



Trinity College Dublin  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

# International Undergraduate Student Orientation

## September 2026

*Trinity Global Experience Team*  
*Trinity Global*

# Welcome

selamat datang  
degemer mad  
tere tulemast  
dobrodošli  
karibuni  
murakaza neza  
chào mừng  
ようこそ  
тавтай морилогтун  
benvenuti  
vekömö  
ékabô  
eguahé porá  
ngiyanemukela

환영합니다  
benvinguts  
tervetuloo  
benvido  
mikouabô  
bem-vindos  
laipni lūdzam  
welkom  
𐀓𐀕𐀖𐀗𐀘  
xush kelibsiz  
willkommen  
karibu  
bine aṭi venit  
добре дошли

wëllkom  
καλῶς ἤρθατε  
fáilte  
ਜੀ ਆਇਆ ਨੂੰ  
bienvenue  
velkomin  
sveiki atvykę  
tonga soa  
mishto-avilian tú  
歡迎  
добро пожаловать  
aayuboovan  
nodé  
шчыра запрашаем

mirë se vini  
zupinje z te videtite  
bienvéni  
merḥba  
üdvözlöm  
welkom  
maligayang pagdating  
miawezon  
witamy  
bienvenidos  
swagata  
स्वागत  
добрэдојдовте  
kenang ka kgotso

المرحب و ال دأ  
bonavinuta  
boyeyi bolamu  
歡迎光臨  
ne y waoongo  
välkomna  
מֵאֲבָה מֵיְכוֹרָב  
mauya  
ຍິນດີຕ້ອນຮັບ  
mirë se vjen  
maayong pag-abot  
Üdvözlet  
soo dhowow  
hoş geldiniz

# Today's session

1. International Student Support at Trinity
2. Events at Global Room
3. Immigration and visas
4. Bank Accounts
5. Working and PPS number
6. Health Insurance
7. Safety
8. Staying connected
9. Cultural adaptation
10. Q & A



# Irish language ice-breaker

## English

Good **Morning**

What is your name?

*Aoife* is my name!

A hundred thousand welcomes!

How are you?

I am good

Hello

Thank you

Goodbye

## Irish

Maidin mhaith

Cad is ainm duit?

*Aoife* is ainm dom

Cead mile failte romhat!

Conas atá tu?

Tá mé go maith

Dia Dhuit

Go raibh maith agat

Slán

## Pronounced

Modjin wah

Cod iss annim dwit

*Eefa* is annim dum

Kaed meela fail-cheh row-itt

Cun-us ah-taw too

Taw may guh mot

Dee-ah gwit

Guh rev mah agut

Slawn



Global Room  
Student Space and  
International Student  
Support Hub

# TRINITY GLOBAL ROOM

The image shows a vibrant, modern student lounge. The room is filled with students, some sitting at tables and others standing. The ceiling features blue neon lighting that creates a contemporary atmosphere. Large, dark, dome-shaped pendant lights hang from the ceiling. The space is open and bright, with a red wall visible in the background. The overall scene depicts a busy, social environment for students.



## TRINITY GLOBAL ROOM



**Louise Staunton**  
Associate Director - Trinity Global Experience  
✉ [lstaunto@tcd.ie](mailto:lstaunto@tcd.ie)



**Dr. Solange Daini**  
Global Experience Manager  
✉ [dainiso@tcd.ie](mailto:dainiso@tcd.ie)



**Anisha Pal**  
Engagement Officer  
✉ [palan@tcd.ie](mailto:palan@tcd.ie)



## INTERNATIONAL STUDENT SUPPORTS

The supports we offer include:

- ✓ General student queries
- ✓ New 2 Dublin queries
- ✓ Advice on immigration
- ✓ Support in opening a bank account
- ✓ Information about health insurance
- ✓ Advice on getting a SIM card
- ✓ Organise & facilitate student events
- ✓ Coffee, tea, and chats

☎ (01) 896 2097  
🏠 1st Floor, Hamilton Building  
✉ [TCDGlobalRoom@tcd.ie](mailto:TCDGlobalRoom@tcd.ie)

 **Trinity  
College  
Dublin**  
The University of Dublin  
Global Room



**Sara Batsukh**  
Global Experience Administrator  
✉ [s.batsukh@tcd.ie](mailto:s.batsukh@tcd.ie)



**Abdallah Hasaneen**  
Global Experience Immigration Office Assistant  
✉ [hasaneeaa@tcd.ie](mailto:hasaneeaa@tcd.ie)



## Student Ambassador Team

- 40+ International and Irish Students
- Peer to peer advice to students before and after arrival
- Available in Global Room, Monday-Friday, 9am-9pm (in term) and online (email or appointment)

# Global Room: Where we are

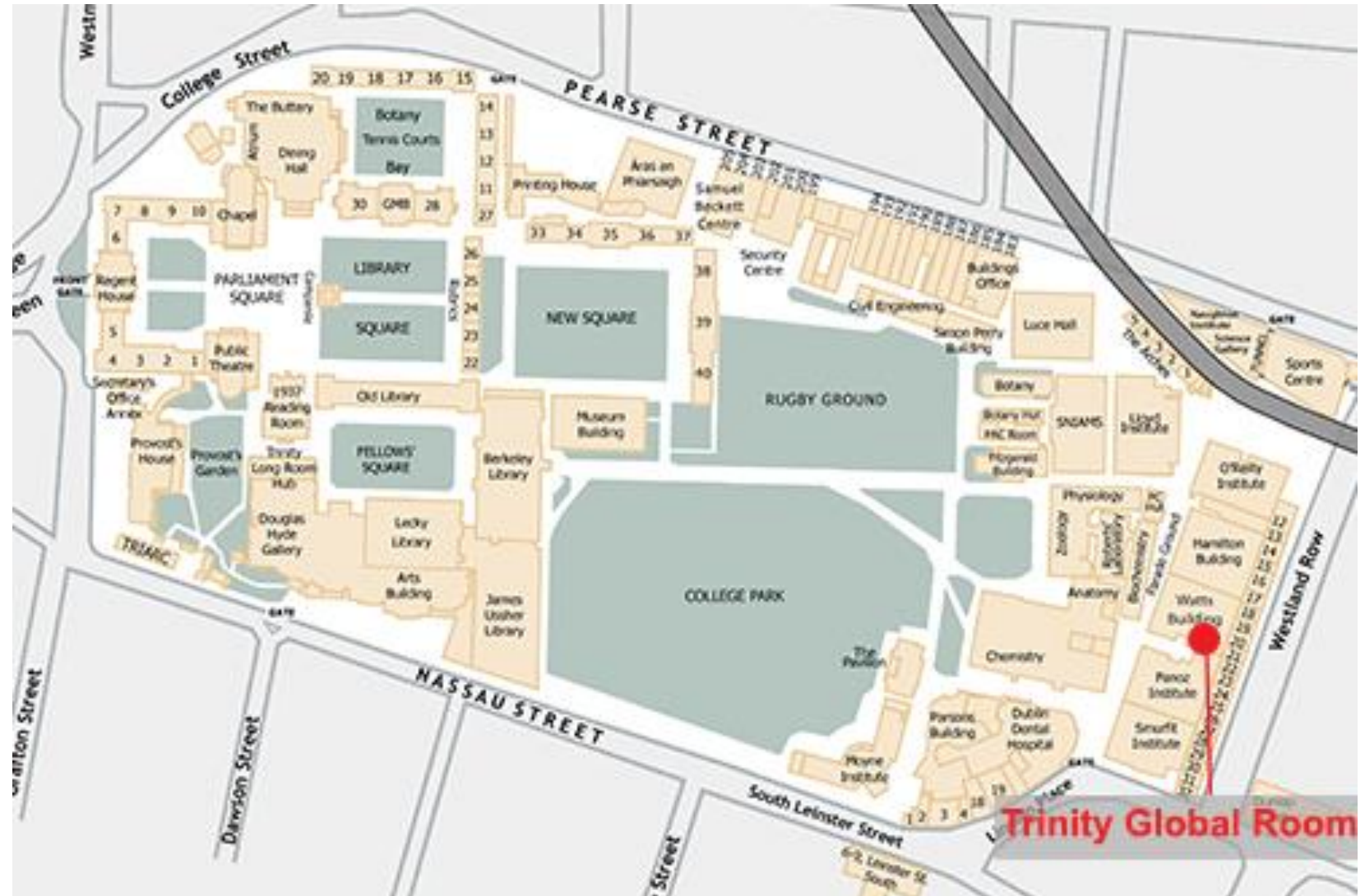
**Location:** 1<sup>st</sup> Floor, Watts Building  
(beside Academic Registry)

