



The Trinity Senior Executive Programme

Programme Overview

The journey to the C-suite is one of the most demanding transitions in a leader's career. In today's volatile business environment, the leap from functional leadership to enterprise-wide responsibility demands more than technical expertise; the modern C-suite executive must also navigate complex stakeholder ecosystems, drive transformative change and build enduring value.

The Trinity Senior Executive Programme is an intensive, five-day, immersive experience designed for senior executives at a critical inflection point. Whether newly appointed to the C-suite or on the cusp of executive leadership, this programme will empower you to step into the role with confidence, clarity, and conviction.

Combining world-class faculty, 360-degree feedback, coaching, and high-impact experiential learning, this is your opportunity to sharpen your leadership edge and define the legacy you want to leave behind.





Meet the Faculty

Dr. Eimear Nolan

Programme Co-Director | Associate Professor of International Business, Trinity Business School



Barry Denham

Programme Co-Director | Adjunct Teaching Fellow, Trinity Business School

Benefits

- ✓ **Clarity of Purpose:** Discover your leadership identity and define your legacy
- ✓ **C-suite Presence:** Command attention in Boardrooms, in crisis, and across stakeholders
- ✓ **Strategic Acumen:** Harness AI and innovation for enterprise transformation
- ✓ **Political Intelligence:** Navigate complexity with nuance and influence
- ✓ **Personal Resilience:** Build the inner capacity to lead through pressure and uncertainty

Who Should Attend:

This programme is designed for C-suite executives (such as CFOs, COOs, CHROs, and CTOs) within their first 12 months of appointment, as well as Senior Vice Presidents and direct reports to the CEO who have been identified as succession candidates. It also welcomes leaders of major business units, markets, or geographies who are preparing to take on enterprise-level responsibilities.

What does the course cover:

In advance of the programme, participants will complete a 360-Degree Leadership Impact Assessment, forming the foundation for personalised feedback and coaching throughout the week.

The programme is divided into five consecutive days, each structured around a distinct leadership theme:

- 01 Leading Self:** Develop the self-awareness and personal resilience required for increased leadership impact.
- 02 Leading the Organisation:** Master effective C-suite and Board-level communication through practical workshops, from shaping culture to articulating a compelling strategic vision.
- 03 Leading through Pressure:** Develop stakeholder management and political intelligence to navigate complex internal and external dynamics.
- 04 Leading for Value:** Drive strategic transformation by mastering high-stakes negotiation, driving innovation, and leveraging the potential of AI.
- 05 Leading for the Future:** Synthesize insights, define your leadership legacy, and create an action plan for lasting impact.