



Trinity College Dublin

Coláiste na Tríonóide, Baile Átha Cliath

The University of Dublin

Postgraduate Advisory Service

A very brief introduction

Nonie Gaynor

Postgraduate Student Support Officer

PAS Overview: Video



<https://youtu.be/ggzDITptv0A>

Postgraduate Advisory Service

The Postgraduate Advisory Service is a free and confidential frontline service available to all registered postgraduate students at Trinity College Dublin, the University of Dublin.

We are:

- Independent
- Non-judgmental
- Confidential
- Dedicated to enhancing your student experience



Who We Are

Based in the Senior Tutor's Office, House 27

Senior Tutor oversees the Postgraduate Advisory Service and determines policy

Postgraduate Advisory Service (PAS)
consists of 2 members of staff:

- 1. Martin McAndrew**
PG Student Support Officer
(PhD and Research)
- 2. Nonie Gaynor:**
Student Support Officer
(PG Taught Students)



What We Do

- Provide 'Frontline' Support
- First Point of Contact for Students
- Source of Support and Guidance
- Referral Service to College Support Services
- Source of Information:
 - Newsletter (6 times a year) – info on supports, events
 - Social Media - Follow us on Instagram & Twitter

@TCDPGAdvisory



Why Come To Us?

- Academic Issues
- Supervisor concerns
- Progression/ examination appeals
- Interpersonal Issues: Bullying, Harassment
- Financial Issues: Student Assistance Fund
- Advice on Support Services in College
- If you're not sure who else to contact!

