



The Trinity Senior Executive Programme

Programme Overview

Step into executive leadership with the judgement to set direction and the influence to drive change.

The Trinity Senior Executive Programme prepares senior leaders for enterprise-wide responsibility and the transition to the C-suite. Over five immersive, in-person days, you will sharpen your strategic judgement, strengthen your executive presence and develop the influence to lead change and create lasting value.

Dates: 2, 3, 4, 5, 6 November 2026

Time: 9.00am-5:00pm , with selected evening activities, including programme dinners

Format: In person

Location: Trinity Business School, Dublin

Duration: Five full days



The Senior Executive Leadership Challenge

From leading a business area to leading the enterprise.

Step back from day-to-day demands to reflect on how you lead and where you need to grow. Through practical scenarios, diagnostic tools, group exercises and presentations, you will test your thinking against your own leadership challenges and receive feedback from faculty and peers.

The Trinity Senior Executive Programme gives you dedicated time to examine your leadership, challenge your thinking and prepare for these responsibilities alongside peers who understand the demands of senior roles.

Is This Your Next Leadership Transition?

This programme is designed for:

- Newly appointed C-suite executives in their first 12 months.
- CEO direct reports and senior vice presidents preparing for executive succession.
- Heads of major business units or geographies stepping into enterprise-wide responsibility.

The Impact You Will Make

- Understand how others experience your leadership and adapt your approach.
- Exercise sound judgement as AI reshapes work, culture and organisational decisions.
- Navigate competing stakeholder interests, organisational politics and high-stakes negotiations.
- Communicate with clarity, confidence and credibility, including under pressure.
- Build the confidence, mental fitness and resilience to sustain your effectiveness.

Your Five-Day Leadership Journey

- 01 Leading Self:** Develop the self-awareness and personal resilience required for increased leadership impact.
- 02 Leading the Organisation:** Master effective C-suite and Board-level communication through practical workshops, from shaping culture to articulating a compelling strategic vision.
- 03 Leading through Pressure:** Develop stakeholder management and political intelligence to navigate complex internal and external dynamics.
- 04 Leading for Value:** Drive strategic transformation by mastering high-stakes negotiation, driving innovation, and leveraging the potential of AI.
- 05 Leading for the Future:** Synthesize insights, define your leadership legacy, and create an action plan for lasting impact.

Programme Leadership



Dr. Eimear Nolan

Programme Co-Director | Associate Professor of International Business, Trinity Business School

Eimear is an award-winning educator, internationally published researcher and TEDx speaker. Having founded Trinity's Flexible Executive MBA, she brings extensive experience in executive education, translating research into practical insights that help leaders challenge assumptions, navigate cultural complexity and lead with greater awareness and confidence.



Barry Denham

Programme Co-Director | Adjunct Teaching Fellow, Trinity Business School

Barry is an experienced leadership and change consultant whose work combines practical organisational experience, coaching and evidence-based leadership development.



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Trinity Executive Education
Trinity Business School

Lead with Greater Impact

Places are limited and applications are reviewed on a rolling basis.

CONTACT US

If you have any questions or would like guidance on your application, feel free to contact

Jane Flanagan, Recruitment Manager

at **jane.flanagan@tcd.ie** or or **+353 1 8964665**



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