**Open in person –**  
**Monday-Friday, 9am-9pm (in term)**

**Email:** [tcdglobalroom@tcd.ie](mailto:tcdglobalroom@tcd.ie)

**Drop by or make an appointment**  
**with one of our team**

**OR**  
**Join one of our drop in hours 12-1**  
**this week to speak with the Global**  
**Experience Manager or Immigration**  
**and Supports Officer.**



## 2. Events in Orientation Week for Undergraduate Students

The Global Room has a host of exciting events coming up for the new cohort of undergraduate students. It is the most vibrant place for you to meet fellow students from different parts of the world, make new friends, and also feel at home through the various cultural celebrations that we host throughout the year.

From Speed Friending, to Morning Breakfasts, choose your favourite events and register before they are gone!

Follow @tcdglobalroom on Instagram for latest updates.

### GLOBAL ROOM FIRST YEAR UNDERGRADUATE STUDENT ORIENTATION WEEK EVENTS

#### MONDAY 14TH

Undergrad Student Coffee Morning  
**10am**

Drop-in with Immigration Officer  
**12pm**

Undergrad Student Selfie Hunt  
**2:30pm**

Games Night  
All students welcome  
**6pm**

#### TUESDAY 15TH

Breakfast  
All students welcome  
**10am**

Ireland 101  
All students welcome  
**2:30pm**

#### WEDNESDAY 16TH

Drop-in with Immigration Officer  
**12pm**

Undergrad Student Speed Friending  
**1:30pm**

#### THURSDAY 17TH

Drop-in with Immigration Officer  
**12pm**

Quiz Night  
All students welcome  
**6pm**

#### FRIDAY 18TH

Undergrad Student Speed Friending  
**1:30pm**

Pizza Night  
All students welcome  
**6pm**

Get your free tickets through the link in our Instagram bio or:





# NEW 2 DUBLIN

Sept  
30

## Living in Dublin

Guide to enjoy student life in Dublin

## Trinity 101

Learn everything about the university

Oct  
7

Oct  
14

## Societies & Sports

Best extracurriculars to do

## Reading Week Guide

Best travel options and top study spots

Oct  
21

Nov  
4

## Jobs & Budgeting

Make the most of your student budget

## Health & Wellbeing

Tips and tricks to stay healthy

Nov  
11

Nov  
18

## Exams, Essays and Wrap Up

Insider's guide to thrive in your exams

New 2 Dublin is back!!

**Every Wednesday at 6pm** you will have the chance to gather all the essential tips our ambassadors have to offer and meet new amazing people.

- Food in every session 🍕
- Games and prizes 🏆
- Many fun activities 🎉
- Insights from our Student Ambassadors 💡
- & so much more !!

**Sign up for free every week using the link in our bio**



Free  
tickets live  
in our bio

# 3. Immigration

## A. Immigration Registration

- Application process & Required documents
- Obtaining appointments
- IRP

## B. Traveling advice

- Schengen Visa
- UK visa

## C. Immigration Clinics



# Making an appointment with Immigration Service Delivery (ISD)

- All non-EU/EEA/UK students who intend to reside in Ireland for more than 90 days to study must register their immigration permission with the Immigration Service Delivery (ISD).
  - Register within 90 days of arriving in Ireland.
  - Your immigration permission is associated with a Stamp category. For students, this is usually:
    - Stamp 2 – full-time study
    - Stamp 2A – single-semester study or exchange student
  - What if I can not find a slot within the 90 days?
- Don't worry, your presence is still legal

- **How to Book Your Appointment**
- Appointments can be booked through the ISD registration portal: [portal.irishimmigration.ie](https://portal.irishimmigration.ie)
- Appointment location:
- Burgh Quay Registration Office, 13–14 Burgh Quay, Dublin 2
- What should I do if I have trouble verifying my passport on the ISD portal?
- For issues with ID verification (e.g., through IDPal), consult the [IDPal Troubleshooting Guide](#). If the issue persists, contact [ImmigrationPortalSupport@justice.ie](mailto:ImmigrationPortalSupport@justice.ie).



