Disability Service Pre-Orientation

Information for Parents and Guardians

Trinity disAbility Hub

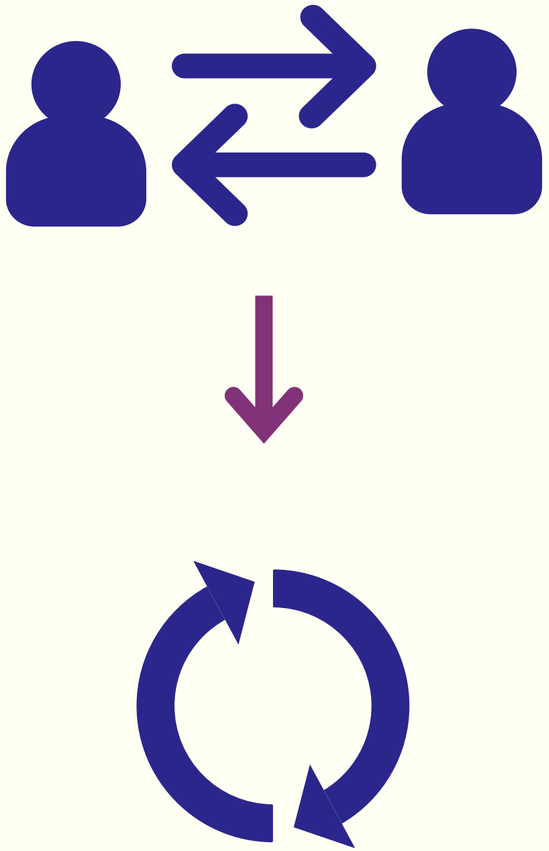
Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

What will I cover?

- What is the Disability Service.
- Supports that the student can receive.
- Your new role as the parent of a disabled student now attending 3rd level education.
- Ways for parents to support the student.
- Tips for academic success.
- Other support systems in college.

Trinity's Disabled Ethos

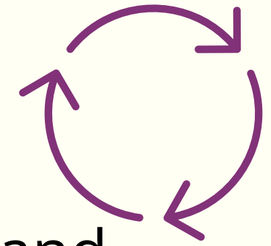
The ethos of the Trinity College Dublin Disability Service is to move from a transactional model of provision, where students are passive recipients of support to a transformational and sustainable model of disability support, where students take an active part in developing essential life skills and planning their educational journey.



Transactional

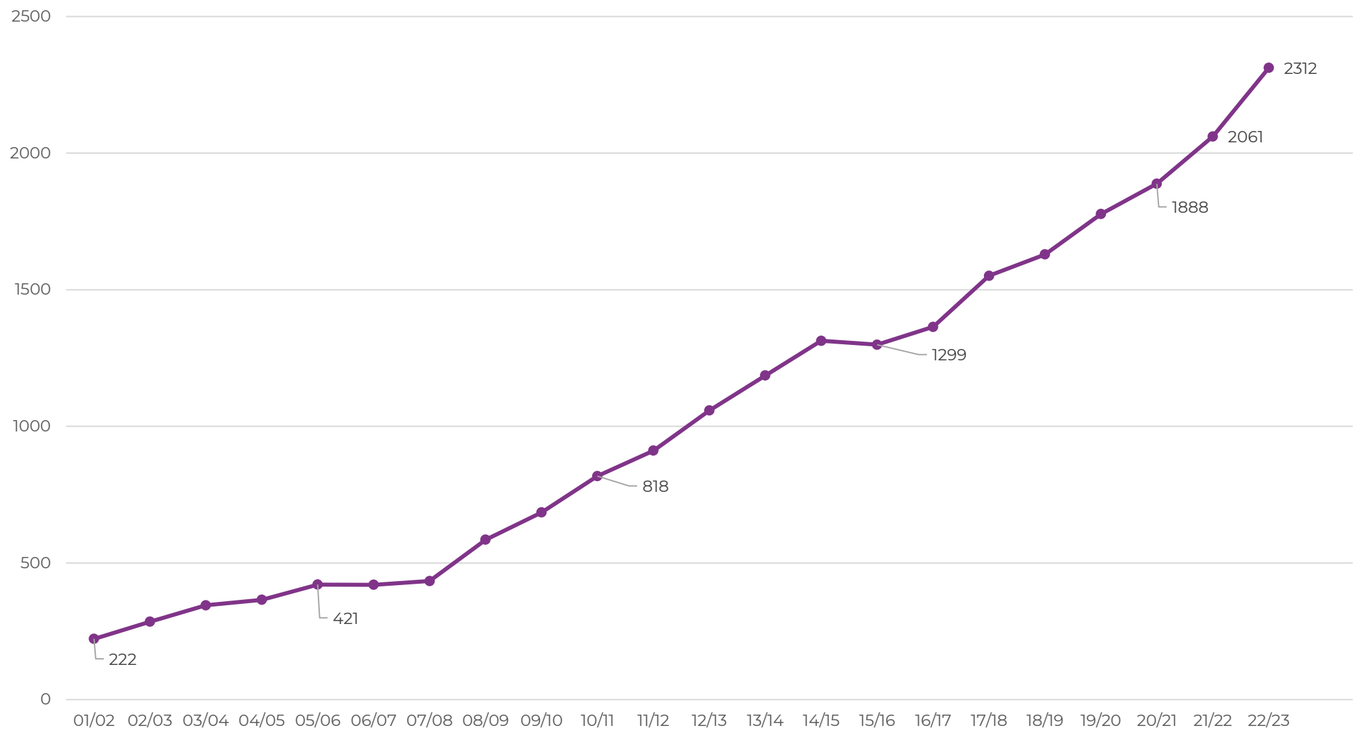
- Responsive.
- Supports are directed for you.
- Views the classroom as a hierarchy where the teacher (or lecturer) is in control and tells the student how to learn.
- Focus on student compliance.

