

Session 6: Assessment Strategies

Objectives for session:

- Students can name the tools they find most useful to absorb study materials.
- Students can name avoidance issues and know how they best address them.
- Students identify imposterism as an obstacle, not a reality.

Useful resources:

- Group List (see <https://s2svolunteer.tcd.ie>)
- Room Number
- [Icebreaker suggestion list](#)
- [Goal Setting Interactive Resource](#)
- [Active revision guide](#)

Ideas for activities:

Welcome

- Help group feel connected to each other and have fun with an icebreaker.

Talk Around Topics:

Reflection on the Goal Setting interactive resource

If conversation is not forthcoming use the following questions.

- How can this help with essay/revision planning?
- What are the challenges to setting realistic goals?
- How important is it to include time for rest and play?

Q&A session: upcoming assessments

- Invite questions from the group about upcoming assessments. See if others in the group can offer answers/suggestions rather than answering yourself.

Study strategies

If conversation is not forthcoming use the following questions.

- What do you find helpful when it comes to focusing on assignments/revision?
- What helps you to get a good grasp of the information you're trying to absorb?
- What are the biggest obstacles to preparing for assessments, and how do you overcome them?

Wrap-up

- Summarise discussion, including positive moments and further action
- Check-in around topics group would like to cover in next session

Please remember to fill out the [feedback form](#) after the session