Welcome to the International Foundation Programme

Start Your Journey as a Trinity Student
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Welcome to Trinity

We are delighted to welcome you to the Trinity College Dublin International Foundation Programme, your pathway to starting a degree at Ireland’s leading university. Ranked 101st in the world, we pride ourselves on being a global research-led university with a diverse and vibrant university community.

This Welcome Guide includes useful information on how Trinity and Marino will support you as a new student as well as guidance on visas, immigration, finance and accommodation.

We hope you find this Welcome Guide useful and look forward to welcoming you on campus.

Term Dates
Term 1: September 20th 2021 - Dec 22nd 2021
Term 2: January 10th 2022 - June 3rd 2022

In the meantime, please join new Trinity students on Facebook at the links below and check out our Student Ambassador Blog: tcdglobalroom.wordpress.com.

Please note that certain restrictions may still be in place for 2021 entry due to COVID-19.
Visa and Immigration Information

Students who hold an EU passport do not require a visa to study and work in Ireland. Some, but not all, non-EU/EEA students require an entry visa for Ireland. For example, students coming from the United States or Canada do not require a visa to enter Ireland. To see if you require a visa for Ireland visit: www.inis.gov.ie/en/INIS/Pages/check-irish-visa

Non-EU students who do not require a visa will still be required to register with the Irish Naturalisation and Immigration Service (INIS) after arrival. Please see Immigration information on page 4.

Applying for a Visa

Students should submit their visa applications using the AVATS facility at www.visas.inis.gov.ie. The application will only be processed when the online form is completed and the required documentation, passport photograph and appropriate fee are received by the relevant offices as indicated by the online system. There is a dedicated visa processing office in China, India, Nigeria, Russia, United Arab Emirates and the United Kingdom. Non-EU students resident in these countries, please refer to your local Irish Embassy website for details of further documentation which may be required.

Please refer to the links below for visa guidelines: www.inis.gov.ie/en/inis/pages/students

Contact details for embassies can be found here: www.dfa.ie/embassies

Additional information on visas and immigration and Covid-19 Updates can be found at: www.inis.gov.ie

Mandatory Documentation

- It is a mandatory requirement for non-EU students to have private health insurance and you will be required to show evidence. Non-EU students who will be resident in Ireland for a minimum of one academic year may apply to HSE www.hse.ie/eng to be assessed for entitlements to public hospital for treatment. Non-EU students staying less than a year do not have any entitlement to free or subsidized health services.

- Proof of sufficient funds to support yourself while in Ireland (bank account statements for six months previously and/or grant/sponsorship letter).

- Your offer letter from the IFP, as well as evidence of payment of €6,000 of tuition fees paid. You are advised to pay the deposit amount required to obtain your visa. Students are advised to use the TransferMate option to pay fees. The TransferMate receipt is accepted by the Department of Justice for visa purposes. For fee information, please see: www.tcd.ie/academicregistry/fees-and-payments

- Show evidence of language proficiency. For INIS language requirement please refer to: www.inis.gov.ie/en/inis/pages/study

- Any other documents as requested by INIS or the Irish Embassy through which you are applying. The full list of required documentation is available on the visa and immigration website: www.inis.gov.ie/en/INIS/pages/study
Checking Your Visa Status

▶ You should generally allow 8 weeks for processing time.
▶ You can check online for visa decisions using your visa application number at: www.inis.gov.ie/en/inis/pages/visa%20decisions
▶ When your visa is approved, the Embassy to which you sent your documents will affix a visa to your passport.

Immigration

At the Airport

All non-EU/EEA citizens who do not hold an EU passport, whether visa-required or not, are subject to ordinary immigration controls at the port of entry (ordinarily the airport). The Immigration Officer on duty determines who is actually allowed to enter Ireland. If your documentation is in order, he/she will stamp your passport for up to three months (90 days). All non-EU students must register with the Irish Naturalisation and Immigration Service (INIS) within the time limit stamped on the passport. At the immigration desk, you should be prepared to present the following documents:

▶ Your valid passport
▶ Your IFP offer letter – proof of in-person requirement (only while COVID-19 restrictions are in place)
▶ Confirmation of fees paid (at least deposit) or scholarship/grant received
▶ Bank statement showing finances to support your stay
▶ Proof of health insurance

You should keep these documents with you in your carry-on luggage as immigration border control is before baggage claim. You should also keep all these documents ready, as you will need them again when you register with the INIS.