Log In / Register for an Account

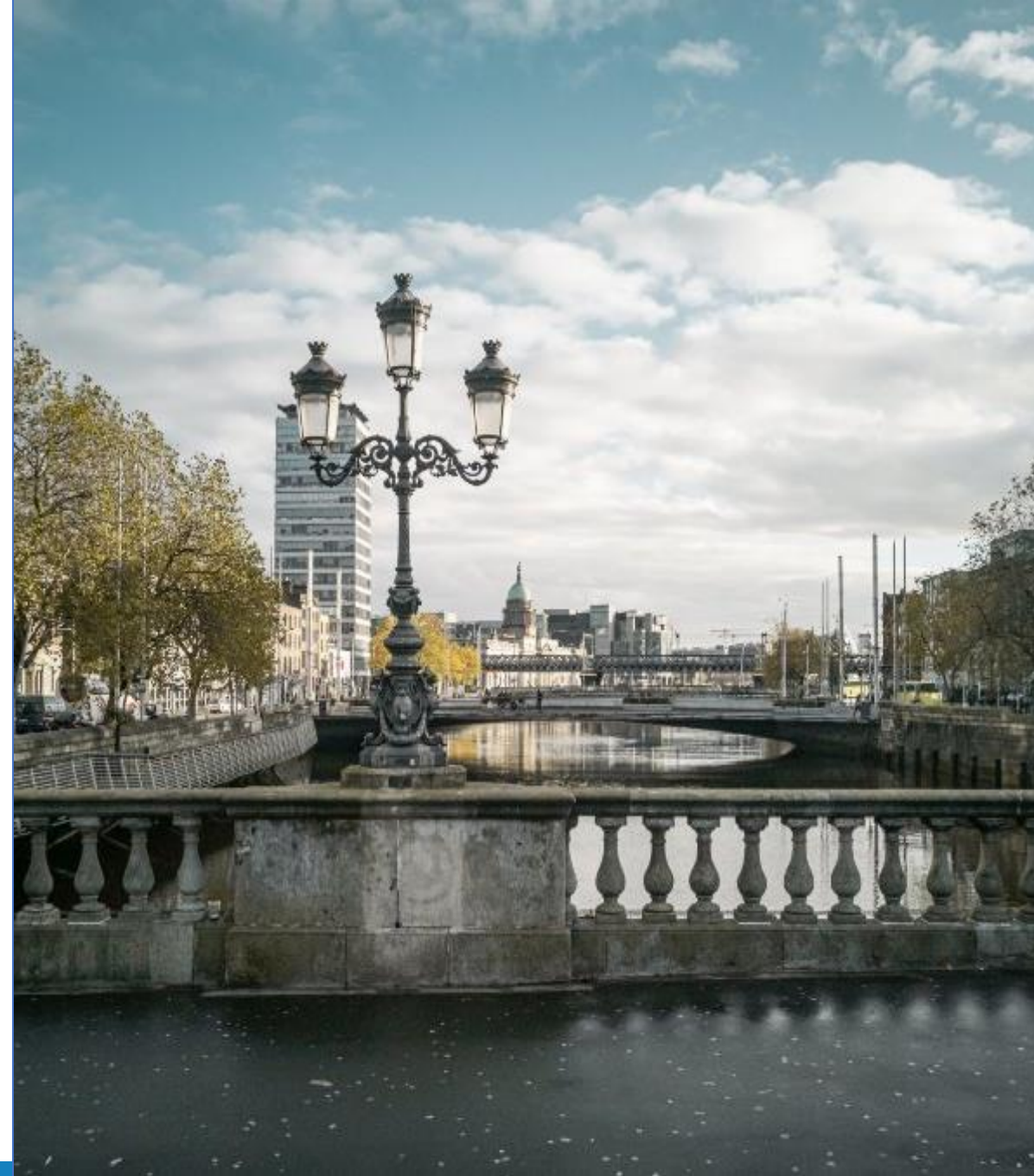
account for easy access to our services. Once you have registered, you can make registrations, ask us any questions, request changes to your personal details, and check your account in one place. To create an account you will need your email address, mobile number, and a valid passport or Driver's License on Document.

[Click here for a guide on how to create an account](#)

Log In / Register

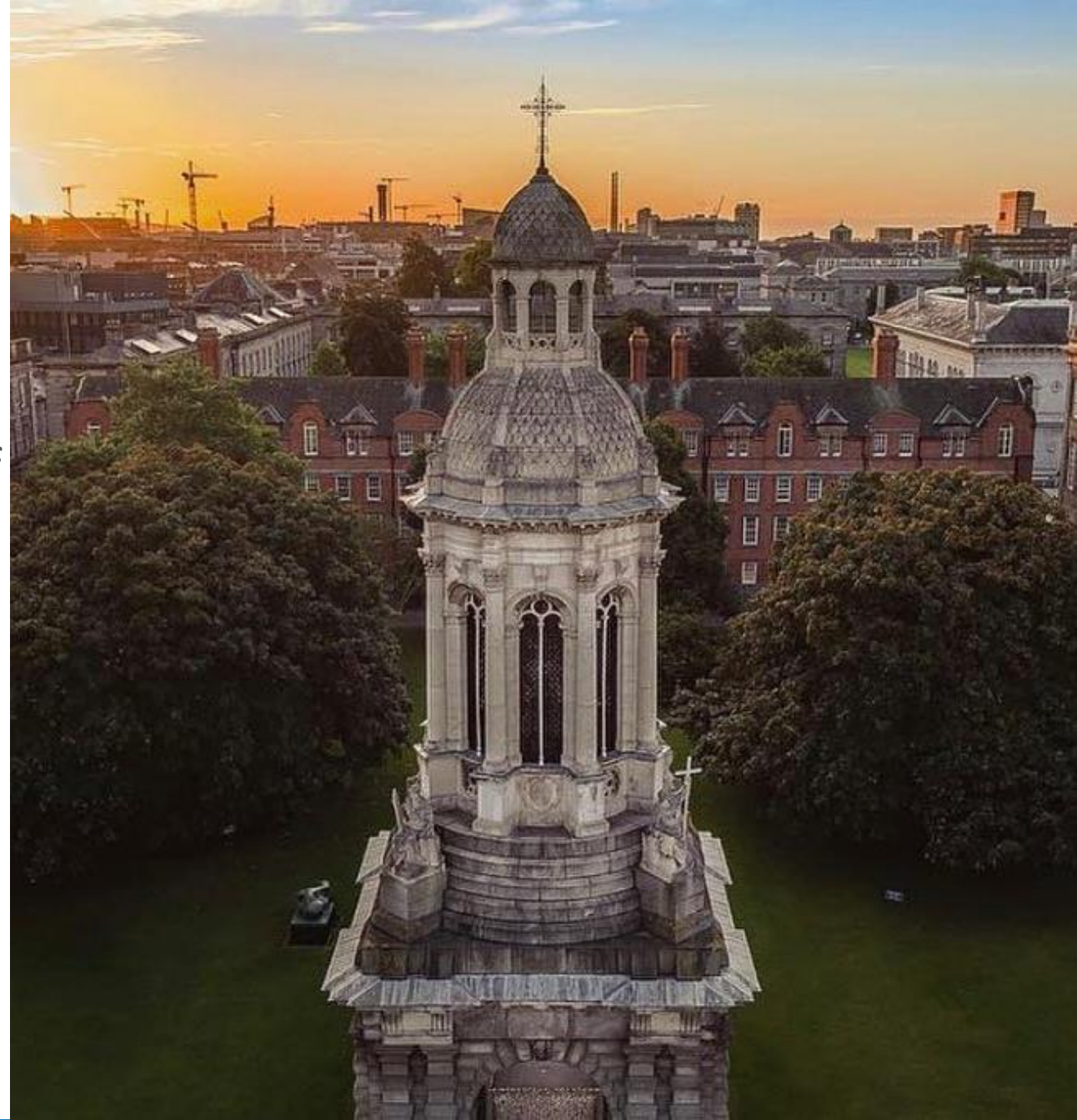
# Day of your ISD appointment

- Your current valid passport, including its biometric information page.
- The landing stamp in your passport showing that you entered Ireland to study.
- A Trinity enrolment letter dated on or after your course commencement date, confirming your enrolment on a full-time eligible programme.
- Proof that you have paid the required university fees.
- Proof of your address in Ireland.
- Private medical insurance, or eligible travel insurance with medical cover, valid for 12 months or for the full duration of your stay if this is shorter. (The policy document).
- Proof of financial support:
  - €10,000 for courses resulting in residence of greater than 8 months
  - €833 per month or €6,665 (in total) for courses resulting in a residence of 8 months or less.
- **Students under 18: Students under the age of 18 must have their guardian present at first registration.**
- <https://www.irishimmigration.ie/required-documents/#stamp2>



