

NORWAY

N OSLO01 University of Oslo



Country Information	<p>Use Duolingo to get some basic Norwegian. Most people speak English but it is nice to make an effort</p> <p>The ethnic supermarkets in areas like Grønland are the best value for groceries, as food can be very expensive</p> <p>Go to all the orientation events organised by the University, this is the best way to make friends</p> <p>Most shops are closed on Sundays</p> <p>Pack lots of warm clothes as when I was there, it snowed until March (and apparently this was an unusually warm year!)</p> <p>There is a student deal for travel on the Ruter app for the metro which is amazing value (approx. €40 a month)</p>
University Information	
Academic Advice	<p>Comparative Politics - 10ECTs</p> <p>The American Century - 10ECTs</p> <p>Censorship, information, and the digital: the production and consumption of knowledge throughout European history - 10ECTs</p>
Duration of Exchange	Semester 2
Students Pathway	TJH History and Political Science Joint Honours
Pathway Advice	Yes, I knew which of my joint honour subjects I would be choosing for my final year thesis, so I took 20ECTs in this subject and 10ECTs in the other
Sustainability Tips	<p>Most vehicles in Norway are electric, and it is a very sustainable country. I used the metro or bus pretty much every day due to the great value of the student travel pass. For second-hand items, most people use a website called 'Finn.no' or whatsapp groups are great for finding homeware stuff. There were also often second hand clothing markets on during the weekends (I recommend following 'vestkanttorvet' to see about times and locations).</p>
Overall advice - Would you recommend this exchange	<p>Absolutely! The cold weather can be tough, but the nature is absolutely beautiful and Norwegians are very outdoorsy people so if you are interested in hiking or skiing or just being outdoors it is definitely a country to consider. The cost of living is very high and this is something to be aware of before going. I found the rent and public transport to be cheaper than Dublin but food, nightlife and many other things are more expensive. You will need a lot more than the Erasmus grant.</p>
Overall experience	Rating (1 (low) to 5 (high))

Please visit our webpage for further information <https://www.tcd.ie/tjh/current-students/exchange/>

*If you would like to contact this student please email us tjh.erasmus-studyabroad@tcd.ie with their Student Number listed above and we will send you their contact details.

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Student Number *	Student ID Number 21

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