Irish Naturalisation and Immigration Service (INIS)

The Irish Naturalisation and Immigration Service (INIS) is located on Burgh Quay, Dublin 2, approximately a 5-minute walk from the campus. You must have an appointment to visit the INIS Office.

To book an appointment visit: burghquayregistrationoffice.inis.gov.ie

Students should only book appointments via the INIS website and should never use unauthorised third-party services.

In order to register with the INIS, students must collect the following documents to support their application. Please allow 5 working days for Irish bank statements and for documents needed from Academic Registry.

Mandatory Supporting Documents

▶ Proof of IFP registration (from Academic Registry). Note: This document must be issued and dated within 7 days before your INIS appointment
▶ Bank statement from an Irish bank account showing at least €3,000 available.
▶ Valid passport
▶ Proof of health insurance
▶ €300 fee (credit/debit card or bank draft only; no cash).

INIS Registration

Details on how to register with the INIS will be provided in September. Students should aim to schedule an appointment to register with INIS once they complete their registration for the IFP.

*Students under the age of 18 registering with INIS will have to be accompanied by a legal guardian resident in the ROI. Please see Guardianship Brochure
Financial Information

Opening a Bank Account

Marino will advise and help you to open a bank account on your first day on the IFP. You must open a bank account in person in a bank branch. You are advised to open an Irish bank account after you secure accommodation in Ireland. They may request to see your Trinity offer letter as proof of your circumstances.

Mandatory Documents to Open an Account

▶ Photo ID (Passport or National ID card)
▶ Trinity ID card*
▶ Proof of address: utility bill, Revenue/PPS letter, letter from IFP Admissions sent to Irish address
▶ Other documents may be requested depending on the bank and their policy on students’ country of origin.

There are normally no fees charged on student bank accounts. Ireland’s most popular banks:

▶ AIB [www.aib.ie](http://www.aib.ie)
▶ Bank of Ireland [www.bankofireland.com](http://www.bankofireland.com)
▶ KBC Bank [www.kbc.ie](http://www.kbc.ie)

After opening an account, you will be able to sign up for online banking and link to a home account. Please allow five working days for bank statement requests, whether made online or in a branch. If you will be under 18 at the time of opening your bank account, you will need a guardian to accompany you to open a bank account.

*If opening account prior to ID card collection, bank may accept IFP offer letter and proof of fees paid as evidence of student status.

Bringing Money to Ireland

Please bring only a small amount in Euro for your arrival. Marino does not have any facilities to keep cash safe for you.

You should inquire with your bank at home if you can use your debit or credit card in Ireland, as this could be a safe way to obtain cash immediately after your arrival.

Once you have opened a bank account in Dublin, money can be transferred by electronic / wire transfer into your new account. Before you leave home, talk to your local bank to find out all the details about making transfers to your account in Ireland (e.g. maximum amount, how long it takes, how much it costs) so that you can plan the best system for your circumstances.

International Visa/Debit cards often require proof of photo ID. Travellers’ cheques are not widely accepted in Ireland.

Currency

The currency in Ireland is the Euro (€).
Accommodation

On-Campus Student Accommodation

**Marino Institute of Education (MIE) Dublin**
Based on the campus grounds of MIE, Griffith Avenue, just 4km from Dublin city centre, residents enjoy a short 2-minute walk to lectures and with great transport links, it’s just 15 minutes by bus to Dublin city centre.

With over 300 students living on-campus, there’s a great community atmosphere. Our friendly on-site management team ensures everything runs smoothly and is here to assist residents.

Modern, high quality accommodation, all rooms are en-suite with small double bed, spacious study desk with wired broadband and Wi-Fi. Modern fully fitted kitchen and living area are typically shared with 3 other students.

Hassle-free with utilities, maintenance and services are all included in the rent.

