

SPIN STUDIO 2026

MON

TUE

WED

13:05-13:50

Studio Cycling

Spin Studio

7:15-7:45

HIIT Cycle

Spin Studio

12:05-12:50

Studio Cycling

Spin Studio

17:15-18:00

Studio Cycling

Spin Studio

18:15-19:00

Studio Cycling

Spin Studio

18:15-18:45

HIIT Cycle

Spin Studio

THU

FRI

7:15-7:45

HIIT Cycle

Spin Studio

8:15-8:45

HIIT Cycle

Spin Studio

13:15-13:45

HIIT Cycle

Spin Studio

13:15-13:45

HIIT Cycle

Spin Studio

SAT

SUN

17:15-17:45

HIIT Cycle

Spin Studio

18:15-18:45

HIIT Cycle

Spin Studio

13:15-13:45

HIIT Cycle

Spin Studio

12:15-12:45

HIIT Cycle

Spin Studio



Trinity College Dublin
Coláiste na Trionóide, Baile Átha Cliath
The University of Dublin

Trinity Sport
www.tcd.ie/sport