



Healthy Trinity 2030 - Playful Provocation Game and Meitheal

Context

Healthy Trinity used the Purpose, People, Place framework of Trinity's draft strategy to trial a Playful Provocation game and Meitheal as part of its year end meeting, which was attended by over 60 partners from across Trinity in June 2025.

Flash talks from Prof. Jane Stout, Dr. David McGrath, Prof. Colin Doherty and Martina Mullin demonstrated clear institutional support for Health within Sustainability for example through the Healthy Trinity 2030 target and actions in Trinity Sustainability Strategy, through the newly established Sustainability and Health office in College Health and through a commitment from the School of Medicine to continue its longstanding academic support for Healthy Trinity.

The group discussed Healthy Trinity's reporting structures, asking if Healthy Trinity should report via Committee or Executive. No consensus was achieved but a clear need for Healthy Trinity to formally engage with EDI and Civic Engagement was agreed with further discussion recommended to decide if reporting certain topics like Sexual Health and Breastfeeding should be done by EDI to the People and Culture Committee or if all reporting should be done by Sustainability to the Environment and Sustainability Committee.

About the Game and Meitheal

- Vice Provost and Chief Academic Office Orla Sheils introduced Trinity's draft strategic plan and described the three Ps of the strategy - Purpose, People and Place.
- Five partners from across Trinity pitched one transformative idea under the P of their choosing as a playful provocation. The idea was that by pitching a specific rather than a general idea, debate, discussion, dissent and agreement would be more likely. The pitches are available in full in Appendix A. They were:

Pitch title (Trinity strategy area)	Person
1. Work and teach collaboratively (Purpose)	Sara Burke, Medicine
2. Start a cultural revolution of respect and care (People)	Michele Ryan, HR
3. Open all Areas, One Week, One Community (Place)	Kieran Lewis, Disability
4. Four-day work week through digital transformation (Place)	Clare Kelly, Psychology
5. Exercise Hour (People)	Michelle Tanner, Sport



Pic 1 L-R: Prof. Colin Doherty, Prof. Jane Stout, Dr. David McGrath and Martina Mullin introduced the session.



Pic 2: Vice Provost, Prof. Orla Sheils introduced Trinity's new strategic plan to set up the Game

- A Meitheal format was used. For each idea, a large sheet of paper was set onto a table and participants were tasked with filling each sheet by completing Pros, Cons and Alternatives to the idea pitched by each provocateur. Emphasis was placed on offering a better alternative if criticising.

Meitheal Response Analysis

A thematic analysis of the pros and cons of each initiative was conducted to determine the acceptability and feasibility of each. Full idea pitches are included in Appendix A and all responses are shown in Appendix B.

Pros

- **Very positive** responses were received for all ideas. Pros listed under Work and Teach Collaboratively included “potential benefits are so great that it’s worth actively pursuing.” Cultivate a cultural revolution of respect was called “transformative.” Open all areas was called a “Brilliant idea!” 4-day work week was a “no-brainer” and Exercise Hour received feedback of “Love this!”
- **Mental Health** benefits were raised repeatedly with responses suggesting Cultivate a cultural revolution of kindness would enable people to “thrive”, 4-day week would afford “productivity, mood boost, so many [pros]”, Exercise Hour would be “great for mental and physical health” and Open all areas would provide “a better sense of belonging”.
- **Precedents** noted for Work and teach collaboratively were Interprofessional Learning in the Faculty of Health Science and for Open all areas, a similar UCD initiative.
- **Linked benefits** arose. For example, one commenter said 4-day work week would bring “time to breathe, less health problems, time for kindness to self and others” which links to the Cultivate a cultural revolution of kindness. Work and teach collaboratively received a comment that “Sharing spaces and venues is necessary” and Exercise Hour received a comment that the “gym [is] too small for [the] student body”. These both link to Open All Areas.

Cons

- **Time** was raised as a Con under multiple areas. “Time” was printed in large writing on Work and teach collaboratively, under 4-day work week one person commented they work “de jure 4 day, de facto 5, 6, 7, 8” and on Exercise Hour a respondent stated “workload just gets pushed, time away from desk is like spans.”