To view the facilities and learn more, visit eber.life/ie/mie

**Any questions?** Simply get in touch with our Residence Team at mie@eber.life who will be happy to assist.

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Private (Non-University) Accommodation

We strongly recommend that you view in person any private rental property before paying a deposit. Dublin offers a range of options from shared houses and flats to private student residences. If you have not secured housing in advance of your arrival, we strongly advise you to arrive as early as possible in order to maximise your chances of finding suitable and affordable accommodation, as demand for housing in Dublin is extremely high.

**Private Rented Accommodation**

There are a number of places online that you can search in order to view properties in all areas of Dublin and to get an idea as to what prices you should expect:

- [www.daft.ie](http://www.daft.ie)
- [www.myhome.ie](http://www.myhome.ie)
- [www.rent.ie](http://www.rent.ie)
- [www.collegecribs.ie](http://www.collegecribs.ie)
- [www.gumtree.ie](http://www.gumtree.ie)
- [www.property.ie](http://www.property.ie)
- [www.housinganywhere.com](http://www.housinganywhere.com)
- [www.tcd.ie/secretary/communications/noticeboard](http://www.tcd.ie/secretary/communications/noticeboard)

To avoid rental scams or disappointment, you are strongly recommended to view any property in person before paying a deposit or paying any money online.

The Students’ Union has also produced a guide on living in Dublin: [www.tcdsuaccommodation.org/living-in-dublin-guide](http://www.tcdsuaccommodation.org/living-in-dublin-guide)

**Need a Roommate?**

You can both search and place an ad on our Accommodation Advisory Service website ([www.tcdsuaccommodation.org](http://www.tcdsuaccommodation.org)) to help find someone to live with. Alternatively, you can search on [www.daft.ie](http://www.daft.ie).
Health and Insurance

In order to register with the Irish Naturalisation and Immigration service (INIS), as all non-EU/EEA students are required to do, you must show proof of health insurance to cover any major medical care necessary during your stay. Please check with your insurance company at home that you are sufficiently insured for your period of study in Ireland. If a student chooses to use a health insurance policy from their home country please be aware that this will only be valid for the students first 12 months. It can be used for first registration with INIS, but not with second registration. Health insurance must be purchased from an Irish based insurance provider after your first year of study. If students do not already have insurance cover, they may wish to insure with one of the health insurance providers in Ireland.

Irish Life  www.irishlifehealth.ie
VHI Healthcare  www.vhi.ie/home
Laya Healthcare  www.layahealthcare.ie

Subsidised Health Services

www.hse.ie

Non-EU students who will be resident in Ireland for a minimum of one academic year may apply to the Health Service Executive to be assessed for entitlements to public hospital treatment under the same conditions as an Irish citizen.

Medication

Medication If you need to bring prescribed medication until you can find an alternative source in Ireland, please note that the maximum amount of imported medication permitted is a 3-month supply, which must be cleared through Customs by the Irish Medicines Board. Customs will only clear medication that is licensed for use in Ireland.

Additional health and counselling supports are available to support students affected by COVID-19.
Arrival

Customs

After collecting your luggage, you will proceed through Customs. Usually, there are two channels for arrivals: the green channel if you have nothing to declare and the red channel if you have goods to declare. Please check before you leave your home country what you are allowed to bring into Ireland. Further information can be found here: www.citizensinformation.ie/en/travel_and_recreation/travel_to_ireland/customs_regulations_for_travellers.html

Getting to Marino Institute of Education from Dublin Airport

Dublin Airport is the closest international airport to Trinity College Dublin and the Marino Institute of Education.

Pre-booked Airport Collection

If you are arriving by plane and have already arranged an airport collection, you will be met by the driver in the Arrivals Hall. The driver will be holding a sign with your name on it. We will provide you with the name and telephone number of the driver in advance of your departure. If you experience any delay, please inform the driver. Please do not pay the driver as your fare will be added to your account. If you are heading directly to your accommodation booked on campus at Marino Institute of Education, the driver will take you to collect your keys – they will have been informed where you will be staying, but it is a good idea for you to have the details to hand.

What if my plans change?

If you have booked an airport transfer but your arrival date changes or you decide to arrange your own transfer, you will need to let us know as soon as possible. We will require two business days’ notice to be able to change or cancel your booking.

