Going to the buttery, meeting up with friends

Choice and control of decisions that affect me.

> Taking the time to listen to others in order to understand their needs/experience

Recognizing visible + invisible disabilities

> Always be included in class or group activities.

> > Able to do things like everyone else

Understanding you are a person like everyone else What inclusion means to you

Belonging to a community

Feeling like you are heard

To be able to go out in the community

To be involved in an d never felt left out.

Not only be seen and heard but valued.

Feeling involved in societies/clubs

Feeling like a welcome and valued member of a community

Being able to go into College and meeting people you already know

having friends around you

Being able to meet other students outside of your course

Everyone will never feel alone making the effort to include everybody and have friends there beside to support you everytime.

Always believe in yourself

Going to the sports centre, buttery, having friends.