Student Healthcare in Northern Ireland

The National Health Service (NHS)

A UK student visa entitles you to healthcare through the NHS. Particularly since the pandemic, we recommend you register with a doctor at the start of your studies – if you need a vaccine or a dental appointment for example, it's easier if you have an NHS number. Telephone the doctor's surgery in your area to make an appointment to register and they will let you know which documents you need. You may like to bring a list of your medications when you register. Since the pandemic doctors' surgeries have moved to a phone first service, but if needed you can still get an in-person appointment. <u>Find out more about appointments and the services you can expect</u>.

List of GP practices

University Health Centre at Queens

7 University Terrace, Elmwood Ave, Belfast BT7 1NP Tel: 028 9066 4634 – A student friendly service but very busy. Dunluce is also an option for South Belfast.

Dunluce Health Centre

1 Dunluce Avenue, Lisburn Road, Belfast Tel: 028 9020 4248

Ormeau Park Surgery

281 Ormeau Road, Belfast, BT7 3GG

Tel: 028 9064 2914

Ravenbank Surgery

113 Ravenhill Road, Belfast, BT6 8DR Tel: 028 9045 7132

The Carrick Hill Medical Centre

1 Carrick Hill, Belfast, BT1 2JR (for students living in city centre)

Tel: 028 9026 8080

In an emergency

In case of emergency call 999 (ambulance, fire service and police). Accident and Emergency units are located at the Royal Victoria Hospital, Falls Road, West Belfast and at the Mater Hospital, Crumlin Road, North Belfast. <u>More on emergency services</u>. For dental emergencies either contact your dentist if you are registered with one or call: 028 2566 3510 (weekends and evenings). Another number is provided for those not registered with a dentist and who need advice: 028 9536 3926. Visit <u>emergency dental services</u> for further information.

Mental health resources

Student Counselling Service

Phone: 00353 1 896 1407 E-mail: <u>student-counselling@tcd.ie</u> <u>Student Counselling website</u> Video and phone appointments are available.

See also full list of student support services

24/7 Helplines in Northern Ireland

LIFELINE Tel: 0808 808 8000 Lifeline website

THE SAMARITANS Free call 116 123 from any phone. <u>Samaritans website</u>

Useful Links Mind your head leaflet Steps for Stress

COVID advice

<u>PUBLIC HEALTH AGENCY</u> – latest information on vaccinations etc. <u>NIDirect</u> – advice on staying well and preventing the spread of covid.