Making your own way

If you are travelling directly to your accommodation, the safest way is by taxi from Dublin Airport. Prices for journeys to different parts of the city are posted at the official taxi ranks, found on the forecourts directly outside Terminals 1 and 2.

Please note that restrictions may still be in place for 2021 entry due to COVID-19.
Your First Day

What to bring with you on your first day
Please bring the following documents, so that we can register you on the course:

▶ Offer letter from the college
▶ Passport and visa
▶ Sponsor letter (if you are being sponsored)

During your Induction Programme you will learn about:

▶ Opening a bank account
If you bring a banker’s draft in euros with you (payable to yourself) or arrange for it to be sent, you can open a bank account two to three days after you have registered for your course. In order to open a bank account you will need:

▶ A passport
▶ Proof you are a student – we will issue you with a letter
▶ Proof of an address in Ireland

Your chosen programme
Get your all-important timetable and find out what you need to achieve to progress onto your chosen programme at Trinity College Dublin.

College Registration
Once you are registered you will get your student card and be able to set up and log on to the Institute’s internet network. You will also get information about Trinity’s sports facilities, clubs and societies and library memberships.

On your first, exciting day with us it is important that you arrive on time. During your induction you will have a complete introduction to Dublin, Ireland and the Marino Institute of Education. It’s vital that you arrive on time so that you don’t miss out on meeting your new classmates and enjoying all of the activities that have been planned for you. Activities include a tour of the campus to help you discover your new home. We will work with you in your first week to find out about your academic levels and how we can best support you in your studies.

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Term 2: January 10th 2022 - June 3rd 2022

Trinity College Dublin, the University of Dublin
Meet your Teachers

Brendan White
Programme Manager: Trinity International Foundation Programme

Brendan has worked in international education for 24 years and has directed the Trinity International Foundation Programme since it was launched in 2016. In this role, Brendan manages the academic studies of students and helps to ensure they are well prepared for their future degree studies. Brendan graduated from Trinity College Dublin with a Master’s degree in Education Management and has taught English for Academic Purposes in further education and higher education institutions in Ireland, Spain, Malaysia and Colombia.

In 1997 Brendan established the first pre university foundation programme for international students in Ireland and from 2010 to 2015 he was the Director of the International Study Centre for both Trinity College and University College Dublin. Brendan's main area of academic interest is the evaluation of academic programmes.

Kathleen Mitchell
Lecturer in English for Academic Purposes, Trinity International Foundation Programme

Kathleen Mitchell has an honours degree in Philosophy and Classical Studies (UCD), a joint H. Dip in Education with TEFL certificate (UCD) and holds an M. Phil in Linguistics from TCD. She is also a fully qualified proofreader (The Publishing Training Centre).

Kathleen has been teaching English for Academic Purposes for over eight years and currently coordinates EAP on the Trinity International Foundation Programme. Prior to this, she taught English in schools and the British Council in Madrid for seven years. Her interests include materials development, particularly that which addresses international students' social and cultural needs, as well as having a keen interest in the benefits of reflective learning.

Derek Murphy
Lecturer in Biology and Chemistry, Trinity International Foundation Programme

Derek Murphy graduated from Trinity College Dublin with a B.A. (Mod) in Genetics in 1990. His PhD in the areas of developmental genetics and biochemistry entitled “Studies of the fork head gene family in mammals” was awarded in 1997 also by Trinity College, with the experimental work carried out at the Institut für Humangenetik in the Georg-August-Universität Göttingen, Germany.

Derek has been teaching international students for more than 10 years. In 2012, he began teaching at Foundation level to prospective students for Trinity College and University College Dublin. Now based in Marino Institute of Education, with a dedicated teaching laboratory, Derek dedicates himself solely to teaching chemistry and biology to students aiming to study medical and biological sciences, engineering and computer science.

Niall Byrne
Lecturer in Physics, Trinity International Foundation Programme

Niall Byrne graduated with a BSc in Physics in 2003. After graduating, he joined the Fraunhofer Institute in Germany to research Medium Frequency Plasma Enhanced Chemical Vapour Deposition of diamond-like surfaces on three dimensional structures. He was a lecturer in undergraduate Physics at IT Tallaght and carried out research on non-destructively characterising quality perimeters of standing trees using ultrasound.

