

Postgraduate Research Lifecycle

I feel I belong

I learn & grow

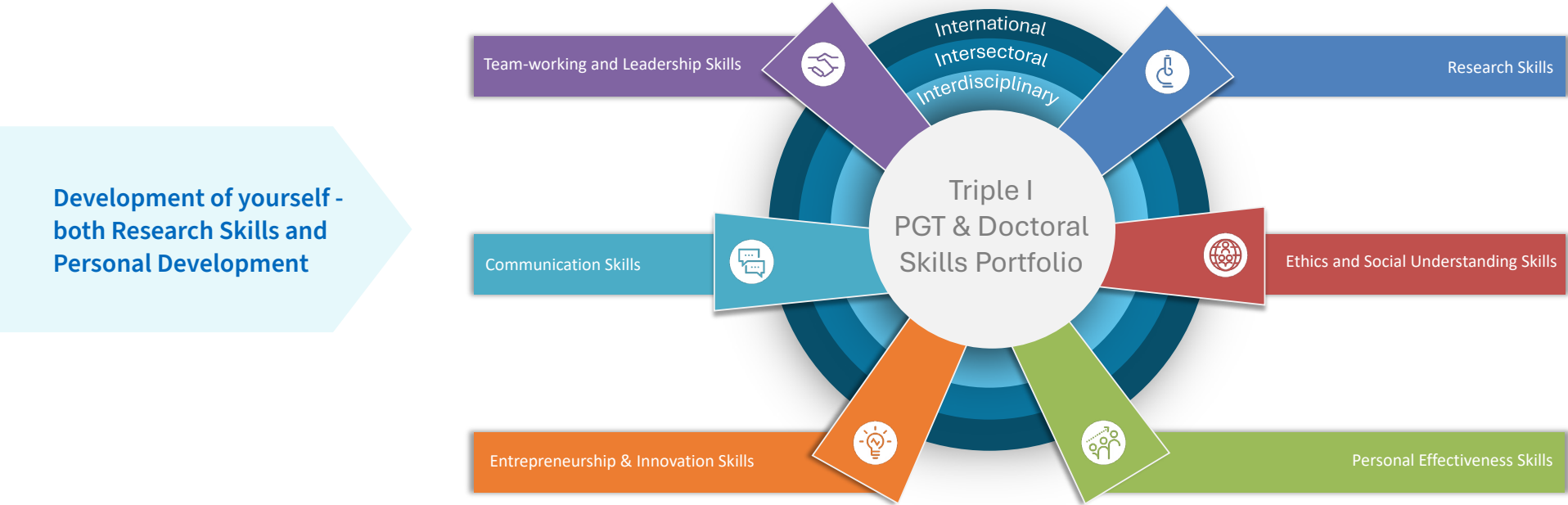
I contribute

I graduate

I have impact & stay in touch

GOAL ➤	Become part of the Trinity community, begin your research and novel discovery. Take structured modules.	Demonstrate progress and capability to continue doctoral research.	Build momentum in research; gather and examine research; deepen contribution to the field.	Complete and defend thesis; obtain formal approval to graduate.	Celebrate achievement; transition to postdoctoral life or other career and stay connected.
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START POINT	Arrival at Trinity	Successful Annual Review	Successful Confirmation	Final Annual Registration	Registration for Graduation
➤ Actions to be taken by the Student	Attend College Orientation and your local induction <u>Read Research Student Handbook</u> <a href="#">🔗</a> Arrive at research base <u>Read Policy on Good Research Practice</u> <a href="#">🔗</a> Meet supervisor and peers <u>Establish Supervisor-Research Student Agreement</u> <a href="#">🔗</a> Understand structured PhD requirements Identify training needs Plan professional development <u>Explore available Supports</u> <a href="#">🔗</a> Consider clubs and societies	Continue engagement in research activities Engage in professional development opportunities Ensure that your research is progressing Confirm the feasibility of your research plan Maintain social network Review personal career goals and plan Address feedback and try again if not successful at Confirmation interview.	Conduct core research and data analysis Attend regular supervision meetings <u>Complete Personal Development Plan</u> <a href="#">🔗</a>	Attend regular supervision meetings Write up of thesis Consult with Supervisor on their nomination of an examiner Finalise and format thesis Prepare and practice for Viva Voce	Graduate formally Publish dissertation (if applicable) Enter job market or postdoc Join alumni network and mentor others Continue with @tcd.ie email account
➤ College Requirements to be undertaken by the student	Enrol in CA7000 Research Integrity and Impact in an Open Scholarship Era Training mandatory module (5 ECTS) Enrol in additional Modules to reach a minimum of 10 ECTS Attend regular supervision meetings Choose Thesis Committee with supervisor Check if ethical approval is required and apply if necessary Complete and submit annual review	Complete modules to reach a minimum of 10 ECTS. Attend regular supervision meetings Prepare for Confirmation interview Submit form for Confirmation process.	Complete annual review and progression Attend regular supervision meetings	Attend regular supervision meetings <u>Inform School of intention to submit</u> <a href="#">🔗</a> Upload thesis submission Defend in Viva Voce Address revisions and receive Council approval	Register for Graduation ceremony Graduate formally
