



Genetics of Psychological Wellbeing

Lecture & Lecturer Overview

Are some people born to be happier than others? Psychology and genetics research gives a surprisingly slippery answer. In this lecture, Dr Hadfield will explain what we know about how genes and environment predict our wellbeing, including how they shape each other across the lifetime.

Kristin Hadfield



Select Week		
1	7	12
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Date

07 October 2026