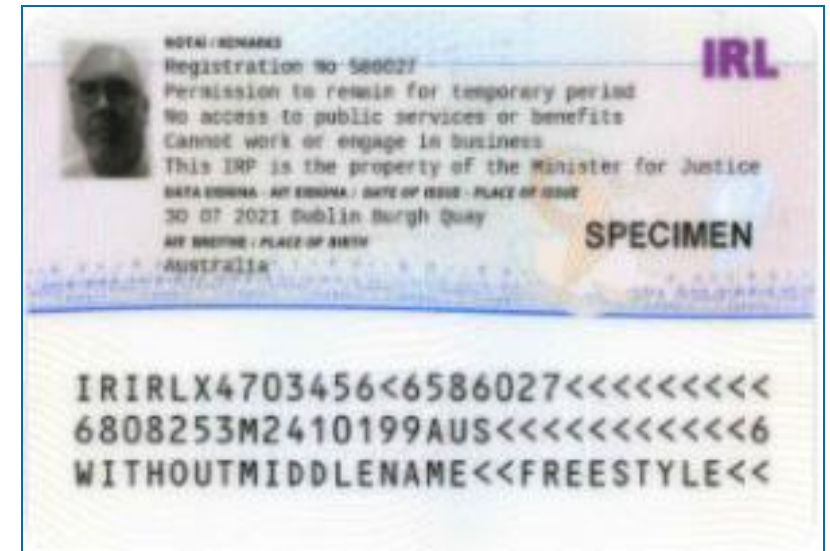
# Proof of Registration Letter

- Log on to my.tcd.ie portal
- Click on the 'Registration tab' for options of letters to print
- Click on 'Confirmation of Registration'
- Go to 'Intray' on the home tab.
- Your letter will be in your 'New Intray' or 'All intray messages'
- Click 'Proof of Registration' to open and print the file.



# Immigration Card (IRP)

- After you register your immigration permission, you will receive an Irish Residence Permit (IRP) card.
- Your IRP card contains your permission details, including your stamp type and expiry date.
- Allow up to 15 working days for your IRP card to be issued and delivered by post.
- If you have not received your IRP card after 15 working days, submit a query to ISD Customer Service.
- Confirm your Eircode (postal address) at your registration appointment to ensure you receive your card.



## Traveling while waiting for IRP

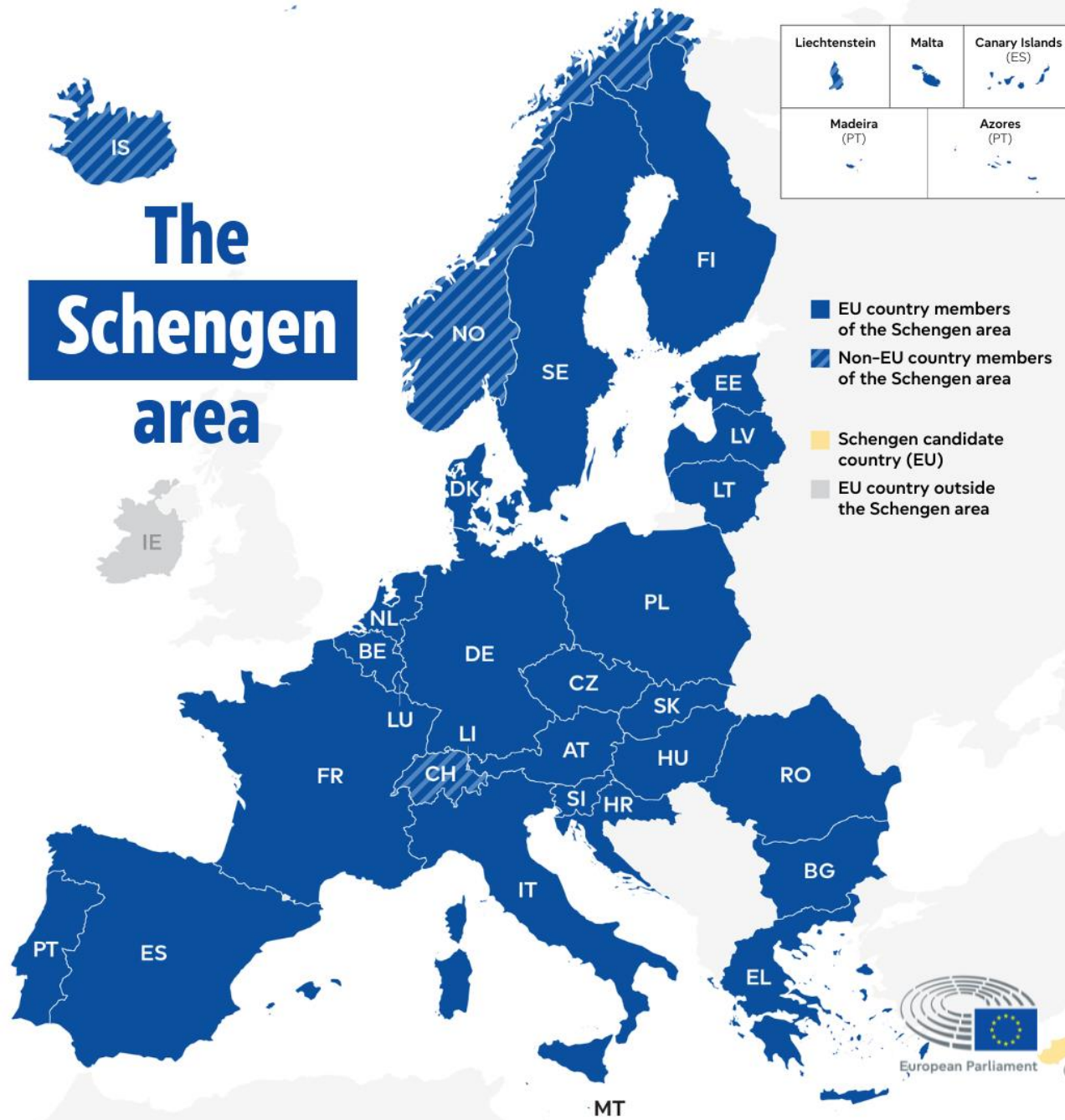
- If you **do not require an Irish visa**, you can travel to and re-enter Ireland.
- If you **require an Irish visa**, re-entry depends on whether your visa is **single-entry or multi-entry**.
- Once you **receive your IRP**, you can travel and re-enter Ireland using your valid IRP.
- **Important:** An IRP does **not** give you the right to live or travel freely in other countries.
- Before travelling, **check your destination's visa requirements** and allow enough time to apply for any required visa.



# Schengen Visa

- Ireland is NOT part of the Schengen Area
- A Schengen visa allows short-term visits (up to 90 days in any 180-day period) to countries within the Schengen Area, which includes most of continental Europe.
- For requirements, check with the Embassy you're applying to. Documents required include many of those you needed to enter Ireland, as well as your IRP card
- Further details - please check the relevant country's embassy website.

