**Trinity College – Staff Daily Wellness Self-Check**

Once approved by your Head/Manager to return to work on Campus, you should ask yourself these 5 questions each day prior to travelling to work, do you have:

1. A recent cough?
2. Shortness of breath?
3. A new respiratory illness?
4. Fever?
5. Have been advised to self-isolate in the last 14 days since you last attended the workplace?

If you answer yes to any of the above, please contact your GP immediately, follow their advice and inform your manager accordingly.

[COVID-19 (Coronavirus) - Trinity College Dublin (tcd.ie)](https://www.tcd.ie/about/coronavirus/#staff-faq)