Pic 3: Feedback on Sara Burke's and Michelle Tanner's pitches.



Pic 4: Feedback on Kieran Lewis's pitch.

- **University structures** was raised as a con under Work and Teach Collaboratively, Cultural Revolution of Respect and Kindness, Four Day Work Week and Exercise Hour. Issues mentioned included Trinity Structures preventing collaborative work and teaching, siloes, the importance of addressing the academic/professional divide and the need for change across all departments.
- **Culture** was raised under Working and Teaching Collaboratively, Cultural Revolution of Respect and Kindness and Exercise Hour. One participant suggested student don't want collaborative teaching, another said policies on respect and kindness already exist but aren't enforced with another asking how to make a culture of respect and kindness tangible. One person suggested participating in Exercise Hour rather than working might be seen as lazy.
- **Pragmatic considerations** were raised under Open All Areas, 4-day work week and Exercise Hour. One participant referred to the need for structures not just brainstorming, others questioned how student facing and service jobs would be managed during 4-day work week and Exercise Hours. Others raised security concerns about Open All Areas.

Alternatives

- A number of alternatives and/or ways forward were suggested. Comments included open spaces for Work and teach collaboratively, micro-credentials training for Cultivate a cultural revolution of care and respect, the Open House model for Open All Areas, extend the School of Medicine email policy for 4-day work week and staff classes for Exercise Hour. These ideas will be assessed by the Academic and Professional Leads for each action.

Discussion

A Playful Provocation Game and Meitheal were effective and energising for generating and debating ideas within the three Ps of Trinity's new strategy. The five ideas pitched were very positively received and are obvious opportunities for change to support health and sustainability. Less obvious is how to implement the changes and the usual systemic barrier were cited i.e. lack of time, university structures and culture as well as some pragmatic issues that require deliberation. Highly unusually, funding was not mentioned as a barrier to implementing any of the ideas. It's not clear why.

Next steps

Unsurprisingly, some of the people who pitched the ideas and other members of the Trinity community have already offered to support implementation of the five ideas, despite their current workloads being totally unmanageable within a 37.5 hour work week.



Pic 5: Feedback on Clare Kelly's pitch.



Pic 6: Feedback on Michele Ryan's pitch.

In academic year 2025/2026, Healthy Trinity will work with partners to examine the implementability of the five ideas under Trinity's new strategic plan by:

1. Developing a **narrative for senior management** to use in meetings to promote the five ideas and call for action under Trinity's new strategic plan to -
 - a. create time for the ideas to be implemented
 - b. change university structures to enable implementation of the ideas
 - c. change the culture of the organisation to enable the ideas
2. Establish **small working partnerships** to implement the ideas. That partnership will be task focused and as unbureaucratic as possible with **administrative support** provided by Healthy Trinity.
3. Create a **Meitheal mailing list** inviting sign up from those who wish to read occasional updates related only to the five ideas (no spam!).
4. Examine why **funding wasn't mentioned as a barrier** to implementing the ideas and identify sufficient funding sources for the ideas, as necessary.

