

ADDING TO YOUR CPD THROUGH UNDERGRADUATE TRAINING

Dietitians must amass 30 CPD credits annually to comply with regulatory standards established by CORU. **One hour of new or enhanced learning = one CPD point.**

Below are some placement-related activities you can use to add to your CPD record.

CPD activity	Typical CPD points
• Complete online training on facilitating practice education	1-3
• Complete in-person training on facilitating practice education	4-6
• Create a timetable to reflect placement learning outcomes	0.5-1
• Organise and facilitate orientation	0.5-1
• Read training materials provided by the College	0.5-2
• Read a published article on teaching and learning	0.5-1
• Prepare a reading list for a student	0.5
• Prepare or update a tutorial for a student	1-2
• Schedule stage-appropriate activities for a student	0.5
• Supervise a student project	0.5-2
• Teach a student a skill and reflect on your teaching style	0.5-1
• Reflect on a challenging teaching moment	0.5-1
• Facilitate student reflection on a key learning moment	0.5
• Provide feedback on a critical element of practice	0.5
• Reflect on a challenging conversation with a student	0.5-1
• Assess a student in line with College guidelines	0.5-2
• Participate in and reflect on the management of underperformance	1-3
• Manage and reflect on a conversation with a distressed student	0.5-1
• Manage and reflect on a conversation with a defensive student	0.5-1
• Facilitate handover of a student	0.5
• Reflect on how you managed a student alongside your caseload	0.5-1
• Contribute to planning meetings with the College	0.5-2
• Participate in meetings with the College to share learnings	0.5-3

