

Module Details for CHILD HEALTH AND WELLBEING

Current Record

Module Code	PSU34670
Module Name	CHILD HEALTH AND WELLBEING
Module Short Title	Child Health and Wellbeing
ECTS weighting	5
Semester/term taught	Hilary Term
Contact Hours and Indicative Student Workload	One semester: 11 lectures; 109 hours independent study.
Module Coordinator/Owner	Dr. Lorraine Swords
Learning Outcomes	<p>Learning Outcomes</p> <p>On successful completion of this module, students will be able to:</p> <ul style="list-style-type: none">• Demonstrate a comprehensive knowledge and understanding of (i) the factors that help or hinder child health and wellbeing and (ii) the ways in which these factors can influence typical developmental trajectories from childhood to adolescence.• Describe and discuss the life situations that lead to the experience of stress for children and adolescents.• Describe and discuss children's conceptualisations of wellbeing, with a particular focus on the role of autonomy in contributing to children's happiness and life satisfaction.• Describe and discuss children's developing understanding of physical and psychological health and illness and how their understanding relates to their cognitive, attitudinal or behavioural responses. <p>Across all topics students will communicate that they can understand the key information presented, critically review and analyse this information, synthesise arguments and formulate conclusions. In doing so, at all times, students should draw upon relevant psycho-social theories and</p>

research while evaluating their contribution to our understanding of child and adolescent health and wellbeing.

From a teaching point of view, what are the intentions of the lecturer?

To expose students to theoretical and applied perspectives on a selection of contemporary topics in child and adolescent health and wellbeing.

Module Learning Aims

Rationale and Aims

This module introduces students to the study of child health and wellbeing through the presentation and critical examination of some contemporary topics in the field. These topics are based around two key themes: (i) Risk and Resilience and (ii) Children's Perspectives on Health & Illness. Lectures will provide a stimulating, interactive context in which to consider theoretical, research-based and applied perspectives from psychology and related disciplines.

For whom is the module intended?

Psychology Junior & Senior Sophister SH/TSM students

How does it fit in to the academic programme?

This module provides advanced coverage of material in some of the essential aspects of the discipline of psychology and is required to be covered by the professional accreditation body, Psychological Society of Ireland.

Module Content

- Child Health and Wellbeing: Overview
- Developmental Trajectories from Childhood to Adulthood
- Variations in Child Health & Wellbeing
- Resilience
- Stress
- Autonomy
- Children's 'Health Literacy'
- Peer Relationships

Recommended Reading List

Indicative Resources

As this is an advanced research-led taught module, state-of-the-art and up-to-date journal articles from the relevant

	research literature will be made available throughout the module.
Module Pre-requisite	Cognate foundation modules.
Module Co Requisite	
Assessment Details@I-MOD-ASSM	TBC
Module Website	
Module approval date	
Approved By	
Academic Start Year	
Academic Year of Data	2020/21