➤ Development of your Research	Develop thesis schedule Create data management plan Explore school/faculty research groups <u>Link into people of interest and ask for a meeting</u> <a href="#">🔗</a> <u>Join a TCD Research Support group</u> <a href="#">🔗</a>	Conduct literature review and develop methodology Consider and begin to develop strategies to engage with your research audience Engage in initial data collection or pilot study Apply for funding to support your research such as the Trinity Travel Award Consider presenting on your work so far at school seminars Develop leadership and team working skills by getting involved in activities such as organising conferences, seminars etc.	Discuss and disseminate your findings with your research audience <u>Build your network - Consider presenting at a conference on your methodology</u> <a href="#">🔗</a> <u>Build subject expertise</u> <a href="#">🔗</a>	Continue research activities Consider and prepare for the social impact of your research Access support for specific issues Maintain social network Engage in professional opportunities <u>Establish subject leadership</u> <a href="#">🔗</a> <u>Present at conference</u> <a href="#">🔗</a> Consider joining professional groups related to your research	Use of Trinity Library Reader card for five years to support further research



END POINT	Successful Annual Review	Successful Confirmation	Successful Final Annual Review	Council Approval of Higher Degree	
➤ Touchpoints	Orientation Postgraduate Advisory Service Supervisor welcome meeting Student intranet or portal Thesis Committee	Supervisor meetings Progress tracking Careers Service Professional networks (LinkedIn, ResearchGate) Confirmation Panel	Academic conferences Research seminars Peer collaborations Careers Service Thesis Committee	Thesis submission systems Examination office Supervisor and internal examiner Graduation Office Careers Service	Career services Alumni relations Professional networks (LinkedIn, ResearchGate) Professional associations
➤ Challenges	Adjusting to academic expectations Imposter syndrome Navigating administrative processes Building a social network Establishing work-life balance: 30 days annual leave	Meeting milestone deadlines Managing critical feedback Balancing independence with support needs	Research fatigue or stagnation Funding pressures Sustaining motivation over the long haul	Managing feedback and corrections Scheduling defence (Viva-Voce) Final bureaucratic and formatting requirements	Navigating job search or postdoc competition Maintaining academic connections
➤ Additional Trinity College Supports	<u>Research Student Handbook</u> <a href="#">🔗</a> <u>ToR for Thesis Committees</u> <a href="#">🔗</a> <u>Student Life Website</u> <a href="#">🔗</a> <u>Academic Registry</u> <a href="#">🔗</a> <u>Graduate Studies Office Website</u> <a href="#">🔗</a>	<u>Careers Service</u> <a href="#">🔗</a> <u>Postgraduate Advisory Service</u> <a href="#">🔗</a> <u>Write Here, Write Now</u> <a href="#">🔗</a>	<u>Student Counselling Service</u> <a href="#">🔗</a> <u>Student Learning Development</u> <a href="#">🔗</a> <u>College Health Service</u> <a href="#">🔗</a>	<u>PhD-Viva-Guide</u> <a href="#">🔗</a> <u>Trinity Certificate of Teaching Contributions</u> <a href="#">🔗</a>	<u>Careers Service</u> <a href="#">🔗</a> <u>Trinity Development and Alumni</u> <a href="#">🔗</a>



