

Student Healthcare in Northern Ireland

This factsheet explains how to access healthcare as an international student living in Belfast.

The National Health Service

EU citizens and students on a Tier 4 visa are entitled to healthcare through the National Health Service. You can sign up with any doctor's (GP) practice in your area and it should be a simple process. We strongly recommend that you do this at an early stage when you are setting up home in Belfast. Simply make an appointment to register and bring along your ID.

Find out more about appointments and the services you can expect:

<https://www.nidirect.gov.uk/articles/your-local-doctor-gp>

GP Practices in South Belfast

University Health Centre at Queens

7 University Terrace, Elmwood Ave, Belfast BT7 1NP

Tel: 028 9066 4634 – this can be very busy, especially at the start of term.

Dunluce Health Centre

1 Dunluce Avenue, Lisburn Road, Belfast

Tel: 028 9020 4248

Ormeau Park Surgery

281 Ormeau Road, Belfast, BT7 3GG

Tel: 028 9064 2914

Ravenbank Surgery

113 Ravenhill Road, Belfast, BT6 8DR

Tel: 028 9045 7132

The College Counselling Service

Phone: 00353 1 896 1407

E-mail: student-counselling@tcd.ie

http://www.tcd.ie/Student_Counselling/

Phone counselling is available. Please explain that you are a student at the Irish School of Ecumenics in Belfast and the counsellor will arrange an appointment time and call you back.

In an Emergency

In case of emergency call 999 (ambulance, fire service and police). Accident and Emergency units are located at the Royal Victoria Hospital, Falls Road, West Belfast and at the Mater Hospital, Crumlin Road, North Belfast. You can find more information on out of hours services, the dental pain clinic etc. at this link:

<http://www.belfasttrust.hscni.net/contact/EmergencyContacts.htm>

Local Mental Health Resources

Lifeline Helpline:

Tel: 0808 808 8000

The Samaritans helpline:

Tel: 028 9066 4422

<https://www.samaritans.org/branches/belfast>

Drop in center: 5 Wellesley Avenue, off the Malone Road.

Leaflet on student mental health - "Mind Your Head"

<http://www.publichealth.hscni.net/sites/default/files/Mind Your Head Booklet LR 06 16 %20FINAL.pdf>

"Steps for Stress" leaflet:

<http://www.publichealth.hscni.net/sites/default/files/steps for stress leaflet nov 2016 final.pdf>