



RECOVERY COACHING TRAINING

SPONSORED BY HSE SOCIAL INCLUSION/ADDICTION SERVICE DUBLIN NORTH CITY & WEST

We are delighted to invite applications for an upcoming Recovery Coaching Training programme, taking place in Trinity College Dublin.

WHAT IT IS

A structured, skills-based 3-day programme introducing the principles and practice of recovery coaching. The training will focus on empowering participants to use their lived experience of recovery to support others in early recovery, particularly within community-based services.

HOW TO APPLY

- Deadline for applications: 5pm 13th October 2025
- Interviews: 18th October 2025
- Training dates: 10 am to 4pm - 28th – 30th October
- <https://www.tcd.ie/medicine/education/postgraduate/cpd-courses/recovery-coaching-training-programme/>

WHO IT'S FOR

This training is open to people in recovery from addiction (2+ years) who are interested in developing coaching skills to support others on their recovery journey. People who are:

- In recovery from addiction for 2+ years
- Interested in developing the skills and confidence to support others in early recovery
- Committed to applying recovery coaching skills within community settings

BENEFITS

- Build confidence in recovery-focused conversations
- Learn practical coaching tools and strategies
- Strengthen peer support and community recovery networks
- Receive guidance from an experienced mentor (10+ years in recovery, working in addiction services)
- Gain valuable skills for ongoing personal and professional development