## Catalogue of ways to build your IUA Doctoral Skills

# Research Skills

Training's Title	Website URL Link
Researching your Literature Review	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Defining Your Research Question	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Academic Research Foundations: Quantitative	<a href="https://www.linkedin.com/learning/spss-for-academic-research/">https://www.linkedin.com/learning/spss-for-academic-research/</a>
Researching your Literature Review	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Defining Your Research Question	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Smart Searching 1: Finding Full Text	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Smart Searching 2: Searching for Topics Using Databases	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Information Literacy	<a href="https://www.linkedin.com/learning/information-literacy/">https://www.linkedin.com/learning/information-literacy/</a>
EndNote Essential Training	<a href="https://www.linkedin.com/learning/endnote-essential-training/">https://www.linkedin.com/learning/endnote-essential-training/</a>
SPSS for Academic Research	<a href="https://www.linkedin.com/learning/spss-for-academic-research/">https://www.linkedin.com/learning/spss-for-academic-research/</a>
CA7000 Research Integrity and Impact in an Open Scholarship Era Training	<a href="https://www.tcd.ie/dataprotection/training/">https://www.tcd.ie/dataprotection/training/</a>
FAIR Data Management	<a href="https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php">https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php</a>
Researching your Literature Review	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Smart Searching 1: Finding Full Text	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Smart Searching 2: Searching for Topics Using Databases	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Bespoke 1 to 1 sessions on request from SFI funded researchers	<a href="https://www.tcd.ie/library/support/research.php#:~:text=Science%20Foundation%20Ireland%20Research%20Support%20Librarian">https://www.tcd.ie/library/support/research.php#:~:text=Science%20Foundation%20Ireland%20Research%20Support%20Librarian</a>
Various trainings and workshops re different grants	<a href="https://www.tcd.ie/research/rdo/trainingssessions.php">https://www.tcd.ie/research/rdo/trainingssessions.php</a>
Planning and Managing Your Research Process Module for PhD students - Self-Management and Self-Care Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Procrastination & Concentration	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Planning and Managing Your Research Process Module for PhD students - Academic Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
Understanding Plagiarism and the Art of Referencing	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Introduction to Research IT Systems	<a href="https://www.tchpc.tcd.ie/2023/02/13/training-courses.html">https://www.tchpc.tcd.ie/2023/02/13/training-courses.html</a>
Introduction to Bash Shell Scripting	<a href="https://www.tchpc.tcd.ie/2023/02/13/training-courses.html">https://www.tchpc.tcd.ie/2023/02/13/training-courses.html</a>
Introduction to Social Media	<a href="https://www.tcd.ie/communications/what-we-do-/social-media/">https://www.tcd.ie/communications/what-we-do-/social-media/</a>





Catalogue of ways to build your IUA Doctoral Skills

# Ethics and Social Understanding Skills

Training's Title	Website URL Link
Research Impact Masterclass	<a href="https://nursing-midwifery.tcd.ie/research/impact/seminars-and-workshops/index.php">https://nursing-midwifery.tcd.ie/research/impact/seminars-and-workshops/index.php</a>
Your Research Impact	<a href="https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php">https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php</a>
Understanding Plagiarism and the Art of Referencing	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Academic Integrity - Referencing & Plagiarism	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
CA7000 Research Integrity and Impact in an Open Scholarship Era Training	<a href="https://www.tcd.ie/dataprotection/training/">https://www.tcd.ie/dataprotection/training/</a>
Epigeum Research Integrity Training	<a href="https://www.tcd.ie/research/support/epigeum.php">https://www.tcd.ie/research/support/epigeum.php</a>
Let's talk about race in the higher education sector	<a href="https://www.tcd.ie/equality/training/student-training/">https://www.tcd.ie/equality/training/student-training/</a>
Planning and Managing Your Research Process Module for PhD students - Interpersonal and Leadership Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Creating a Culture for Strategic Innovation	<a href="https://www.tcd.ie/tangent/programmes/shortcourses/creating-culture-for-strategic-innovation/">https://www.tcd.ie/tangent/programmes/shortcourses/creating-culture-for-strategic-innovation/</a>
Let's Talk About Race in the Higher Education Sector - Online Training module	<a href="https://trinitycollegedublin.learnupon.com/dashboard">https://trinitycollegedublin.learnupon.com/dashboard</a>
Unconscious Bias	<a href="https://lil.tcd.ie/">https://lil.tcd.ie/</a>
Epigeum Research Integrity Training	<a href="https://www.tcd.ie/research/support/epigeum.php">https://www.tcd.ie/research/support/epigeum.php</a>





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# Personal Effectiveness Skills