Transformational



- Proactive.
- Allows students to direct and change their own supports.
- Focus on the individual learning styles and personalises the learning experience, allowing students to discover their own learning style.
- Focus on encouraging the student to see the value in their work and in themselves.

Cumulative Record of completed student applications 2001/02 to 2022/23



The number of students applying for Disability Service support has increased consistently over the service's lifespan, from 222 in 2001/02 to 2312 in 2022/23

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Disabled Students – Trinity College Dublin

Description	No.
Total Number of Disabled Students that have applied for Disability Service support	2312
Total Number of Full Time Undergraduate Disabled Students that have applied for Disability Service support	2036
Total Number of Full Time Postgraduate Disabled Students that have applied for Disability Service support	213
Total Number of Foundation Level Disabled Students that have applied for Disability Service support	18
Total Number of Part Time Undergraduate Disabled Students that have applied for Disability Service support	6
Total Number of Part Time Postgraduate Disabled Students that have applied for Disability Service support	45
Total Number of Mature Disabled Students that have applied for Disability Service support	122
Total number of International Disabled Students that have applied for Disability Service support	276

10.8% of total student population

13.6% of Undergrad students

4.1% of Postgrad students

2.3% of Mature Students

3.8% of International Students

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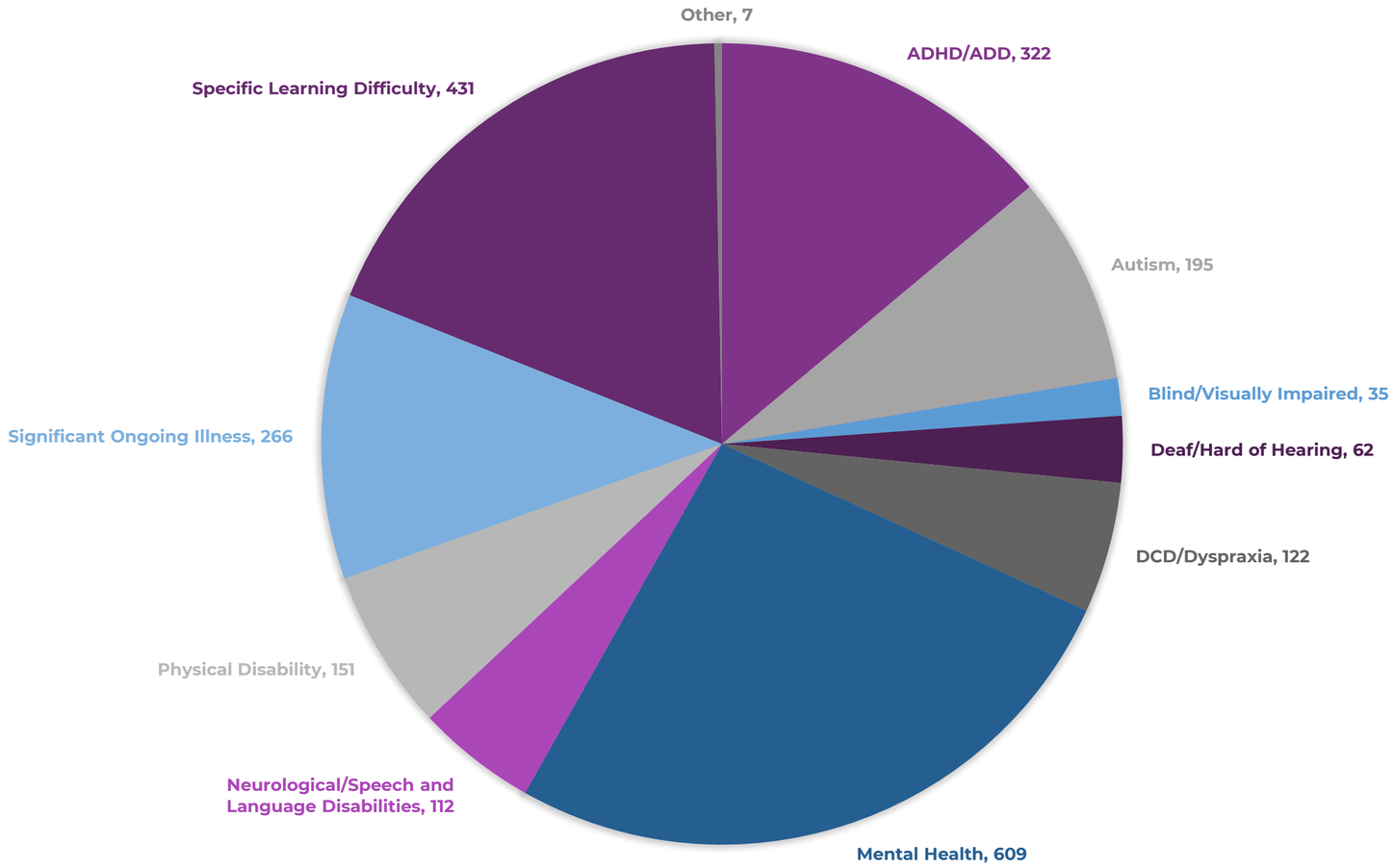
Total Number of Disabled Students by Primary Disability



