



Reflective Self-Evaluation

Date ____ / ____ / ____

RSE number 1 ☐ 2 ☐ 3 ☐

Week ____ of 14

List 1-3 key proficiencies (from the assessment form) on which this RSE is based.

Reflect on your application of these proficiencies in recent days, making suitably detailed reference to:

1. Situation(s) in which you demonstrated the proficiencies
2. Your evaluation of your own performance in the situation(s) outlined
3. Learnings from the experience
4. One reliable source that provides evidence for your suggestions for future practice (sources could include feedback from a supervising dietitian, clinical policy, national report, academic paper, etc.)



In devising this reflection:

I have been transparent and honest in my use of AI and GenAI.

I have clearly and appropriately acknowledged and cited any role played by AI and GenAI in this work.

I have adhered to [College policy](#) on the use of AI and GenAI.

I understand that if I present GenAI output as my own original work, I have committed plagiarism.

If you have used AI and GenAI in this work, provide details of the tools used and how they informed your RSE.

I have been **transparent, honest, and accountable** in my use of AI and GenAI in this work.

Student signature: _____

Supervising Dietitian: Record additional observations on this RSE or any other aspect of student progress.

Student signature _____

Supervising Dietitian signature _____

Print name _____

CORU registration number DI _____