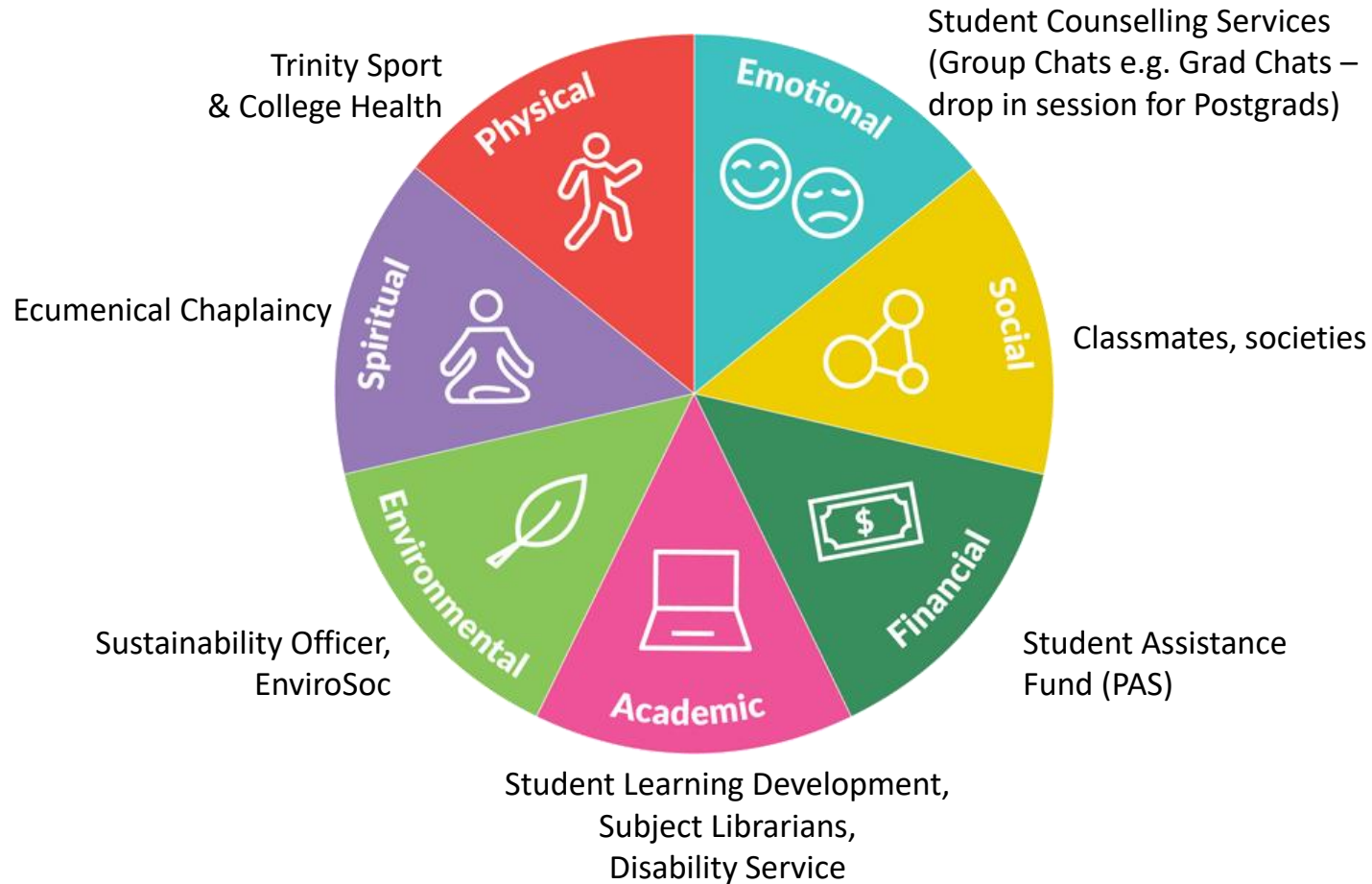


Wellbeing As a Trinity Student

- Wellbeing as a Postgrad is really important
- Types of Support you might need:
 - Academic
 - Emotional
 - Financial
- We can point you in the right direction
- Be Proactive About Your Wellbeing As A Trinity Student



Your Wellbeing as a Student: The Wheel of Life



Wellbeing Supports in Trinity

➤ Emotional

- Student Counselling: [www.tcd.ie/Student Counselling](http://www.tcd.ie/Student_Counselling)
- GradChats: run by SC & PAS every Thursday at 2pm (term time)

➤ Social

- Students' Union: <https://www.tcdsu.org>
- Clubs and Societies: www.tcd.ie/students/clubs-societies

➤ Spiritual

- Chaplaincy: www.tcd.ie/Chaplaincy

➤ Physical

- Trinity Sport: www.tcd.ie/Sport
- College Health: www.tcd.ie/collegehealth



Wellbeing Supports in Trinity

➤ Academic

- Student Learning Development (SLD)
 - <https://student-learning.tcd.ie>
 - Academic Writing Centre
 - Workshops, 1:1 appointments, Drop-ins
 - Critical Thinking, Essay Writing, Exam Preparation
- Library: www.tcd.ie/library/support/subjects
 - HITS: Helpful Information for Trinity Students
 - Understanding Plagiarism
 - Skills for Academic Success



Wellbeing Supports in Trinity

➤ Academic

- Disability Service:
 - www.tcd.ie/disability
 - Exam accommodations



➤ Financial:

- Student Assistance Fund, Postgrad Advisory Service
- Open from late October to late November 2023
- <http://www.tcd.ie/seniortutor/students/postgraduate/financial-assistance>

Postgraduate Student Assistance Fund

1. Administered by PAS and overseen by a committee
2. Funds are very limited: €100s, not €1,000s
3. Means tested
4. Application Form is ONLINE
5. Documentation Required:
 - Online form
 - Personal Statement
 - Backup documentation



Postgraduate Student Assistance Fund

6. Backup Documentation

- Statement of Liability for 2022
- 3 Most Recent Pay Slips
- 3 Months of Bank Statements
- Proof of Rent, Childcare, Travel, Utility Bills

7. Closing Date is Friday 24 November at 1pm (TBC)

8. Applications are confidential

9. More info on our website:

www.tcd.ie/seniortutor/students/postgraduate

Reminder

- **Different Types of Support:**
 - Academic: SLD, Library
 - Emotional: GradChats, Counselling
 - Financial: Student Assistance Fund
- **Be Proactive About Your Wellbeing As A Trinity Student**
- **Seek support early**



How to Get in Touch:

Postgraduate Advisory Service, House 27

Postgrad.support@tcd.ie

Taught Masters

Phd.support@tcd.ie

Research Students

Follow us: [@TCDPGAdvisory](https://www.instagram.com/TCDPGAdvisory)



www.tcd.ie/seniortutor/students/postgraduate