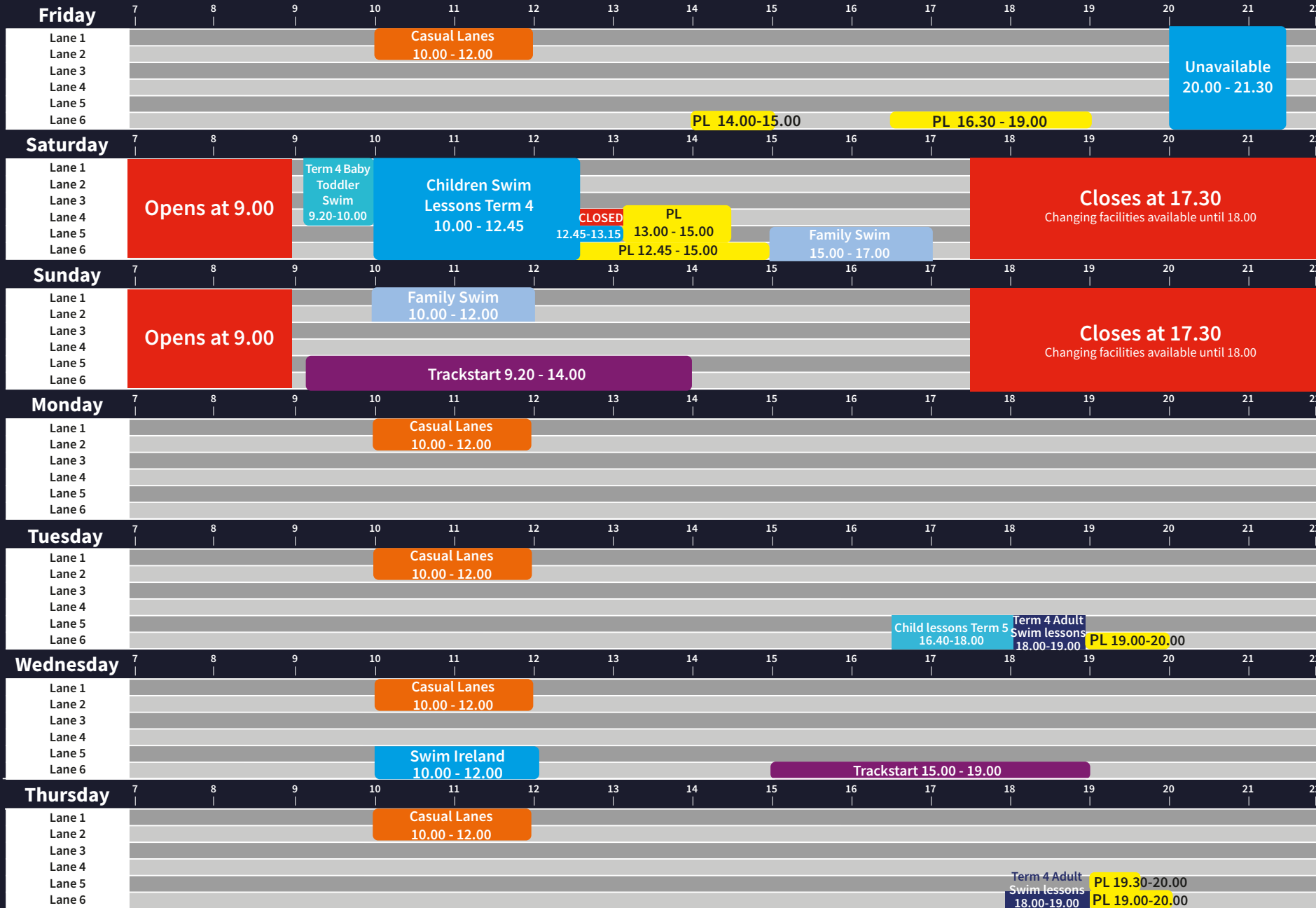


Swimming Pool timetable

22nd - 28th May 2026



- PL = Private Lessons
- Floor raised to 0.75 during Baby & Toddler class
- Lane Swimming
- Please note timetable may be subject to change. Please check our website before your swim.
- **Please view the child pool access policy on the website****
- Sauna and Steam room out of use during full club pool sessions
- Trackstart Pool may be raised to 0.8.
- Adult intermediate swim 18.00-19.00
- Adult beginners swim 18.00-19.00
- Children can only attend during casual or family swim times.

Our swimming pool shallow-end floor is positioned at 0.9m until further notice.