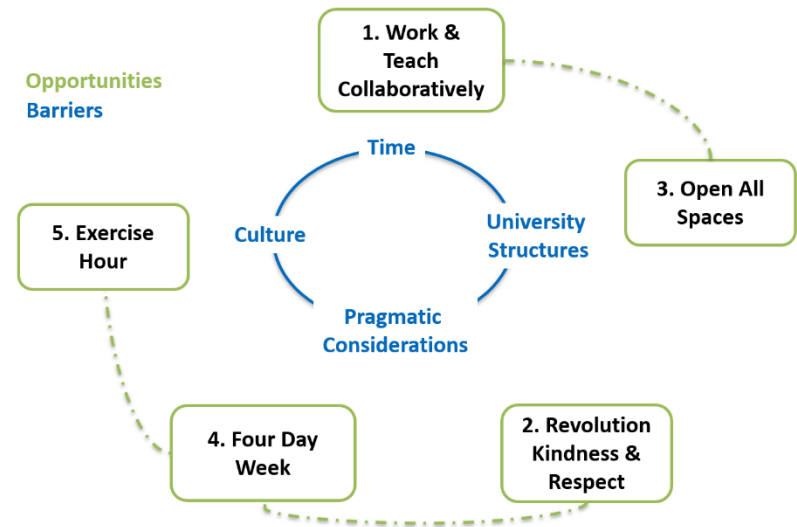


Fig 1: The five ideas are clear opportunities for health and sustainability. But ideas are cheap! Healthy Trinity will work with partners in 2025/2026 to examine if they can be implemented.

Appendix A: Playful Provocation Pitches

1. Work and Teach Collaboratively (Purpose) – Sara Burke, Medicine

In order to curb the population and planetary health crisis in which we are in the midst of right now we as a community of workers in Trinity need to collaborate, more and better.

Imagine if every person in this room, imagine if every person who works in Trinity who does anything positive for planetary and or population health worked as a coherent whole rather than individually, imagine the possibilities that we could have of impacting change for the better.

Imagine if we were to distil that collaboration, that genuine partnership working not just to our own work but to all our students, to their education, to their and our futures.

At the moment we educate students to leave College with a specific degree in a specific topic. Yet we know that combatting these tricky (impossible) issues of population and planetary health, no one person, discipline or speciality alone can do it.

Think of possibilities if we got students of ecology and engineering and science and health and geography and law and politics and economics and computer science and astro physics and psychology and social science to student together in each year of their degree, to gain the skills and knowledge needed to work collaboratively to tackle the greatest challenge of our time.

Imagine the impact we could have if we incentivized and rewarded students and staff, the whole College community for collaborating on planetary and population health.

2. Cultivate a cultural revolution of respect and care (People) – Michele Ryan, HR

The staff Commitment in the new strategy is to 'Create a thriving workplace to learn and grow and feel that we have made a contribution towards a common purpose.'

In order to Thrive - as individuals and organisations - the surrounding conditions/culture need to be supportive. We need to feel that we belong.

This isn't a soft concept, or a nice to have. Research tells us that belonging is the key to achievement.

When we feel valued and included, we are engaged, motivated and resilient. Many of us have also experienced not feeling valued and included, which can result in feelings of alienation, anxiety and disengagement.

The Harvard longitudinal study on happiness (running for over 80 years) found that the key ingredient of a happy and healthy life is the quality of our relationships.

Foundational in all relationships is Respect.

When respect is present, it is never spoken about. When it is absent it is all anyone can talk about. We know what it looks and feels like to be respected and included. A warm smile and /or a hello can change our mood positively. Many have also experienced or observed disrespectful behaviour e.g. microaggressions like eye rolling, or dismissal of ideas etc., or just being ignored. Lack of respect and care has consequences – for our relationships, productivity, innovation, creativity and wellbeing - individually and collectively.

We can all make a difference in how we show up.

So let's make a CHOICE to be INTENTIONAL about cultivating respect and care in ourselves and in our community.

As individuals – be courageous and curious

- Look in the mirror and reflect on our own behaviours, challenge our assumptions and beliefs
- Ask a trusted person to offer feedback
- When you observe disrespectful behaviour – double down on your courage and offer your observations of behaviour – respectfully. They may not be aware of their impact.

As a community –

Create opportunities for connection

Our personal wellbeing is anchored in a sense of community, and as a community post pandemic we are connecting less. When we do connect, the consistent message is how great it is to have time 'in person' and chat. How can each one of us become more intentional about creating opportunities for connection in our units/schools? It may be as simple as encouraging each other to come along to Natter and Nibbles or create lunch coffee connections.

Make it easier to speak up so that all voices are included by asking questions in meetings such as :

- What haven't we considered?
- Who can give us a different opinion?
- If this idea is a 7, what could make it a 10?

The tipping point for social & behavioural change is 25% of the population. So let's choose to be leaders in a cultural Revolution of Respect and Care

More respect, a greater sense of belonging, ...so that we all can thrive and make an even bigger impact on the world.