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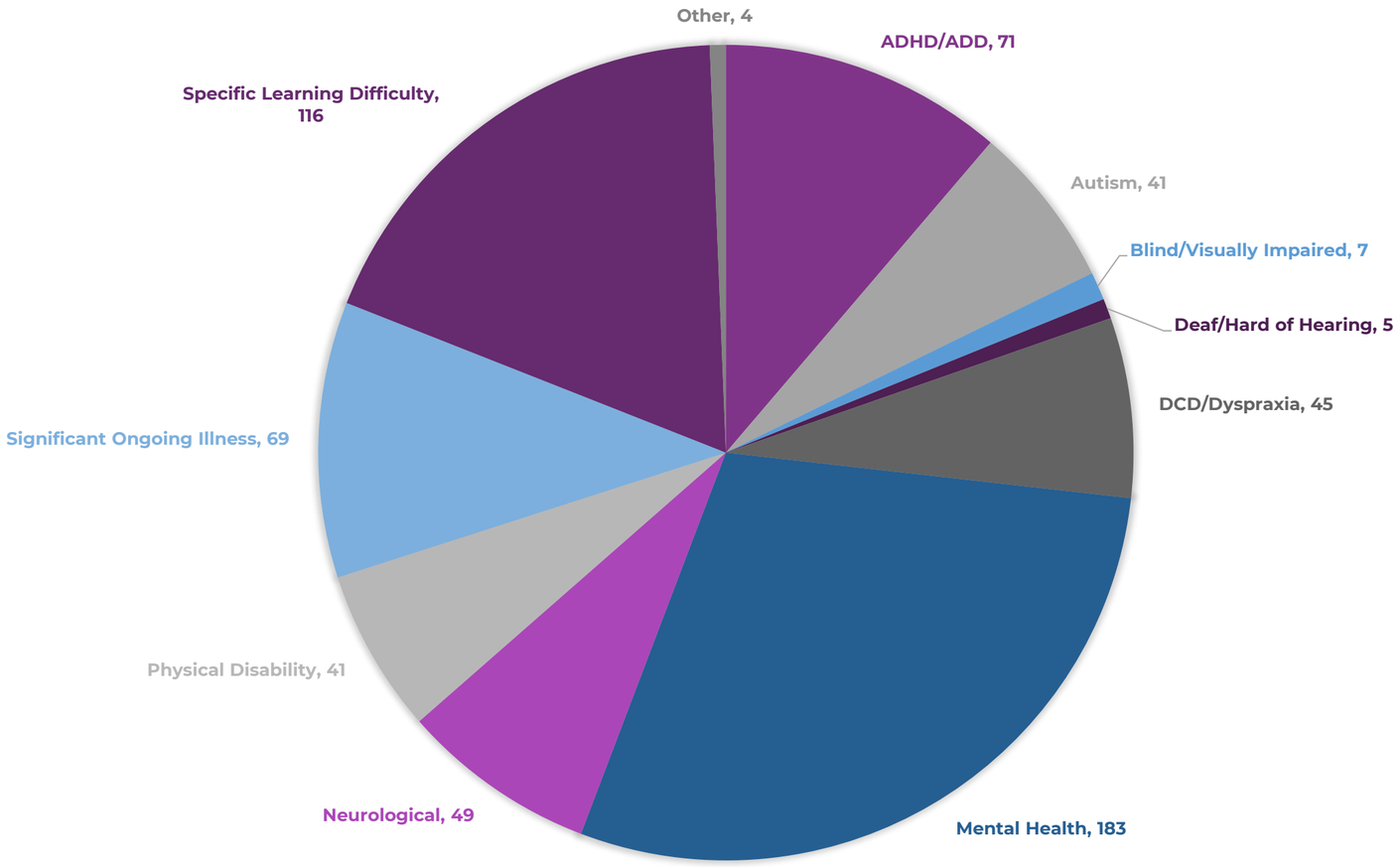
Total Number of Disabled Students by Additional Disabilities