— **Book your Schengen visa appointment in advance; it is in high demand!**



# UK Visa (incl. Northern Ireland)

- Depending on your nationality and the purpose of your visit, you may either need a Visa or ETA (Electronic Travel Authorisation) to travel to UK.
- More information on what you require and all relevant visa and immigration information: <https://www.tcd.ie/study/international/arriving-in-ireland/visa-immigration/>



# Global Room Immigration Clinics

- Get answers to your immigration questions
- Tips on getting appointments
- Advice you on any immigration difficulties you may be having

Clinics about first time registration, renewals, third level graduate scheme: In person (Global Room) or on Zoom. Keep an eye on our Instagram for details.

Private meetings can be arranged too!

Email: Immigration and Support Assistant, Abdallah Hasaneen at [tcdglobalroom@tcd.ie](mailto:tcdglobalroom@tcd.ie) to set up meetings or ask any queries.

# Student Immigration Support DROP-INS & CLINICS

with the Immigration & Supports Team

## Rundown of most important immigration considerations:

Monday 14<sup>th</sup>: **12:30-1:30pm\***

Wednesday 16<sup>th</sup>: **12:00-1:00pm**

Thursday 17<sup>th</sup>: **12:00-1:00pm**

Please arrive promptly as the first half will include a presentation with all the essentials.

## Opportunity to talk 1to1 with a member of staff:

Tuesday 15<sup>th</sup>: **11:00-12:00pm**

**\*Updated time**



# 4. Working in Ireland

*What stamp you hold?*

## STAMP 2A

*Study Abroad / International Exchange*

- **Applies to one semester AND a full year**
- Duration does not change the stamp — semester-length and year-length exchange students both register under 2A
- No work rights: cannot work or engage in any business, trade or profession
- For students on Trinity's Study Abroad / Exchange programme specifically

## STAMP 2

*Regular full-time (ILEP-eligible) degree programme*

- **For students enrolled in a full degree, not an exchange**
- Applies regardless of the number of semesters, as long as it's an ILEP-eligible programme
- Work rights: up to 20 hrs/week in term time, up to 40 hrs/week during scheduled holidays
- Standard stamp for Trinity's degree-seeking international students

- **EU passport-holders:** Have the same rights to work as Irish citizens

## 5. Opening a Student Bank Account

- **Allied Irish Bank (AIB):** [www.aib.ie](http://www.aib.ie)
- **Bank of Ireland (BOI):** [www.boi.ie](http://www.boi.ie)
- **Revolut:** [www.revolut.com](http://www.revolut.com)
- **Money Jar:** <https://moneyjar.world/> (Money Jar - Student Onboarding TCD code 89610) \* (Can open before arrival and permanent Ireland address is not required)



# Bank Account Opening Requirements

Documents that may be required to open a bank account:

- Proof of address in Ireland: Letter can be obtained from Academic Registry.
- Proof of ID: Passport.
- Bank Statement from your home country
- Other documents depending on each bank and students' nationality



# Note

- Allow time for your account to become active
- If you are under 18 at the time of opening your bank account, you will need a guardian to accompany you to open a bank account
- When securing private accommodation, most letting agents and landlords will accept cash or bank draft (which you can obtain with a foreign debit card or cash in an Irish bank) for the first month's rent and security deposit, as long as you set up direct debit from an Irish account as soon as possible after opening your new bank account



# Your PPSN (Personal Public Service Number)

- **A PPSN (Personal Public Service Number) is a unique reference number in Ireland you need to access social welfare benefits, public services, and for areas like employment, tax, and healthcare.**
- PPSN applications are made online through [MyWelfare.ie](https://www.mywelfare.ie/).
  - First set up a MyGovID account.
  - Need: proof of identity, proof of address (your College registration letter); and why you need a PPS. You should add 'study/education' on your application (only note 'employment' reasons if you have a job offer you can include in your application).
    - Study/education evidence: your College registration letter and your Blackboard Timetable.
- Attend an in-person appointment at an [Intreo Centre](#) (many offices nationwide, two in Dublin city)
- If successful, your PPS number will be sent to you by post at your Irish address, usually within 2–4 weeks, but it can vary depending on demand.
- More information: <https://www.citizensinformation.ie/en/social-welfare/irish-social-welfare-system/personal-public-service-number/>

## 6. Health Insurance

EU Students should have their EHIC card.

All non-EU students are required to have private medical insurance. This should provide emergency accident cover and should cover any period of hospitalisation.

For your 1st year, can use insurance from your home country.

### Where to obtain?

- **Irish Life:** [www.irishlifehealth.ie/](http://www.irishlifehealth.ie/) (Trinity student group scheme) Scheme Number: 20932 | Scheme Name: Trinity College Dublin Non-EU Students (no wait period; no load for pre-existing conditions)
- VHI Healthcare: [www.vhi.ie](http://www.vhi.ie)
- Laya Healthcare: [www.layahealthcare.ie](http://www.layahealthcare.ie)
- Study and Protect: [www.studyandprotect.com/unilanding.aspx](http://www.studyandprotect.com/unilanding.aspx)



# Irish Life Health



## The Trinity Irish Life Health Scheme 20932

operates on a fixed policy year, running from **1 February to 31 January**, regardless of when a student's course begins or ends.

The Irish Immigration Service Delivery (ISD) is aware of this arrangement and accepts it for immigration purposes.

### Follow this link:

<https://www.irishlifehealth.ie/portal/mms/MemberMobilisations/signup/23jjASdoi4lgnHf81SSgqwrihnkn43sdnfkDnskl3K>





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# 7. Safety



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## What is SafeZone?

This Trinity App increases the security and safety of students and staff while in a Trinity location. It provides immediate access to Trinity resources to provide assistance in cases of emergencies or when an alert is raised.

## What is SafeZone used for?

SafeZone enables you to raise alerts (by pressing the emergency button on the App) or seek assistance when onsite in Trinity. Once an alert is raised, the user's location is shared with our security team who then respond. The App allows users to check-in for specific time periods and if they do not check-out within that period, an alert is automatically sent to security.

Further functionality will be delivered over the coming months, including sending Trinity notifications to our SafeZone registered students and staff.

## How do I access SafeZone?

Just download the SafeZone app from the iOS or Android App stores, enter your TCD username and password, complete the registration form and you are good to go. You can opt to check in automatically (recommended) or manually check-in when required.



