



Reflective Self-Evaluation

Date ____ / ____ / ____

RSE number 1 ☐ 2 ☐ 3 ☐ 4 ☐

Week ____ of 14

List the key proficiencies (from the assessment form) on which this RSE is based.

Reflect on your application of these proficiencies in recent days, making suitably detailed reference to:

1. Situation(s) in which you demonstrated the proficiencies;
2. Your evaluation of your own performance in the situation(s) outlined;
3. Learnings from the experience; and,
4. One reliable source that grounds your suggestions for improved practice in the evidence base.



What area of your practice most needs attention at this stage of placement?

Specify 1+ learning goals for the coming days under at least one of the following domains:

- ☐ Professional autonomy and accountability
- ☐ Interpersonal and professional relationships
- ☐ Knowledge, understanding, and skills
- ☐ Communication and collaborative practice
- ☐ Provision of quality services
- ☐ Professional development

Learning goal(s) for the next 3-5 days

Supervising Dietitian: Record any additional observations on student progress.

Student signature

Supervising Dietitian signature

Print name

CORU registration number

DI _____