27.3% of all Disabled Students disclosed more than 1 Disability

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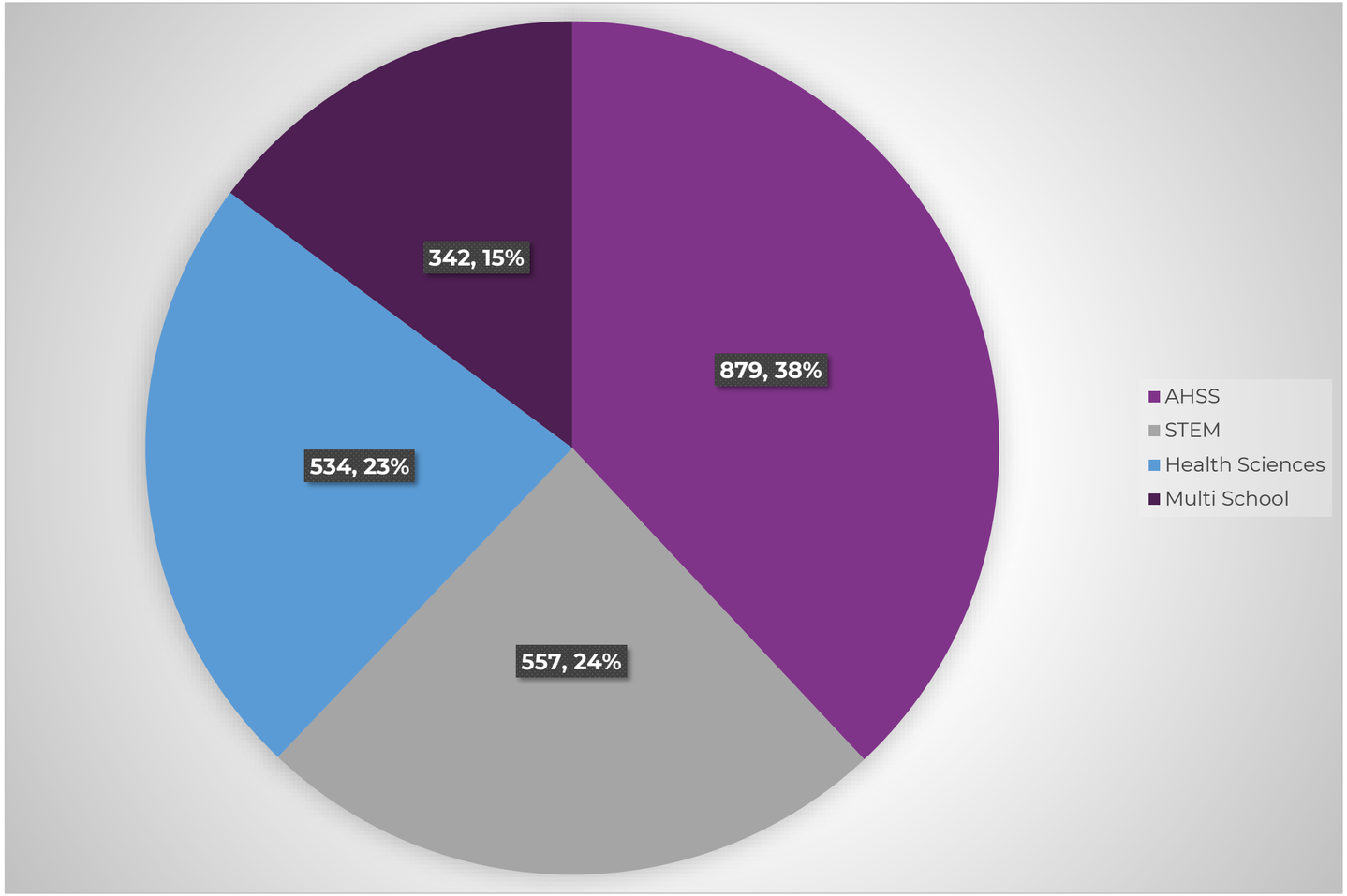
Total Number of Disabled Student by Faculty