3: Open All Areas: One Week, One Community (Place) – Kieran Lewis, Disability

How can our physical spaces support health and sustainability - Changed culture of space usage.

Pitch: *Open All Areas: One Week, One Community*

For one week, Trinity to open up its most iconic, hidden, and everyday spaces across all campuses to all staff and students. This isn't just an open house, it's a chance for the Trinity Community to explore new spaces, connect and shape the design of our spaces.

Aims

1. User-Led Exploration |

- Spaces will be experienced, mapped, and reviewed by staff and students using sensory, access, and social audits — tapping into tools user-led audits (User-Led Accessibility Audit Tool ([ULAA-Tool](#)) and [Sensory Evaluation Tool](#)).
- The goal: understand, improve, and co-design environments that support inclusion, equity, and real student and staff needs
- Information to be shared on maps about more spaces for everyone such as TCD Sense Map and learnings from this.

2. Create Community Through Space

- This open week invites students and staff to *explore, mix, and connect* — breaking silos, crossing roles in shared space.
- From cozy corners to open lawns, informal gatherings to pop-up lectures in spaces across all campuses.

3. Designing for Well-being

- Where do staff students use and what is the experience of using them - what are the characteristics of spaces that students / staff value?
 - Drawing from best practices Trinity's own work such as TCD Sense, we highlight how biophilic design, flexibility, and sensory comfort improve mental health, academic success, and social belonging
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Ideas

- *Campus Trail*: Explore using QR codes linking to stories, functions, and student “wish-I-knew” insights.
- *Live Audits*: User-led space audits assessing access, comfort, and use and accessibility of spaces.

4. 4-day work week through digital transformation (Place) – Clare Kelly, Psychology

My challenge was to pitch an idea that will enable transformative change for health and sustainability in Trinity under the strategy goal to “Advance our digital estate in support of a dynamic and sustainable academic mission”

If you, like me, thought “what the hell is our digital estate?” – it’s our IT systems and digital assets, including research data. As the Provost has said, these systems are coming to the end of life and we have to act – a huge digital transformation is ahead of us. This transformation is not just about replacing systems, **it’s about transforming how we do our work**, so it’s actually about people – it’s a people and change management project. [These quotes from the Provost were taken from the last online update on the Strategic plan].

This is a huge opportunity to undertake that people and change management project in a way that centres people and their needs, rather than the needs of the technology, and to directly serve health and sustainability – rather than simply playing lip service to these goals and values.

So how can we do this? Almost 100 years ago, economist John Maynard Keynes proposed that economic growth and technological progress would mean that by 2030, we would all be working 15 hour weeks. Despite economic growth so rapacious that it threatens the liveability of our planet and despite what some would argue is almost magical technological progress, we spend as much time working as ever. Rather than enabling a better work-life balance, technological progress has fostered an “always on” or “always available” culture in which taking a rest has become an act of resistance and disobedience. And now, we have entered the age of generative AI – which promises untold efficiency gains and productivity growth but so far, [is the very opposite of sustainable in that it is helping to burn up the living planet and our children’s futures at an even faster rate than before.](#)

Our Provost’s headline commitment in her manifesto was to give us time back. The same promise has been made of every digital transformation project ever undertaken. Yet that time **never materialises**.

To advance transformative change for health and sustainability in Trinity, let’s buck the trend of digital progress only ever intensifying workloads and enclosing, rather than liberating time. If AI is inevitable, then let’s at least put it in the service of genuine sustainability. I propose that we make our digital transformation work for health and sustainability by using the same work transformation process to enable a move to a [4 day week.](#)

You might have heard about the 4-day working week – but let me explain very quickly what it is. It is what it sounds like – a shift from 5 working days to 4, through an overall reducing in working hours but **with no reduction in pay or benefits**. It is considered a “multi-dividend policy” that can promote human health and wellbeing, environmental/sustainability outcomes, and improved organisational performance.

