

Developed for the Trinity-INC Student Partner Programme in partnership with students from the Trinity Centre for People with Intellectual Disabilities (TCPID)

'Feeling like a welcomed and valued member of the community.'

'Being included means being part of a group.'

'Choice and control over decisions that affect me.'

'Being together with people from different counties/places.'

What does inclusion mean to me?

'Going to the Buttery, meeting up with friends.'

'Understanding you are a person like everyone else.'

'Feeling like you are heard.'

'Taking the time to listen to others in order to understand their needs/experiences'

