



Disability Service Student ADHD Peer Group Facilitator

Post Specification

Post Title:	Co-facilitator of ADHD Peer Support Group
Post Status:	Term Time
Department/Faculty:	Trinity College Dublin, the University of Dublin
Location:	Trinity College Dublin, the University of Dublin College Green, Dublin 2, Ireland
Reports to:	Amy O'Briain
Salary:	€14 per hour
Hours of Work:	3 hours per week
Closing Date:	Friday 1st August at 5.00 PM

Interview Date:	11 th -15 th August
------------------------	---

The successful applicant will be expected to take up post on week beginning 8th September. For departments requiring Garda Vetting: Please note that Garda vetting will be sought in respect of individuals who come under consideration for a post.

JOB DESCRIPTION

The Disability Service is recruiting a student facilitator for its ADHD Peer Support Group. This group will take place on a weekly basis for the duration of the academic year and will be open to all students who feel they may benefit from attending, including those engaging with the Disability Service with an existing diagnosis of ADHD, as well as those not connected to the Disability Service who may be seeking diagnosis or who suspect they may have ADHD.

The group facilitator role consists of responsibility for co-leading peer group meetings along with an occupational therapist. The group facilitator will help provide a structure to group meetings, assist with the management of group discussion and encourage the participation of all group members.

Development Opportunities

The group facilitator will receive training as well as ongoing supervision and support through the Disability Service.

Key Responsibilities

- Arrive in advance of group meetings to assist with setting up the meeting space.
- Welcome attendees and provide instruction/information to assist preparation for the meeting.
- Take responsibility for establishing and implementing group rules and guidelines in agreement with all group members.
- Lead on the opening and closing of the meeting within specified meeting times.
- Support and sustain group discussion through prompt questions, topic suggestions and welcoming input from group members.
- Ensure all group members have equal opportunity for participation in discussion.
- Support group members to maintain connections outside of group meetings if they wish to do so, such as assisting with setting up shared messaging or social media groups.

- Engage in regular training, supervision and de-briefing sessions with the group coordinator as required.
- Undertake additional duties arising in discussion and agreement with group coordinator.

Requirements

- Current Trinity student with ADHD
- Excellent interpersonal and communication skills
- Sensitivity, confidentiality and respect for the privacy of group members at all times are required

Desirable

- Experience of facilitating groups
- A knowledge of relevant supports and services available to students at Trinity and an ability to signpost to these
- Good organisation skills and the ability to implement structured group sessions
- The ability to promote a safe, welcoming and inclusive environment that is respectful of others sharing experiences

Application Procedure

- This job description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post, which may be assigned to him/her/them from time to time and continue the development of the post.
- The closing date for applications is Friday 1st August at 5pm
- If you have any questions, please contact Amy O'Briain askds@tcd.ie
- Interviews will likely take place in the disAbility Hub the week of 11th-15th August.
- Successful applicants will be informed of their interview no later than end of day 8th August
- Interviews can take place either in-person or online as required by interviewee.
- **To apply, please fill out the form [at the link here](#)**