GAA - TILDA Partnership

On the 20th February six GAA ambassadors visited the TCD TILDA Health Assessment unit to see first-hand what participants in the study complete when they are assessed. This was to give them insight for their role promoting a series of regional talks by TILDA commencing in Longford on the 10th March. It is part of a collaboration with the GAA Community Section, more specifically the Healthy Clubs project, that will see every county in Ireland being visited by Professor Rose Anne Kenny over the next 18 months. She will deliver a talk – How to Age Well – in venues that are being organised by the County Health and Wellbeing Committees. The relevant GAA Ambassador will be there at the event. Prof. Rose Anne Kenny said: "TILDA is one of the most important research studies in Ireland which helps to better understand why bodies and brains age and how we can best ensure long and prosperous lives, for today's adults and for future generations. This unique partnership with the GAA will ensure that new research from TILDA and other international studies is quickly communicated to all age groups. As a research institution we are very excited about taking this new knowledge out to the Irish people."