



Sustainable Campus Food Plan- Working Group Actions

Aim of Group

To implement Trinity Sustainability and Healthy Trinity Strategy actions (below) related to food.

Trinity Sustainability Actions

3.4.4 Reduce GHG emissions associated with food production and waste in all catering facilities by 50% by 2030.

3.4.4a Liaise with the carbon footprinting working group to support data gathering to assess emissions relating to food and catering, set targets for GHG reductions and reporting.

3.4.4b Support healthy diets to reduce GHG emissions i.e. fresh, local and reduced sugar options.

3.4.4c Review portion size in relation to food waste.

3.4.4d Reduce food waste by signing up to a food waste app i.e. 2Good2Go or Olio.

3.4.5 Increase plant-based menus by 50% by 2030

3.4.5a Investigate the Plant-First Campus approach.

3.4.5b Develop a plant-based menu plan to increase the diversity of options

3.4.5c Train and upskill catering staff to deliver plant-based menus

3.4.5d Incentivise plant-based menus by running Meat Free Mondays and Meat Free Weeks

3.4.6 Create a more sustainable and healthy food culture which supports system wide change.

3.4.6a Develop a Sustainable Campus Food Plan to support sustainability and promote healthy diets

3.4.6b Monitor and evaluate the impact of the University's Sustainable Campus Food Plan

3.5.6 Ensure the University takes a holistic approach to sustainability through the 'Healthy Planet, Healthy People' approach

3.5.6a Support Healthy Trinity's vision of the University as a 'health enhancing' university, including promoting healthy diets (see Action 3.4.6)

3.5.6b Review institutional practices to support healthy habits (including reducing consumption of alcohol, tobacco, ultra-processed food)

3.5.6c Increase capacity within the Healthy Trinity team to deliver nine action areas. To include events.

3.5.6d Establish a Commercial Determinants of Health Lab in Trinity College Dublin with the aim of teaching, researching and communicating the intersections between a healthy planet and a healthy population.