Through lecturing, Niall developed a strong passion for teaching. He has taught Physics, Maths and Chemistry on international foundation programmes at Trinity College Dublin, University College Dublin, and Griffith College Dublin. Niall is a supportive and encouraging teacher who always aims to assist his students in their on-going learning, by using a variety of teaching methods and tailoring courses to provide the optimal learning experience. When he is not teaching, he is extremely passionate about the arts and music and strives to be an advocate for all things related to science.

Shirley Byrne
Lecturer in Business and Economics, Trinity International Foundation Programme

Shirley has graduated with a Master's Degree in Public Relations from Dublin Institute of Technology and a B.A. in European Studies - Economics and Politics from the University of Limerick. She has recently completed her Professional Diploma in Further Education from Marino Institute of Education.

Prior to commencing her teaching career, Shirley worked in senior management in the corporate sector in both the travel and hospitality industries and she now brings her wealth of knowledge of business and marketing to her teaching roles. Shirley currently lectures in the Economic and Business modules on the Trinity International Foundation Programme at Marino Institute having previously taught European Studies in Killester College of Further Education. Shirley’s main area of academic interest is in the field of diversity and inclusive education with a special interest in Universal Design for Learning (UDL).
Employment

Note: EU passport-holders have the same rights to work as Irish citizens. Non-EU citizens must register with Irish Naturalisation and Immigration Service (INIS) before commencing employment.

How to Find a Part-Time Job

www.tcd.ie/careers/mycareer

Register with MyCareer, our online careers portal managed by Trinity Careers Service, to find current jobs available to students and graduates. These include part-time jobs and summer work. You can also sign up to the Students’ Union Jobs mailing list by emailing sujobs@tcd.ie

Other employment websites which are frequently used by students are:

www.monster.ie
www.jobs.ie
www.irishjobs.ie
www.jobbio.com
www.indeed.com

To find part-time work in a supermarket, retail shop, café, bar or restaurant, it is common practice to visit the establishment with your CV and ask about job vacancies.

The international students section of the Trinity Careers Service website has more information about working as an international student: www.tcd.ie/careers/students/international

Casual Employment

For Non-EU Students

➤ Students who are attending a full-time course of one year’s duration are entitled to seek employment on a casual basis.

➤ Casual employment means you can work for 20 hours per week, except for two standardised periods when it is permissible to work full-time (up to 40 hours per week). The periods are 15th December to 15th January and 1st June to 31st September only, corresponding to the traditional summer and winter college holidays. These dates are fixed for all non-EEA students, regardless of the actual college teaching calendar for their course. Further information is available at: www.internationalstudents.ie/info-and-advice/immigration/working-in-ireland

➤ All employees in Ireland must have a PPS number for tax purposes.

Obtaining a PPS Number

A PPS number serves as your tax identification number for employers. You can apply for a PPS number with the following documents:

➤ Passport
➤ Proof of address

For more information, please see here: www.gov.ie/en/service/12e6de-get-a-personal-public-service-pps-number
Living in Dublin

Cost of Living

Cost of living will vary widely depending on your circumstances and lifestyle. The following figures represent estimated living costs for one academic year (September – June). Please note that the figures below do not include travel outside of Dublin or entertainment.

<table>
<thead>
<tr>
<th>Type</th>
<th>€</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent (shared apartment)</td>
<td>5,530 - 8,900</td>
</tr>
<tr>
<td>Utilities</td>
<td>1,000</td>
</tr>
<tr>
<td>Meals</td>
<td>3,000</td>
</tr>
<tr>
<td>Books and Miscellaneous</td>
<td>2,500</td>
</tr>
<tr>
<td>Commuting</td>
<td>1,000*</td>
</tr>
<tr>
<td>Health Insurance*</td>
<td>550</td>
</tr>
<tr>
<td>Immigration registration</td>
<td>300</td>
</tr>
<tr>
<td>(if applicable)</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>13,880 – 17,250</strong></td>
</tr>
</tbody>
</table>

*Insurance can range in price from €200 - 1,800

Mobile Phones

Most international students buy a mobile phone for use in Ireland, with the most popular option being the “prepay” phone, also known as “top up” or “pay as you go”. Instead of getting a monthly bill, you top up your credit as needed.

