



Climate change and mental health



Kristin Hadfield

Lecture & Lecturer Overview

In this lecture, Dr Hadfield will explain how climate change affects mental health, considering both gradual climatic shifts and acute extreme events. The lecture will set out the scale of the problem and why it has drawn surprisingly little research or policy attention, especially in low- and middle-income countries, and why children and adolescents are particularly vulnerable. It will describe the psychological toll that reaches well beyond "eco-anxiety" to depression, anxiety, PTSD, and physical symptoms. Drawing on exemplar research, this lecture will consider the social and structural factors that shape (and could reduce) the impacts of climate change on mental health.



Select Week

1	7	12
2	8	13
3	9	14
4	10	15
5	11	16
6		

Date

07 October 2026