[Ongoing, large-scale, trans-national trials](#) of four-day workweeks in 141 private-sector companies across Canada and the United States, Europe, Ireland and the United Kingdom, Australasia, and South Africa, involving 2,896 employees have shown significant reductions in burnout (feelings of exhaustion due to work demands), and improvements in job satisfaction, mental health, and physical health, with small to medium effect sizes. A dose-response relationship has been observed - greater reductions in hours worked predict larger improvements in subjective well-being.

In terms of environmental benefits – employees reduce the energy expended in commuting but also tend to increase low-carbon behaviours during their extra time. These low-carbon behaviours are also often activities that increase wellbeing – exercise, hobbies, volunteering, community work.

In the first trial, [56 out of 61 UK companies chose to continue](#) with the model; in Ireland, 9 out of 12 chose to continue long-term, the other 3 chose to continue though did not commit to long-term. The majority of companies reported revenue growth and increases in productivity during the trial. A second, larger trial is now ongoing. Earlier this year, it was reported that 200 UK companies had permanently adopted a 4 day week across a variety of sectors, including creative arts, engineering, recruitment, entertainment and [construction](#).

The university is an ideal setting to implement a 4 day working week – starting with professional staff but ideally including academics too, and of course applying in a modified way to students. Some in Higher Ed are already beginning to think about how it could work (see [here](#) and [here](#)). We already have very successful initiatives like the shorter working year (though note that this is for reduced pay, which differs from the 4 day week).

We are told we will already have to undergo a substantial change and transformation process as part of our digital transformation – let’s make it so that our digital estate works for people and planet, not the other way around.

5. Exercise Hour (People)

Despite the majority consensus that physical activity plays an important role for student and staff wellbeing, it is often structured as an extra curricular activity within a university setting.

With time constraints cited as the biggest barrier to participation in physical activity, Trinity lacks formal structures to encourage both staff and students to engage in physical activity during their work/academic hours.

Our proposal is a simple but impactful initiative: **making Exercise Hour a permanent, year-round feature for all staff and students across Trinity College Dublin.**

Since its launch in 2011 during Health and Sports Week, Exercise Hour has proven to be more than a wellness experiment — it's a strategic investment in our most valuable asset: our people.

What is it exactly? Exercise Hour allows Trinity staff and students to take one hour during their workweek to engage in physical activity.

The best part is that the model is sustainable. There's no financial burden to the College — it simply requires permission, planning, and a cultural nudge. The infrastructure already exists!

By mandating exercise hour as a college wide policy, we will be embedding a strong message to our college community - morale, health and a sense of community matters!

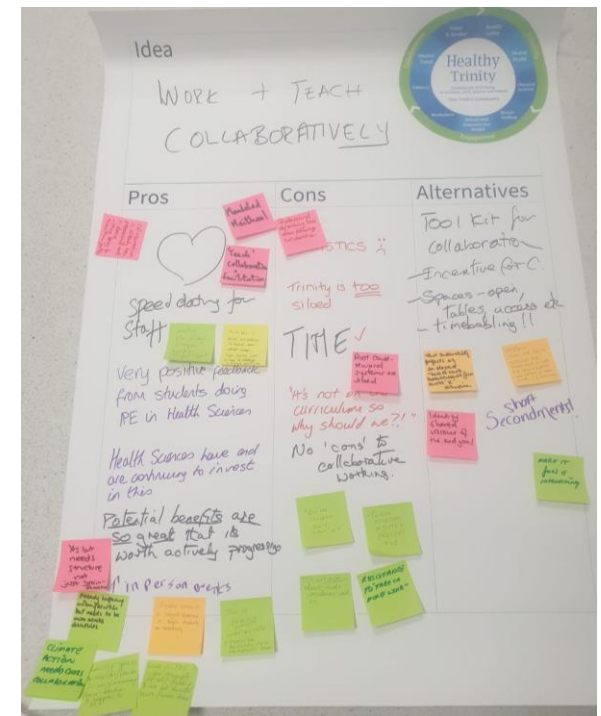
Imagine the impact we can have by making wellness a permanent pillar of life at Trinity.