With the pre-pay option, you purchase the phone and get a certain amount of free credit with it. Once your credit has run out, you can top up your credit a number of ways, including through an ATM, buying it in a newsagent or supermarket, or online.

There are three major phone service providers:

- Vodafone  [www.vodafone.ie](http://www.vodafone.ie)
- Eir  [www.eir.ie/mobile](http://www.eir.ie/mobile)
- 3  [www.three.ie](http://www.three.ie)

All of the major mobile providers have retail locations on Grafton Street, just south of Trinity’s main gates. Look for mobile phones with Skype capability and other features to allow for inexpensive international calls and texts. It is also possible to obtain an Irish SIM card for use in your existing mobile phone, but you should check with your current provider for details.

If you are phoning a landline in Dublin from your mobile, you should put 01 (Dublin’s area code) before the telephone number. If you are phoning a landline elsewhere in Ireland from your mobile, there will be a different area code for each county. The international dialling code for Ireland is +353.

Shopping

For household items like bed linen and crockery, Penneys on Henry Street and Dunnes Stores in the St. Stephen’s Green Shopping Centre have excellent inexpensive ranges. In addition, student-favourite IKEA is located to the north of the city. It is serviced by the 140 bus. Small electronics can be found at Argos, also in the St. Stephen’s Green Shopping Centre. The shops in and around Grafton Street offer a range of clothing and housewares at a wide array of price points. There is another major shopping corridor on the north side of the River Liffey, in and around Henry Street.

Bookstores: Hodges Figgis, 56-58 Dawson Street, have textbooks available on the top floor; Chapters, Ivy Exchange, Parnell Street, have a large selection of used and discounted books; Easons, 40 Lower O’Connell Street, is a large chain bookstore.

Stationery: Easons on Nassau Street and Tiger in Stephen’s Green Shopping Centre stock a wide selection of paper goods and stationery.

Dining

There is a cafeteria on the Marino campus which serves breakfast and lunch.

Groceries

It is best to go to the big supermarkets like Dunnes Stores, Tesco, Supervalu, Aldi and Lidl.
Living in Dublin

Student Travelcard

For discounted travel within Ireland, you will need to get a Student Travelcard, also known as a Student Leap Card, the National Student Travel and Discount Card. This is the only card accepted by Irish Rail, Dublin Bus, Bus Éireann and LUAS (tram) for student fares. It is also a discount card for hundreds of goods and services nationwide. The Student Travelcard is accepted as authentic proof of student status, allowing you to book a student flight to anywhere in the world.

The application form will be available in the Students’ Union in House 6. Once you have your Trinity ID card, you can get a Student Travelcard for €10. Further information can be found at: www.studentleapcard.ie

Public Transport in Dublin

Leap Card

The Leap Card is a reusable plastic smartcard that can be used instead of paper tickets to pay for transport in Dublin. A Leap Card offers the flexibility to jump on Dublin Bus, Luas, DART and commuter rail services around Dublin when it suits you without having to buy a specific ticket in advance. You can top up your leap card in most newsagents, and at Dart and Luas stations. For further information on the Leap Card and where to get one please see www.leapcard.ie

Dublin Bus

Dublin has an extensive bus route network. Please note that if you don’t have a leapcard or rambler ticket, you must have exact change, as the bus driver will not give change back. Students can buy ‘rambler’ tickets from the Students’ Union (SU) shop that allows you to buy a ticket in advance for a set amount of days. For further information on routes and timetables please see www.dublinbus.ie

Nitelink

Dublin Bus operates a night service called Nitelink which runs from the city centre to the suburbs. The Nitelink fare is €6.50. The Nitelink buses are a cheap and safe alternative to taxis. For further information on routes and timetables please see www.dublinbus.ie/en/your-journey1/timetables/nitelink-services

