

Swimming Pool timetable

17th - 23th July 2026

Friday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6				Bravehearts Camp 9.00 - 12.00				Bravehearts Camp 14.00 - 16.00								Closed 21.00- 22.00	PL = Private Lessons Floor raised to 0.75 during Baby & Toddler class Lane Swimming
Saturday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6			Opens at 9.00	Family Swim 10.00 - 12.00												Closes at 17.30 Changing facilities available until 18.00	Please note timetable may be subject to change. Please check our website before your swim. **Please view the child pool access policy on the website** Sauna and Steam room out of use during full club pool sessions Trackstart Pool may be raised to 0.8. Adult intermediate swim 18.00-19.00 Adult beginners swim 18.00-19.00 Children can only attend during casual or family swim times.
Sunday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6			Opens at 9.00	Family Swim 10.00 - 12.00												Closes at 17.30 Changing facilities available until 18.00	
Monday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6				Bravehearts Camp 9.00 - 12.00				Bravehearts Camp 14.00 - 16.00									
Tuesday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6				Bravehearts Camp 9.00 - 12.00				Bravehearts Camp 14.00 - 16.00									
Wednesday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6				Bravehearts Camp 9.00 - 12.00				Bravehearts Camp 14.00 - 16.00									
Thursday	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Lane 1 Lane 2 Lane 3 Lane 4 Lane 5 Lane 6				Bravehearts Camp 9.00 - 12.00				Bravehearts Camp 14.00 - 16.00									

Our swimming pool shallow-end floor is positioned at 0.9m until further notice.