**SafeZone**

A **FREE** safety App



### First Aid Call

For when you need medical assistance



### Help

For when you need non-urgent assistance



### Emergency

If you feel threatened or need urgent assistance



Download **SafeZone App** on



# Avoiding scams

## Banking Scams/Fraud:

- Avoiding financial fraud and scams
- Stay informed and alert
- If in doubt, consult: [www.fraudsmart.ie/](http://www.fraudsmart.ie/)

## Accommodation/Rental Scams:

- Consumer Protection:  
[www.ccpc.ie/consumers/housing/rental-accommodation-scams/](http://www.ccpc.ie/consumers/housing/rental-accommodation-scams/)
- Threshold: <https://threshold.ie/faq/how-to-spot-a-scam/>

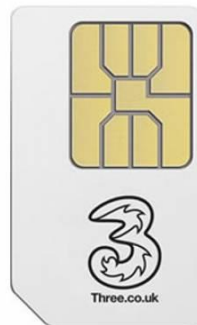
## Immigration Scams:

- [www.irishimmigration.ie/scam-calls-renewed-notification/](http://www.irishimmigration.ie/scam-calls-renewed-notification/)
- [www.internationalstudents.ie/info-and-advice/know-your-rights/scams-and-fraud](http://www.internationalstudents.ie/info-and-advice/know-your-rights/scams-and-fraud)



## 8. Mobile Phones

- Many options: Three; 48 months; Eir – Grafton St.
- Pre-pay on monthly basis
- SIM Cards from 'Three' – free from Global Room
- Available for collection Monday-Friday 9-9



# 9. Crossing cultures

- Cultural adaptation
- Tips on understanding Irish culture, language, slang, humour and accents

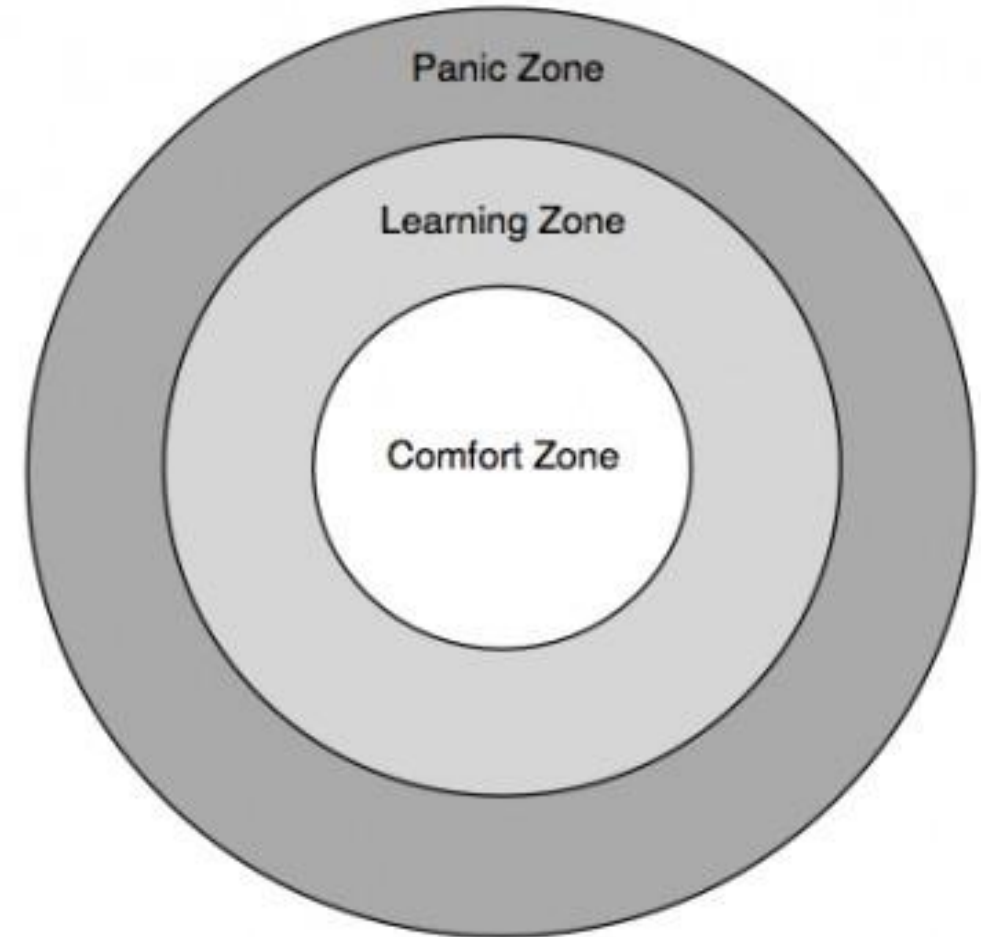


# First step... You



**Think about your cultural  
comfort zone...**

**... and that of those you interact  
with**



**“Global dexterity is about learning to adapt your behaviour across cultures – no matter what culture you come from, what culture you are going to, or the situation you find yourself in.”**