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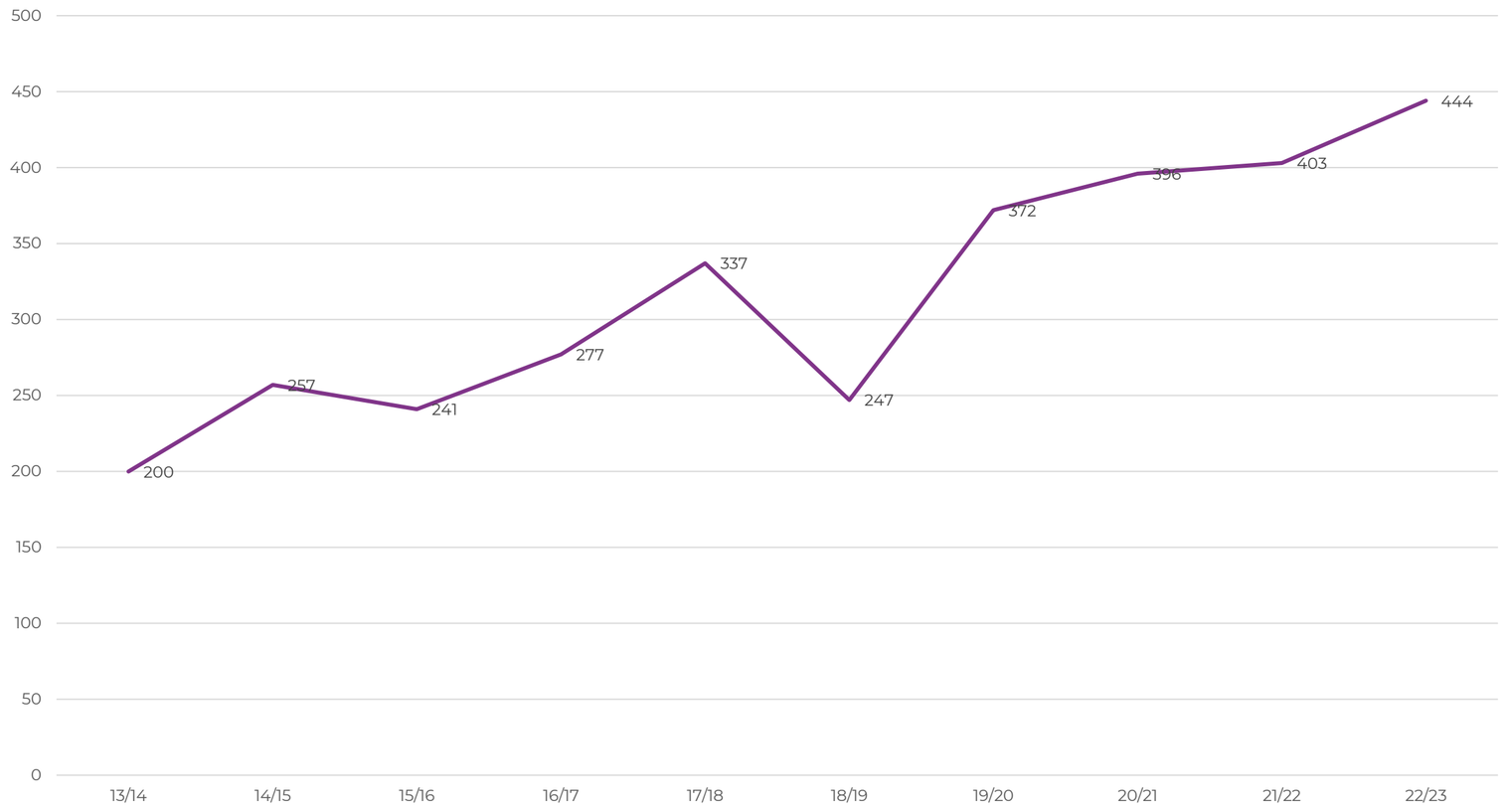
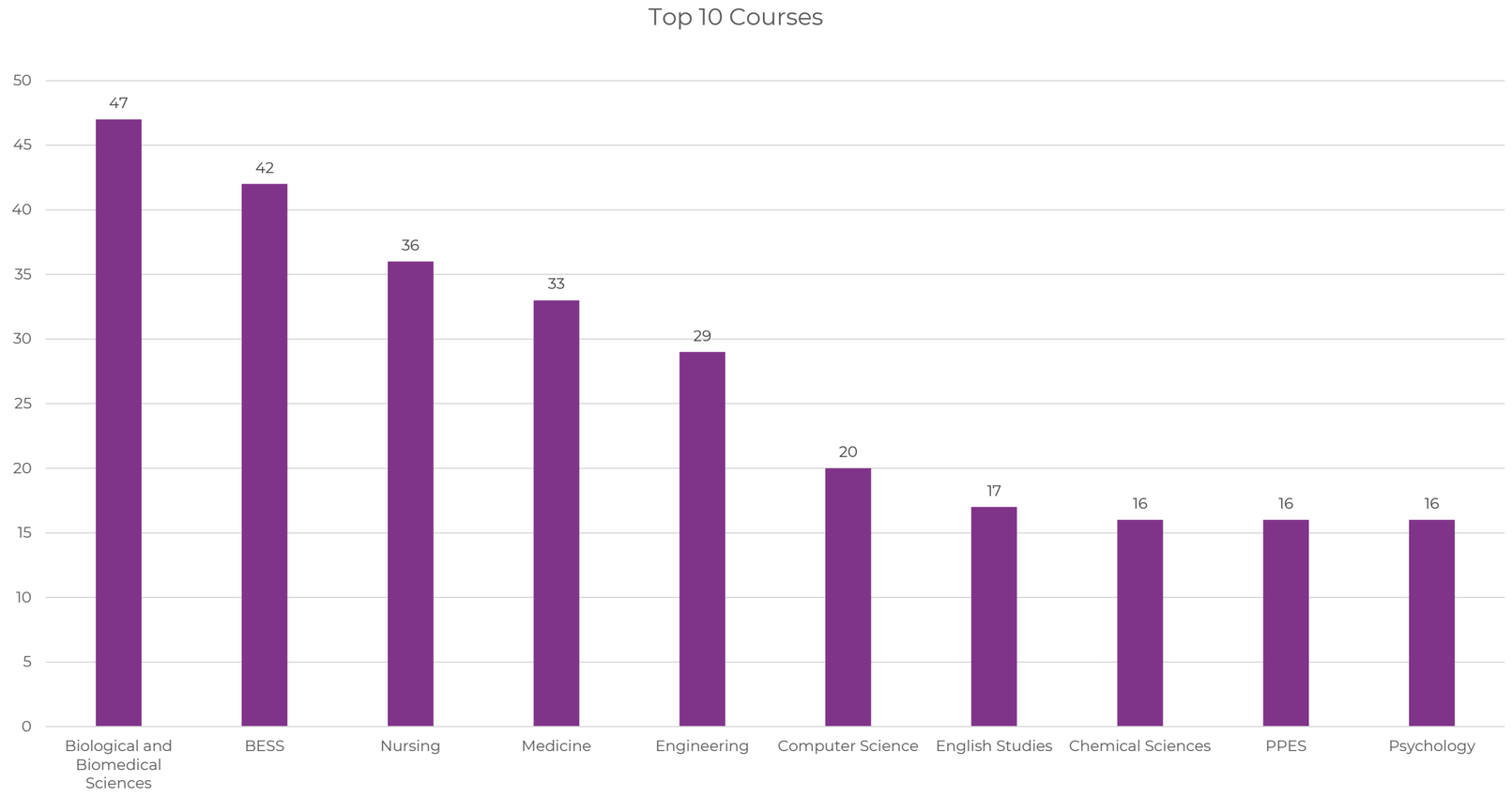
Cumulative Record of applications for Disability Support from Disabled New Entrant Undergraduate Students 2013/14 to 2022/23



