. Make sure to complete any emergency information needed by your home institution abroad, and take note of Trinity's emergency assistance information in the [Welcome Guide](#). Make sure to also register with your home country's embassy in Ireland, always have your health insurance information handy in case of emergency, and make sure to have an ICE (In Case of Emergency) contact number saved in your mobile phone – and it is best to have one here in Dublin and one back home!

GETTING --- **STARTED IN DUBLIN**

Public Transport in Dublin

For information about student travel cards, types of transportation throughout the city, and nationwide public transport, view Page 17 of the [Welcome Guide](#).

City Smarts

Dublin is one of the safest study abroad city destinations in the world. However, it is important to be careful in any city. Practice basic safety precautions: familiarise yourself with the city, research how you will get somewhere before you go so you know the area, look out for you friends and make sure to not walk around late at night in unsafe areas. Be careful with your personal belongings, and don't leave your bags unattended in public areas, leave your phone in a back pocket, leave your laptop unattended, etc. Remember to avoid risky behaviours which interfere with student safety, like excessive alcohol consumption, illegal drug use, or walking alone late at night. Taxis are widely available at night. Overall, trust your gut, and reach out to the Study Abroad Team (study.abroad@tcd.ie) right away with any issues or concerns!

Where to Eat

You may be coming from a country where you lived at home while attending university, or from a university with a meal plan and dining halls. All accommodation options for Trinity students are self-catered, which means you will be preparing your own meals in your kitchen. There is no shortage of options to eat on campus, though, and just outside Trinity's gates are innumerable places to grab inexpensive food on the go, like filling and cheap burritos and noodle boxes, vegetarian options, sushi, sandwiches and more. Peruse page 16 of the Guide for more information about buying groceries in Dublin and all of the on-campus options. All catering outlets on campus also accept payment by TCard: tcard.tcd.ie. View page 16 of the Guide for information about Dining and Groceries, and remember to show your Student ID for discounts!

What's Happening in Dublin

From the best places to eat, to cultural events and upcoming activities: check out these Dublin-focused social and entertainment sites: Lovin Dublin, Eventbrite, Dublin Town, What's On, Totally Dublin and Visit Dublin. There are no shortage of cultural and fun events on in Dublin!

Travelling in Ireland and Europe

Many of our study abroad students use their time studying abroad to travel around Ireland and Europe on long weekends, during Reading Week and after term finishes. Irish Rail and Bus Eireann are great for getting around Ireland, as are lots of private coach companies that offer trips to destinations all over the country. Ryanair and AerLingus offer cheap flights to destinations all over Europe. If you are travelling outside the city, make sure you've given your itinerary to your friends or family, and alerted someone that you will be away in case of emergency! If your home institution has an emergency travel database, make sure to enter your trip information prior to departure.

Please note that due to COVID-19, travel restrictions and requirements may be in place www.dfa.ie/travel/travel-advice , and your home university may have policies about travelling while studying abroad.

Working in Ireland

Single-semester study abroad students from non-EU countries are not allowed to earn income in Ireland, but full-year study abroad students are eligible to work up to a maximum of 20 hours per week during term and up to 40 hours per week during University holidays.

Full-year students who wish to work will need to get a Personal Public Service (PPS) number for tax purposes. Students can acquire a PPS number from the Dublin Social Welfare Office: www.welfare.ie/en/Pages/Personal-Public-Service-Number-How-to-Apply.aspx. You will need to bring your Passport, your Trinity ID card, your Immigration Service Delivery ID card, proof of address and letter from Trinity stating that you are a full year study abroad student (you can acquire this letter from the Academic Registry.) You will also need to complete a Form 12A and submit it to the Revenue Office in order to be taxed the correct amount and avoid receiving the Emergency Tax: www.revenue.ie/en/personal/index.html. You can find more information here on Page 15 of the [Welcome to Trinity Guide](#).



ACADEMIC --- ADJUSTMENT

Teaching Style and Assessment

Trinity has a strong reputation for its approachable lecturers who are leaders in their fields. Our undergraduate teaching has a strong emphasis on working in small groups and offer regular tutorials, seminars and labs. For many students, Trinity will have fewer teaching hours than what you are used to, with less of an emphasis on continuous assessment, often with one essay, project or exam determining your mark for the Module. Because of these differences, Trinity often requires more independent reading and learning than you might be used to.