**Andy Molinsky (2013)**



# Thinking about culture...

## What is culture?

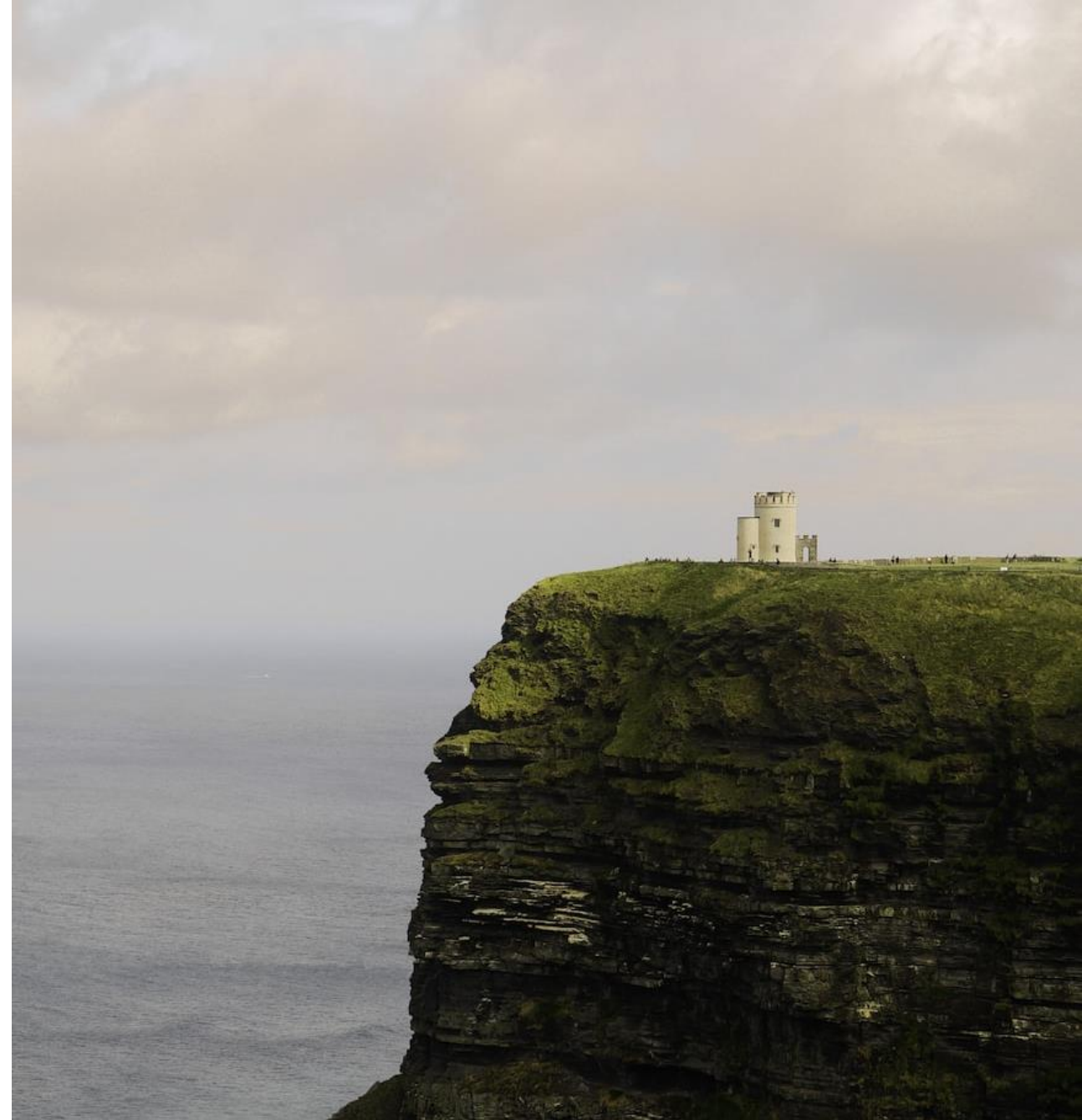


# Adapting to Irish culture



# Similarities and differences

- Expectations and first impressions
- Cultural differences in:
  - Everyday life
  - Language and communication styles
  - Slang and humour
- Differences in academic cultures
- Culture shock and homesickness



# Cultural differences in everyday life

- Greetings
- Small talk
- Punctuality
- Socialising and role of the pub in Irish culture
- Humour and slagging
- Informality even in formal situations
- Queuing
- Friendliness



# LANGUAGE & SLANG

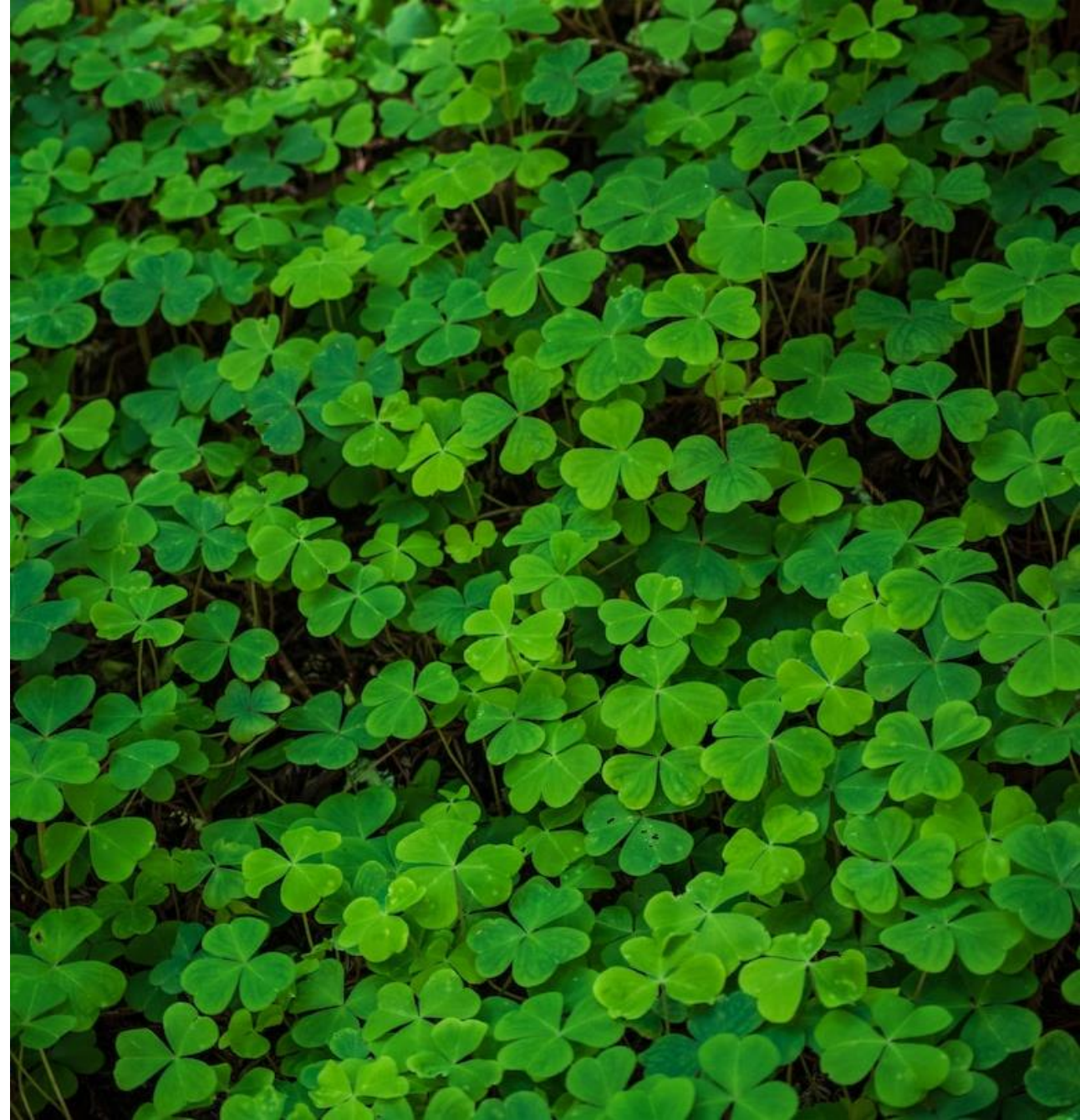
The types of thing we say...

Trinity slang

"Grand"  
"Craic"  
"Gas"  
"Howaya"  
"Fair play"  
"Yoke"  
"Not too  
bad"

# Irish language decoder

- An Lár: city centre
- An Post: post office
- Fir: "men" - often used on bathroom doors
- Mná: (pronounced muh nah) "Women" - often used on bathroom doors
- Gardaí: The Guards – the police



# TCD Jargon Buster

## Vocab:

- “College” – what we call Trinity
- Michaelmas and Hilary Terms = 1st and 2nd semester
- Classes = Modules
- Invigilator – an examination supervisor
- Provost – our College President

[www.tcd.ie/students/jargon-buster/](http://www.tcd.ie/students/jargon-buster/)



# Different ways of communicating

- Indirect language - The Irish sometimes avoid saying "No" and being direct
- Eye contact
- Swearing



Don't forget we speak  
another language in  
Ireland...

But we also have many  
regional accents...



