

Student Healthcare

Northern Ireland

Registering with a doctor (GP)

A UK student visa entitles you to use of the national health service while you are in the UK. We recommend registering with a GP practice at the start of your studies in case you need healthcare during your stay. Call the doctor's surgery in your area (see list below) to make an appointment to register and to find out which documents you need to bring. You may like to bring a list of your medications with you.

Often you will be initially offered a phone call from the doctor. Your phone will usually say 'private number' and you will not get a second call if you miss it! If the doctor decides you need to be seen in person, you will be offered an appointment in the clinic.

[More information on local GP services.](#)

Find your local GP Practice

Here are some of the main surgeries listed below, or [search by postcode](#).

University Health Centre at Queens

7 University Terrace, Elmwood Ave, Belfast BT7 1NP

Tel: 028 9066 4634 – A student friendly service but very busy.

Dunluce Health Centre – 3 GP Practices

1 Dunluce Avenue, Lisburn Road, Belfast

Dunluce Family Practice (see [leaflet for new patients](#))

Tel: 028 9020 4218

Rowan Tree Family Medical Practice

Tel: 028 9020 4216

Elmwood Medical Practice

Tel: 028 9694 1594

Ormeau Park Surgery

281 Ormeau Road, Belfast, BT7 3GG

Tel: 028 9064 2914

Carrick Hill Medical Centre

1 Carrick Hill, Belfast, BT1 2JR (for students living in city centre)

Tel: 028 9026 8080

Private Healthcare

If you have insurance which covers private healthcare in the UK and wish to access this, the main clinics in Belfast are Kingsbridge and Ulster Independent Clinic. Another option, Emerald Urgent Care Centre, Victoria Street offer same-day walk in appointments for a flat fee (£50 at the time of writing.)

In an Emergency

In case of emergency call 999 (ambulance, fire service and police). Accident and Emergency units are located at the Royal Victoria Hospital, Falls Road, West Belfast and at the Mater Hospital, Crumlin Road, North Belfast and Ulster Hospital in Dundonald, East Belfast. [More on emergency services](#). For dental emergencies either contact your dentist if you are registered with one or call: 028 2566 3510 (weekends and evenings). Visit [emergency dental services](#) for further information.

Mental Health Resources

Student Counselling Service

To book an initial SNAP (Support & Needs, Assessment & Planning) appointment visit the [Student Counselling website](#), email student-counselling@tcd.ie or phone 00353 1 896 1407. Emergency appointments are available: email the above address and provide a contact phone number and your student ID number. Please note that online counselling is available for off-campus students. See also [full list of student support services](#).

24/7 Crisis Helplines in Northern Ireland

LIFELINE Tel: 0808 808 8000

[Lifeline website](#)

THE SAMARITANS Free call 116 123 from any phone
5-7 Wellesley Avenue, off Malone Road, BT9 6DG

[Samaritans website](#)

Mental Health Advice

[Minding Yourself resources from Student Counselling](#)

[Minding Your Head local self-help resources](#)

COVID

[NIDirect](#) – for advice on staying well and preventing the spread of covid and other respiratory infections.