DART

The DART train runs along the coast from Howth and Malahide in the north to Greystones in the south. The main DART stations close to Trinity are Tara Street Station and Pearse Station. For timetables please see www.irishrail.ie

Luas

The Luas service has two tramlines between the city centre and the suburbs. The Green Line connects Sandyford to St. Stephen’s Green, passing through Stillorgan, Dundrum, Milltown and Ranelagh. The Red Line connects Tallaght to The Point and Saggart to Connolly passing through Rialto, Smithfield and Abbey Street. The Green Line runs from Broombridge to Brides Glen passing through Trinity and Dawson Street. For details, see www.luas.ie

DublinBikes

Dublin has a bike-sharing scheme, allowing you to collect a bike from any DublinBikes stand and return it to any other stand. They offer annual memberships at very low cost. More information is available here: www.dublinbikes.ie

Nationwide Public Transport

Iarnrod Eireann (Irish Rail)

Irish Rail operates train services to Irish cities from two train stations in Dublin: Heuston Station and Connolly Station, both of which are located in the city centre. For timetables please see www.irishrail.ie

Bus Eireann (Irish Bus)

Bus Eireann has a nationwide network connecting all major Irish cities and also provides linking services from major cities to smaller towns or villages. Buses leave and arrive in Dublin at Busaras (Central Bus Station), which is close to Connolly Station. For further information please see www.buseireann.ie

Bus Tours

The main tourist office in Dublin can provide information about coach tour providers in Ireland. The tourist office is located on Suffolk Street. Or visit: www.visitdublin.com

Please note that restrictions may still be in place for 2021 entry due to COVID-19.
Smoking in Ireland
Smoking is banned in all workplaces throughout Ireland, including offices, pubs, bars, restaurants and public transport.

Electricity Voltage
Students who wish to bring electrical appliances with them should note that the voltage in Ireland is 220v. You will also need an adaptor, as the sockets in Ireland have three rectangular holes. Irish electric sockets are the same as in the United Kingdom.

Irish Weather
The Irish Climate is temperate and mild. Temperatures rarely drop below 0°C or rise higher than 24°C. The rain is most often not torrential, but light to medium showers. For clothing, make sure you have a good waterproof and windproof jacket and warm clothing for the winter months. However, there are excellent shopping facilities in and around Dublin and all items can be purchased here as well.

Useful Links
Postal Service: www.anpost.com
Electricity Supply Board www.esb.ie
Gas Supply Board www.bordgaisenergy.ie
Broadband and Cable Suppliers www.eir.ie or www.virginmedia.ie
Ireland’s National Police Service www.garda.ie
You should call 999 or 112 in the case of an emergency which requires an immediate Garda response. Emergencies include:
► A danger to life
► Risk of serious injury
► Crime in progress or about to happen
► Offender still at scene or has just left
In a non-emergency situation, you should ring your nearest Garda station if you need assistance. The nearest Garda station to Trinity College is on Pearse Street. Their phone number is +353 (01) 666 9000.
Trinity College Dublin, the University of Dublin has sought to ensure that the information given in this brochure either in print or online is correct at the time of publication but does not guarantee its accuracy and furthermore Trinity does not accept any liability for omissions, errors or changes in its content.

While Trinity aims to provide the courses, modules and facilities described in this brochure, it does not represent a binding commitment to provide the courses, modules and facilities described within. Trinity reserves the right, at any time and without notice, to add, remove or alter content of the brochure. Nothing in this brochure should be construed as an offer to attend Trinity. Any offer made by Trinity will be subject to the University’s admissions policy and will be made clear to the applicant upon receiving an offer. Neither this brochure or any other information on the Trinity website nor any Faculty or School website create a contract or other legally binding relationship between Trinity and any third party.

Contact Details

If you have any questions about studying at Trinity, please get in touch with us.

The IFP team is dedicated to helping international students and we would be delighted to answer your questions.

Please contact us at:

International Foundation Programme
Global Relations,
East Theatre,
Trinity College Dublin,
Dublin 2, Ireland.
Tel: +353 (0) 1 896 4906
Email: IFP@tcd.ie
www.tcd.ie/study/international/
    foundation-programme

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