



Expected progression on Practice Placement B

- This guide provides an **approximate indication** of expected progression with each proficiency assessed
- It should not be the sole determinant of assigning *yes* or *no* – use all portfolio documentation to do this
- If a student is still ‘no’ by the final week that ‘yes’ is expected, a review of progress is needed
- Independently = requires minimal assistance to get the proficiency to a safe, competent, and professional standard
- With guidance = requires mild to moderate assistance to get the proficiency to a safe, competent, and professional standard

1.0 Professional autonomy and accountability	1	2	3	4	5	6	7	8	9	10
1.1 Independently accountable for their practice	Y	C	C	C	C	C	C	C	C	C
1.2 Independently punctual throughout the day	Y	C	C	C	C	C	C	C	C	C
1.3 Independently organised for their placement duties	Y	C	C	C	C	C	C	C	C	C
1.4 Independently adheres to the dress code	Y	C	C	C	C	C	C	C	C	C
1.5 Independently complies with appropriate infection prevention practices	Y	C	C	C	C	C	C	C	C	C
1.6 Independently handles sensitive data appropriately and within the limits of confidentiality	Y	Y	C	C	C	C	C	C	C	C
1.7 Independently uses workplace and personal technology appropriately	Y	C	C	C	C	C	C	C	C	C
1.8 Independently recognises the limits of their practice and seeks help appropriately	Y	Y	C	C	C	C	C	C	C	C

2.0 Interpersonal and professional relationships	1	2	3	4	5	6	7	8	9	10
2.1 Independently introduces themselves as a Student Dietitian	Y	C	C	C	C	C	C	C	C	C
2.2 Independently maintains a professional attitude at all times towards other staff	Y	Y	C	C	C	C	C	C	C	C
2.3 With guidance: Demonstrates the capacity to contribute to interdisciplinary working	N	N	N	N	Y	Y	Y	C	C	C

N = Progress, but no proficiency, expected

Y = Yes, proficiency acquired over these weeks

C = Continued proficiency



3.0 Knowledge, understanding, and skills	1	2	3	4	5	6	7	8	9	10
3.1 Independently records relevant and accurate information	N	N	N	Y	Y	Y	C	C	C	C
3.2 With guidance: records and interprets relevant biochemical tests	N	N	N	N	Y	Y	C	C	C	C
3.3 With guidance: demonstrates knowledge of medications relevant to a dietetic assessment	N	N	N	N	Y	Y	C	C	C	C
3.4 Independently records and analyses nutrition-focused physical findings	N	N	N	Y	Y	Y	C	C	C	C
3.5 Independently and appropriately takes and interprets anthropometric measures	N	N	N	Y	Y	Y	C	C	C	C
3.6 Independently calculates nutritional requirements using equations relevant to rotation	N	N	N	N	Y	Y	Y	C	C	C
3.7 Independently records suitably detailed summaries of food intake, appropriate to condition	N	N	N	N	Y	Y	Y	C	C	C
3.8 Independently interprets the macro- and micro- nutrient quality of a food summary	N	N	N	N	Y	Y	Y	C	C	C
3.9 Independently and accurately estimates calories and protein from a record of food intake	N	N	N	Y	Y	Y	C	C	C	C
3.10 Independently knows calorie and protein contents of ONS relevant to rotation	N	N	N	Y	Y	C	C	C	C	C
3.11 With guidance: recognises and manages gaps in information available	N	N	N	N	N	Y	Y	Y	C	C
3.12 With guidance: summarises and prioritises nutritional issues to be addressed in the care plan	N	N	N	N	N	Y	Y	Y	C	C
3.13 With guidance: devises and justifies evidence-based care plans	N	N	N	N	N	N	Y	Y	C	C
3.14 With guidance: conducts an evidence-based review of an existing service user	N	N	N	N	N	N	Y	Y	C	C
3.15 [Non-essential] With guidance: devises standard enteral feeding regimens	-	-	-	-	-	-	-	-	-	-

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4.0 Communication, collaborative practice, and teamworking	1	2	3	4	5	6	7	8	9	10
4.1 Independently seeks consent from a service user	Y	Y	C	C	C	C	C	C	C	C
4.2 Independently manages consent for service users with limited/no capacity to consent	Y	Y	Y	C	C	C	C	C	C	C
4.3 Independently maintains an appropriate communication style during consults	Y	Y	Y	C	C	C	C	C	C	C
4.4 With guidance: Independently evaluates readiness to change before advice-giving	N	N	N	N	Y	Y	Y	C	C	C
4.5 With guidance: uses appropriate language and resources to explain an intervention or concept	N	N	N	N	N	Y	Y	Y	C	C
4.6 With guidance: applies basic behaviour change skills and negotiates goals with a service user	N	N	N	N	N	Y	Y	Y	C	C
4.7 Independently delivers a clear and accurate presentation(s) to service users and/or carers	N	N	N	Y	Y	Y	Y	Y	Y	Y

5.0 Provision of quality services	1	2	3	4	5	6	7	8	9	10
5.1 Independently records information in an appropriate format, using appropriate terminology	N	N	N	Y	Y	Y	C	C	C	C
5.2 Independently contributes to the development and/or delivery of an initiative or audit	N	N	N	N	Y	Y	Y	Y	Y	Y
5.3 Independently completes assigned tasks within an agreed timeframe	N	N	N	Y	Y	Y	C	C	C	C

6.0 Personal and professional development	1	2	3	4	5	6	7	8	9	10
6.1 Independently completes at least one reflection log per week, unprompted	Y	Y	C	C	C	C	C	C	C	C
6.2 Independently submits placement documentation on time	Y	Y	C	C	C	C	C	C	C	C
6.3 Independently manages the impact of personal values on professional practice	Y	Y	Y	C	C	C	C	C	C	C
6.4 Independently provides evidence of incorporating feedback into their practice	Y	Y	Y	C	C	C	C	C	C	C
6.5 With guidance: identifies appropriate actions to advance their progress	N	N	Y	Y	C	C	C	C	C	C

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