Season’s Greetings from all of us here in The KINDRED Study

Greetings from the research team at St. Patrick’s University Hospital and Trinity College Dublin. We hope you had a lovely Christmas. May 2017 bring everything you hope for.

This is the third newsletter in a series that will update you on progress with The KINDRED study. We have now recruited 25 service users with depression. All of whom have completed follow-up assessments. We send our gratitude for your contribution and time.

Did you know? The Germans made the first artificial Christmas trees out of dyed goose feathers.

The most interesting research findings from 2016 was a breakthrough article explaining the mechanisms of ketamine and how it acts in a way that was unexpected. Anaesthetic effects of ketamine were initially believed to act on depressive symptoms but it was actually found that a breakdown in ketamine activates receptors in particular pathways of the brain, leading to robust antidepressant effects. Such findings are interesting and may pave the way to new treatments for depression. Please see the link below to read more about this discovery.

http://www.vocativ.com/315678/ketamine-depression-treatment/

What is next?

The KINDRED Study will continue to run over the course of the next year. Once we have successfully followed everyone up, we will be ready to begin analysing the wealth of data you have all contributed. We will then begin to present our findings to the wider scientific community. The results of this study will hopefully help us to prevent relapse in depression.

For more information:

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For more information about this and our other studies, please visit:

https://www.tcd.ie/medicine/psychiatry/research/projects/depression-neurobiology.php

Thank you once again for your invaluable contribution to medical science.

Have a Happy 2017!!!
December Observances

- Dec 2  First Day of Chanukah
- Dec 7  Pearl Harbor Remembrance Day
- Dec 8  Muharram/Islamic New Year
- Dec 9  Last day of Chanukah
- Dec 17 Pan American Aviation Day
- Dec 17 Wright Brothers Day
- Dec 24 Christmas Eve
- Dec 25 Christmas Day
- Dec 31 New Year's Eve

WordDraw.com
Wishes you a
HAPPY HOLIDAY!

You can use this area to enter contact information such as phone number, address, website or to write a holiday message.

What I want for Christmas:

- Toys
- Clothes
- Purse
- Boots
- Doll
- Bear
- Phone
- Wallet
- Tie
- Jewelry
- Book
- Coat
- Scarf
- Gloves

PHOTO CAPTION:
Group of Santas