Training's Title	Website URL Link
Building an argument in essays	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Critical Thinking in your Writing	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Introduction to Reading, Thinking & Writing Critically	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Reading & Notemaking	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Planning and Managing Your Research Process Module for PhD students - Academic Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Research Metrics & Evaluation	<a href="https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php">https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php</a>
Planning and Managing Your Research Process Module for PhD students - Self-Management and Self-Care Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
CA7000 Research Integrity and Impact in an Open Scholarship Era Training	<a href="https://www.tcd.ie/dataprotection/training/">https://www.tcd.ie/dataprotection/training/</a>
Data Protection Training	<a href="https://www.tcd.ie/itservices/kb/vle/overview-GDPRtraining.php">https://www.tcd.ie/itservices/kb/vle/overview-GDPRtraining.php</a>
FAIR Data Management	<a href="https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php">https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php</a>
Introduction to Academic Writing	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Building an argument in essays	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Science Writing & Reports	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Writing Introductions & Conclusions	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Writing Sentences & Paragraphs	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Planning and Managing Your Research Process Module for PhD students - Academic Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
3 Minute Thesis Training	<a href="https://www.tcd.ie/students/events/3-minute-thesis.php">https://www.tcd.ie/students/events/3-minute-thesis.php</a>
Multiple trainings available	<a href="https://www.tcd.ie/safetyoffice/safety-training/">https://www.tcd.ie/safetyoffice/safety-training/</a>
Planning and Managing Your Research Process Module for PhD students - Self-Management and Self-Care Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>





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# Team-working and Leadership Skills

Training's Title	Website URL Link
Planning and Managing Your Research Process Module for PhD students - Interpersonal and Leadership Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Planning and Managing Your Research Process Module for PhD students - Interpersonal and Leadership Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
Planning and Managing Your Research Process Module for PhD students - Interpersonal and Leadership Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Planning and Managing Your Research Process Module for PhD students - Interpersonal and Leadership Skills	<a href="https://student-learning.tcd.ie/services/index_pmrc.php">https://student-learning.tcd.ie/services/index_pmrc.php</a>
Teaching & Supporting Learning as a Graduate Teaching Assistant	<a href="https://www.tcd.ie/academicpractice/professional-development/graduate-teaching/">https://www.tcd.ie/academicpractice/professional-development/graduate-teaching/</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
Doctorate Research Support Groups	<a href="https://student-learning.tcd.ie/postgraduate/researchgroup/">https://student-learning.tcd.ie/postgraduate/researchgroup/</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
Planning and Managing Your Research Process Module for PhD students - Interpersonal and Leadership Skills	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Creating a Culture for Strategic Innovation	<a href="https://www.tcd.ie/tangent/programmes/shortcourses/creating-culture-for-strategic-innovation/">https://www.tcd.ie/tangent/programmes/shortcourses/creating-culture-for-strategic-innovation/</a>





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# Communication Skills

Training's Title	Website URL Link
Effective writing: Grammar & Punctuation	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Essay Writing	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Introduction to Academic Writing	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Public Speaking with Adrian Langan	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Presentation Skills	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Presentation Skills for Research	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Open Access Publishing	<a href="https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php">https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php</a>
Publishing and Promoting your Research	<a href="https://www.tcd.ie/library/support/skills-training.php">https://www.tcd.ie/library/support/skills-training.php</a>
Publishing and Disseminating Your Research	<a href="https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php">https://www.tcd.ie/hr/hr-for-researchers/recordings/research-master-classes-recordings.php</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
Skills for Success	<a href="https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php">https://www.tcd.ie/students/orientation/postgraduates/skills-for-success.php</a>
Customized trainings for individual classes, requested by tutor	
Presentation Skills	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
Presentation Skills for Research	<a href="https://student-learning.tcd.ie/workshops/links/">https://student-learning.tcd.ie/workshops/links/</a>
3 Minute Thesis Training	<a href="https://www.tcd.ie/students/events/3-minute-thesis.php">https://www.tcd.ie/students/events/3-minute-thesis.php</a>
	<a href="https://www.tcd.ie/academicpractice/professional-development/graduate-teaching/">https://www.tcd.ie/academicpractice/professional-development/graduate-teaching/</a>





Catalogue of ways to build your IUA Doctoral Skills

# Entrepreneurship & Innovation Skills



## Training's Title

## Website URL Link

Portal Masterclasses

<https://www.tcd.ie/portal/>

Portal