Link: <https://www.tcd.ie/healthytrinity/wellbeing/ExerciseHour.php>

Appendix B: Meitheal responses

1. Work and Teach Collaboratively (Purpose) – Sara Burke, Medicine

Pros	Cons
<ul style="list-style-type: none"> • Very positive feedback from students doing IPE in Health Sciences • Health Sciences have and are continuing to invest in this • Speed dating for staff • Potential benefits are so great that its worth actively progressing • Climate action needs collaboration • Already happening within faculties but needs to be more across disciplines • Collaboration is already how professional work is done. There may be more than you think • Teach collaboration and facilitation • Mandated Meitheal • Meeting like-minded colleagues and leveraging TCD knowledge and abilities • An amazing initiative but would need huge backing from college to infiltrate and provide opportunity • Increase in-person events • Already seeing it as subject library in topics students are attending • Sharing spaces and venues is necessary • TBS is an example of self-funding 	<ul style="list-style-type: none"> • Time • Logistics • Trinity is too siloed • Professional reporting lines often discourage collaboration • Not on the curriculum, why should we • Yes, but needs structure not just brainstorm • No cons to collaborative working • Trinity structures actively prevent this • TBS will not share their wisdom with us • Resistance to take on more work • But the students don't want it



Pic 7: Feedback on Sara Burke's pitch

Alternatives

- Timetabling
- Spaces, open tables access etc.
- Tool kit for collaboration, Incentive
- Short secondments
- Have sustainability projects as an elective across 'X' disciplines
- Introduce credits into degree curriculum from other disciplines

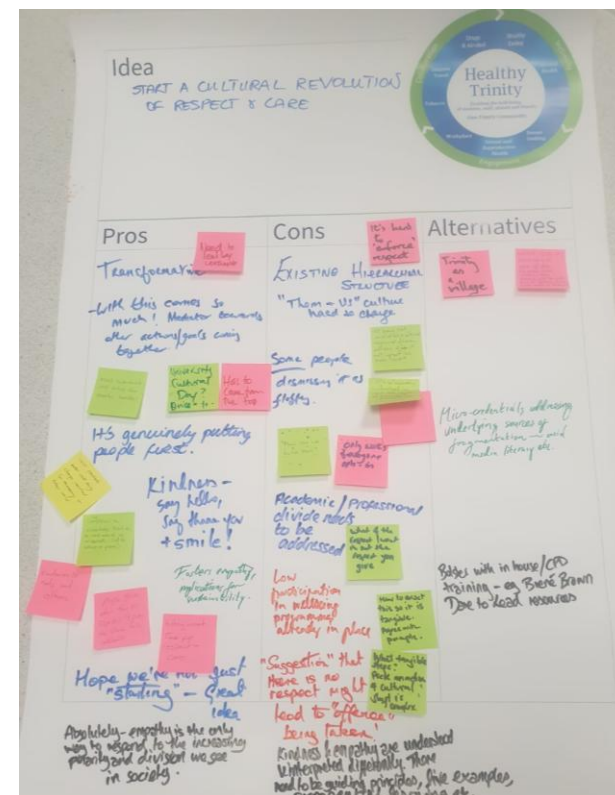
2. Cultivate a Cultural Revolution of Respect and Care (People) – Michele Ryan, HR

Pros

- Transformative
- With this comes so much. Mediator towards other action/goals coming together
- Most important core value for mental health
- University Cultural Day once a yr
- Absolutely empathy, only way to respond to increasing polarity and division in society
- It's genuinely putting people first
- Kindness, say hello, say thank you and smile
- Fosters empathy implications for sustainability
- Would facilitate better wellbeing change mindset so necessary in today's world
- Campaign to acknowledge this as it not around on stairwell, not be looking at phones
- Kindness to self and others
- People Thrive when they are respected and given the chance to be authentic
- 4-day week time for respect and care
- Hope we're not just starting 'great idea'

