Want to make the most of your student experience?

Here to help!

Administrative Support
Health and Wellbeing Support
Academic Support
Getting Involved
Financial Support

Trinity College Dublin
Supporting your student experience
Want to do better in your assignments?

Here to help!

Student Learning Development
- Writing Skills
- Presentation Skills
- Exam Skills
- Study Skills

Programme Help Centre

Maths Help Room

Disability Service
- Exam
- Accommodations
- Assistive Technology
- Occupational Therapy

Library
- Library Skills
- Plagiarism
- Research Skills
- Critical Thinking

English for Academic Purposes

Supporting your student experience
Want to keep yourself well while you're studying?

**Student Counselling**
- Mindfulness Monday
- Wellbeing Wednesday
- Support Groups
- Counselling

**Health Centre**
- GP service
- Nurses
- Physiotherapist
- Emergency Clinics

**Healthy Trinity**
- Healthy Eating
- Smarter Travel
- Sexual Health
- Healthy habits

**Sport**
- Gym
- Fitness Classes
- Personal Trainers
- Swimming Pool

**Chaplaincy**
- Christian Services
- Prayer Rooms
- Free lunch!

**Student2Student**
- Peer mentoring
- Peer support

Supporting your student experience

[www.tcd.ie/STUDENTS/SUPPORTS-SERVICES](http://www.tcd.ie/STUDENTS/SUPPORTS-SERVICES)
Want to get involved outside the classroom?

Students' Union
Sabbatical Officers
Class Reps
Campaigns

Societies
120 Societies

Clubs
50 Sports Clubs

Here to help!

Volunteering
Entreprenuership

Global Room

Supporting your student experience
Having cashflow problems?

Senior Tutor's Office
Student Assistance Funds
Benefactions Waivers

Bursaries
Here to help!
Prizes

Scholarships
Exhibitions

Students' Union
Welfare Loans

Supporting your student experience

www.tcd.ie/students/support-services
## Supports and Services in College

[http://www.tcd.ie/students/supports-services/](http://www.tcd.ie/students/supports-services/)

### Academic Support

<table>
<thead>
<tr>
<th>Service</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Library</td>
<td><a href="http://www.tcd.ie/library/">http://www.tcd.ie/library/</a></td>
</tr>
<tr>
<td>Undergraduate Programming Centre</td>
<td><a href="http://www.scss.tcd.ie/misc/psc/">http://www.scss.tcd.ie/misc/psc/</a></td>
</tr>
<tr>
<td>Language Learning Centre</td>
<td><a href="http://www.tcd.ie/slscs/clcs/llc/">http://www.tcd.ie/slscs/clcs/llc/</a></td>
</tr>
<tr>
<td>Careers Service</td>
<td><a href="http://www.tcd.ie/Careers/">http://www.tcd.ie/Careers/</a></td>
</tr>
</tbody>
</table>

### Health and Wellbeing Support

<table>
<thead>
<tr>
<th>Service</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Counselling</td>
<td><a href="http://www.tcd.ie/Student_Counselling/">http://www.tcd.ie/Student_Counselling/</a></td>
</tr>
<tr>
<td>Health Centre</td>
<td><a href="http://www.tcd.ie/collegehealth/">http://www.tcd.ie/collegehealth/</a></td>
</tr>
<tr>
<td>Sport</td>
<td><a href="http://www.tcd.ie/Sport/">http://www.tcd.ie/Sport/</a></td>
</tr>
<tr>
<td>Healthy Trinity</td>
<td><a href="http://www.tcd.ie/healthytrinity/">http://www.tcd.ie/healthytrinity/</a></td>
</tr>
<tr>
<td>Student2Student</td>
<td><a href="http://student2student.tcd.ie/">http://student2student.tcd.ie/</a></td>
</tr>
<tr>
<td>Chaplaincy</td>
<td><a href="http://www.tcd.ie/Chaplaincy/">http://www.tcd.ie/Chaplaincy/</a></td>
</tr>
</tbody>
</table>

### Getting Involved

<table>
<thead>
<tr>
<th>Service</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graduate Students’ Union</td>
<td><a href="http://www.tcdgsu.ie/">http://www.tcdgsu.ie/</a></td>
</tr>
<tr>
<td>Societies</td>
<td><a href="http://trinitysocieties.ie/">http://trinitysocieties.ie/</a></td>
</tr>
<tr>
<td>Volunteering</td>
<td><a href="http://www.tcd.ie/civicengagement/">http://www.tcd.ie/civicengagement/</a></td>
</tr>
<tr>
<td>Entrepreneurship/Tangent</td>
<td><a href="http://www.tcd.ie/tangent/">http://www.tcd.ie/tangent/</a></td>
</tr>
<tr>
<td>Global Room</td>
<td><a href="http://www.tcd.ie/study/international/trinity-life/global-room/">http://www.tcd.ie/study/international/trinity-life/global-room/</a></td>
</tr>
</tbody>
</table>

### Financial Support

<table>
<thead>
<tr>
<th>Service</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Tutor’s Office</td>
<td><a href="http://www.tcd.ie/seniortutor/students/undergraduate/financial-assistance/">http://www.tcd.ie/seniortutor/students/undergraduate/financial-assistance/</a></td>
</tr>
<tr>
<td>Bursaries/Prizes (Undergraduate)</td>
<td><a href="http://www.tcd.ie/calendar/undergraduate-studies/prizes-and-other-awards.pdf">http://www.tcd.ie/calendar/undergraduate-studies/prizes-and-other-awards.pdf</a></td>
</tr>
<tr>
<td>Bursaries/Prizes (Postgraduate)</td>
<td><a href="https://www.tcd.ie/calendar/graduate-studies-higher-degrees/complete-part-iii.pdf">https://www.tcd.ie/calendar/graduate-studies-higher-degrees/complete-part-iii.pdf</a></td>
</tr>
<tr>
<td>Scholarships</td>
<td><a href="http://www.tcd.ie/study/undergraduate/scholarships-funding/">http://www.tcd.ie/study/undergraduate/scholarships-funding/</a></td>
</tr>
</tbody>
</table>

*Remember, you can ask your Tutor for advice and guidance about anything and they will point you in the right direction*
Your Tutor
All registered full-degree undergraduate students are allocated a Tutor when starting in College. Your Tutor is a member of the academic staff who is appointed to look after the general welfare and development of all students in their care.

You should see your Tutor whenever you have a question or are worried or concerned about any aspect of College life or your personal life, in particular if it is affecting your academic work. Everything you say to your Tutor is in strict confidence. Unless you give them permission to do so, they will not give any information to anybody else, whether inside College or outside (not to your parents/family for example). Your Tutor can help you only if they know you are facing difficulties, so if you are worried about anything go and see your Tutor before things get out of hand. Whilst your Tutor may not be able to solve the underlying problem, they can help you find the best way to limit the impact of your situation on your College work. Tutors can help with academic advice, changing course, withdrawing from College, exam regulations, financial assistance and personal advice.

Postgraduate Advisory Service
The Postgraduate Advisory Service offers free, independent, and confidential support, guidance and advocacy to registered postgraduate students. They are here to provide support on any matter that may impact upon your time as a postgraduate at Trinity.

Some of the most common issues students come to PAS to discuss include: study-related stress or worry; concerns about academic progress; supervisor-relationship concerns; extensions and going off-books; queries regarding regulations and academic appeals; bullying; plagiarism and disciplinary cases, financial assistance.

Academic Registry