Academic Support

Trinity provides all undergraduate students with a Personal Tutor: a blend of mentor and advisor, who provides personal and academic advice and support throughout a student's time in the University. Tutors assist students with difficulties they may experience, listen to their concerns and help them to get the most out of their time at Trinity. All study abroad students are assigned to the Senior Tutor, who will be your point of contact for any academic cases. The Student Learning & Development Office is also available to help students adjust to Trinity academics and assessment.

Credit

Trinity uses the European Credit Transfer and Accumulation System (ECTS) is a student-centred system based on student workload. Unlike what you may be used to at your home institution, student workload is determined based on the number of credits you take, rather than number of modules. Credit values for modules at Trinity will vary, but usually will have a 5, 10 or 15 ECTS value depending on the workload required. One semester students are expected to take 20-30 ECTS. 20 is the minimum number of ECTS in order to be a full-time registered student at Trinity and have access to campus resources, as well as to be considered a full time student for visa and immigration purposes. All full year Erasmus/Visiting students are required to take a minimum of 45 ECTS. View the Module Directory for available modules and their ECTS values.

Please note that you must check in with your home university about the number of credits you enrol in at Trinity. Many universities have strict credit transfer policies, so you need to ensure that you follow them carefully in order to receive the full transfer credit for your term abroad.

Grading

The below marking scheme applies in Trinity College Dublin. Make sure to discuss grade and credit transfer with your home institution prior to studying abroad. Please note that marks can vary among Faculties at Trinity, and it is important to recognise that the grades may be very different from those at your home institution.

Marking Scheme

| Degree Classification | Grade | Percentage Range |
|---------------------------------------|-------|------------------|
| First Class Honours | I | 70-100% |
| Second Class Honours, First Division | II.1 | 60-69% |
| Second Class Honours, Second Division | II.2 | 50-59% |
| Third Class Honours | III | 40-49% |
| Fail | F1 | 30-39% |
| | F2 | Below 29% |



CULTURAL --- ADJUSTMENT

Culture Shock

Studying abroad is a rewarding and fun experience that pushes you out of your comfort zone, but adapting to your new surroundings can be challenging, too. Study abroad helps you to develop flexibility when adjusting to new and different surroundings, cultures, customs, classes, and friends. You may experience a phrase we call in the field of Study Abroad “culture shock”, which can be accompanied by homesickness, anxiety, sadness, and more. Everyone experiences culture shock differently, and to different degrees. It can even present as re-entry culture shock when you return home! If you’re feeling down or overwhelmed, there are many resources available to you on campus. And as always, reach out to the Study Abroad Team. We are here to help!

Careers

Ultimately, the experience of studying abroad is one that many students find has a formative influence on their lives. Furthermore, studying abroad has been demonstrated to improve career prospects, as employers value the very attributes honed by studying abroad: resiliency, international experience and cultural understanding, working with people from other cultures, dealing with ambiguity and adapting to the unexpected. Plus, once you complete your time abroad at Trinity, you will be part of Trinity’s worldwide network of alumni. Getting involved in Trinity’s alumni network through its clubs and events is a great way to make friends and professional contacts, as well as keep in touch with Trinity and Ireland while you are back home.



Language Benefits

Studying abroad also provides language benefits, especially if you are immersed in a culture with a different language from your own. The Centre for English Language Learning and Teaching offer resources: www.tcd.ie/slscs/english, and so does Student Learning Development: student-learning.tcd.ie.

Regardless of whether English is your mother tongue, you will still have to learn a new vocabulary, whether in Trinity, Dublin, or Ireland as a whole: Trinity offers a Jargon Buster, to help new and international students learn and decode Trinity lingo: www.tcd.ie/orientation/jargon.



A few slang words in Ireland...

Craic (Fun)

Grand (Good, fine, ok, alright)

Deadly (Fantastic)

Wee (Little, small)

Gas (Funny)

Class (Great)

Banjaxed (Broken)

Savage (Can be very good or bad)

Lift (Elevator)

Chips (American Fries are Chips in Ireland, and American Chips are Crisps)



STUDENT --- PERSPECTIVE

Don't take our word for it! Peruse our Study Abroad Blog to read Study Abroad student perspectives about everything from favourite modules at Trinity to Dublin on a Budget, the best events in town, favourite weekend trips, a tour of favourite Dublin desserts, and much more! <https://tcdglobal.wordpress.com>.

