



Que(e)rying Curricula: addressing inequalities through curriculum development

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Dr Duncan Shrewsbury (*they/them*) PhD, PFHEA, MRCGP Consultant GP and Reader in Clinical Education & Primary Care, BSMS <u>d.shrewsbury@bsms.ac.uk</u> <u>@DuncanShrew</u>



LGBTQIA+?

Stands for lesbian, gay, bisexual, transgender, queer, intersex, asexual

- Covers approximately 5-7% of the UK population.
- So a surgery with a list size of 10,000 patients will have 500-700 LGBT+ patients
- Various other abbreviations used too (e.g. LGBT, LGBTQIAA) but the intention is to be inclusive of all people who do not identify as heterosexual or cisgendered

Specific health needs – which may not be met

- 1 in 7 LGBT people have avoided seeking healthcare for fear of discrimination from staff
- 1 in 8 have experienced some form of unequal treatment from healthcare staff because they are LGBT
- 1 in 4 have witnessed healthcare staff make discriminatory or negative remarks about LGBT people.
- One in 10 LGBT people have been outed without their consent by healthcare staff in front of other staff or patients.
- One in 20 have been pressured to access services supposed to change or suppress their sexual orientation and/or gender identity whilst accessing healthcare services.

Stonewall: LGBT in Britain – Health (2018). <u>https://www.stonewall.org.uk/lgbt-britain-health</u>

RCGP NI Guidelines: <u>https://www.rcgp.org.uk/policy/rcgp-policy-areas/lgbt.aspx</u>



The community don't always feel safe:

- Increased violent attacks since 2015
- Harassment and assault on campuses
- History of exclusion and expulsion

We know that people who experience childhood trauma:

- Greater rate of chronic illness
- Delayed presentation
- Multiple, complex, intersecting problems
- Mistrust

(Renn, 2017) (Martin et al, 2017) (Stonewall, 2018)

Patients from the LGBTQ+ community may

- Fear judgement or 'outing'
- Have been pressured into conversion 'therapy'

Inclusion & Intervention

- Recognizing a potentially harmful situation or interaction and choosing to respond in a way that could positively influence the outcome
- Being an ally does not mean jumping in at the heat of the moment
- The psychological and physical safety of yourself and victim is paramount
- What action would be helpful?
- When would it be most constructive?
- Aim to be supportive, restorative to victim, and to initiate a change in behaviour in *system*

- Medical education
 - Where and how represented
 - Teaching and assessment
 - Association or alignment of issues
 - How is the community engaged
 - How are students nurtured and valued
- Clinical practice
 - Adaptive and holistic care
 - Sensitive to diversity
 - Active en ent a active change



⁽Hartland & Shrewsbury, 2022)

Understand how your privilege positions you... ...blind spots ...immunity ...power to speak up

You don't see what you don't shine a light on! Your own characteristics, such as age, race, gender empower you to speak up and be vocal about harassment –
especially when you are not the target or representative of the target group.

Examples from BSMS



- Integration throughout curriculum:
 - **Y1:** Child and family development includes diverse families
 - **Y2:** Anatomy of the pelvis, including range of diverse anatomy in transgender people
 - **Y2:** Endocrine module: Talking about gender, and Affirmative treatment for trans and gender diverse people
 - Y4: GP module: care of trans patients in general practice
- Integrated strand through all 5 years: Inequalities & Inclusion in Healthcare
 - 'isms in health and medicine'
 - LGBT health inequalities, and communication skills session
 - Gender and sexism in health and medicine
- Cases, scenarios, assessment
 - Decolonised, diversified, de-stereotyped



Q&A

Feel free to email me at <u>d.shrewsbury@bsms.ac.uk</u>