Top 10 Trinity Courses chosen by Disabled New Entrant Undergraduate Students in 2022/23



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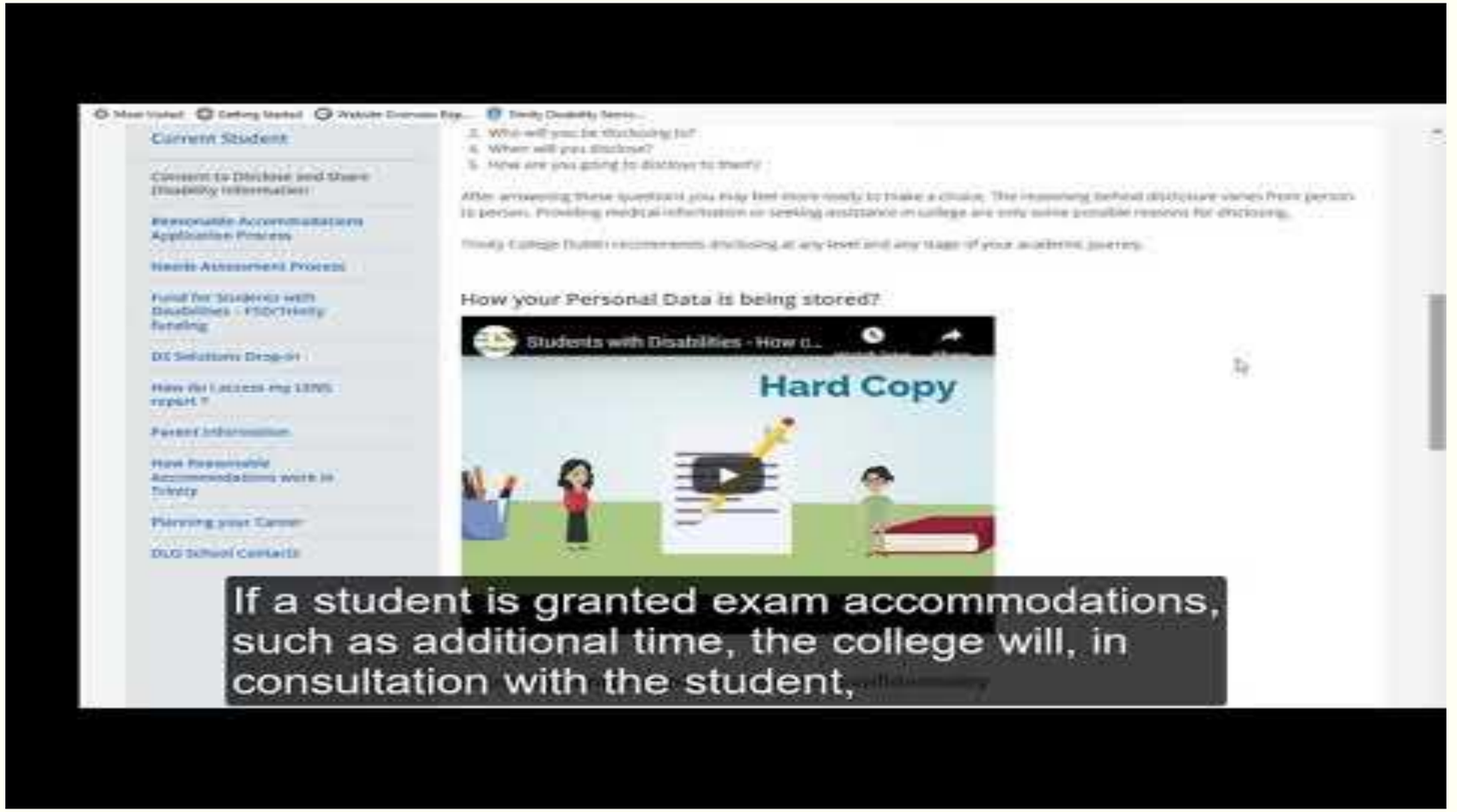
How do I apply for Reasonable Accommodations?

- Log into **my.tcd.ie** using your student number and password.
- Click on the **My Disability Service** tab.
- Click on **Reasonable Accommodations Application.**
- Select your **primary and secondary disability.**
- Choose **Yes** or **No** to receiving exam accommodations.
- Upload **evidence of disability.**

How do I apply for Reasonable Accommodations?

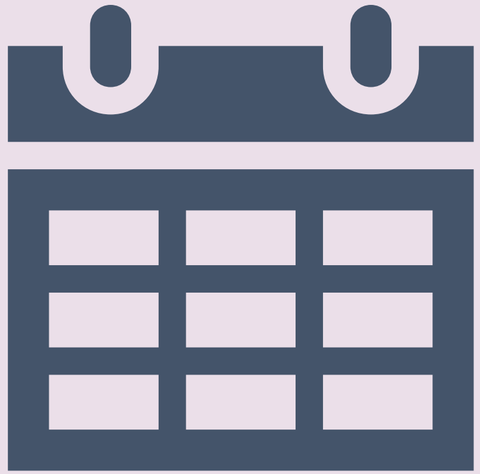


What should I expect from my Needs Assessment?