Cons

- Existing hierarchical structure, 'them v us' culture must change
- Some people dismiss it as fluffy
- It's hard to enforce respect
- We may not receive the desired response from offices, and it will upset us even more
- It's already included in our hr code of conduct handbook
- Only work if everyone opts in
- How can we build that
- Academic/ professional divide needs to be addressed
- what if the respect learnt is not the respect you give
- Low participation in wellbeing programmes already in place
- suggestion that there is no respect might lead to offence being taken
- Kindness and empathy are understood and interpreted differently. There need to be guiding principles like examples experiential learning etc.
- How to enact this so it is tangible, agree with principle
- What tangible steps? Pick an action and cultural shift is complex



Pic 8: Feedback on Michel Ryan's pitch

Alternatives

- Trinity is a village
- Initiatives (posters etc.) encouraging to speak up, shift focus speaking about positive aspects of relations
- Micro-credentials addressing underlying sources of fragmentation of social media literacy etc.
- Bolster with in house / CPD training

3. Open All Areas, One Week, One Community (Place) – Kieran Lewis, Disability

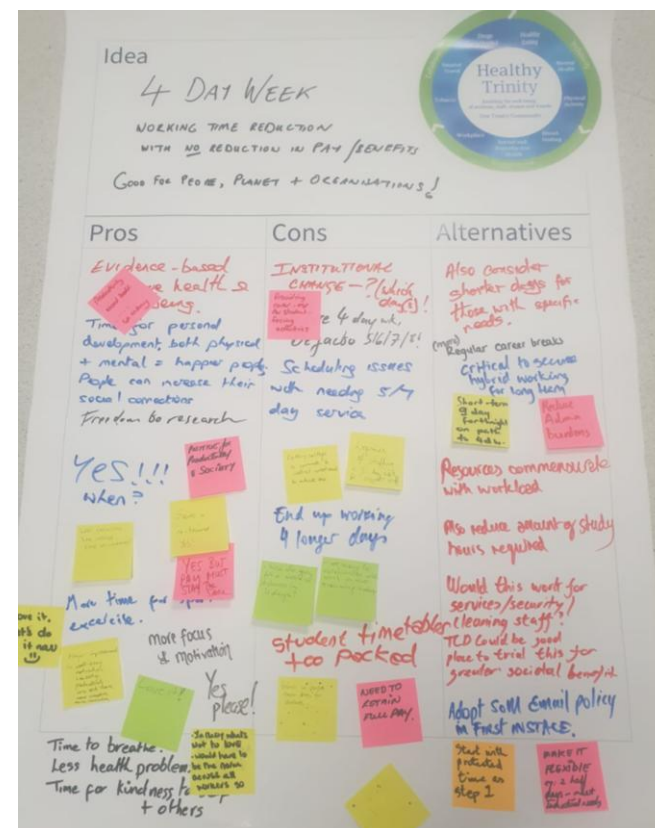
Pros	Cons
<ul style="list-style-type: none"> Love this idea Feel more included, sense of unity Greater collaboration and inclusion Love it, working in St James so would appreciate chance to explore campus Someone who is fully booked with will never get to see fully so make it 1 full day where all staff Expand to all campus e.g. James, Tallaght etc. Embodied experience, valuable Makes the most of energy being used in those buildings (energy efficiency) People generally only know their own areas UCD do open days for communities Love it, where are the pool tables Fall in love with our hidden gems Brilliant idea! Better able to foster community and be more resourceful/ productive, less silos Great for new staff Better sense of belonging Needs resources, great idea 	<ul style="list-style-type: none"> 1 weekday does not embed openness Very large campus Expo for staff showed very little interest. This may be the source in practice Only 1 week? Might exclude some Security and considerations access limitations Energy/ GHG emission with lighting and heating 24/7
<div> <div> <h4>Alternatives</h4> <ul style="list-style-type: none"> Use the open house model Happy hour for afternoon every term or month Bring someone on a guided tour Instead of 1 week where it all happens a mobility where different areas open at different times e.g. copy Erasmus process every week allow some host and others visit make it a regular event maybe merge culture week should do similar for access needs </div> </div>	