# What to do if you are finding accents hard to understand...

## **It's ok to ask people:**

- To repeat what they said
- To slow down
- To clarify or explain new words that you are not familiar with
- It takes time to get used to new accents



# Culture shock and homesickness

- Culture Shock Curve
- Different phases of adjustment
  - From Honeymoon to "shock" - uncertainty and doubt – to adaptation
- Studying internationally pushes your boundaries
- Becoming comfortable outside your comfort zone



# Coping with change and settling in

- Talk to new friends or to Trinity staff
- Get into a routine here
- Get support from home... but not too much - live in Ireland's time zone, not the one back home
- Take care of yourself, eat well and exercise
- Take the initiative - Go out and meet Irish people - Join college clubs and societies
- Immerse yourself in Irish life - read newspapers, watch Irish TV, social media



# Goin'

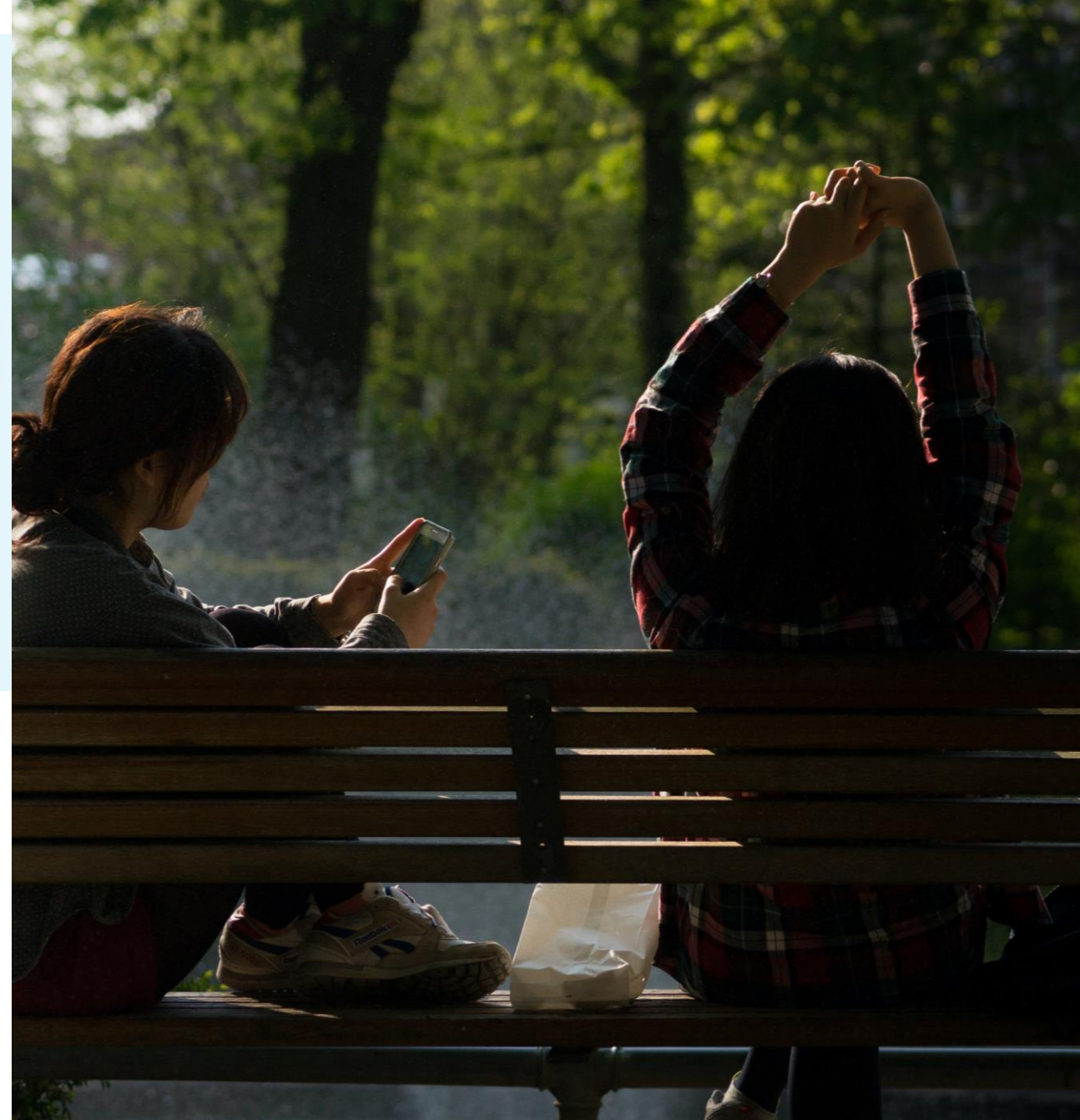
Connecting your students



Let's get goin' >

Let's keep goin' >

- Goin' to Trinity community app - Join via link
- Join and set up groups
- Meet your Trinity community



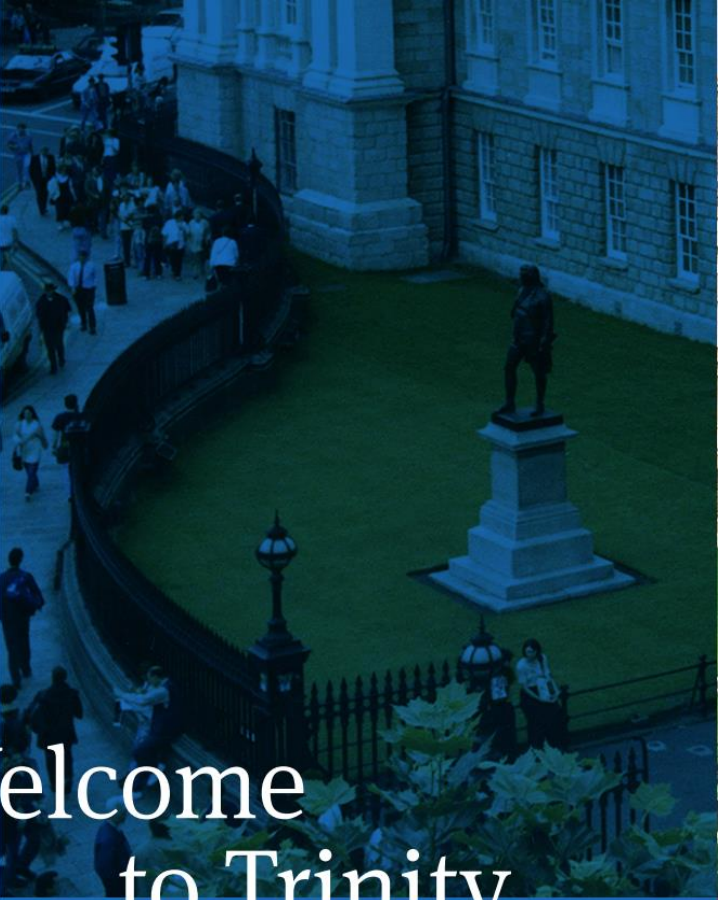
Goin App



Or follow this link:

<https://register.goinconnect.com/role-selection/94673>





# Welcome to Trinity



Trinity College Dublin  
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The University of Dublin



Start Your Journey as a Trinity Student

[www.tcd.ie/study](http://www.tcd.ie/study)



**Welcome Guide:** [www.tcd.ie/study/assets/pdfs/Welcome-To-Trinity-2026.pdf](http://www.tcd.ie/study/assets/pdfs/Welcome-To-Trinity-2026.pdf)



Trinity College Dublin  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin

Be social



@TcdGlobalRoom

Good luck with your studies and have  
a wonderful time at Trinity.

Questions?

Email: [tcdglobalroom@tcd.ie](mailto:tcdglobalroom@tcd.ie)

[www.tcd.ie/students/](http://www.tcd.ie/students/)