- You will get to know your Disability Officer.
- Discuss supports that will help you succeed in college.
- Explore course demands.
- Agree on exam accommodations.
- Meetings last around 40 minutes and can take place online or in-person.
- Following the Needs Assessment, the student's Disability Officer will prepare an individual Learning Educational Needs Summary (LENS) Report. The LENS Report details the Reasonable Accommodations to be implemented.

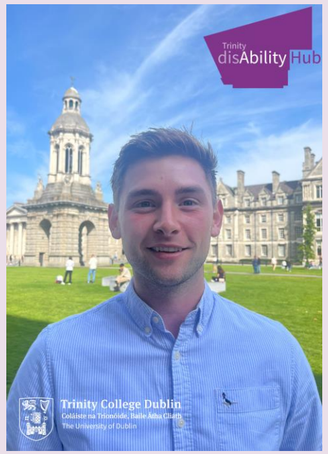
Scan to complete the Pre-Needs Assessment form!

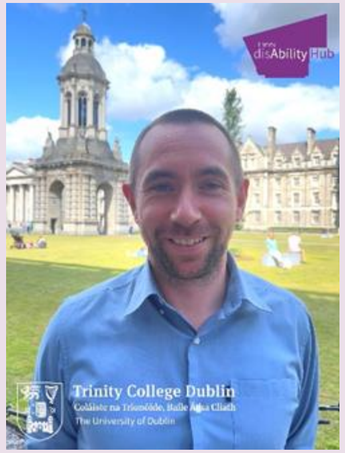
Deadline to apply for Exam Accommodations for Term 1

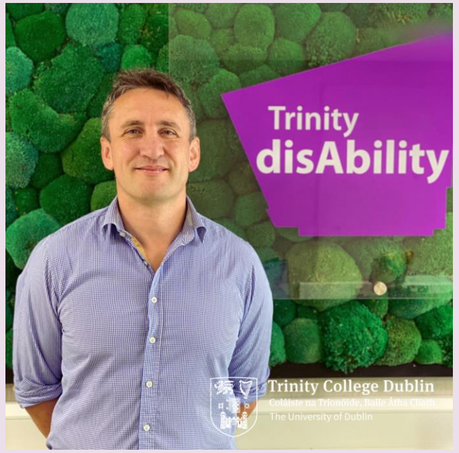


October 27th

Staff Introductions







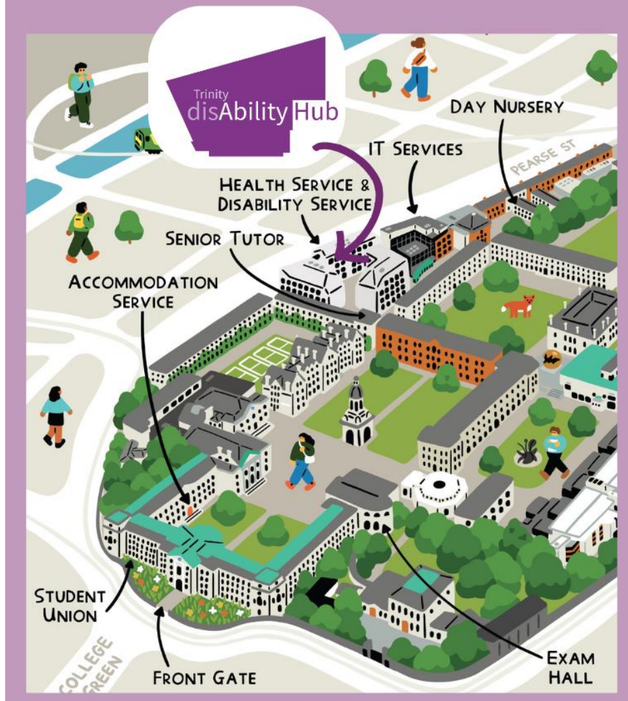
You are here
….

And help is never far away!

Support in Trinity … You're Not Alone

Disability Service: Occupational Therapy, Assistive Technology, Academic Support, Exam Accommodations, .
Trinity Ability Co-op: Mentorship, guidance from peers and student groups.
Tutorial service: One-to-one support and guidance throughout your college journey.
Trinity Health Centre: full medical team.
Counselling Service: Confidential mental health support; Niteline confidential and anonymous listening service that is run by and for students.
Careers Service: career tools and exploration, scholarships, awards and internships, careers fairs.
Chaplaincy

DISABILITY SERVICE DROP-IN



SCAN TO BOOK AN APPOINTMENT

OPEN
MONDAY TO FRIDAY
12PM TO 2PM
(TERM TIME)

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For parents and guardians … Supporting your student

Acknowledge that getting to grips with university, both academically and socially, takes time.
Reassure the student that they possess the intelligence, character, and strength to succeed in Trinity.
Encourage open and timely communication with people who can help: Tutor, accommodation warden, Student Union, Disability Officer.
Get to know **Trinity terms** for what is happening in the college: https://www.tcd.ie/orientation/jargon/
Read our Parent Handbook https://sway.office.com/TX3acmljyFNandkD?ref=Link&loc=play
Explore Trinity websites: Student Life, Disability Service, Counselling, Tutorial Service, S2S, Student Union.
Trust in your student's journey while ensuring that they know where to seek help.
Check-in regularly, discuss next steps, support them to contact the right people.

