Patient Case

Date 01/01/2026  Week 3 of 10

Student: who completed each step of NCPM to the specified standard? Standard specified on assessment form

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Student: write-up a patient case, incorporating feedback received on your initial effort

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**Age** 89 years  
**Gender** Female

**PmHx** Epilepsy, hypertension, osteoporosis

**SurgHx** Right THR

**SHx** Widowed, lives alone, two children living nearby, NOK is daughter YL

1. **P/C** Found unresponsive with L-sided weakness, admitted via A&E
   - Investigations: CTB on admission – right ICH confirmed. Repeat CTB today (due to reduced alertness) shows increased blood volume, oedema, and midline shift. New AFib confirmed. Apyrexic at 37.6°C
   - MDT recs: NPO and for NG feeding, as per medical team and SLT. NG placed today

2. K+ 4.4, Na+ 150, Mg2+ 0.8

3. Phenytoin, Furosemide, KCl, Augmentin, Microlax

4. BNO since admission, on IV fluids, not alert, not responsive

5. **Height** 1.52m  
   **Weight** 64.5kg (recorded on previous admission, 6/12 ago)  
   **BMI** 27.9kg/m²  
   **Weight history** No recent changes (reported by daughter)  
   **Requirements** 25kcal/kg = 1613kcal, 1.0-1.5g/kg protein = 65-97g, 30mls/kg = 1935mls

7. NPO, for NG feeding

8. **Start NG feeding** Jevity Plus HP over 12 hours. Day 1 = 30mls for 4 hours, 50mls for 4 hours, and 70mls for 4 hours. Intake 780kcals, 49g protein, and 600mls feed
   - **Monitor** Bowels, fluid balance, electrolytes ↔
   - **Liaise i staff** Medical staff re: laxatives, KCl, and monitoring bloods as feed commences
   - **Discuss feeding regimen with nursing staff**
   - **Documentation** Write regimen and medical note
   - **Review** 1/7

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**PE comments**

Prompted on what to put in each section – keep referring to NCPM checklist

Refer to HSE abbreviations list to help record relevant investigations in step 1. O₂ sats are missing but relevant here

Indicate H, L, N in biochemistry. Also indicate the direction (increasing, decreasing, or no change)

Use nursing notes for step 4. Fluid balance missing
Student: write a brief skills-based reflection on this case

1. State 1 skill that you performed especially well or that has shown improvement.
2. State 1 skill that was challenging to perform. What factors made this skill challenging to perform?

1. My familiarity with working through notes has improved. It took about 10 minutes less to work through the chart this week, compared to last week. I will keep a copy of common abbreviations in my folder to make the collection of background information more efficient.

2. I was nervous approaching the nurses to ask for information, as I could see they were very busy. I think my confidence approaching other staff needs improvement, so I’ll ensure that I have a clear list of information that I need to acquire, to help me remain succinct when speaking with other HCPs.

PE: tick to confirm that the NCPM grid on page 1 accurately reflects the contributions to this case

PE: record any additional comments on the skills or behaviour of the student during this case

Demonstrated good rapport with family - showed good empathy toward the patient’s daughter, who expressed concern about the feeding tube being withdrawn. Student appropriately recognised their limits and requested that the PE step in at this point.

Student and PE: identify 1-2 SMART actions the student should take to make progress over the next week

1. Keep the NCPM checklist and HSE abbreviations list in your folder
2. Systematically check medical, bed-end, and nursing notes. Talk to staff to address gaps in information

Student signature ___________________________ Print name ___________________________

Dietitian signature ___________________________
Print name ___________________________
CORU registration number DI______________