Module Details for GLOBAL MENTAL HEALTH

Current Record

Module Code	TBC
Module Name	GLOBAL MENTAL HEALTH
Module Short Title	
ECTS weighting	5
Semester/term taught	Hilary
Contact Hours	One semester: 11 lectures; 114 hours independent study
Module Personnel	Dr. Frédérique Vallières Dr. Alina Cosma Dr. Meg Ryan
Learning Outcomes	On successful completion of this course, students will be able to: 1. Identify and explain competing theories in defining mental health in a global context 2. Critically analyse the role of context and culture in the expression and identification of mental disorders 3. Evaluate responses to global mental health needs, in terms of the effectiveness, accessibility, and validity of Mental Health and Psychosocial Support (MHPSS) interventions 4. Evaluate responses to mental health care systems and policies at a national and international level 5. Discuss the ethical standards of research and practice with vulnerable populations and in low resource settings
Module Learning Aims	This module offers an introduction to global mental health from a critical perspective, with a particular focus on contextual constructions of mental illness, mental health programming in low resource and humanitarian settings, and for marginalised populations. The course covers global differences in definitions and incidence of psychiatric disorders, the validity and effectiveness of mental health and psychosocial support (MHPSS) interventions, and the wider role of power and inequity in shaping national mental

	health policies and international guidelines. The course draws heavily on real examples from practice and research on psychological therapy, psychosocial support, and policy.
Module Content	1. Introduction to Global Mental Health: Disorders, diagnosis and prevalence 2. Social determinants of mental health 3. Culture, context and mental health 4. Sexual and Reproductive Mental Health 5. Poverty, inequality, and war and conflict, climate related events 6. Child and adolescent mental health in emergencies 7. Theoretical Frameworks in GMH Services 8. MHPSS Programming for humanitarian contexts 9. Research and ethics for mental health 10. Mental Health System Strengthening in Humanitarian Emergencies 11. Mental health policy and development agendas
Recommended Reading List	Core text book: Patel, P., Minas, H., Cohen, A. & Prince, M. J. (2013). Global Mental Health: Principles and Practice. Oxford University Press. ISBN: 9780199920181. Lecture 1: • GBD 2019 Mental Disorders Collaborators (2022). Global, regional, and national burden of 12 mental disorders in 204 countries and territories, 1990-2019: a systematic analysis for the Global Burden of Disease Study 2019. *The Lancet Psychiatry*, 9(2), 137–150. https://doi.org/10.1016/S2215-0366(21)00395-3 • Cosgrove, L., Mills, C., Karter, J. M., Mehta, A., & Kalathil, J. (2019). A critical review of the Lancet Commission on global mental health and sustainable development: Time for a paradigm change. *Critical Public Health*, *30*(5), 624–631. https://doi.org/10.1080/09581596.2019.1667488 • **Podcast:** https://www.thisamericanlife.org/204/81-words - The story of how the American Psychiatric Association decided in 1973 that homosexuality was no longer a mental illness. Lecture 2: • Kirkbride JB, Anglin DM, Colman I, Dykxhoorn J, Jones PB, Patalay P, Pitman A, Soneson E, Steare T, Wright T, Griffiths SL. The social determinants of mental health and disorder: evidence, prevention and recommendations. *World*

Psychiatry. 2024 Feb;23(1):58-90. doi: 10.1002/wps.21160. PMID: 38214615; PMCID: PMC10786006

Lecture 3

- Gopalkrishnan N (2018) Cultural Diversity and Mental Health: Considerations for Policy and Practice. Front. Public Health 6:179. doi: 10.3389/fpubh.2018.00179
- Patel, V., Saxena, S., Lund, C., Thornicroft, G., Baingana, F., Bolton, P., ... & Unützer, J. (2018). The Lancet Commission on global mental health and sustainable development. The lancet, 392(10157), 1553-1598.
- **Podcast:** https://weillcornell.org/news/podcast-on-culturally-responsive-mental-health-care-addressing-the-needs-of-a-diverse – the impact of cultural diversity on mental health and health care.

Lecture 4

- World Health Organization, & Key Centre for Women's Health in Society. (2009). Mental health aspects of women's reproductive health: a global review of the literature.

