Going to the buttery, meeting up with friends

Choice and control of decisions that affect me.

Recognizing visible + invisible disabilities

Always be included in class or group activities.

Able to do things like everyone else

Understanding you are a person like everyone else

What inclusion means to you

Belonging to a community

Feeling like you are heard

To be able to go out in the community

To be involved in and not feel left out.

Being able to go into College and meeting people you already know

Everyone will never feel alone and have friends there beside to support you everytime.

Always believe in yourself

Not only be seen and heard but valued.

Feeling involved in societies/clubs

Feeling like a welcome and valued member of a community

Having friends around you

Making the effort to include everybody

Going to the sports centre, buttery, having friends.