SafeZone

- SafeZone is a safety and security app for Trinity campus.
- It features an emergency support button.
- The Disability Service closed group allows the College to notify you of any urgent accessibility updates through push notification.
- The app is available on the Apple App Store or Google Play.
- Please discuss joining the Closed Group for Disabled Students with your Disability Officer
- The Disability Service have fall alerters that students can borrow. Please request one from your Disability Officer

1916 Bursary

The purpose of the 1916 Bursary is to encourage participation and success by students who are most socio-economically disadvantaged and who are from groups most underrepresented in higher education.

Scan to read student stories!

The 1916 Bursary

Supporting your third level journey

Three financial awards
1. €5,000 per annum
2. €2,000 per annum
3. €1,500 once-off award

Find out if you qualify
visit: www.1916bursary.ie

PATH
Programme for Access to Higher Education

ADHD Clinic

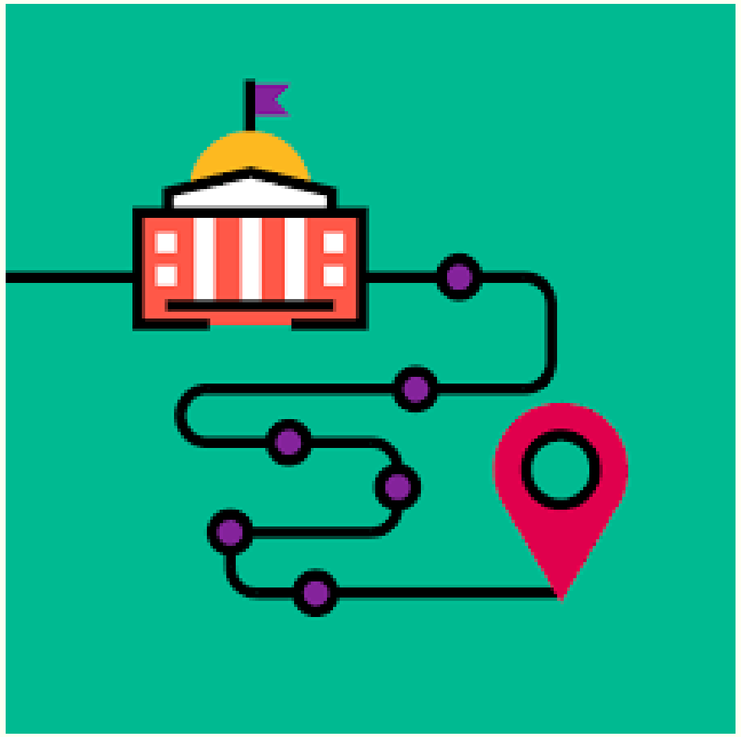
- Collaboration between the Disability Service and College Health Service – staffed by Occupational Therapists, GPs and the College Psychiatrist as well existing ADHD students in Trinity in a peer group.

- Week 6 of semester one and week 6 of semester two

- Students with a pre-existing assessment for ADHD and on medication can access for consultation and ongoing prescriptions. Any student can connect with Disability Service to discuss supports

- For more information contact askds@tcd.ie and for referral forms to clinic please see this link – Trinity ADHD Clinic

The journey begins….. What type of student are YOU?



Well-prepared: Know your strengths and needs and are proactive.

Uncertain: Still discovering your unique needs and what support might be useful.

Crisis-driven: Look for help when things go wrong.

The well prepared student … Clear, Confident, and Connected

- Good self-knowledge, has a long-established diagnosis.
- Understands the accommodations that they need and what works.
- Is aware that needs and supports may be different in college.
- Proactive in seeking out resources and assistance.

The uncertain explorer … On a Journey of Self-Discovery

May not have a formal diagnosis or may have a recent diagnosis.

Just beginning their journey of self-discovery.

Does not yet have a clear understanding of needs.

Might not yet recognize the value of support services.

Would benefit greatly from mentorship and guidance.

The crisis driven student … When the Need Arises

Might not recognize or admit their needs until a crisis emerges.

Often reach out when feeling overwhelmed.

Would benefit from immediate support and ongoing check-ins from Day 1.

Tips for academic success

Check module handbooks for dates at the beginning of term.

Make sure you know when lectures/tutorials are on.

Find out how to use the library early on.

Begin work early on.

Plan assignments and course work in advance to avoid panic over deadlines.

Don’t be afraid to ask for advice!

Use the supports the DS offer! We are here to help.

Every journey is unique …

Recognize and acknowledge every student's unique journey.

Continually strive to understand and cater to evolving needs.

Promote an inclusive environment where every student can thrive.

Come on in. The door is always open.

How to contact The Disability Service

- Student portal – ask.tcd.ie/disability.
- Email – askds@tcd.ie.
- Visit us at the disAbility Hub in Printing House Square.

How to stay connected

- Email: askds@tcd.ie
- Twitter: @TCDAbility
- Instagram: tcd.ability
- Disability Service Website: www.tcd.ie/disability

Q&A