Lecture 5

- Charlson, F., van Ommeren, M., Flaxman, A., Cornett, J., Whiteford, H. & Saxena, S. (2019). New WHO prevalence estimates of mental disorders in conflict settings: a systematic review and meta-analysis. *Lancet*, 394, 240–248.
- Hoppen, T. H., Priebe, S., Vetter, I., & others. (2021). Global burden of post-traumatic stress disorder and major depression in countries affected by war between 1989 and 2019: A systematic review and meta-analysis. *BMJ Global Health*, 6, e006303. https://doi.org/10.1136/bmjgh-2021-006303
- White, B. P., Breakey, S., Brown, M. J., Smith, J. R., Tarbet, A., Nicholas, P. K., & Ros, A. M. V. (2023). Mental Health Impacts of Climate Change Among Vulnerable Populations Globally: An Integrative Review. *Annals of Global Health*, 89(1), 66. https://doi.org/10.5334/aogh.4105

Lecture 6

- McGorry, P. D., Mei, C., Dalal, N., Alvarez-Jimenez, M., Blakemore, S. J., Browne, V., ... & Killackey, E.

(2024). The Lancet Psychiatry Commission on youth mental health. The Lancet Psychiatry, 11(9), 731-774.

- de Jong, J. T., Berckmoes, L. H., Kohrt, B. A., Song, S. J., Tol, W. A., & Reis, R. (2015). A public health approach to address the mental health burden of youth in situations of political violence and humanitarian emergencies. Current psychiatry reports, 17, 1-10.

Lecture 7

- Patallo, B. J. (2019). The multicultural guidelines in practice: Cultural humility in clinical training and supervision. Training and Education in Professional Psychology, 13(3), 227–232. https://doi.org/10.1037/tep0000253
- Depreeuw, B., Eldar, S., Conroy, K., & Hofmann, S. G. (2017). Psychotherapy approaches. International perspectives on psychotherapy, 35-67.
- Cooper, M., & McLeod, J. (2007). A pluralistic framework for counselling and psychotherapy: Implications for research. Counselling and Psychotherapy Research, 7(3), 135-143.

Lecture 8

- IASC (2007), Inter-Agency Standing Committee Guidelines on Mental Health and Psychosocial Support in Emergency Settings, IASC: Geneva. Open access
- Bangpan M, Felix L, Dickson K. Mental health and psychosocial support programmes for adults in humanitarian emergencies: a systematic review and meta-analysis in low and middle-income countries. BMJ Glob Health. 2019 Oct 1;4(5):e001484. doi: 10.1136/bmjgh-2019-001484. PMID: 31646006; PMCID: PMC6782047.
- Podcast: https://pscentre.org/news/heartbeat-of-humanity-advocating-for-mental-health-and-psychosocial-support/

Lecture 9

Lecture 10

- Patel V, Saxena S, Lund C, Kohrt B, Kieling C, Sunkel C, Kola L, Chang O, Charlson F, O'Neill K, Herrman H. Transforming mental health systems globally: principles and policy recommendations. *Lancet*. 2023 Aug 19;402(10402):656-666. doi: 10.1016/S0140-6736(23)00918-2. PMID: 37597892.
- Epping- Jordan, J. E., van Ommeren, M., Ashour, H. N., Maramis, A., Marini, A., Mohanraj, A., . . . Saxena, S.

(2015). Beyond the crisis: Building back better mental health care in 10 emergency- affected areas using a longer- term perspective. *International Journal of Mental Health Systems,* 9, 15. doi:10.1186/ s13033- 015- 0007-9

- World Health Organization (WHO). Building back better: sustainable mental health care after emergencies. WHO: Geneva, 2013. Available from: https://www.who.int/publications/i/item/9789241564571

Lecture 11

- Jenkins, R., Baingana, F., Ahmad, R., McDaid, D., & Atun, R. (2011). International and national policy challenges in mental health. Mental health in family medicine, 8(2), 101–114.
- Ireland's Vision for Change: https://www.hse.ie/eng/services/publications/mentalhealth/mental-health---a-vision-for-change.pdf
- WHO's European Framework for Action on Mental Health: https://iris.who.int/bitstream/handle/10665/352549/9789289057813-eng.pdf

Additional weekly up-to-date primary reading will be assigned for each topic by the lecturer.

Module Pre Requisite	
Module Co Requisite	
Assessment Details	In-person Examination (100%)
Module Website	
Module approval date	
Approved By	
Academic Start Year	

**Academic
Year of Data**