TRINITY --- RESOURCES

Inclusion and Diversity on Campus

Trinity's excellence relies on its commitment to equality and diversity. Trinity is proud of its inclusive, diverse and pluralist college community. It is a positive environment in which all can participate, diversity is promoted and celebrated, and all are recognized fully for their contributions. For more information, view the Trinity Strategy for Diversity and Inclusion:

www.tcd.ie/diversity-inclusion/assets/pdfs/strategyfordiversityandinclusion.pdf.

Resources for LGBTQ+ Students

Trinity is proud of its LGBTQ+ inclusive culture, and all students can expect a warm welcome and equal treatment on campus. You can find out more about resources, events, champions and groups available on campus here:

www.tcd.ie/equality/themes/sexual-orientation.

Modern Ireland is also very inclusive and diverse. In 2015 Ireland was the first country in the world to introduce equal marriage by binding popular referendum. This diversity and sense of social inclusion is reflected at the highest levels of public life.

Fun at Trinity

For information about the Students' Union, Clubs and Societies, the Sports Centre and more, view Pages 13-14 of the [Welcome to Trinity Guide](#). See Page 1 of the Guide for information about the Global Room, a wonderful student and event space on campus designed for the international student community.

Advisors at Trinity



Global Room:

For questions about life as an international student in Dublin, for information about international events, the yearly Thanksgiving celebration and more, contact the Global Room!



Student2Student :

Is a student-led initiative designed to ensure any student in Trinity can get information and support from another student, find a friendly face to have a chat, talk things through or just ask a few questions. You will meet your Mentor after your Orientation session, when they will take you on a tour of campus. <https://student2student.tcd.ie/>



Academic Registry:

For information about admissions, registration and record management, offer letters, student finance and fees, examinations, and more, contact the Academic Registry: www.tcd.ie/academicregistry/service-desk/.



Personal Tutor:

A member of the academic staff appointed to look after your general welfare and development, and a source of advice on academic issues. Your tutor, in conjunction with the Study Abroad Team, is a crucial contact for issues such as: exam results, leaving before the end of term due to personal issues, bereavement, financial difficulties, etc.



Study Abroad Team:

The Study Abroad Team is here help you with any situation that may arise when you are abroad, and liaise with the necessary contacts throughout the university. We are also excellent contacts to help you get to the right place if you don't know where to direct a question. See the next section to find out more about us!

MEET --- THE TEAM

We look forward to welcoming you to campus and meeting you at orientation! In the meantime, below is more information about the Team so you can get to know us. You can also find out more at: www.tcd.ie/globalrelations/people/#partnerships

Niamh Burke, **Associate Director – Partnerships**

Niamh manages the International Partnerships Team at Trinity, which oversees study abroad programmes and activity both inbound and outbound from Trinity, as well as Trinity’s international collaborations and partnerships all over the world.

Hannah Kilgore, **CASA-Trinity & Study Abroad Manager**

Hannah manages study abroad programming at Trinity, including working with our semester and year study abroad students and running our CASA programme. She will be your main point of contact for student queries during the year, and will run study abroad events during the term, so make sure to reach out to her with any questions and come to the events.

Ewa Mochon, **Executive Officer**

Ewa coordinates and assists with activities across the wider Partnerships team, including the study abroad email account. If you have emailed study.abroad@tcd.ie, chances are you have been in touch with her already.

Heather Hodges, **Project Support Officer**

Heather supports a variety of projects within the Trinity Study Abroad team. You’re likely to see Heather at orientation.



Trinity College Dublin

Coláiste na Tríonóide, Baile Átha Cliath

The University of Dublin

Any Questions?

Contact us at
study.abroad@tcd.ie

**UPDATED
NOVEMBER 2021**

Trinity College Dublin, the University of Dublin has sought to ensure that the information given in this publication is correct at the time of production but does not guarantee its accuracy and furthermore Trinity does not accept any liability for omissions, errors or changes in its content.