Pic 9: Feedback on Kieran Lewis's pitch

4. 4-day work week through digital transformation (Place) - Clare Kelly, Psychology

Pros	Cons
<ul style="list-style-type: none"> Evidenced based improve health and wellbeing Time for personal development both physical and mental= happier people People can increase their social connections Freedom to research Productivity, mood boost, so many Less emissions, less wasted, time on commute Positive productivity and society Seams a no-brainer, yes! Love it, let's do it now more focus and motivation Yes please Major improvement in wellbeing, motivation, healthy, productivity, less sick leave, more creative, more innovative Time to breathe, less health problems, time for kindness to self and others Time to breathe, less health problems, time for kindness to self and others In theory what's not to love, would have to be the norm across all workers so you don't feel judged for taking it 	<ul style="list-style-type: none"> Institutional change, which days? Providing cover for student facing activities De jure 4-day week, De Facto... 5,6,7,8 Scheduling issues with needing 5/7-day service Getting college to commit to initial investment to initiate this Logistics of staffing a 5-day week for student support staff End up working 4 longer days how do you fit a week of lectures in 4 days We may be overburdened with work on the remaining 4 days Student timetables too packed Need to retain full pay



Pic 10: Feedback on Clare Kelly's pitch

Alternatives

- Also consider shorter days for those with specific needs
- More regular career breaks
- Critical to secure hybrid working for long term
- Short term 1 day fortnight on path to 4-day wk.
- Reduce admin burdens
- Also reduce amount of study hours required
- Would this work for services security cleaning staff?
- TCD could be good place to trial this for greater societal benefit
- Adopt some email policy in first instance
- Make it flexible e.g. 2 half days meet individual needs

5. Exercise Hour (People) – Michelle Tanner, Sport

Pros

- Inclusive of all staff
- Productivity, engagement, mood boost
- Established already in H and S week
- Increased alertness, productivity, less absenteeism
- Great for mental and physical health
- health and wellbeing ++
- Social aspect, likely to + participation and persistence
- Reduces health inequality and provides an opportunity for people to exercise who otherwise cant outside of work
- Inclusive of all fitness levels
- Would help pace your day, accomplish something other than work before you get home
- Brilliant idea
- Lead by example
- Love this, would motivate me and improve overall wellbeing and productivity
- makes you feel good and proud of yourself
- Aim for 1 hr per wk. for staff, structured classes

Cons

- to be seen as a lazy one if the colleague next door is not doing it
- you will have to hire medical staff to treat all the injuries
- will there be cleaning facilities available afterwards
- gym too small for student body
- weather :(
- workload just gets pushed, time away from desk is like spansks
- obstacle would be to making sure all depts and areas in college adopt to practice. Make it a policy
- structure, clarification on what it is, what counts into it
- why only 1 hour, 20 ins x 3, finish long meeting to enable early
- How will service areas manage this
- where does the workload go during this time. Time also for mindful eating
- Ensure service continuity



Pic 11: Feedback on Michelle Tanner's pitch

Alternatives

- 10-minute movement breaks between classes
- Walk to / from work
- Social sport, how do people turn up for each other
- Give all staff 1 x free class / week in sport
- Increase venues for exercise
- Indoor activities/ tracks/ trails through certain buildings
- Provide free outdoor classes e.g. Zumba
- Walking meetings
- Integrate with sustainable travel
- Pop-up workshops that come to diff departments of college
- Yes, but should be for all levels of fitness and ability
- Infrastructural change provision of standing desks

Appendix C – Photos



Prof. Catherine Darker (left) and Lena Doherty (right) gave the concluding remarks. Martina Mullin (centre) convened the session.



Healthy Trinity Ambassadors Sanskriti Gautam and Faress Ararat supported registration and organisation and gave feedback on ideas



A birds eye view of the session

Trinity
Sustainability
Strategy has three
targets:

1. Net Zero emissions by 2040
2. Nature positive by 2030
3. Healthy Trinity by 2030

Email:
health.promotion@tcd.ie

Web: tcd.ie/healthytrinity

